



(a unit of Metro Institutes of Medical Sciences Pvt. Ltd.)
CIN No : U00000DL1990PTC039293
(NABH, NABL & ISO 9001:2008 Certified)

MCRD - ILD Clinic
Thursday, 9:00 am to 6:00 pm

ID No.....

ILD Clinic: Centre of Excellence in India

Metro Centre for Respiratory Diseases (MCRD) ILD Clinic practices Multi disciplinary discussion based diagnosis using Cryo/Surgical Lung biopsies and best treatment practices & support in ILD patients. Also offer Pre/post lung transplantation services.

Dr. Deepak Talwar
MD, DTCD, DNB (Respiratory Diseases)
DM (Pulmonary & Critical Care)
MNAMS, FNCCP, FCCS, FCCP, FISDA

Director & Chair
Pulmonary, Allergy, Sleep and Critical
Care Medicine

Dr. Sourabh Pahuja
DM (Pulmonary, Critical Care & Sleep
Medicine), MD (Respiratory Medicine)
Consultant - Pulmonary & Critical Care

Dr. Loveleen Mangla
DNB, PDCC (Intervention Pulmonology),
FSM (Sleep Medicine)
Chief Interventional Pulmonologist

Dr. Deepak Prajapat
DTCD, DNB (Respiratory Diseases),
Consultant Pulmonary & Critical Care

Dr. Hariharan Iyer
DM (Pulmonary, Critical Care & Sleep
Medicine), MD, DNB, EDARM
Consultant - Pulmonary & Critical Care

Dr. Rajat Saxena
MS, DNB, MNAMS, MRCS (U.K.) FMS
Thoracic Surgeon & Minimally Invasive
Thoracic Surgery

Dr. Humaira Hanif
PhD (Scholar), MPT (Cardiopulmonary)
Consultant - Pulmonary Rehabilitation

Dr. Obaidullah Ahmad
(MPT) Chest Physiotherapist &
Bronchial Hygiene Specialist

Mr. Shivanshu Pandey
Patient Counsellor & Education

Mr. Anuranjan Kumar
Coordinator & Patient Assistance
Mobile: +91 96544 44273

History

Mr Surya Bhan Gupta

Co fibrotic ILD = AE

admitted for ~ 2 wks

Recovering but SpO₂ ↓ < 90% on

walk

Comorbid - HTN & DM

Options:

① Continue Medical management (new Onset)

② Lung Transplant.

In view of no comorbid condition of hypertension for CI, Transplant option can be explored if deemed fit by Transplant Team.

Shm
4/4/22

Every Thursday OPD Appointments: Mr. Deepak Gupta, Mobile: +91 98101 22486, Emergency: +91 99104 88467

Metro Multispeciality Hospital: 3rd Floor, L-94, Sector-11, Noida - 201301, Tel: 0120-2522959, 2442666, Fax: 0120-2442555

Metro Hospital & Heart Institute : 14, Ring Road, Lajpat Nagar - IV, New Delhi - 24, Tel: 011-42424343, 26481355, Fax: 011-26481356

Metro Hospital & Cancer Institute: 21, Community Centre, Preet Vihar, Delhi - 92, Tel: 011-22460000, Fax: 011-22526671

RLKC Hospital & Metro Heart Institute: Naraina Road (Near Shadipur Metro Station), New Delhi - 08, Tel: 011-25891014/15/16, Fax: 011-25891033

6/4/22

Case Reviewed On Video

- GC fair SpO_2 on RA = 93% — Walk on 85% not using O_2
- Nutritional status — Good
- Co morbidities — manageable

Main Issues:

→ Anti Reflux Pillow

→ Elevate head end of bed by 30°

+ RCT — fibrotic IUS

UIP pattern.

= Atypical features

? CTP.

→ $\frac{1}{2}$ Snoring

Adv ◦ Needs home PSG, & requirement of CPAP \pm or O_2

◦ Home Based P-R

from next week.

⊗ Dr B P Singh to arrange.

◦ Observe for improvements in next 4 wks.

◦ Reevaluation by Transplant team for timing.

◦ Breaklessness with ↓ SpO_2 during daily activities.

⊗ On Triple Therapy
OCs + TMTA + Nintina.

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