

PROFORMA - I

Remarks/assessment of Chief Medical Officer/Chief Medical Superintendent along with verified/countersigned papers

I, Dr. Sanjeev Manglik [Name] CMO/CMS, Saharanpur
have perused the documents presented before me by Sri X [Name of the Officer], ID No. Designation and place of posting OR on his behalf by Sri MANJU DEVI Relation with the officer . . MOTHER
Phone No. 9967915539

- I. I have personally examined Sri/Smt./Sushri. MANJU DEVI who is suffering from the disease/syndrome/disability OSTEOPOROSIS SINCE 11/8/22 [Name of the disease] and in my opinion he/she may require frequent hospitalization for treatment/management.
- II. I also verify that Sri/Smt./Sushri. AS ABOVE is suffering from the disease/syndrome/disability/disorder . . AS ABOVE [Name of the disease] and the disease(s) find(s) mention at paragraph no. of the Annexure-I enclosed herewith.
- III. In my professional opinion and assessment, I am convinced that the treatment/management of the above-mentioned disease/syndrome/disability/disorder in paragraph two above is possible at the districts mentioned by the officer in his/her application submitted to Hon'ble High Court.
- IV. The treatment/management of the above-mentioned disease/syndrome/disability/disorder in paragraph two above is also available at the districts namely . P.B.I., CHANDIGARH
- V. I am aware that this document may be presented by the competent authority/applicant for further use by a competent Medical Board.
- VI. This document shall be valid only for TREATMENT PERIOD months only.

Signature with seal
(C.M.O./C.M.S.)

Name: (Dr. Sanjeev Manglik)
ID No.:
Designation: . . Chief Medical Officer
Telephone No. Saharanpur
Mobile No. U.P.M.C.I.-32247



R 7.2
MANJU
DEVI.

- 1. Concerned District Judge/Officers in equivalent rank to get these matter expedited from the office of CMO/CMS.
- 2. The CMO/CMS are requested to retain the copy of this documents and documents placed before them for issuance of this document for future reference.

TREATMENT AND INVESTIGATION ORDERED

SUPPLY FOLLOWING DRUGS OR EQUIVALENT GENERIC DRUGS

नेहरु चिकित्सालय NEHRU HOSPITAL
स्नातकोत्तर चिकित्सा शिक्षा एवम् अनुसंधान संस्थान, चण्डीगढ़
POSTGRADUATE INSTITUTE OF MEDICAL EDUCATION AND RESEARCH
CHANDIGARH

बाहरी रोगी कार्ड OUT PATIENT CARD

SR CITIZEN (PRIORITY)

CR No. : 2022 0370 0252 Date : 15-02-2024

Name : MANJU DEVI

Ph. No : 9967915539

Age/Sex : 69 Y/F Category : General

Husband Name: Dharam Pal Singh

Address : 2122DELHI RAOD AMBEDHKAR PURAM

Uttar Pradesh India

Department : Orthopaedics

Unit/Conslt: Unit 1/MSD, SA, DKC, SS, VK, SP

Room No : 2009 Serial No : 132

File No : ORTGEN532586 Amount(Rs): 10/-

Unit Days : Tue, Thu Renewal

सामयिक निदान/तात्कालिक निदान
PROVISIONAL DIAGNOSIS

तारीख व हस्ताक्षर
DATE & INITIALS

बताई गई जांचें व उपचार
TREATMENT AND INVESTIGATIONS ORDERED

SUPPLY FOLLOWING DRUGS OR EQUIVALENT GENERIC DRUGS

• Diffuse bone pain

(pain med).

• Low back pain & left lower

umb (↑ on 2 & 6).

SUR < R - 90°
L - 30°

EHL } < R } SIS.
FHL } < L }

• Pain in both knees

Δ: OA knees.

osteoporosis.

DVD Lu-S

LS-S.

के लिए / FOR INVESTIGATIONS ONLY

वेबसाइट pgimer.edu.in/ors.gov.in पर उपलब्ध है।
available on website pgimer.edu.in/ ors.gov.in

जन्म तथा मृत्यु का पंजीकरण 21 दिन के अन्दर करवाना अनिवार्य है।
पी.जी.आई में हुए जन्म तथा मृत्यु के प्रमाण पत्र सी.आर.डी. विभाग में उपलब्ध है।

बताई गई जांचें व उपचार

TREATMENT AND INVESTIGATIONS ORDERED

SUPPLY FOLLOWING DRUGS OR EQUIVALENT GENERIC DRUGS

- Adv:
- DEXA SCAN.
 - Serum calcium/Vit. D₃
 - Hemogram, serum electrolyte, Renal function test, Liver function test.
 - St. X-ray both knees

A.P. lateral in
 (standing) 60° flexion.

Tab. Idrofos : 1 tab. once a month to (150 mg) continue.

Int. Denosumab (60mcg) : subcutaneously once

Tab. Cam : 1 tab. o.d.

uprise D₃ sachet : 1 sachet/2wks. (600 I.U)

Calcitonin nasal spray : 1 puff in air nostril/day

Wumbo-sacral belt use.

Tab. Zerodal-CR : 1 tab. s.o.s.

