

From,

Prashant Mittal,
Additional District & Sessions Judge,
Bulandshahr.

To,

The Registrar General,
Hon'ble High Court of Judicature at
Allahabad.

Through,

The District Judge,
Bulandshahr.

Sub:- Request regarding Annual transfer with previous and recent Additional Medical Grounds and compliance of letter no.73/Admin.(Services)/2024; Dated February 08, 2024 and letter no.94/Admin.(Services)/2024; Dated February 19, 2024 of Hon'ble High Court.

Respected Sir,

Most respectfully I have to submit that I am posted as Additional District & Sessions Judge, Bulandshahr. I am due for Annual transfer this year.

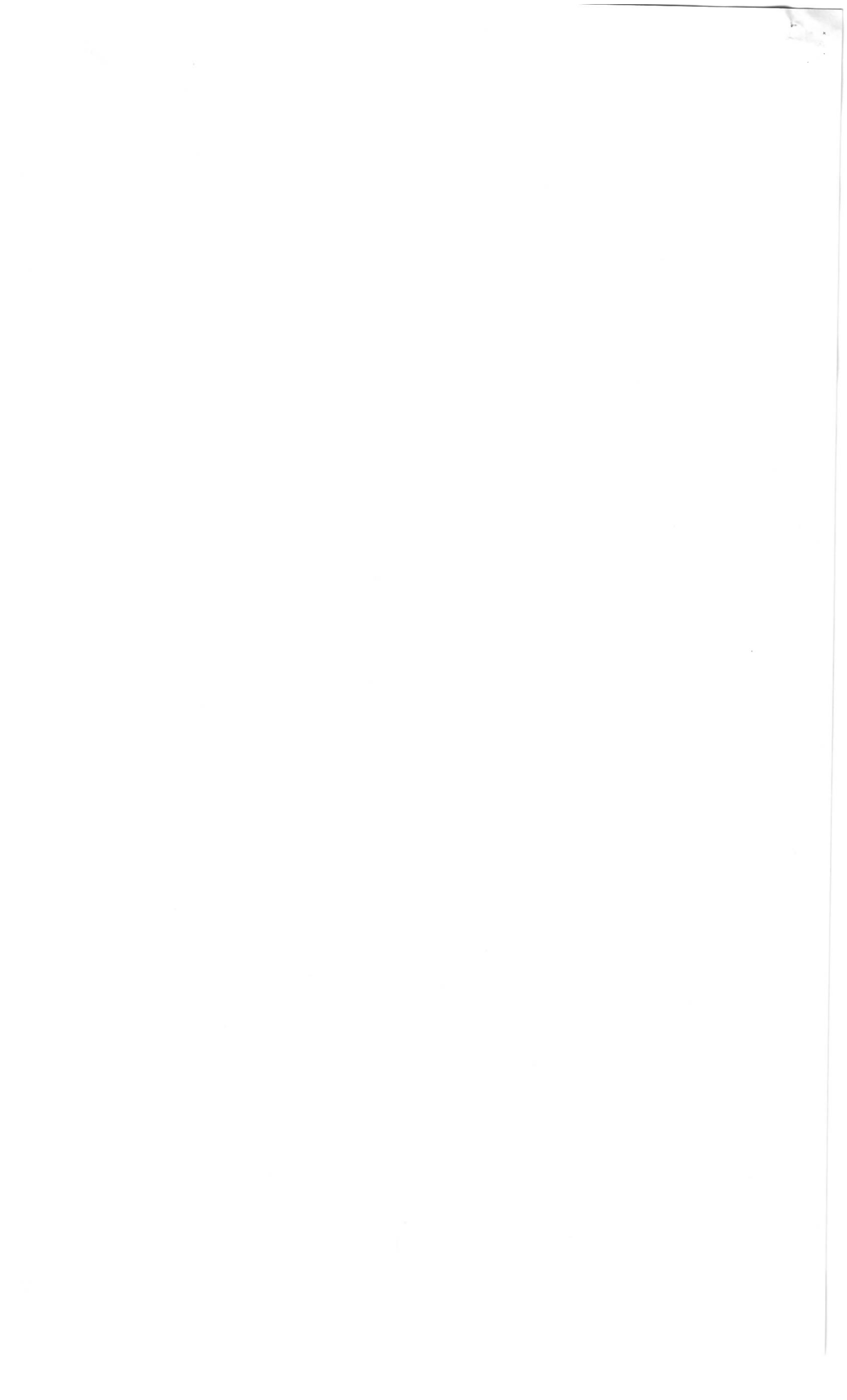
Due to my peculiar and compelling problems and circumstances I most humbly pray to Hon'ble Court for my transfer to any place near New Delhi/Meerut on the following grounds for sympathetic consideration of Hon'ble Court.

