



CENTRE FOR SIGHT
Every eye deserves the best

DISCHARGE CARD VITREO RETINAL SURGERY

NAME: <u>MRS. REEMA BANSAL</u>	MRD. NO: <u>SAPD/ 273788</u>
AGE/SEX: <u>41/F</u>	D.O.A / D.O.S <u>06/12/18</u> D.O.D.: <u>06/12/18 @ 4:10 pm</u>
DIAGNOSIS & SIGNIFICANT FINDINGS:	SURGEON NAME: <u>DR. LAUT VERMA</u>
RE:	ADDRESS DELHI <input type="checkbox"/> OUTSTATION <input type="checkbox"/>
LE: <u>op lasik rheg RD multiple breaks</u>	ANESTHESIA: GA <input type="checkbox"/> LA <input type="checkbox"/> TOPICAL <input type="checkbox"/>

REASON FOR ADMISSION

TREATMENT / PROCEDURE PERFORMED

(L) v-r surgery + 240
Band
+ Iilione
+ Lasal
+ Coxy

SPECIAL INSTRUCTIONS

Condition at discharge STABLE
Follow up on TOMORROW @
Remove bandage at _____

INVESTIGATION RESULTS

Blood Sugar: (R) 105mg/dl
Urine: NAD
ECG: WNL
Others: B.P. 120/80

ADVICE:

- A. DO NOT RUB THE OPERATED EYE
- B. POSITION: PRONE WITH HEAD TO RIGHT SIDE/LEFT SIDE
- C. CONTINUE YOUR PREVIOUS MEDICAL TREATMENT (IF ANY) FOR DIABETES, BP, ARTHRITIS, ASTHMA, THYROID etc.
- D. MEDICATION → P.T.O.

PLEASE NOTE:

- On appearance of Sudden Redness, Pain, Watering/Discharge or Decrease of vision, please call emergency contact number.
- EMERGENCY CARE: On appearance of redness, pain, lid swelling,..... please contact on emergency no.s
- Post operative instructions aiven in the sheet should be followed strictly.

Branch Address & Emergency Contact No.

CENTRE FOR SIGHT
B-5/24, Safdarjung Encl.
New Delhi - 110029
Contact No. : 9717669394

Post Vitreo Retinal Surgery Treatment Schedule

Right Eye

Left Eye

DATE.....

EYE DROPS (In the treated eye)

06-12-10
7-8 time

GATIQUIN-P	1	day	even	2-3 hr		
ATROCHLOR-D/ATROSULPH	(-)	(-)	(-)	(-)	(-)	(-)
DORZOX/DORZOX-T						
GLUCOMOL						
BRIMODIN						
XOVATRA						
TOBACIN/TOBEX	(-)	(-)	(-)	(-)	(-)	(-)
OSMODROPS/FLODEL	(-)	(-)	(-)	✓	✓	

ORAL MEDICATION

with food 6-7 AM 10-11 AM

TAB. CIPLOX 500 mg/ 750 mg One tablet twice a day	(-)			(-) ✓	1 week	
TAB. CROCIN 500 mg/ 650 mg One tablet twice a day	(-)	(-)	(-)	(-) ✓	1 week	(-)
TAB. DIAMOX/IOPAR One tablet twice a day	(-)	(-)	(-)	(-) ✓	3 days	(-)
TAB. WYSOLONE/OMNACORTIL 10/20/30/60 mg (once-daily after breakfast)	(-)			X	(60 mg)	
TAB. RANTAC One tablet twice a day	(-)			(-)	(50 mg)	1 week
CAP. FIT EYE PLUS One capsule daily for 2 months	(-)	✓		X	3d (40 mg)	
TAB. NURODAY-H One tablet daily	(-)	✓		X	3d (50 mg)	
TAB. ROSULIP 10 mg Once daily					3d (20 mg)	
Syrup DIGENE GEL 2 tsf three times a day					3d (10 mg)	

FOLLOW - UP

to nurse 9.0 AM at SJE

SIGNATURE

- DURING DAY TIME : DARK GLASSES
- AT NIGHT : JOHNSON EYE PAD+MICROPORE TAPE



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Every eye deserves the best
Dr. LALIT VERMA

[MD,DMC Reg: 7670]

MRD No: CFS-SAFD/273788

PATIENT NAME: Dr. RFEMA BANSAL,
41 Y, FEMALE



SCFRI

DATE: 10 Dec 2018

Ophthalmic History LE VR SX DONE ON 6/12/18.

