

23 November 2020

From:
Indira Singh
Special Judge SC/ST Act
Bulandshahar

To
The Registrar General
Hon'ble High Court of Judicature at
Allahabad

Through- The District Judge Bulandshahar
Sub: Request for stay.

Respected Sir,

I have to most humbly submits that, I am due for annual transfer and request a stay for one more year.

My husband Mr Alok Singh is working with MMTC (Central PSU) and is posted at Delhi and my son Abhyudai Singh is now studying in class XII at DPS Greater Noida.

Since we both are working, my parents, are staying with us for support since 1997. Now both are more than 84 years of age. My mother is unable to walk independently and has a history of TIA (Stroke). Due to her heart condition she has had multiple angioplasty starting in March 2015 and latest in 2019, at Metro Hospital Noida and three stents have been placed in her arteries. Even my father was hospitalized for Chest pain in August 2019. They both are on medication and observation as both have hypertension and diabetes and further frequent follow ups are advised. Both have become hard of hearing as well. Even my husband is also on medication for hypertension and diabetes.

They all are staying at Greater Noida and I was able to attend to all the medical emergencies timely due to my posting at Bulandshahar.

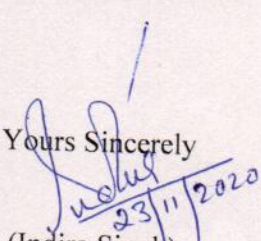
Considering the Co-Morbid condition of all three and the Vulnerability of parents in these COVID 19 Pandemic times, they require utmost extra care and medical vigil.

Considering the posting of my husband, studies of my son and medical condition of my parents, I once again humbly pray that the grounds and circumstances enumerated above for the stay of my transfer may please be considered sympathetically. I would be highly obliged.

With Regards,

Thanking You

Yours Sincerely


23/11/2020
(Indira Singh)

Ecl: Parents medical papers



METRO

HOSPITALS & HEART INSTITUTE

(a unit of Metro Institutes of Medical Sciences Pvt. Ltd.)

CIN No : U00000DL1990PTC039293

(NABL, NABL & ISO 9001: 2008 Certified)

DEPARTMENT OF CARDIOLOGY

DISCHARGE SUMMARY

NAME : Mrs. Gayatri
AGE/SEX : 85 Yrs./Female
D-O-A : 19/11/2019
D-O-D : 20/11/2019
ID No. : 2015002447
IP No. : 2019004925
WARD : CGHS
PANEL : Fifth floor
CONSULTANTS : Dr. P. Lal / Dr. P.T. Upasani / Dr. Gyanti /
Dr. Pawan Zutshi / Dr. D. Vatsa / Dr. S. Kanwar

DIAGNOSIS :

Atypical chest pain
Bifascicular block
Coronary artery disease
Post PTCA with stenting to LAD (27/03/2015)
Post PTCA with stenting to OM (30/04/2019)
Post PTCA with stenting to LCX to OM (12/11/2019)
Mild LV dysfunction
Essential hypertension
DM Type II
Old CVA (2001)
Sleep Apnoea

ON ADMISSION:

Physical Examination : No cyanosis, pallor, oedema
Heart Rate : 52 bpm, regular
BP : 170/80 mmHg
JVP : Not raised
CVS : S1 S2 normal
Chest : Clear
Abdomen : Soft, no organomegaly

*True Gayatri
Sohani*

Mrs. Gayatri, 85 yrs. old female, hypertensive, diabetic, k/c/o CAD, post PTCAs was admitted in emergency with complaints of atypical chest pain. ECG did not reveal any new ST-T changes except baseline bifascicular block. She was managed with antihypertensives and other supportive treatment to which she responded well and normalized. Her treatment was revised and she is being discharged in a stable condition.

Cardiology Wing

X-1, Sector-12, Noida - 201301
Tel. : +91 120 2533 491, 2444 466, 4366 666
Fax : +91 120 2533 487

Multispeciality Wing

L-94, Sector 11, Noida-201301
Tel. : +91 120 2522 959, 2442 666
Fax : +91 120 2442 555

E-mail : metro@metrohospitals.com, Website: www.metrohospitals.com



DISCHARGE SUMMARY

Patient Name	Mrs. GAYATRI DEVI	Room No:	S-601
Address	4K/202,AWHO SOCIETY GREATER NOIDA GRATER NOIDA UTTAR PRADESH INDIA	Hosp No :	407911
Contact No	9650061068	IP No	19-20/6788
Consultant	Dr. CARDIOLOGY TEAM	Age/Sex:	85 Yrs. /F
Department	CARDIOLOGY	Admission Date	22/12/2019 23:02
		Discharge Date	28/12/2019 14:4

DIAGNOSIS:

Lower respiratory tract infection
Respiratory failure Type-II
HTN, OSA
AKI
Accelerated hypertension
CAD, Post PTCA
Old CVA
LV dysfunction with LV EF (50%)

CHIEF COMPLAIN & HISTORY: patient admitted with c/o shortness of breath, orthopnea, sweating, cough, K/C/O HTN, CAD, Post PTCA/DM type II

EXAMINATION ON ADMISSION: Pt. conscious, oriented
-BP: 220/120 mmHg, PR: 66/min, RR: 46/min, SPO2: 46 %ORA,
-Temp: afebrile degree F, Chest: B/L Rhonchi, crepts .
-CVS: S1S2+ normal, PA: soft.