1. That I am a patient of an autoimmune disease of the Spine namely Ankylosing Spondylitis/SPA (axial)/Inflammatory Sacroilitis and incompetent perforators in legs. The above mentioned disease is a disabling disease and requires regular care and treatment of specialized Rheumatologist. The above disease is not curable but only treatable and if not treated properly and taken care off, it may affect the mobility of the Spine. I am getting my treatment at AIIMS, New Delhi and Rheumatologist at Meerut since 2017. Doctors have advised me for regular checkup and treatment which will continue for a long period. Doctors have also advised me not to take long journeys.

2. That my mother Smt. Aruna Mittal, aged 70 years is suffering from P A T/C A D unstable Angina and Osteoporosis since long. She was initially treated by Doctor of Delhi and presently getting her treatment at Meerut.

Recently in Jan 2024 my mother Smt. Aruna Mittal is diagnosed with Multiple Myeloma (cancer of bone marrow) and she is getting her treatment of Medical Oncologist at AIIMS, New Delhi and Rheumatologist at Meerut. Her treatment will continue for a long period alongwith regular follow ups. She needs regular care and attention at this old age due to her serious illness.

3. That my Father Sri Vijay Kumar aged 71 years, is suffering from Hypertension/Dislipidaemia and C A D Angina since long. He is also suffering from Cervical & Lumber Spine Spondylosis with Compressive Rediculopathy which has recently aggravated and Doctor has advise surgery for him. He is getting treatment at Meerut and Bulandshahr.



That my old parents are residing at Meerut. There is none to look after my parents at Meerut, so I have to visit my parents from time to time to look after them for regular checkup, follow up and treatment by Specialized Consultants and Medical Oncologist.

4. That my wife Smt. Mudita Mittal was suffering from Adenomyosis with Pelvic Inflammatory Disease and was getting treatment from Agra since 2021 and recently due to aggression of the above disease she has been Operated in December 2023 at Agra and Doctor has advised her for regular follow up, checkup & treatment for a considerable time. As such I have to visit Agra regularly, so that my wife may get better treatment.

Under such circumstances, it is essential for me to remain at some station near Delhi/Meerut, so that I could be able to get myself, my wife & my parent's treatment and checkup properly & regularly.

I am enclosing the prescribed proforma duly filled in by CMO Meerut relating to disease (Multiple Myeloma) of my mother and latest certificates and prescriptions relating to treatment of myself, my wife and my father duly countersigned by CMO Bulandshahr. Although my father, my wife and I am suffering from the above mentioned diseases and are getting treatment from Specialized Doctor but in the opinion of CMO Meerut and Bulandshahr the diseases are not covered under categories of annexure-1 attached with the proforma, thus the prescribed proforma was not filled in by them. So, I am enclosing medical prescriptions and certificates relating to myself, my wife and my father's above mentioned diseases.

I am also enclosing my affidavit as directed.

In view of my aforesaid peculiar and compelling problems and circumstances it is most humbly prayed Your Honour kindly to move the Hon'ble Court to consider my problems sympathetically and transfer me at any place near New Delhi/Meerut preferably Agra, Mathura, Bareilly, Moradabad, Rampur or Bijnor, so that I may be able to reach Delhi/Meerut as & when an emergency occurs.

For this act of kindness, I and my Family will always remain grateful to the Hon'ble Court.

With regards.

Date:23.02.2024

Your's Faithfully,


Prashant Mittal

Addl. District & Sessions Judge
Bulandshahr.

Attachments:-

Prescribed proforma, Medical reports, Prescriptions
and Medical certificates.

Office Of The Chief Medical Officer, Meerut

No- M-6/CMO/2024/11804

Date 20/02/2024..

