

DEPARTMENT OF NEPHROLOGY
DISCHARGE SUMMARY

Patient Name	SANJEEV KUMAR SINGH	UHID	171021
Age	31 Year(s)	IPID	33212
Sex	Male	Date of Admission	22-Jul-2008
Discharge Type	NORMAL	Date of Discharge	01-Aug-2008
NEPHROLOGY TEAM	Dr. Vijay Kher Bansal	Dr. Manoj Kumar Singhal	Dr. Shyam Bihari

DIAGNOSIS

HTN
CKD-V on MHD w.e.f. Feb.2006
Basic renal disease: ? CGN
Live Donor, Renal Transplant on 23.07.08

PROCEDURE

Live Donar Renal Transplant on 23.07.08.

PROCEDURE NOTES



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Date: 23.07.08
Diagnosis: ESRD
Surgery Performed: Live Donor Renal Allografting
Surgeons: Dr. Rajesh Ahlawat / Dr. Gagan / Dr. Dushyant Nader
Anesthesiologist: Dr. Neerja
Type of Anesthesia: GA+ Epidural

On Table Immunosuppression: Inj. Solumedrol 500 mg

Right Iliac fossa preparation
Right External Iliac vein - normal
Right internal iliac artery - normal,
Bladder wall - thick
Ascitis absent,

Renal Graft
Side - Left
Nephrectomy type: Laparoscopic
Graft artery: Single
Graft vein: Single
Ureter: adequate length.

Anastomosis:
Graft vein anastomosed end to side, to right external iliac vein, using 5-0 prolene, continuous.
Graft artery anastomosed end to end, to right internal iliac artery, using 6-0 prolene, posterior layer continuous, anterior layer interrupted.
Ureter implanted over antero-lateral wall of bladder using 4-0 PDS, using Lische's technique, submucosal, extravesical, stented over 6/16 DJ stent.

Closure:
Muscle and sheath cl



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used using No. 1 vicryl, continuous.
Subcutaneous layer closed using No. 2-0 vicryl, continuous.
Skin closed using No. 3-0 monocryl, continuous.
Romovac Suction drain (18 F) was put. One anterior and another posterior to renal graft.

Ishemia Time:
Total Ischemia - 60mins
Warm Ischemia- 2 mins.

CHIEF COMPLAINTS

Admitted for Renal Transplant .

PHYSICAL EXAMINATION

PR 78/MIN
BP 170/100 MMHG
CHEST CLEAR
RA SFT
CVS NAD

INVESTIGATIONS

Post Operative Course:-

Day	1	2	5	7	8
U.o. (ml/day)	14000	6950	5250	3550	2875
BUN (mg/dl)	22	26	31	25	30
Cr. (mg/dl)	2.9	1.8	1.3	1.2	1.2
Na+ (meq/l)	128	136	134	136	137
K+ (meq/l)	4.3	5.3	4.9	5.4	5.4
Hb (g/dl)	11.3	9.8	11.6	11.8	12
TLC/mm ³	12.4	10.6	11.6	9.1	10.8
Tacromus dose	3mgBD	3mgBD	3mg&2mg	3mg&2mg	3mg&2mg
Tacromus level	(25/7/08)	18.3	(29/07/08)	10.1	

OTHER INVESTIGATIONS



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Donor Details:-

Name : Mr. Jagdish Prasad Singh (father) Age/Sex : 56y/M UHID: 173712
 IPD No.: 33211 D.O.A: 22/07/2008 D.O.D 28/07/2008
 Blood Group - 'B' Positive

Preoperative Assessment :-

Chronic kidney disease stage - V
 Received Hepatitis B vaccination.
 No previous surgery.
 No voiding complaints.
 Blood group 'B' Positive
 Resp. System P/A, CVS: WNL
 Peripheral pulsations - Normal.
 Hb : 9.3g/dl BUN : 29mg% S. Creat. : 5mg/dl .Na+/K+ :
 136/4.4 meq/L SGOT/PT : 30/45 IU/L
 TLC : 5.5/cumm Platelets : 137 lacs/cumm aPTT (INR): 27 (1.0)
 Bil : 0.36 mg/dl TP/Alb. 6.5/3.2
 Anti HCV: reactive
 HCV RNA: Negative
 Urine C/s: non reactive
 HbsAg, HIV-I&II: non reactive
 CMV IgG: positive,
 2D Echo LVEF 50%

COURSE IN THE HOSPITAL

Mr. Sanjeev Kumar Singh withstood the procedure very well. His renal functions gradually normalized. S. Creatinine was 2.9 on day 1, decreased to 1.3 on day 4, was 1.2 on day 8. His Tacromus level on 25.07.08 was 18.3 so dose was decreased from 6mg/day to 5mg/day. His Tacromus level on 29.07.08 was 10.1 & continued with the same dose. His hospital stay was otherwise uncomplicated, had no episode of rejection. His central line, epidural catheter, drain and foleys catheter were removed as per protocol. Urine output was adequate and patient remained stable. He is being discharged in stable condition with advice to follow up in the OPD every 3rd day.