*True Copy
Sudh*

COURSE IN HOSPITAL: Patient was admitted in the emergency with the above mention complaints. After giving the initial treatment the patient was shifted to CCU. ABG Shows respiratory and metabolic acidosis. Continue on conservative treatment with NTG infusion, LMWH and BiPAP support. Was seen by Physician and advised. All relevant investigation were sent. Blood report shows TLC raised, KFT deranged. HRCT chest shows Mild to moderate bilateral pleural effusion with consolidation involving posterior basal segments both lower lobes. Few enlarged right paratracheal, prevascular and subcarinal group of lymph nodes and managed accordingly. Patient responded well to the given treatment, became clinically stable. After satisfactory recovery the patient is being discharged on following advised.

INVESTIGATION: attached

CONDITION ON DISCHARGE:

Afebrile
Vital stable

MEDICATION ADVISE ON DISCHARGE:

- Tab Augmentin DUO 1gm 1 tab twice daily
- Tab Claribid 500mg 1 tab twice daily
- Tab Dytor 10mg 1 tab twice daily
- Cap Pantoal DSR 1 cap once daily before breakfast
- Tab Ecosprin AV 75/20mg 1 tab once daily at bed time
- Tab Brilinta 90mg 1 tab twice daily
- Tab Arkamine 0.1mg 1 tab thrice daily
- Tab Cilacar 20mg 1 tab twice daily

Yatharth Hospital & Trauma Care Services Pvt. Ltd.

Yatharth Super Speciality Hospital

Sector Omega-1, Greater Noida, Uttar Pradesh - 201308, India
admin@yatharthhospitals.com www.yatharthhospitals.com





CCU-2

Credit

DISCHARGE SUMMARY

Patient Name	Mr. RAM KARAN YADAV	Room No:	CCU-2
Address	H.NO-4K 202 AWHO GURJINDER VIHAR GREATER NOIDA G B NAGAR UTTAR PRADESH INDIA	Hosp No :	412668
Contact No	9650061068	IP No	19-20/3120
Consultant	Dr. N.K.SONI / SUNIL KUMAR	Age/Sex:	84 Yrs. /M
Department	MEDICINE	Admission Date	15/08/2019 18:07
		Discharge Date	18/08/2019 15:0

DIAGNOSIS:

Diabetic Mellitus Type 2nd

HTN

Diabetic Nephropathy

CAD, with ? Acute coronary syndrome

Hypothyroidism

CHIEF COMPLAIN & HISTORY: patient admitted with c/o

Pain in right sided chest

Sweating

K/C/O Diabetic mellitus type, HTN, Hypothyroidism

EXAMINATION ON ADMISSION,

: Pt. conscious, oriented

- B.P: 134/62mmhg , PR: 100 /min

- RR: 20/min, SPO2: 96%ORA, Temp: 98.6 degree F

- Chest: B/L AE + , CVS: S1S2+ normal, P/A: tenderness , CNS: WNL

COURSE IN HOSPITAL: Patient was admitted in the emergency with the above mention complaints. After giving the initial treatment the patient was shifted to CCU. Patient was investigated for the same complaints. Was seen by Dr. Gunjan Kapoor (Cardiologist), Eye Surgeon Unit, Dr. Manish Mahajan (Nephrologist) advised and followed. Patient blood report enclosed. The patient kept under conservative management. Patient responded well to the given treatment, became clinically stable. After satisfactory recovery the patient is being discharged on following advised.

INVESTIGATION: attached

CONDITION ON DISCHARGE:

Afebrile

Vital stable

MEDICATION ADVISE ON DISCHARGE:

-CAG +/- PTCA

Inj. Lantus 8 IU S/C at bed time

Tab. Trajenta 5mg 1 tab once daily 1^{pm}

Tab. Ecosprin 150mg 1 tab once daily at bed time

Tab. Clopitab 75mg 1 tab once daily at bed time

Tab. Atorvas 20mg 1 tab once daily at bed time

Tab. Nitrocontin 2.6mg 1 tab twice daily 8^(am) - 4^{pm}

Tab. Thyronorm 50mcg 1 tab once daily before breakfast

Tab. Amtas 5mg 1 tab once daily 10^(am)

Tab. Martifer MR(100mg) 1 tab twice daily x10days 10^(am) - 10^(pm)

*Tricofee
Aspirin*

- DISCHARGE INSTRUCTIONS:

- Bed rest , Avoid spicy , oily food , Out side food avoid

-DIET :

-Soft diet



Dr.(Prof) Harsh Wardhan

MD (Medicine), DM (Cardiology)
FACC, FESC, FCSI, FICP

FURTHER:
Professor Consultant and Head of Cardiology
Dr. Ram Manohar Lohia Hospital, New Delhi
Senior Specialist and Head of Cardiology
Safdarjung Hospital, New Delhi
Chairman Cardiology
Rockland Group of Hospitals, New Delhi
HOD Cardiology
Primus Super Speciality Hospital, New Delhi
Commonwealth Medical Scholar
Manchester Royal Infirmary, United Kingdom
W.H.O Fellow
Milwaukee Medical Campus, University of Wisconsin, USA
University of Alabama Birmingham, USA
Thoraxcenter, Netherlands
JICA Fellow
National Cardiovascular Center, Osaka, Japan

RAM KARAN 55 M

01/09/19

- T2DM - 30 yrs
- HT - 30 yrs
- Hypertension

Tobacco = Chewing +

Chest Pain Aug 2019 -> Admitted Jadhav hospital
 - ↑ T.L.C 16.400
 - ECG - LAMB
 - Trop I +
 - Echo (M)

Mixed Angina - Worsening > 2 hrs

SC-16

- W.C.M
- T2DM
 - EBC
 - DSE
 - KFT

- A:
- ECG as above at MANC
 - John EMBETA XR / METOPROLOL XR - 100 mg

X 1 month

X. Lal
2/9/19

True copy
Adhar