PROFORMA-1

Remarks/assessment of Chief Medical Officer/Chief Medical Superintendent along with verified/countersigned papers

I Dr Akhilesh Mohan, CMO, Meerut on his behalf by Sri Vijay Kumar Relation with the officer- Father Phone No-9457444904

- 1- I have personally examined Smt Aruna Mittal w/o Sri Vijay Kumar who is suffering from the disease Multiple Myeloma and in my opinion she may require frequent hospitalization for treatment /management.
- 2- I also verify that Smt. Aruna Mittal is suffering from the disease Multiple Myeloma and the disease(s) find (s) mention at paragraph no 1 of the Annexure-1 enclosed herewith.
- 3- In my professional opinion and assessment, I am convinced that the treatment/management of the above mentioned disease/syndrome/ disability/disorder in paragraph two above is possible at the district mentioned by the officer in his/her application submitted to Hon'ble High Court.
- 4- The treatment/management of the above-mentioned disease/syndrome/ disability/disorder paragraph two above is also available at the district namely-Meerut/Ghaziabad/Bareilly/Agra/New Delhi.
- 5- I am aware that this document may be presented by the competent authority /applicant for further use by a competent Medical Board.
- 6- This document shall be vaild only Six Month Only.


CHIEF MEDICAL OFFICER
MEERUT

Signature with seal
Name- Dr. Akhilesh Mohan
Designation-CMO Meerut
Mobile-8005192683



डा. बी. आर. अम्बेडकर संस्थान रोटरी कैंसर अस्पताल
Dr R R Ambedkar Institute Rotary Cancer Hospital
I/A.I.I.M.S. HOSPITAL

OPR-6

DR. B.R.A. IRCH, AIIMS, NEW DELHI
IRCH No. 312421
Reg. Date-29.01/2024
Clinic Adult Medical Oncology Clinic
Clinic No. 42821/2024
Deptt. MEDICAL ONCOLOGY
General

Out Patient Department
KING PROHIBITED IN HOSPITAL PREMISES



नाम अरुणा मिश्रा
Name ARUNA MITTAL
W/O- VIJAY KUMAR
Sex/Age F/70Y
Phone No. 9457444904
Room 1 (Shift Morning)
Address A-51 GANGASAGAR COLONY GANGA NAGAR MEERUT,
UTTAR PRADESH, Pin:250001, INDIA
Paid Online

बरोवो पंजीकृत सं/O.P.D. Regn. No.

लिंग of	लिंग Sex	आयु Age	जन्म तिथि/Date of Birth

निदान/Diagnosis . Multiple Myeloma ISS III

दिनांक/Date
17/02/24

C# VRd wef 31/1/24 उपचार/Treatment

LRTI
Anaemia

Ado

- Inj Bortezomib 2mg SC on 21/02/24
- Tab Dexam 20mg on 21/02/24
4mg tablet 2-2-1 after meal
- Tab Pantop 40mg OD
- Tab Septran DS BD M/N/E
- Tab Acivir 400mg OD M/N/E
- Nebulisation of Durbin
- Nebulisation i Budecort
- contomce T. Benidipine 4
1-0-0
- Tab Tab...

Proteinex Powder
2 Scoop Per
Cap C.I. Plus OD

Navin Bhat
Senior Resident
Medical Oncology

COUNTER SIGNED
CHIEF MEDICAL OFFICER
MEERUT

Review in 1 mo on 0-0-1
28/02/24

DEPARTMENT OF MEDICAL ONCOLOGY

DISCHARGE SUMMARY

"UNLESS OTHERWISE SPECIFIED ALL DATE MENTIONED IN THIS NOTE ARE IN THE
FORMAT MM/DD/YYYY"

NAME: ARUNA MITTAL	AGE/SEX: 70 YRS/FEMALE	UHID: 10728065
IRCH NO: 312421	WARD: MO	BED NO: 18
DOA 14/02/2024	DOD: 17/02/24	DURATION OF STAY: 3 DAYS

CONSULTANT INCHARGE: Dr RAJA PRAMANIK

DIAGNOSIS: NEWLY DIAGNOSED MULTIPLE MYELOMA ISS III ON
ON C#1 VRd WEF 31/01/24
LRTI
ANEMIA

ADMITTED FOR: LRTI AND SUPPORTIVE CARE FOR ANEMIA

CASE SUMMARY:

70 YEAR OLD FEMALE, K/C/O HYPERTENSION, IS RECENTLY DIAGNOSED CASE OF
MULTIPLE MYELOMA STARTED ON VRd WEF 31/01/24. SHE GOT ADMITTED WITH
COMPLAINTS OF COUGH WITH MUCOID EXPECTORATION. HER HEMOGLOBIN WAS
6.6GM/DL . PATIENT WAS MANAGED WITH BROAD SPECTRUM ANTIBIOTICS,
NEBULISATION WITH DUOLIN AND BUDECORT AND PRBC TRANSFUSION. SHE HAS
BEEN AFEBRILE DURING HOSPITALISATION IS SYMPTOMATICALLY BETTER. SHE IS
NOW BEING DISCHARGED IN HEMODYNAMICALLY STABLE CONDITION WITH ADVICE
TO FOLLOW UP IN OPD.

TREATMENT RECEIVED -VCD W.E.F 31/01/2024

INJ BORTEZOMIB 2MG (1.5ML NS) SC ON 21/02/24
TAB DEXA 20 MG ON 21/02/24 4 MG TABLET 2-2-1 PO AFTER MEALS
TAB PANTOP 40 MG OD
TAB ACIVIR 400 MG OD MON/WED/FRI
TAB SEPTRAN DS BD MON/WED/FRI
NEBULISATION WITH DUOLIN TDS X 5 DAYS
NEBULISATION WITH BUDECORT BD X 5 DAYS
PROTEINEX POWDER 2 SCOOP BD
TAB CI PLUS OD
SYP CREMAFFIN 2 TSP HS
CONTINUE ANTIHYPERTENSIVES AND MONITOR BP REGULARLY.
REVIEW WITH CBC ,LFT AND RFT REPORTS ON 28/02/24

e/s

19/02/24
Chief Medical Officer
Bulandshahr

SENIOR RESIDENT
MEDICAL ONCOLOGY

22/01/2024

KCC Hygiene

MDS
Asma
mittel

work
 out
 Dostinor
 bulat

X 200
out of strength
work

no H10 fall

OE no fracture

Wt 70 kg

wa = 100 (45) +

7130 = 230

7yrs 14.

waal = 0.95

wa = 21

Cal = 903

Janin (21)

X 13 D10 led by
(post exposure)

(Asth)

A0 M17 DL spine with 71M
sign

(1) BMD by DEXA Scan

(2) Serum electrophoresis
vit D lev 49.8
vit B12 lev 1850

(3) consult neurologist

(Dr S. Sehgal
Dr. Rishi Kishor)

FLEXAMM (1) tabs Flexon MR
GABAPENTIN (2) tabs Coham em 100
ITRILIN (1) tab Janin
PANOROL (1) Cap Panbipid

(X 50)

+ 12 of 13/14

Arthritis & Immunology Clinic

1, Sarawati Plaza, opposite NAS College, E K Road, Meerut.

TIMINGS (Monday to Friday) 11 AM TO 5 PM

(Saturday) 11 AM TO 2 PM

OPD No. 7

Nutema Hospital, opposite LLRM Medical College, Garh Road, Meerut.

TIMINGS (Monday to Friday) 6 PM TO 8 PM

CONSULTATION BY PRIOR APPOINTMENT ONLY

For Appointment : 9219884868 (11 am to 6 pm) on working days only

SUNDAY CLOSED

24/01/2024

SEP - M. Anil

↑ IgG
↑ gamma globulin

MRZ 80 multiple
lymphocytosis
in multiple
vertebrae

? plasma cell
proliferation
dis

CLL group

plasma
cell dyscrasia

Adv

Ref to

Hematologist / Oncologist

Dept of Oncology / Hematology
GIMS
New Delhi

Dr. SUNDEEP GROVER
MD (Medicine), DM (Clinical Immunology)

Rheumatologist & Clinical Immunologist
UPMC RECN. No. -040363

174

tab Ultracet

Cap Pantyl D

ta Cabover 100
A

X 50

Dr. SUNDEEP GROVER
MD (Medicine), DM (Clinical Immunology)

Rheumatologist & Clinical Immunologist
UPMC RECN. No. -040363

जांच करा कर आयें

Adv

① PET-CT

② CBC ESR / CRP

RF

LF

LDH

B₂-microglobulin

HIV

HBSAg

antibodies



डॉ. बी. आर. अम्बेडकर संस्थान रोटरी कैंसर अस्पताल
Dr. B.R. Ambedkar Institute Rotary Cancer Hospital

6

OPR-6

अ.मा.आ.सं

बहिरंग र

अस्पताल के अन्दर धूम्रपान

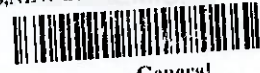
DR. B.R.A. IRCH, AIIMS, NEW DELHI

एकक/Unit
विभाग/Dept.

