



अ० भा० आ० सं० अस्पताल / A.I.I.M.S. HOSPITAL
बहिरंग रोगी विभाग / Out Patient Department



अस्पताल के अन्दर धूम्रपान मना है। / SMOKING IS PROHIBITED IN HOSPITAL PREMISES

शरीरमाद्यं खलु धर्मसाधनम्

OPR-6

एकक/Unit _____

विभाग/Dept. _____

ब०रो०वि० पंजीकृत सं०/O.P.D. Regn. No. _____

नाम/Name	पिता/पुत्र/पत्नी/पुत्री F / S / W / D of	लिंग Sex	आयु Age	पता/Address
Mr Prasant Mittal ADT Bulandshahr			45x / M .	

निदान/Diagnosis

obesity; SpA (Axial); DM on OHA.
Hypertension

दिनांक/Date

उपचार/Treatment

MRT spine
↓
NO of inflammation

Adv.

(HHA B27 Neg)
radius upper part following
40 mechanical backache trauma
↓
Surgery.

Tab Etoshine 90mg SOS.

Continue exercises as advised

Hemogram

ESR

RFT

LFT

S.25 hydroxy vit D

tcBAC



डॉ. उमा कुमार
Dr. UMA KUMAR

आचार्य एवं विभागाध्यक्ष/Professor & Head
रूमेटोलॉजी विभाग/Department of Rheumatology
अ.भा.आ.सं. नई दिल्ली/A.I.I.M.S. New Delhi-110029

He needs to avoid long drive
partly exercise back movement
for sometime.



Pradhan Mantri Jan Arogya Yojana
PM-JAY
प्रधानमंत्री जन आरोग्य योजना
(pmjay.gov.in)

CLEAN AND GREEN AIIMS / एम्स का यही संकल्प, स्वच्छता से काया कल्प

अंगदान-जीवन का बहुमूल्य उपहार / ORGAN DONATION - A GIFT OF LIFE

O.R.B.O., AIIMS, 26588360, 26593444, www.orbo.org Helpline - 1060 (24 hrs service)



मेरा अस्पताल
My Hospital
meraaspatal.nhp.gov.in

12/08/2023

ESR 40

RBAC 7.3

CRP 22.5

Hb 13.8

TAC 11200

Plat 264×10^3

LFT | WNL

KFT |

S. ure acid 8.4.

Adv

CT


Review

Uma

- Venous doppler lower limbs
- S.25 hydroxy vit D
- TJM.

He is suffering from spondylarthritis which is a chronic inflammatory arthritis. He is advised to be on regular follow-up under Rheumatologist.

Uma

 डॉ. उमा कुमार
Dr. UMA KUMAR
अभ्यास एवं विभागाध्यक्ष / Professor & Head
रुमेटोलॉजी विभाग / Dept. of Rheumatology
अ.सा.आ.सं. नई दिल्ली / A.I.I.M.S. New Delhi-29

28/11/2023

To Whomsoever it may concern

Certified that Prashant Mittal S/o Shri Vijay Kumar, aged 46 years presently posted as Addl. District & Sessions Judge at Bulandshahr is suffering with an autoimmune disease of the spine namely Ankylosing Spondylitis /SPA (axial) / Inflammatory Sacroillitis and incompetent perforators in legs and is under my treatment since 2017. The above mentioned disease is a disabling disease if not taken care off properly may effect the mobility of spine. He needs regular followup, treatment and care under a Rheumatologist.

C/S

14/02/24
Chief Medical Officer
Bulandshahr

Dr. Sundeep Grover

Dr. SUNDEEP GOVER

MD (Medicine), DM (Clinical Immunology)

Rheumatologist & Clinical Immunologist

UPMC REGN. No. -040363

Arthritis & Immunology Clinic

1, Sarawati Plaza, opposite NAS College, E K Road, Meerut.

TIMINGS (Monday to Friday) 11 AM TO 5 PM

(Saturday) 11 AM TO 2 PM

OPD No. 7

Nutema Hospital, opposite LLRM Medical College, Garh Road, Meerut.

TIMINGS (Monday to Friday) 6 PM TO 8 PM

CONSULTATION BY PRIOR APPOINTMENT ONLY

For Appointment : 9219884868 (11 am to 6 pm) on **working days only**

SUNDAY CLOSED

HANDRA CLINIC

2/73-A, Church Road, Civil Lines, Agra 282002

Registrations: UP Med Council 21215, MC-06-6392, Clinic-2011-2068

M.S. (Ob/Gyn), Ph.D (Sch), M.A.M.S., F.I.C.O.G., F.I.C.M.C.H., F.I.C.M.U.

Cert. Diagnostic Ultrasound (New Zealand), Diploma Laparoscopic Surgery (Germany)

Email: mukesh.chandra@hottmail.com Ph: (0562)2520022 (2-9 PM), 2523000

डॉ. मुकेश चन्द्रा
DR. MUKESH CHANDRA

Professor & Head of Dept

Obstetrics & Gynaecology

FH Medical College Tundla, Firozabad-283204

PROFESSOR(Retd.)

