



Sanjay Gandhi Post Graduate Institute of Medical Sciences
Raebareilly Road, Lucknow - 226 014, India

Appointment OPD Consultation



Appointment On: 17-04-2020

Morning Block-
Upto 11.00 A.M.

Appointment No: APPOINT-202006686

CR No. : 2018440960

Name: Kamta Bhakta 70 Yrs MALE

OPD: Gastroenterology - UNIT-2

Consultant : Praveer

Warning



Sanjay Gandhi Postgraduate Institute of Medical Sciences, Lucknow
Department of Gastroenterology

Patient OPD Record

For appointments:

4th Floor, Naveen OPD

Sanjay Gandhi Postgraduate Institute of
Medical Sciences, Lucknow-226014

Tel. : 0522-2496421/2496422

Unit:

UNIT II (Tuesday/Friday)

Dr. Rakesh Arwal

Dr. Praveer Rai

Diagnosis

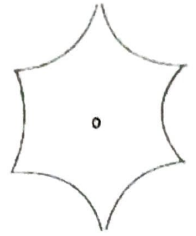
Dr. Amit Goel

KAMTA BHAKTA

Name KAMTA BHAKTA Age/Sex 71/m CR No. 2018440960

History & Examination

1 stool frequency



Investigations	Clinical Impression	Advice
	2 IBs	<p>12</p> <p>Tab Mebatex - c 130</p> <p>Tab Vertin (R 1H)</p> <p>1</p> <p>K 20H</p> <p>Praveer Rai</p> <p>12/11/2019</p>

Follow-up Visits

Date

13/9/20

D

CST

1

x 3m

Review

10/1/20

CBC 13.4 | 8.0 | 225

LFT OT/PT ^{SS}/88 ~~new~~

LFT (N)

USG 11/14/19

Gal I fatty liver

Down well

90% Imp in System

Regular Exercise

Advice

Cont Low food/plab diet

Almos can

FBS/HBA1c

Lipid profile

CST

x 3m 3m

1
Print



Sanjay Gandhi Post Graduate Institute of Medical Sciences

Raebareli Road, Lucknow - 226 014 ,India

Department of Pathology

Lab Name: Hematology

CRNo: 2018440960

Status: OP

Unit: UNIT-2

Department: Gastroenterology

Name: Kamta Bhakta 70 Y/M

Lab Id: L150211121900240

Specimen: Blood - EDTA

Consultant: Praveer

Collected On: Dec 11, 2019 12:33 PM

Test Name	Result	Unit	Reference Range
01. TLC	8.0	x1000/ul	4-10
02. RBC	4.4	million/cmm.	-
03. HGB	13.9	gm/dl	-
04. HCT	40.2	%	-
05. PLT	225	x1000/cmm.	150-400
06. RETIC	1.3	%	-
07. ESR	40	mm ist hr	-
08. DLC			
Neutrophils	48		-
Lymphocytes	40		-
Eosinophils	06		-
Monocytes	06		-
Basophils	00		-
09. Red cell indices			
MCV	92.0	fl	76.0-96.0
MCH	31.8	pg	27.0-32.0
MCHC	34.6		-
10. Blood Film Morphology			
Remarks	NCNC		



Sanjay Gandhi Post Graduate Institute of Medical Sciences
Raebareli Road, Lucknow - 226 014 ,India

Department of Pathology

Lab Name: Coagulation Laboratory

CRNo: 2018440960

Status: OP

Unit: UNIT-2

Department: Gastroenterology

Name: Kamta Bhakta 70 Y / M

Lab Id: L150311121945090

Specimen: Blood - Citrate

Consultant: Praveer

Collected On: Dec 11, 2019 1:08 PM

Test Name	Result	Unit	Reference Range
01. Prothrombin Time			
PT	13.7	SEC.	-
Control	13.1	REF.T	-
INR	1.06	INR.	-