Dr. P. S. K.

UHID: 107280651

IRCH No. 312421



General

नाम/Name

Aruna Mittal

नाम अरुणा मिश्रा
Name ARUNA MITTAL
W/O. VIJAY KUMAR
Phone No. 9457444904

Sex/Age F/70 e of Birth

निदान/Diagnosis

Multiple Myeloma

दिनांक/Date

उपचार/Treatment

14/2/2024

VRd wef 31/1/2024

Hb = 6.6

Adv: -

30 PRBC — Day Care

T. Ultracet — TD

dy. Magnex - 3g iv BD

T. Levoflox (750) — OD

Cap. Pantoid DSR — OD

Xylocaine jelly (2%) local application

F/Van... 28/2/2024 — 11am — CBP/US/RF

T. Alprax (0.25) — OD 10. (4h)

T. C. I. Plus — OD

*4th floor
MO Ward
Dr. Vineeth K. M.*

COUNTER SIGNED
A.K.
CHIEF MEDICAL OFFICER
MEERUT

[Signature]

अंगदान-जीवन का बहुमूल्य उपहार / ORGAN DONATION - A GIFT OF LIFE

O.R.B.O.AIIMS, 26588360, 26593444, www.orbo.org Helpline-1060 (24 hrs. service)

बाहर से आने वाले रोगियों के लिए धर्मशाला की सुविधा उपलब्ध है/ Dharamshala facility is available for outstation patients

Proteinex powder — Discap — BD

17/2/2024



डा. बी. आर. अम्बेडकर संस्थान रोटरी कैंसर अस्पताल
Dr. B.R. Ambedkar Institute Rotary Cancer Hospital
अ.भ. अस्पताल/ALLIANCE HOSPITAL

OPR-6

DR. B.R.A. IRCH, AIIMS, NEW DELHI

एकक/Unit

विभाग/Dept.

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अस्पताल IRCH No. 312421
Clinic Adult Medical Oncology Clinic
Deptt. MEDICAL ONCOLOGY
General

Reg. Date-29/01/2024

Clinic No. 42821/2024



UHID-107280651

MISES

i. No.

नाम/Name

नाम अरुणा मिश्र
Name ARUNA MITTAL

W/O- VIJAY KUMAR

Sex/Age F/70Y

Phone No. 9457444904

Room 1 (Shift Morning)

Address A-51 GANGASAGAR COLONY GANGA NAGAR MEERUT,
UTTAR PRADESH, Pin:250001, INDIA

जन्म तिथि/Date of Birth

निदान/Diagnosis

MMyeloma Lersaluation

दिनांक/Date

उपचार/Treatment

- BMA] → *PSH*
- ABx/touch] → *flow cytometry*

R/n (15)

Dated on 29/1/24
at -

- SPEP, SIFE

- UPEP spot

- 24 hr urinary protein

- IgG / IgA / IgM

- Review on 31/1/2024 *HAM*

① - Tab. Pan-40 _____ OD

① - T. Wyalone (40) _____ OD x day

[Handwritten signature]

COUNTER SIGNED
Ak
CHIEF MEDICAL OFFICER
MEERUT

अंगदान-जीवन का बहुमूल्य उपहार/ORGAN DONATION - A GIFT OF LIFE

O.R.B.O., AIIMS, 26588360, 26593444, www.orbo.org Helpline - 1060 (24 hrs service)

बाहर से आने वाले रोगियों के लिए धर्मशाला की सुविधा उपलब्ध है/Dharamshala facility is available for outstation patients

MM - 155-115 Age 70 yrs
fem.

Ct.

31.1.24.