Dept. of Obstetrics & Gynaecology

S.N. Medical Collge & Hospital, Agra - 282002

DATE: 30-Nov-23

TC: C29

Name: - Mrs. MUDITA MITTAL (BULANDSHAR)

-37 yrs

Adhar No.

Email ID: @

2305111442



G 3 P 2 A 1 LMP 21-Aug-23
Cycle Flow
28 spot only days
Dysmen +ve Clots +ve
ABO Rh Hb Urine B sugar ESR

P/V UT:-

Cx:-

Fx:-

P/A

Vagina:-

Vulva:-

Breast:-

Rx

I - - X

Sarbar Naini Home

Admit 30/11/23

NDVH Vaginal Hystereomy 1/12/23

Complaints :

- 1 URINARY FREQUENCY
- 2 REMISSION IN MASTALGIA
- 3 DYSURIA
- 4 MASTALGIA
- 5 DYSMENORRHOEA

INVESTIGATION

1 PRE OP INVESTIGATIONS 6-Oct-23

2 COVID RT-PCR

Prof. Mukesh Chandra

M.S. (Ob/Gyn), Ph.D (Sch), M.A.M.S., F.I.C.O.G., F.I.C.M.C.H., F.I.C.M.U.

Cert Diagnostic Ultrasound (New Zealand)

Dip.oma Laparoscopic Surgery (Germany)

Professor & Head of Dept Obst & Gynaec

FH Medical College Tundla, -283204

CONSULTANT (Ob/Gyn) - CHANDRA CLINIC

Notes

- 1 ADV FH
- 2 NDEL DEC11 EPI
- 3 USG 06OCT23 RV 10W ENHYR 18MM
- 4 USG 31AUG23 AV 10+W ENHYR 25MM CXELONG
- 5 USG 02JUL23 AV 8+W REG ADMYO ENHYR 18MM CXELONG
- 6 NO FU 2 MONTHS
- 7 USG 30MAR23 RV 10W POST ADMYOMA NAOV
- 8 USG 10JUL22 AV 10W PREG ADMYO POST ADMYOMA/MYOMA 20MM ANOV
- 9 USG 24APR22 AV 8+W REG ADMYO ENHR 13MM
- 10 DYSMENORRHOEA
- 11 USG ELSE 30JAN22 ADENOMYOMA 22MM
- 12 NO FU 2 MONTHS
- 13 USG 14NOV21 RV 10+W ADMYO ROVCYS 33MM

Procedures

1

VHPND 1/12/23

uterus enlarged to 10-12W size Intense congestion. Cx hypertrophic erosion.

Precautions

1

Both tubes + ovaries healthy - conserved.

Clinical Impression **DUB**

Next Appointment Date:- 30 - Dec - 23

Please reconfirm your appointment by 25-Dec-2023

Website & Online Appointment : www.chandraclinic.com



AN ISO 9001 : 2008 CERTIFIED HOSPITAL

DR. SARKAR NURSING HOME & UMA IVF Centre

Delhi Gate, Agra - 282002

(Test Tube Baby Centre)

DISCHARGE SLIP

NAME OF CONSULTANT - PROF DR. MUKESH CHANDRA

REGD. NO - 2023 - 2321/ 2023 - 2336

NAME- MRS. MUDITA MITTAL

DOA- 30 / 11 / 23 .

AGE- 37 YRS / FEMALE

DOO - 1/12 / 23

DOD- 5/12/23

W/O -MR. PRASHANT MITTAL

DIAGNOSIS- DUB WITH CERVICITIS

OPERATIVE PROCEDURE- NDVH ON 1/12 /23 UNDER S A

Rx

TAB. FU-CV 625MG 1 BD X 10 DAYS.

TAB. DEXIBU 1 BD X 10 DAYS

CAP. CEZED 1 OD X 10 DAYS

NEXT

TAB. MONOCEFF 1 BDX10DAYS

TAB. VOVERAN 50 MG 1 BDX10 DAYS

CAP. CEZED 1 ODX10 DAYS

MATROGYL GEL + CANDID B6 TABLET HS X 15 DAYS

SPECIAL INSTRUCTION - NO HEAVY WEIGHT LIFTING

NO SQUATTING

ABSTINENCE

C/S
14/12/23
Chief Medical Officer
Bulandshahr

Mukesh Chandra
Prof. Mukesh Chandra
M.S. (Obstetrics & Gynaecology), M.A.M.S. (Gynaecology & Obstetrics)
Cert. Diagnostic Ultrasound (Gynaecology)
Diploma Laparoscopic Surgery
Professor & Head of Dept. of Gynaecology
F H Medical College, Tundla - 282004
CONSULTANT (Obstetrics) - CHANDRA CLINIC

DATE : 31-Dec-23

TC : C30

Name : - Mrs.MUDITA MITTAL (BULANSHAR)

-37 yrs

Adhar No.

