



# MANAV HOSPITAL

PATIENT FIRST

**Dr. Sharad Gupta**

M.B.B.S., M.S. (Ortho)

**Director Orthopedics & Joint Replacements**

Name: ANJANA SHARMA

Age/Sex: 54y / F

Office ID: SG15027

Date: 15-02-2024 01:26 pm

Mobile: 9717107737

**Symptoms:** Pain both shoulder (4 Months, Right >Left), Pain increased (1 Day), Neck pain

**Findings:** Neck movements painful (Mild, Terminally)

**Patient Personal History:**

H/o medical problem: Type 2 Diabetes Mellitus, Dyslipidemia

**Other personal details:** Drug Allergies - nil

**Diagnosis:** Cervical strain, Cervical spondylosis

Rx	Name	Frequency	Duration	Notes
1	Tablet Miofree A (4 & 100) THIACOLCHICOSIDE (THIACOLCHICIDE)(4 MG) + ACECLOFENAC(100 MG)	1 tablet - Twice a day	4 Days	After Food
2	Tablet Jopan DSR (40 & 30) PANTOPRAZOLE SODIUM SESQUIHYDRATE(40 MG) + DOMPERIDONE (SR)(30 MG)	1 - 0 - 0	4 Days	Before Breakfast
3	Capsule Ultrarise 60K "CHOLECALCIFEROL 60000 IU	1 capsule - Once a week	4 Weeks	Sunday
4	Tablet Pregaba NT NORTRIPTYLINE 10 MG+PREGABALIN 75 MG	1/2 tablet - Once a day	10 Days	At 8 pm
5	Tablet UGESIC PIROXICAM (20MG)	1 tablet - Once a day	SoS	Pain, mouth dissolving.
6	Gel VOLITRA GEL	1 fingertip - Thrice a day	1 Week	

**Advised Investigations:** X ray cervical spine ap and lateral

**Advised Procedures:**

- Physiotherapy
- Ultrasonic therapy
- Hot packs
- TENS
- Neck isometrics

Dr. Anil Trivedi - 8750375000

**Follow up:** 22 Feb 2024, Thursday



**मानव**  
अस्पताल  
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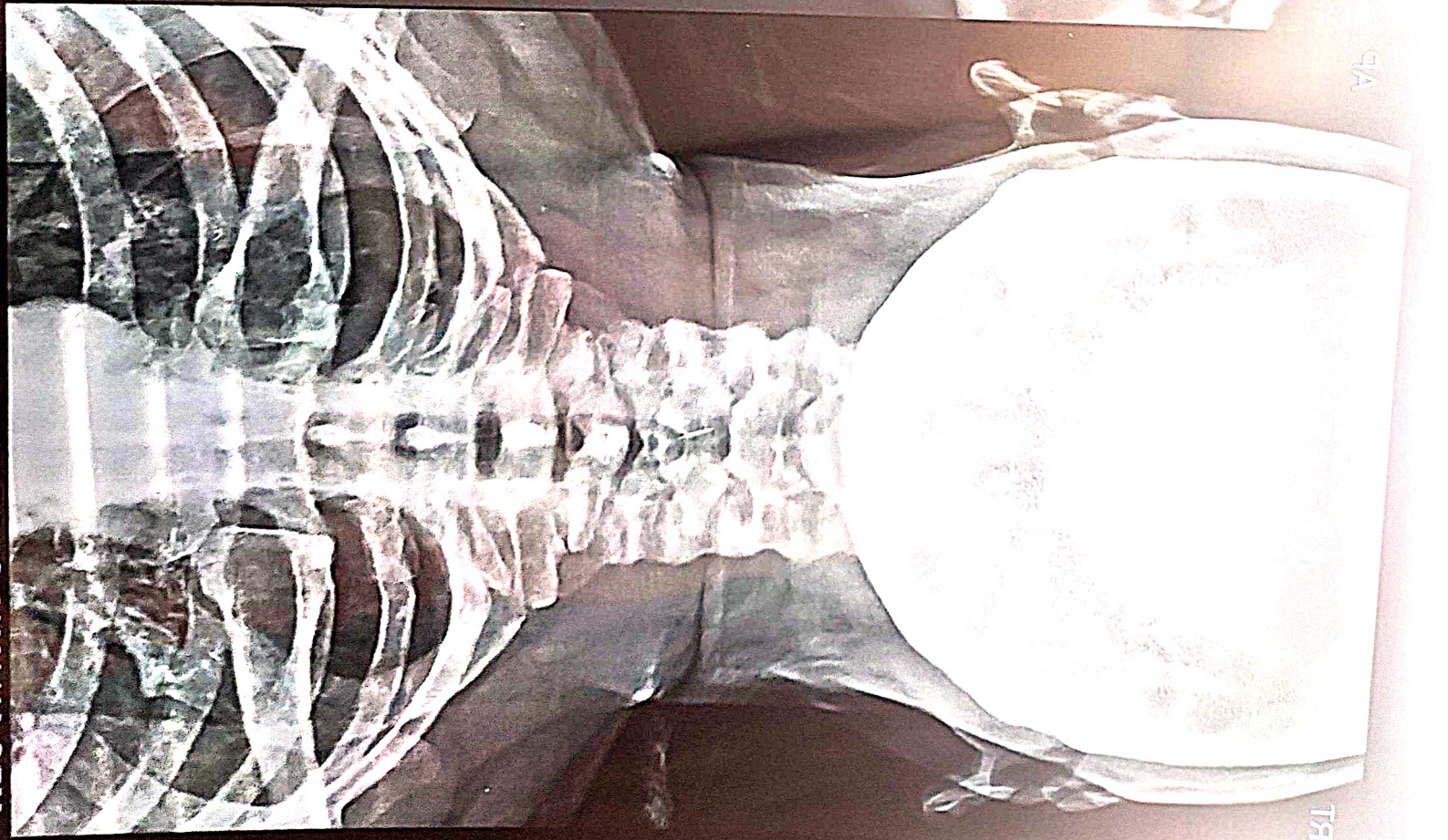
NABH Accredited Hospital

**HELPLINE**

**9625 635 805**



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