Rx

Ti. Bortezomib 2mg (1.5ml NS) SC

14/2/24

D₁

D₈

D₁₅

D₂₂

Cap. Lenalidomide 15mg OD नाश्ते के 2घंटे बाद

D₁ → D₂₁ → 2दिन बाद

T. Dexamethasone 20mg

4mg tid - (2+2+1)

2 गोली नाश्ते के बाद

2 गोली लंच के बाद

1 गोली डिनर के बाद

D₁, D₈, D₁₅

D₂₂.

T. Paracetamol 40mg BD on the days of Tx, then SOS.

T. Acivir 400mg OD.

T. Septran DS BD ^{सह्य:} _{सुख:} _{सह्य:}

T. Escopin 75mg OD डिनर के बाद

T. Sheldal 500mg OD

Sy mucaine gel 2TSP SOS. (सह्य)

Sy cromoglicic acid 2TSP HS (सह्य).

Cholera prophylaxis 60,000 IU and amoxicillin, with milk

Ti. Zoledronic Acid 4mg in 100ml NS 30mins. once a month

Regular BD & sugar monitoring

ACU

14.2.24.

12/10

CRS. PAT. CAT

[Signature]

सोहम् नर्सिंग होम

Reg. No.
RMEE 1904652

238 के० पी० रोड, निकट खुर्जा टैम्पो स्टैंड, महेश पार्क के पास, बुलन्दशहर-203001

नोट- परामर्श के लिए इन नम्बरों # 9675787565 / 05732-253430 पर सुबह 7 बजे से समय (Appointment) लें।

डा० राजीव अग्रवाल

M.B.B.S., M.S. (जनरल सर्जरी)

(MCI Reg. No. 38102) M.Ch. (न्यूरोसर्जरी)

मस्तिष्क, गद् की हड्डी व नसों के रोगों के विशेषज्ञ एवं सर्जन

भू० पू० कन्सलटेंट न्यूरोसर्जन

- विमहेन्स अस्पताल, नई दिल्ली
- सेंट स्टीफन्स अस्पताल, नई दिल्ली

Ref. by

प्रत्येक शनिवार पूर्ण अवकाश।



Mr. V.K Mittal (bsr)

71yrs.

डा० रीना अग्रवाल

M.B.B.S., M.S. (Obst & Gynae)

(MCI Reg. No. 69789) गोल्ड मेडलिस्ट

प्रसूति एवं स्त्री रोग विशेषज्ञ एवं सर्जन

भू० पू० सर्जन

- गिन्नी मोदी अस्पताल, मोदीनगर
- जैन चैरेटेबिल अस्पताल, वाराणसी

दिनांक..... 8-Feb-24

C/O LBA left side for 5-6 months
Especially while standing from
sitting

H/O Same illness in 2019

MRI LS spine – multiple
osteophytes with disc bulges &
spondylosis

O/E BP- 130/80

Pulse -74/min

Wt- 66.4kg

Difficulty in walking on left toes

MRI LS spine- multiple disc
osteophyte complexes L2-3

(11mm), L3-4 (10mm), L4-
5(7.6mm), L5-S1 (10.5)

Adv Surgery

Opinion at higher center

EMG / NCV left lower limb

R_x

Hard bed to use. No forward bending
Use LS belt & commode

Tab. Etosure 90mg 1tab ODपहलर
-----|----- खाने के बाद

× Tab. Esofag 40mg HSOD रात को सोते समय
Cap. Pregacon 25mg 1Cap. BD

1-----|
× Cap. Evion 400mg 1cap OD

Tab. Nuhenz 1tab OD

Tab. Calsure CM 1tab BD

1-----|

Tab. Viotense SR 400mg ½ tab HSOD

Warm saline fomentation

× Diclo-Ace gel for local application

7days

R

- समय: प्रातः 11:30 बजे से 4:00 बजे दोपहर एवम् सायं 7:00 बजे से रात्रि 8:30 बजे तक।
- निर्देश- दवायें ठीक से ना लेने जांच न कराने कहने के बाद भी बाहर न जाने या निर्देश का पालन न करने पर या अन्य किसी कारण से ठीक न होने, अकस्मात् तबियत खराब होने पर हमारा कोई उत्तरदायित्व नहीं होगा।
- यह पर्चा मेडिकोलीगल केस के लिए अमान्य है।



JASWANT RAI SPECIALITY HOSPITAL

Opp. Sports Stadium, Mawana Road, Meerut

Ph. +91121-2663887, 2663888, 2651700

E-mail: jrsh_mrt@yahoo.com

(RUN BY : MEERUT MEDICARE CENTRE PVT. LTD.)