Email ID : @

2305111442

G 3 P 2 A 1 LMP 21-Aug-23

Cycle Flow

28 spot only days

Dysmen +ve Clots +ve

ABO Rh Hb Urine B sugar ESR

P/V UT :-

Cx :-

Fx :-

P/A

Vagina :- Vault NAD

Vulva :-

Breast :-

Rx

- 1 Tab SEFDIN 300 mg - .Once Daily - After Breakfast X 15 Days
- 2 Tab CALCARE LC - Once Daily - After Breakfast X 1 Month
- 3 Tab FLANIL - .Twice daily - After Lunch & Dinner X 1 Month
- 4 METROGYL P Gel - Once Daily - Internal Vaginal use X 1 Month
- 5 VAGINORM Vaginal Pessary - Once Daily - Internal Vaginal use X 1 Month

Complaints :

- 1 URINARY FREQUENCY
- 2 REMISSION IN MASTALGIA
- 3 MASTALGIA
- 4 DYSURIA
- 5 DYSMENORRHOEA

INVESTIGATION

1

Notes

- 1 VHND 01DEC23 RV 12W PC4+ CXERO CXITIS
- 2 HPE REPORT AWAITED
- 3 NDEL DEC11 EPI
- 4 USG 06OCT23 RV 10W ENHYR 18MM
- 5 USG 31AUG23 AV 10+W ENHYR 25MM CXELONG
- 6 USG 02JUL23 AV 8+W REG ADMYO ENHYR 18MM CXELONG
- 7 USG 30MAR23 RV 10W POST ADMYOMA NAOV
- 8 NO FU 2 MONTHS
- 9 USG 10JUL22 AV 10W PREG ADMYO POST ADMYOMA/MYOMA 20MM ANOV
- 10 USG 24APR22 AV 8+W REG ADMYO ENHR 13MM
- 11 DYSMENORRHOEA
- 12 USG ELSE 30JAN22 ADENOMYOMA 22MM
- 13 NO FU 2 MONTHS

Procedures

1

Precautions

1

Clinical Impression **FUC VHND - 1st Post Op visit**

Next Appointment Date:- 30 - Jan - 24

Please reconfirm your appointment by 25-Jan-2024

Website & Online Appointment : www.chandraclinic.com



DATE : 26-Jan-24

TC : C31

Name : - Mrs.MUDITA MITTAL (BULANSHAR)

-38 yrs

Adhar No.

Email ID : @



2305111442

 G 3 P 2 A 1 LMP 21-Aug-23
 Cycle Flow
 28 spot only days
 Dysmen +ve Clots +ve
 ABO Rh Hb Urine B sugar ESR

P/V UT :-

Cx :-

Fx :-

P/A

Vagina :- Vault NAD

Vulva :-

Breast :-

Rx

- 1 Tab CALCARE LC - Once Daily - After Breakfast X 1 Month
- 2 Tab FLANIL - Twice daily - After Lunch & Dinner X 1 Month
- 3 METROGYL P Gel - Once Daily - Internal Vaginal use X 1 Month
- 4 VAGINORM Vaginal Pessary - Once Daily - Internal Vaginal use X 1 Month

PROCTOSEBYL ointment . 15 days

Complaints :

 URINARY FREQUENCY
 REMISSION IN MASTALGIA
 MASTALGIA
 DYSURIA
 DYSMENORRHOEA

INVESTIGATION

1

Notes

- 1 HPE ENPOL ATROPH ENDOMETXCITIS NABCYS
- 2 VHND 01DEC23 RV 12W PC++ ENHYR CXERO CXITIS
- 3 NDEL DECH EPI
- 4 USG 06OCT23 RV 10W ENHYR 18MM
- 5 USG 31AUG23 AV 10+W ENHYR 25MM CXELONG
- 5 USG 02JUL23 AV 8+W REG ADMYO ENHYR 18MM CXELONG
- 7 USG 30MAR23 RV 10W POST ADMYOMA NAOV
- 3 NO FU 2 MONTHS
- 7 USG 10JUL22 AV 10W PREG ADMYO POST ADMYOMA/MYOMA 20MM ANOV
- 0 USG 24APR22 AV 8+W REG ADMYO ENHR 13MM
- 1 DYSMENORRHOEA
- 2 USG ELSE 30JAN22 ADENOMYOMA 22MM
- 3 NO FU 2 MONTHS

Procedures

1

Precautions

1

 Clinical Impression **FUC VHND - 2nd Post Op Visit**

Next Appointment Date:- 25 - Feb - 24

Please reconfirm your appointment by 20-Feb-2024

 Website & Online Appointment : www.chandraclinic.com

10.3