Reported Date: Dec 11, 2019 3:34 PM

Reported By: Shweta Katiyar

COMPUTER GENERATED REPORT - NO SIGNATURE REQUIRED



Sanjay Gandhi Post Graduate Institute of Medical Sciences

Raebareli Road, Lucknow - 226 014 ,India

Department of Pathology

Lab Name: Clinical Chemistry

CRNo: 2018440960

Status: OP

Unit: UNIT-2

Department: Gastroenterology

Name: Kamta Bhakta 70 Y / M

Lab Id: L150411121900428

Specimen: Blood - Plain

Consultant: Praveer

Collected On: Dec 11, 2019 12:19 PM

Test Name	Result	Unit	Reference Range
01. S. Glucose (F)	82	mg/dl	65-99
05. S. Creatinine	1.1	mg/dl	.5-1.6
06. S. BUN	11	mg/dl	8-25
09. S. Sodium	130.0	mmol/L	133-146
10. S. Potassium	4.43	mmol/L	3.8-5.4
11. S. Proteins, Total	8.7	g/dL	6-8.4
12. S. Albumin	4.5	g/dL	3.5-5.5
13. S. Bilirubin, Total	0.9	mg/dl	.1-1.3
14. S. Bilirubin, Conjugated	0.2	mg/dl	0-.4
15. S. AST (SGOT)	55	u/L	5-40
16. S. ALT (SGPT)	88	u/L	5-40
17. S. Alkaline Phosphatase	69	u/L	35-150

Reported Date: Dec 12, 2019 11:39 AM

Reported By: Ashutosh Rath

COMPUTER GENERATED REPORT - NO SIGNATURE REQUIRED



Sanjay Gandhi Post Graduate Institute of Medical Sciences

Raebareli Road, Lucknow - 226 014 ,India

Billing Receipt

<u>C.R No.</u>	<u>Name</u>	<u>Receipt No.</u>	<u>Date & Time</u>
2018440960	Kamta Bhakta/70 Y/M	19-203877868	Dec 11, 2019 10:21
<u>Req. No.</u>			<u>Req. Date</u>
ORDER20191473008			Sep 13, 2019 02:0
<u>Tariff Name</u>			<u>Amount</u>
01. Prothrombin Time			65.00
Ultrasound Whole Abdomen			360.00
07. ESR			35.00
17. S. Alkaline Phosphatase			35.00
16. S. ALT (SGPT)			35.00
15. S. AST (SGOT)			35.00
14. S. Bilirubin, Conjugated			35.00
13. S. Bilirubin, Total			35.00
12. S. Albumin			35.00
11. S. Proteins, Total			35.00
10. S. Potassium			35.00
09. S. Sodium			35.00
06. S. BUN			35.00
05. S. Creatinine			55.00
01. S. Glucose (F)			35.00
10. Blood Film Morphology			35.00
09. Red cell indices			45.00
08. DLC			35.00
06. RETIC			45.00
05. PLT			35.00
04. HCT			35.00
03. HGB			35.00
02. RBC			35.00
01. TLC			35.00
Pay Mode: Cash			Total(Rs.): 1235.00

Rupees One Thousand Two Hundred Thirty Five Only

Collected By : Govind Singh Rathor

KAMTA

ULTRASONOGRAPHY

Name Kamta Bhakta Age/Sex 70/M CR. No. 20184

Referring Physician /Unit /OPD/Ward / Bed

ULTRASOUND Hepatobiliary/Whole Abdomen/KUB/Pelvis/FNAC/Retroperitoneum/

Ultrasound No. Date: 11/12/2018 Clinical Diagnosis

REPORT : USD Whole Abdomen 20184

Liver - 10cm; Increased echotexture
No HRBD, No SOL

LOS - (✓) Anechoic lumen

Pancreas - Normal

PV 10mm

GBD - not Dilated

Spleen - 9cm

BLKidney - Normal Size Shape echotexture
No HDN, No Calculus

VOB - Empty

Prostate - Gait be commented

Imp - Grade I fatty liver

REQUISITION FORM FOR CONSULTATION

Dr. Kamta Bhakta
G/M
-018 440 960

Ward No. GEM OPD
Bed No. Unit 2
Department GEM

Physician	Urgent <input type="checkbox"/>
	Routine <input checked="" type="checkbox"/>

Consultation required from :
Diagnosis/Specific problem :

IBS

Consultation/Opinion required in respect of : low FODMAP diet

Opinion only Opinion + Follow up Transfer

Time 1/6/18 2 pm
Signature *[Signature]*
Name
Designation

Report/Opinion of the consultant *

Time Signature Designation

Name *[Signature]*
Signature *[Signature]*
Designation *[Signature]*

Use reverse side if required.