CIN: U85110UP1995PTC019162

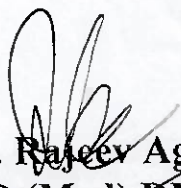


Dated: 28/11/2023

TO WHOM IT MAY CONCERN

Certified that Mr. Sh. Vijay Kumar s/o Late Sh. Ramlal, aged 71 years R/o A-51, Gangasagar colony Meerut/H.No-78, Dwarikapuri, Muzaffarnagar is suffering from Hypertension/Dyslipidaemia and CAD Angina and his wife Smt. Aruna Mittal, aged 70 years is suffering from PAT/CAD unstable Angina and are under my treatment since 2005. Both of them are senior citizen and require regular care and attention of a cardiologist and in case of an emergency, requires immediate hospitalization at some super specialized higher centre.

CS
14/02/24
Chief Medical Officer
Bulandshahr


Dr. Rajeev Agarwala
MD (Med) DM (Cardiology)
UPMC 28281
MCI 858

Dr. Rajeev Agarwala
MD (Med.) DM (Cardiology)
UPMC 28281
MCI 858



HCIC No. :	012402000725	Reg. Date :	04 Feb 2024
Patient Name :	Mr. V.K.MITTAL JI	Report Date :	05 Feb 2024
Age/Sex :	71 YRS/MALE	Referred By :	Dr. Sundeep Grover D.M.(Clinical Immunology) M.D.(Medicine)

MRI OF LUMBAR SPINE

Using the High Definition coil, High Resolution Images of the lumbar spine acquired using twin gradient 16 channel 3.0 Tesla platform system with zoom gradient coil in T2, T1W Sagittal, Coronal, followed by transaxial T1 and T2 at the I/V disk levels.

FINDINGS:

- Scoliosis of spine is seen convexity towards left side.
- Degenerative changes are seen in the form of osteophytes and disc desiccation at multiple levels.
- Vertebral body heights and alignment are normal.
- Reduced L3-L4, L4-L5 and L5-S1 disc heights are seen with adjacent endplate irregularities with schmorl's nodes and type I & II modic changes at L5-S1 level and type II modic endplate changes at multiple levels.
- Vacuum phenomenon is seen at L3-L4, L4-L5 and L5-S1 levels in the form of blooming on GRE.
- Clumping of cauda equina is seen with pseudo cord formation.
- Rest of the IV discs are seen I/V disks are normal in signals characteristics.
- The imaged portion of distal cord and conus medullaris are normal. No intra-cord abnormal signals are seen.
- **L1-L2:** No obvious disc bulge, neural foramina narrowing, nerve root abutment / compression noted. Mild bilateral facet arthropathy is seen. AP diameter of thecal sac at this level ~ 12 mm.
- **L2-L3:** Mild diffuse disc bulge is seen minimally indenting the thecal sac with associated mild bilateral ligamentum flavum hypertrophy and facet arthropathy causing mild narrowing of bilateral neural foramina, and no obvious nerve root abutment or compression is seen. AP diameter of thecal sac at this level ~ 11mm.
- **L3-L4:** Diffuse disc bulge with associated posterior osteophyte is seen mildly indenting thecal sac with associated bilateral ligamentum flavum hypertrophy and facet joint arthropathy causing severe narrowing of bilateral lateral recess and moderate narrowing of bilateral neural foramina, compressing bilateral exiting and abutting right traversing nerve roots. AP diameter of thecal sac at this level ~ 10 mm.
- **L4-L5:** Diffuse disc bulge, annular fissure with associated posterior osteophyte is seen mildly indenting thecal sac with associated bilateral ligamentum flavum hypertrophy and facet joint arthropathy causing severe narrowing of bilateral lateral recess and moderate narrowing of bilateral neural foramina, compressing bilateral traversing and exiting nerve roots. There is mild narrowing of spinal canal at this level. AP diameter of thecal sac at this level ~ 7.6 mm.

