

Date

History/Observation/Treatment

28/8/21

C5-6 mild disc.

A2

(6) - Isometric neck exercises

✓ 10 tabs. Tryptomer 10T 1x 1H5

✓ 10 tabs. pregabalin -ME 75mg 500mg 1x 1H5

Cap. Omez 20T OD.

x 3wks

Jup

Refd to Neurology for follow up on Bpalm

28/8/21 Exercise

29/9/21

Refd to Deptt of Neurology, AIIMS/AR: Post Hospital New Delhi for further need for.

Assistant Professor Department of Neuro Surgery J.N. Medical College A.M.U. Aligarh 29/9/21