Low FOD MAP Diet

नही स्वना है -

शेव, आभा, उम्र, लीची, लखूर, आम, आलू, आलू, बुखारा, उम्र, नारानी, दूध व दूध से बने फल, शिमला मिर्च, पत्तागोभी, फूलगोभी, चुफाफट, मसूर, लड्डू, दही, पत्तेदार सब्जियाँ, काबू, फिन्ग, शजमा, सोयाबीन, चना, बीन्स (सूखी)

खा सकते हैं -

दही, मलठा, आटा (सफेदी), फल, लोकी, लोई, अदरक, दमाटर, पकल, चावल, गोंदू (अ), आलू, गाजर, पालक, चावल, कोला, चावल, पीठा, लड्डियाँ, वसिंग, सेतरा, लड्डियाँ, बसिंग, सेतरा, मौसमी, दुमकाद, पपीटा, नींबू, खीर

7/9/2016

Dr Anupkumar

Dr C.17

Dr C.17

x 20th December

x 20th Dec 20
13/14/2016

Kamla Bhalota.
69/m.

2018440960.

9. | 11 | 18.

In Continuation of Previous records.

Body well & present medication no changes.

Adv: Low FODMAP diet to be continued.

- Regular exercise / life style modification.
- T. Metabox-C 1 tab BD.
- Gyn. BioBalance TDS.
- Tab. Venlin - SR 1 tab HS.
- R/A 28 months.

Dr. W. J. Abdur.

wt →

Doing well.

Asymptomatic.

Stop BioBalance.
Continue rest. X 3 mths.

R/A 2 mths.

Vitals stable

11 | 11 | 19

5/8 SR $u_{EM} \downarrow u(\pi)$
Bhakti

18440960 30/m R/O Sivan

No Lomololo
 No Addition

SS (2016)
 Enlarge Rostate
 22gm

40 Summer's shorts 4-5/Day for 7-8 yrs

↑ Geoplastic Ekky

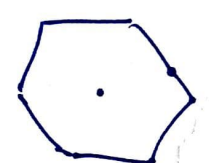
Early Morning - Afternoon

(Abdominal Ring) ② vs

No QR Head
 No. wt-1000

? Milk Intolerance → Belching / Bloating

O/R weds ②



N. squamy

10/10 Dr Praveen Rai

Abc
 Full asteroscopy
 Routine lab

T 213
 F 85
 show 4

Eq: 1 Funchoy Overme / 2AS-D

Rx

Tob Rofin 500mg TDS x 7days

Ekphora Panton 200-5 weeks

Flu > 7 days 4 per SPD on 2 cells

Abc

1/6/18

22/5/18

symptomatic relief ~25%
stool 4/day

SAM CBC 12.5/7.1/209
INR 1.2
KFT 1.3

Name
Signature
Time
Bristol 3-4
Adv

LFT 0.8/34/7.0/8.2
0.3/28/4.1

- Low FODMAP diet
- Regular exercise
- Lifestyle modification

RBS Blood sugar - 117
(Fasting)

Name
Signature
Time
Tab Mebatox-C 1 tab QD
Cap BIOBALANCE 1 cap TID

TSH - 5.8

stool w/r coats - NAD
 Transfer

Opinion only
Opinion + Follow up
Request
Tab VENTILIN-SR 1 tab QD HS
Consultation/Opinion required in respect of

Colonoscopy - (N) study
(30/5/18)

- Rest continue previous treatment
- Review after 1 month

<input type="checkbox"/>	Routine
<input type="checkbox"/>	Urgent

Diagnosis/Specific problem
Consultation required from

Department

Bed No

Ward No

REQUISITION FORM FOR CONSULTATION

INDICATION : IBS
PREMEDICATION USED : Xylocaine Jelly
PREPARATION : Peglec Powder
EXAMINATION UPTO : Ileum

Colonoscopy performed using
OLYMPUS VIDEO COLONOSCOPE

FINDINGS

Scope negotiated upto Ileum
P/Preparation - Good
P/R - No mass/growth/fissure felt. No blood seen on the finger tip.
Sphincter tone - Normal
Internal hemorrhoids/Anal tags - No

Terminal ileum, I C Valve, Cecum, Ascending Colon, Transverse
Colon, Descending Colon, Sigmoid Colon, Rectum: Normal

Impression : Normal study

Done by. Dr. Arjun