Complaint/s LE Post op followup Since 4Day(s).

Ophthalmic Examination

VISION UNAIDED

Right Eye
6/9P

Left Eye
6/60

Tonometry Record

NCI

15.0mmHg

Right Eye

Left Eye
11.0mmHg

Optometrist findings

	Sph	Cyl	Axis	Add	DVA	NVA
RE	-1.25	-	-	+1.0	6/6	No
LE	+6.0	0.50	40	+2.0	6/12P	N10W1

Dr. SURBODH KUMAR

Handwritten note: (L) Rechecked

Handwritten note: 1/6 on 1/6

Handwritten notes: 1/6/18, 1/6/18, 1/6/18



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Dr. LALIT VERMA

[MD,DMC Reg: 7670]

MRD No: CFS-SAFD/273788

DATE: 05-Jan-2019 10:53:39

PATIENT NAME: **Dr. REEMA BANSAL,**
 41 Y , FEMALE

Ophthalmic History LE VR SX DONE ON 6/12/18.

Complaint/s LE- Post op followup ,

Ophthalmic Examination

VISION UNAIDED	<u>Right Eye</u> 6/9	<u>Left Eye</u> 6/60 ,
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Tonometry Record

NCT	12.0mmHg	<u>Right Eye</u>	<u>Left Eye</u> 11.0mmHg
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Optometrist findings

	Sph	Cyl	Axis	Add	DVA	NVA
RE	-0.75	-	-	+1.00	6/6	N6
LE	+2.75	-0.75	40	+2.50	6/12WE	N8WE

Mr. MANISH KUMAR SAH

(L) Reema Bansal

10 days

10 days

(Thurs)



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Dr. LALIT VERMA

[MD,DMC Reg: 7670]

MRD No: CFS-SAFD/273788

DATE: 21-Feb-2019 12:11:57

PATIENT NAME: Dr. REEMA BANSAL,
41 Y, FEMALE

Ophthalmic History LE VR SX DONE ON 6/12/18., CRX LE E/D FLOGEL, F/D STABO IN P

Complaint/s For Follow up

Ophthalmic Examination

VISION WITH PGP

Right Eye
6/6

Left Eye
6/24. (MID DILATED)

Tonometry Record

NCT 9.0mmHg

Right Eye 9.0mmHg
Left Eye

Systemic Illness Thyroid ALLERGIC TO TRINIDAZOLE

Optometrist findings

	Sph	Cyl	Axis	Add	DVA	NVA
RE	-1.25	-	-	+1.00	6/6	N6
LE	+1.75	0.75	70	+1.00	6/18 E	N10

(MID DILATED)

Ms. Monoswita De

(L) op v-r 2 10
Kerato flat

Megabrom eye drops
Flogel eye drops

3-4 wks/ST

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CIN No.: U85120DL2002PLC115652

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**DISCHARGE CARD
 CATARACT SURGERY**

Name MRS. REEMA BANSAL
 Age/Sex 41 / YR / FEMALE MRD. No. CFS/SAPD/273788
 D.O.A / D.O.S 29-03-19 D.O.D 29-03-19
 Surgeon Name Dr. LALIT VERMA + Dr. Bharat Ratna @ 1.00pm

Diagnosis & Significant Findings:

RE

LE Isc, S/O operated VR

Systemic Illness Thyroid

Drug Allergy ALLERGIC TO TRINIDAZOLE

ZCB00 +21.0 D Abbott
 OT: 13 mm
 OB: 6 mm
 2022-03-21
 SN: 5450211803

REASON FOR ADMISSION

CATARACT SURGERY + SOR (3 Post)

TREATMENT / PROCEDURE PERFORMED

(LE) Mics + 3 Post SOR + FICOL ↓ PRB
GVP I/V/O DULL PR & operated VR.

SPECIAL INSTRUCTIONS

Condition at discharge STABLE

Start treatment as advised over leaf

Follow up on 30-03-19 @ 9.00 Am (Dr LALIT)

Remove bandage at 4.00 Pm (today)
Home.

INVESTIGATION RESULTS

Blood Sugar R: 105 mg/dl
 Urine NAD
 ECG WNL
 Others -

*power
 30.0m
 Dr. Lalit Verma*

NOTES:

- The surgery package includes post-op visits upto 4 weeks.
- EMERGENCY CARE: On appearance of redness, pain, lid swelling,..... please contact on emergency no.s
- Post operative instructions given in the sheet should be followed strictly.
- Prevent any type of sudden jerks and injury to the operated eye.
- Continue your previous medical treatment (if any) for diabetes, bp, arthritis, asthma, thyroid etc.