Enemanye oil : local applⁿ.

तारीख व हस्ताक्षर
DATE & INITIALS

बताई गई जांचें व उपचार

TREATMENT AND INVESTIGATIONS ORDERED

SUPPLY FOLLOWING DRUGS OR EQUIVALENT GENERIC DRUGS

- Precautions:
- Avoid travel on road/
- Avoid jerks.
- Measures to prevent falls because of tied silk & hip and spine fractures.

- No acute forward bendy/
- No lifting & heavy wts.

- Physiotherapy:
- Intermittent lumbar traction/swd x 2wks at higher cent x/PT, Ch
- Review every 2 weeks/SES.

Tab. Gabavit-PSR : 1 H/S.

Additional Professor
Dept. of Orthopaedics
PGIMER, Chandigarh

Assistant Professor
Department of Orthopaedics
PGIMER, Chandigarh

सहाय्य चिकित्सा अधिकारी
सहारनपुर।

22-2-24

DEPARTMENT OF ORTHOPAEDICS

स्नातकोत्तर चिकित्सा शिक्षा एवं अनुसंधान संस्थान, चण्डीगढ़ - 160012 (भारत)
POSTGRADUATE INSTITUTE OF MEDICAL EDUCATION & RESEARCH, CHANDIGARH-160012 (INDIA)

डॉ० विशाल कुमार

अतिरिक्त प्राचार्य

Dr. Vishal Kumar

ADDITIONAL PROFESSOR

M.S. DNB, Dip SICOT,

FACS, FIMSA, FRCS (GLAS)

FRCS (Eng), FFSTED



Tel. : +91-172-2756740, 2756743

Mobile : +91-99142-08789

E-mail : drkumarvishal@gmail.com

Website : www.pgimer.edu.in

No. : _____

Date : _____

TO WHOM SO EVER IT MAY CONCERN

Srimati Manju Devi, wife of Sri Dharam Pal Singh, CR No.- 202203700252 is suffering from Osteoarthritis of both knees and severe Osteoporosis for which she is receiving treatment at PGIMER, Chandigarh on a regular basis. In view of her Osteoporosis and being elderly, she is advised against travelling to avoid jerks because of high risk of hip and spine fractures along with other precautions and advice. She is also advised for serial follow ups at frequent interval along with physiotherapy under supervision at PGIMER, Chandigarh.

Vishal
(Dr. Vishal Kumar)

15.02.2024

Dr. Vishal Kumar
Addl. Professor
Deptt. of Orthopedics
PGI, Chandigarh

Name: MANJU DX 4272/22
Patient ID: CR 3700252
DOB: 10 August 1952

Sex: Female
Ethnicity: Asian

Height: 147.0 cm
Weight: 60.0 kg
Age: 70

Referring Physician:

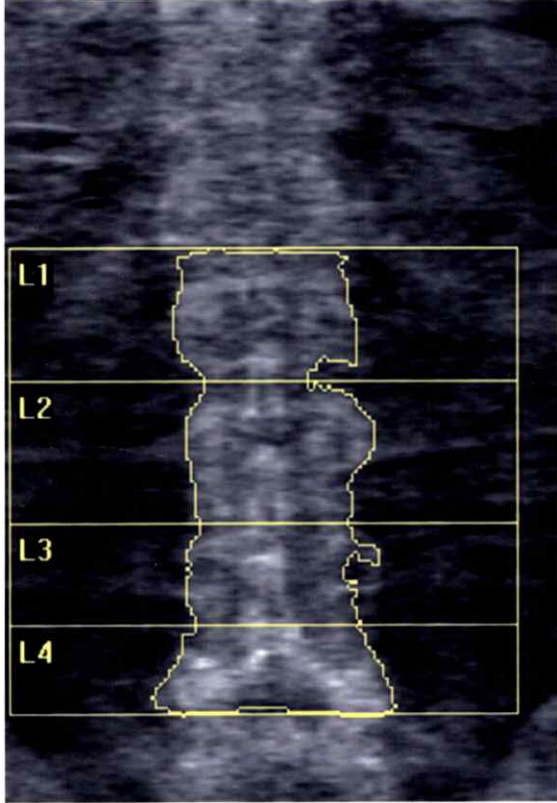


Image not for diagnostic use
k = 1.149, d0 = 42.5
116 x 106

Scan Information:

Scan Date: 11 August 2022 ID: A08112221
Scan Type: f Lumbar Spine
Analysis: 11 August 2022 12:09 Version 13.4.2:3
Spine
Operator:
Model: Discovery A (S/N 87292)
Comment:

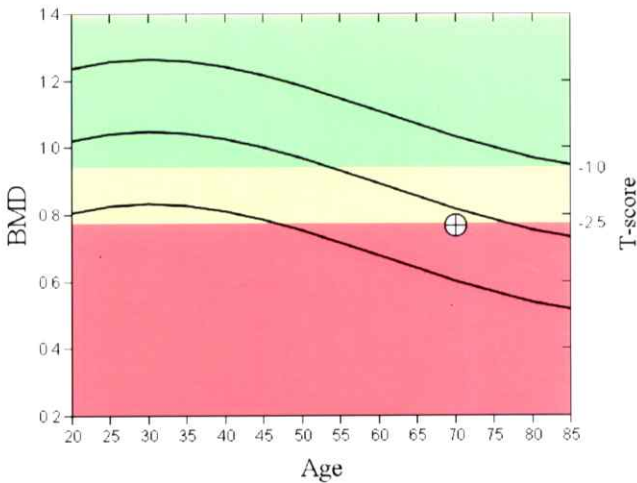
DXA Results Summary:

| Region | Area (cm ²) | BMC (g) | BMD (g/cm ²) | T - score | Z - score |
|--------------|-------------------------|--------------|--------------------------|-------------|-------------|
| L1 | 11.20 | 7.66 | 0.684 | -2.8 | -0.9 |
| L2 | 12.30 | 9.31 | 0.757 | -2.5 | -0.4 |
| L3 | 8.90 | 6.56 | 0.737 | -3.2 | -1.0 |
| L4 | 9.68 | 8.74 | 0.904 | -1.4 | 0.8 |
| Total | 42.08 | 32.27 | 0.767 | -2.5 | -0.4 |

Total BMD CV 1.0%, ACF = 1.033, BCF = 1.030, TH = 8.909

WHO Classification: Osteoporosis
Fracture Risk: High

Total



Comment:

Score vs. White Female; Z-score vs. White Female. Source: BMDCS Hologic White Female.

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Patient ID: CR 3700252
DOB: 10 August 1952

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Ethnicity: Asian

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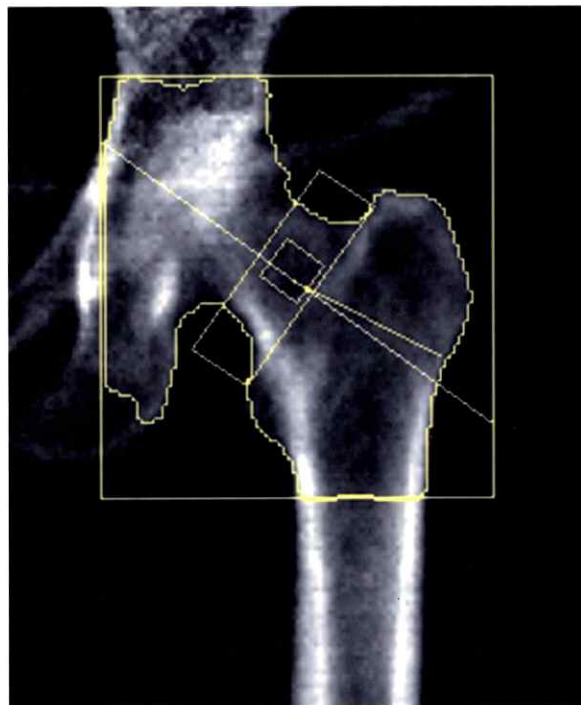


Image not for diagnostic use
k = 1.147, d0 = 48.3
87 x 93
NECK: 49 x 15

Scan Information:

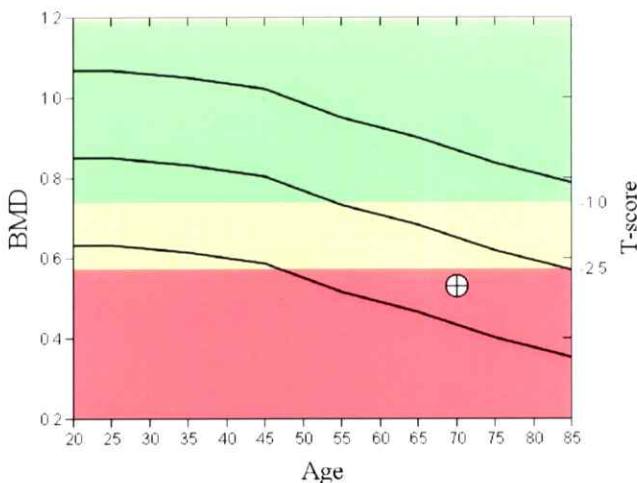
Scan Date: 11 August 2022 ID: A08112222
Scan Type: x Left Hip
Analysis: 11 August 2022 12:11 Version 13.4.2:3
Hip
Operator:
Model: Discovery A (S/N 87292)
Comment:

DXA Results Summary:

| Region | Area (cm ²) | BMC (g) | BMD (g/cm ²) | T - score | Z - score |
|--------|-------------------------|---------|--------------------------|-----------|-----------|
| Neck | 4.95 | 2.62 | 0.529 | -2.9 | -1.1 |
| Total | 26.88 | 16.40 | 0.610 | -2.7 | -1.2 |

Total BMD CV 1.0%, ACF = 1.033, BCF = 1.030, TH = 6.156
WHO Classification: Osteoporosis

Neck



10-year Fracture Risk

FRAX not reported because:
Some T-score for Spine Total or Hip Total or Femoral Neck at or below -2.5

Comment:

T-score vs. White Female; Z-score vs. White Female. Source: BMDCS/NHANES White Female.