Dr. Sanjay Gupta
Dr. Sanjay Gupta
MD (Radio-diagnosis)

Dr. Anuja Dubey
Dr. Anuja Dubey
MBBS, DMRD, DNB, FMSK Radiology

Dr. Mukta Mital
MD (Radio-Diagnosis)

Dr. Annie Agarwal
MD (Radio-Diagnosis)

Dr. Sachin Agarwal
MD (Radio-Diagnosis)

Dr. Archita Goel
MD (Radio-Diagnosis)
Fellow MRI & cardiac imaging

Dr. Shishir
MBBS, MD, FIVR

Please correlate clinically

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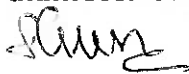
Result Entered By : RINKU


HCIC No. :	012402000725	Reg. Date :	04 Feb 2024
Patient Name :	Mr. V.K.MITTAL JI	Report Date :	05 Feb 2024
Age/Sex :	71 YRS/MALE	Referred By :	Dr. Sundeep Grover D.M.(Clinical Immunology) M.D.(Medicine)

- **L5-S1:** Diffuse disc bulge, annular fissure with small right paracentral disc protrusion is seen mildly indenting thecal sac with associated bilateral ligamentum flavum hypertrophy and facet joint arthropathy causing moderate narrowing of bilateral lateral recess and neural foramina, abutting left traversing and compressing bilateral exiting nerve roots. AP diameter of thecal sac at this level ~ 10.5 mm.
- There is mild fatty atrophy of bilateral lower paraspinal muscles.
- Pre and para vertebral soft tissues are normal. No evidence of collection or soft tissue lesion seen.
- Bilateral SI joints appear unremarkable.

IMPRESSION: Present MRI lumbosacral spine reveals

- **Scoliosis of spine convexity towards left side.**
- **Degenerative changes in the form of osteophytes and disc desiccation at multiple levels.**
- **Reduced L3-L4, L4-L5 and L5-S1 disc heights with adjacent endplate irregularities with schmorl's nodes and type I & II modic changes at L5-S1 level and type II modic endplate changes at multiple levels.**
- **L2-L3: Mild diffuse disc bulge with associated mild bilateral ligamentum flavum hypertrophy and facet arthropathy causing mild narrowing of bilateral neural foramina, and no obvious nerve root abutment or compression is seen. AP diameter of thecal sac at this level ~ 11mm.**
- **L3-L4: Diffuse disc bulge with associated posterior osteophyte with associated bilateral ligamentum flavum hypertrophy and facet joint arthropathy causing severe narrowing of bilateral lateral recess and moderate narrowing of bilateral neural foramina, compressing bilateral exiting and abutting right traversing nerve roots. AP diameter of thecal sac at this level ~ 10 mm.**
- **L4-L5: Diffuse disc bulge, annular fissure with associated posterior osteophyte with associated bilateral ligamentum flavum hypertrophy and facet joint arthropathy causing severe narrowing of bilateral lateral recess and moderate narrowing of bilateral neural foramina, compressing bilateral traversing and exiting nerve roots. There is mild narrowing of spinal canal at this level. AP diameter of thecal sac at this level ~ 7.6 mm.**
- **L5-S1: Diffuse disc bulge, annular fissure with small right paracentral disc protrusion with associated bilateral ligamentum flavum hypertrophy and facet joint arthropathy causing moderate narrowing of bilateral lateral recess and neural foramina, abutting left traversing and compressing bilateral exiting nerve roots. AP diameter of thecal sac at this level ~ 10.5 mm.**


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MRI SCREENING OF CERVICO-DORSAL SPINE

FINDINGS:

There is reduced cervical lordotic curvature.

Degenerative changes in the form of marginal osteophytes and disc desiccation are seen at multiple levels.

Reduced C5-C6 height is noted with adjacent type II modic changes.

Grade I anterolisthesis of D2 over D3 vertebral body is seen with mild posterior pseudo-disc bulge at D2-D3 level.

Posterior disc osteophyte complex indenting the thecal sac are seen from C3-C4 to C7-D1 levels.

Bilateral ligament flavum hypertrophy seen at few cervico-dorsal levels.

Vertebral heights and marrow signal are normal. Alignment of rest of the vertebrae is maintained. Rest of the disc height are maintained.

Visualized cord appears normal.



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