CENTRE FOR SIGHT
 Branch Address & Emergency Contact No.
 B-5/24, Safdarjung Enclave,
 New Delhi - 110029
EMERGENCY DOCTOR
 CONTACT NO. : 09717669394

Post-Operative Treatment Schedule

Right Eye

Left Eye

EYE DROPS	DATE	29/3	30/3	31/3	01/4	02/4	3/4
GENERIC*	DRUG NAME**	AT DISCHARGE	NEXT	NEXT	NEXT	NEXT	NEXT
PREDNISOLONE ACETATE 1%	Pred Acetate Eye Drops	1-Hrly	2-Hrly	2-Hrly	0-0-0-0 for 3 Weeks	0-0-0 for 1 Week	0-0 for 1 Week
MOXIFLOXACIN 0.5%	Kitmox Unit Dose Eye Drops	2-Hrly	0-0-0-0	0-0-0-0	0-0-0-0	0-0-0-0	0-0-0-0 Next 5 Days
BRINZOLAMIDE 1%	Azopt Eye Drops	(ASAP) 8pm	8am-8pm	8am-8pm	8am-8pm	8am-8pm	STOP
ATROPINE SULPHATE 1%	Atrosulph Eye Drops	(-)	(-)	x	5 days		
SODIUM HYALURONATE 0.1%	Opsion HA	0-0-0-0	0-0-0-0	0-0-0-0	0-0-0-0	0-0-0-0	X6 Weeks
NEPAFENAC 0.1%	Nevanac Eye Drops	0-0	0-0	0-0	0-0	0-0	X2 Weeks
ORAL MEDICATIONS							
CEFUROXIME AXETIL 500MG	Britum Tab	L (D) 0-0	BD 0-0	QD 0-0	BD 0-0	BD 0-0	STOP
PARACETAMOL 500MG	Crocin Tab	SOS (if pain)					
ACETAZOLAMIDE 250MG	Acetamide Tab	X-0-0	STOP	Avoid in case of Sulpha Allergy			
ANTIOXIDANT CAPSULE/TAB	Gloeye	0	0	0	0	0	X60 Days
Doctor's Signature, Name, Date & Time	<p style="font-size: 1.2em; font-family: cursive;">Pawan for Dr. Lalit Verma</p> <p style="font-size: 1.2em; font-family: cursive;">DAILY ONE - After meal</p>						
Follow Up Next Day							
POST OPERATIVE CARE	Eye Pad (For 7 nights following surgery), Eye Wipes, Hand Sanitizer & Dry Shampoo (3weeks).						

At night

Johnson Eye Pad + Microphone

DARK GLASSES INDOORS FOR 3 DAYS, OUTDOORS FOR 3 WEEKS

PLS. NOTE

- THE DOSAGE SCHEDULE MENTIONED IN EACH COLUMN ABOVE IS VALID UNTIL THE NEXT VISIT OR UNTIL DATE/DAY SPECIFIED
- FIX THE DATE & TIME FOR YOUR NEXT APPOINTMENT ON EACH VISIT
- *PHARMACIST IS SUPPOSED TO SUPPLY BY GENERIC ONLY. THE PHYSICIAN IS NOT RESPONSIBLE FOR THE QUALITY, EFFICACY OR THE SIDE EFFECTS OF ANY GENERIC SUPPLIED BY THE PHARMACY
- **THIS IS A SUGGESTED DRUG NAME AND IS NOT BINDING ON THE PATIENT TO USE THE PARTICULAR BRAND PRESCRIBED ABOVE.
- ***Vegetarian option for the same may be checked with pharmacist.



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Dr. LALIT VERMA

[MD, DMC Reg: 7670]

MRD No: CFS-SAFD/273788

DATE: 30-Mar-2019 08:37:05

PATIENT NAME: Dr. REEMA BANSAL,
41 Y, FEMALE

Ophthalmic History LE CAT SX+SOR ON 29/03/2019

Complaint/s 1 Day Post Op Follow Up.

Ophthalmic Examination

	<u>Right Eye</u>	<u>Left Eye</u>
VISION UNAIDED	6/6	6/36+, NIPH
VISION WITH PH		

Tonometry Record

	<u>Right Eye</u>	<u>Left Eye</u>
NI	8.0mmHg	7.0mmHg

Systemic Illness Thyroid ALLERGIC TO TRINIDAZOLE

Optometrist findings

Mr. Nasim Akhtar Ansari

(L)

Retina flat

By an adv

For Tues
2 PM

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Toll-Free No. - 1800 1200 477

30/03/19, 11:03



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Dr. LALIT VERMA

[MD, DMC Reg: 7670]

MRD No: CFS-SAFD/273788

DATE: 06-Apr-2019 09:39:16

PATIENT NAME: Dr. REEMA BANSAL,
41 Y, FEMALE



Ophthalmic History LE CAT SX+SOR ON 29/03/2019

Complaint/s HAS CAME FOR FOLLOWUP

Ophthalmic Examination

VISION UNAIDED	<u>Right Eye</u> 6/6-2,	<u>Left Eye</u> 6/24
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Tonometry Record

NCT	10.0mmHg	<u>Right Eye</u>	<u>Left Eye</u> 9.0mmHg
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Systemic Illness Thyroid ALLERGIC TO TRINIDAZOLE

Optometrist findings

	Sph	Cyl	Axis	Add	DVA	NVA
RE	-0.25	-	-	+1.00	6/6	N6
LE	-1.00	-0.75	100	+2.25	6/18WE(PH-NI)	N10WE

Ms. MEGHA SHARMA

✓ (L) Retine flat

✓ b an adv

1 wk/for

11/4/19 - 11:20



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Dr. LALIT VERMA

[MD,DMC Reg: 7670]

MRD No: CFS-SAFD/273788

DATE: 11-Apr-2019 11:42:27

PATIENT NAME: Dr. REEMA BANSAL,
41 Y, FEMALE



Ophthalmic History LE CAT SX+SOR ON 29/03/2019

Complaint/s RE- For Follow up

LE- For Follow up

Ophthalmic Examination

VISION UNAIDED

Right Eye
6/6P,

Left Eye
6/24,

Tonometry Record

NCT

10.0mmHg

Right Eye

Left Eye
10.0mmHg

Systemic Illness

Thyroid
ALLERGIC TO TRINIDAZOLE

Optometrist findings

	Sph	Cyl	Axis	Add	DVA	NVA
RE	-0.75	-	-	-	6/6	N6
LE	-1.0	-1.0	100	+2.50	6/18WE	N8WE

Mr. SUBODH KUMAR

✓ Same as

Retine flat (L)

1 wk / 505

Priscription .



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Dr. LALIT VERMA
[MD,DMC Reg: 7670]



MRD No: CFS-SAFD/273788

DATE: 11-May-2019 09:21:34

PATIENT NAME: Dr. REEMA BANSAL,
41 Y , FEMALE

Ophthalmic History LE CAT SX+SOR ON 29/03/2019

Complaint/s For Follow up

Ophthalmic Examination

VISION UNAIDED	<u>Right Eye</u> 6/6P	<u>Left Eye</u> 6/24 ,
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Tonometry Record

NCT	<u>Right Eye</u> 8.0mmHg	<u>Left Eye</u> 8.0mmHg
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Systemic Illness Thyroid ALLERGIC TO TRINIDAZOLE

Optometrist findings

	Sph	Cyl	Axis	Add	DVA	NVA
RE	-0.50	-	-	+1.00	6/6	N/6
LE	-0.75	-1.00	100	+2.50	6/9-2	N/8

Mr. PRADEEP KUMAR

Eilanes

*(L) op v-r
op sor + cat / Resm flr*

✓ stop Gatisgwin - p

✓ 2-3 wks/day

L

Priscription

http://cims.centreforsight.net/ophthalmic_histor...



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Dr. LALIT VERMA
[MD,DMC Reg: 7670]

MRD No: CFS-SAFD/273788

DATE: 06-Jun-2019 10:53:16

PATIENT NAME: Dr. REEMA BANSAL,
41 Y , FEMALE

Ophthalmic History LE CAT SX+SOR ON 29/03/2019

Complaint/s RE- For Follow up
LE- For Follow up

Ophthalmic Examination

VISION WITH PGP Right Eye 6/6 Left Eye 6/9-1 ,

Tonometry Record

NCT Right Eye 10.0mmHg Left Eye 7.0mmHg

Systemic Illness Thyroid ALLERGIC TO TRINIDAZOLE

Optometrist findings

	Sph	Cyl	Axis	Add	DVA	NVA
RE	-0.50	-0.25	90	+1.0	6/6	N6
LE	-1.0	-1.0	100	+2.50	6/9-2	N6WE

Mr. SUBODH KUMAR

(L)

op v-r
op Lsd
op Cat
Res no
fler

Glasses

Ocuvane HA eye chyr
(-/-)

4-6 W/S/SOR

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Dr. LALIT VERMA

[MD,DMC Reg: 7670]

MRD No: CFS-SAFD/273788

DATE: 19-Sep-2019 10:37:23

PATIENT NAME: Dr. REEMA BANSAL,
41 Y, FEMALE

Ophthalmic History LE CAT SX+SOR ON 29/03/2019

Complaint/s RE- Pain in the eye Since 1Week(s)

For Follow up

*plz +0.50
-1.00 / -1.00 X 100'
Acep +1.00
+2.50
CSK*

Ophthalmic Examination

VISION WITH PGP Right Eye 6/6

Left Eye 6/9

Tonometry Record

NCT 9.0mmHg

Right Eye

Left Eye 9.0mmHg

Systemic Illness Thyroid ALLERGIC TO TRINIDAZOLE

Optometrist findings

	Sph	Cyl	Axis	Add	DVA	NVA
RE	-0.50	-0.25	100	+1.00	6/6	N6
LE	-1.00	-0.50	95	+2.50	6/6PWE	N6

Mr. MANISH KUMAR SAH

*Ⓛ [op v/d
op sor + cat
Retine flat*

cp

✓ Glanes

✓ Normo tears - - B/e

3 m / 57

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Dr. LALIT VERMA
[MD,DMC Reg: 7670]

MRD No: CFS-SAFD/273788

DATE: 25-Jan-2020 10:24:19

PATIENT NAME: **Dr. REEMA BANSAL,**
42 Y , FEMALE

Ophthalmic History LE CAT SX+SOR ON 29/03/2019

Complaint/s HAS COME FOR FOLLOWUP

Ophthalmic Examination

VISION WITH PGP	<u>Right Eye</u> 6/6	<u>Left Eye</u> 6/6P ,
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Tonometry Record

NCT	9.0mmHg	<u>Right Eye</u>	<u>Left Eye</u> 8.0mmHg
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Systemic Illness Thyroid ALLERGIC TO TRINIDAZOLE

Optometrist findings

	Sph	Cyl	Axis	Add	DVA	NVA
RE	-0.75	-0.50	90	-	6/6	N6
LE	-1.00	-0.75	100	+2.50	6/6WE	N6

Mr. Nasim Akhtar Ansari

Ⓛ op v R + 50d
Retine flat | cp
 OCT 1
 ✓ CCS ultra eye dup
 (---) 3/2
 2-3 m/sos

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Dr. LALIT VERMA
[MD,DMC Reg: 7670]

SCFRI

MRD No: CFS-SAFD/273788

DATE: 08-Aug-2020 10:20:14

PATIENT NAME: **Dr. REEMA BANSAL,**
42 Y, FEMALE

Handwritten notes:
-0.50 DS / -0.25 DC 90
ADD +1.0
+2.25 D

Ophthalmic History LE CAT SX+SOR ON 29/03/2019

Complaint/s RE- For Follow up

LE- For Follow up

Ophthalmic Examination

VISION WITH PGP Right Eye 6/6WE,

Left Eye 6/9P

Tonometry Record

NCT 13.0mmHg

Right Eye

Left Eye 10.0mmHg

Systemic Illness Thyroid
ALLERGIC TO TRINIDAZOLE

Optometrist findings

	Sph	Cyl	Axis	Add	DVA	NVA
RE	-1.25	-0.50	90	+1.0	6/6	N6
LE	-1.25	-0.75	100	+2.50	6/9	N6

Mr. SUBODH KUMAR

Dr LALIT VERMA
Sr Consultant-Ophthalmology, AIIMS
Fellow, Louisiana State University (USA)
Ex. Addl. Professor, R.P Centre, AIIMS
MBBS, MD
Centre for Sight
DMC Reg No.3208

Handwritten notes:
Ⓛ op both
op food + cat
Operated for Retinal Detachment
Requires periodic follow up for both eyes
Nerves
Glaucoma
Normo tears
2-10 week

Dr LALIT VERMA
Sr Consultant-Ophthalmology, AIIMS
Fellow, Louisiana State University (USA)
Ex. Addl. Professor, R.P Centre, AIIMS
MBBS, MD
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