MEDICATION



Discharge Type

NORMAL

Date of Discharge

01-Aug-2008

NEPHROLOGY TEAM

Dr. Vijay Kher
Bansal

Dr. Manoj Kumar Singhal

Dr. Shyam Bihari

Immunosuppression:-

Tacromus 3 mg twice a day from day -1 till day 3, then 3mg morning & 2mg evening till discharge/to continue.

Cellcept 500 mg three times a day from day -1 till discharge/to continue

Steroids - Hydrocortisone 100mg 8 hourly, from day 0 till day 2.

Prednisolone 40mg once a day on day 1 & decreased by 2.5mg /day till 20mg/ day.

Antibiotics:-

Inj. Fortum 1 gm twice a day from day 0 till day 5 .

Tab. Cefum 500 mg twice a day from day 6 till discharge.

Tab Septran once a day from day 1 to continue.

Antihypertensives:-

Tab. Telma 80 mg twice a day.

Tab. Amlogard 10 mg BD.

Tab. Arkamine 1tab. twice a day

Tab. Metolar-XR 100mg once a day.

Others :-

Bandid mouth paint 20mg drops thrice a day.

Inj. Rantac 50mg IV twice a day on day 0.

Tab. Pan-D once a day from day 1 to continue.

Tab. Shelcal 500 mg twice a day

Tab. Alprax 0.5 mg HS

Tab. Cremalax BD

Syp. Looz 20ml HS

Cap. Evison 400iu once a day

Tab. Cetriz 10 mg OD

CONDITION AT DISCHARGE

Stable.

DISCHARGE ADVICE



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Head Office: Fortis Hospital, # 23, Sector-62, Noida 201 301, Uttar Pradesh Tel: +91 - 120 - 240 0222, Fax: +91 - 120 - 240 3222

Age 31 Year(s) 31 IPID 33212
Sex Male Date of Admission 22-Jul-2008
Discharge Type NORMAL Date of Discharge 01-Aug-2008

NEPHROLOGY TEAM Dr. Vijay Kher Dr. Manoj Kumar Singhal Dr. Shyam Bihari Bansal

Low salt normal diet.

- ~~Tab. Tacrommus 3mg morning & 2mg evening .~~
- ~~Cellcept 500 mg three times a day~~
- ~~Wysolone 20mg/ day.~~
- Tab Septran once a day from day 1 to continue.
- Tab. Telma 80 mg twice a day.
- Tab. Amlogard 10 mg BD.
- Tab. Arkamine 1tab. twice a day
- ~~Tab. Metolar-XR 100mg once a day.~~
- ~~Candid mouth paint 20mg drops thrice a day to swiss & swallow.~~
- Tab. Pan-D once a day
- Tab. Shelcal 500 mg twice a day
- Tab. Alprax 0.5 mg HS
- Tab. Cremalax SOS
- Syp. Looz 20ml SOS
- Cap. Evion 400 ~~mg~~ once a day
- Tab. Cetriz 10 mg once a day ~ 3 days

Review with Dr. Vijay Kher/ Dr M.K.Singhal/Dr.S.B.Bansal with report of Urea, Creatinine, Na, K+, CBC, on Monday 04/08/2008 at 11 am.

DIET ADVICE

Low salt normal diet.



Discharge Type

NORMAL

Date of Discharge

01-Aug-2008

NEPHROLOGY TEAM

Dr. Vijay Kher
Bansal

Dr. Manoj Kumar Singhal

Dr. Shyam Bihari

Wadhvani
MEDICAL OFFICER

Shyam Bihari
SHYAM BIHARI
BANSAL
DM

For all appointments call 95-120-240-0222 (From 9 am to 6 am)

In case of Emergency or Ambulance call 95-120-240-0444

Tel 95-120-240-0222 Fax 95-120-240-3222



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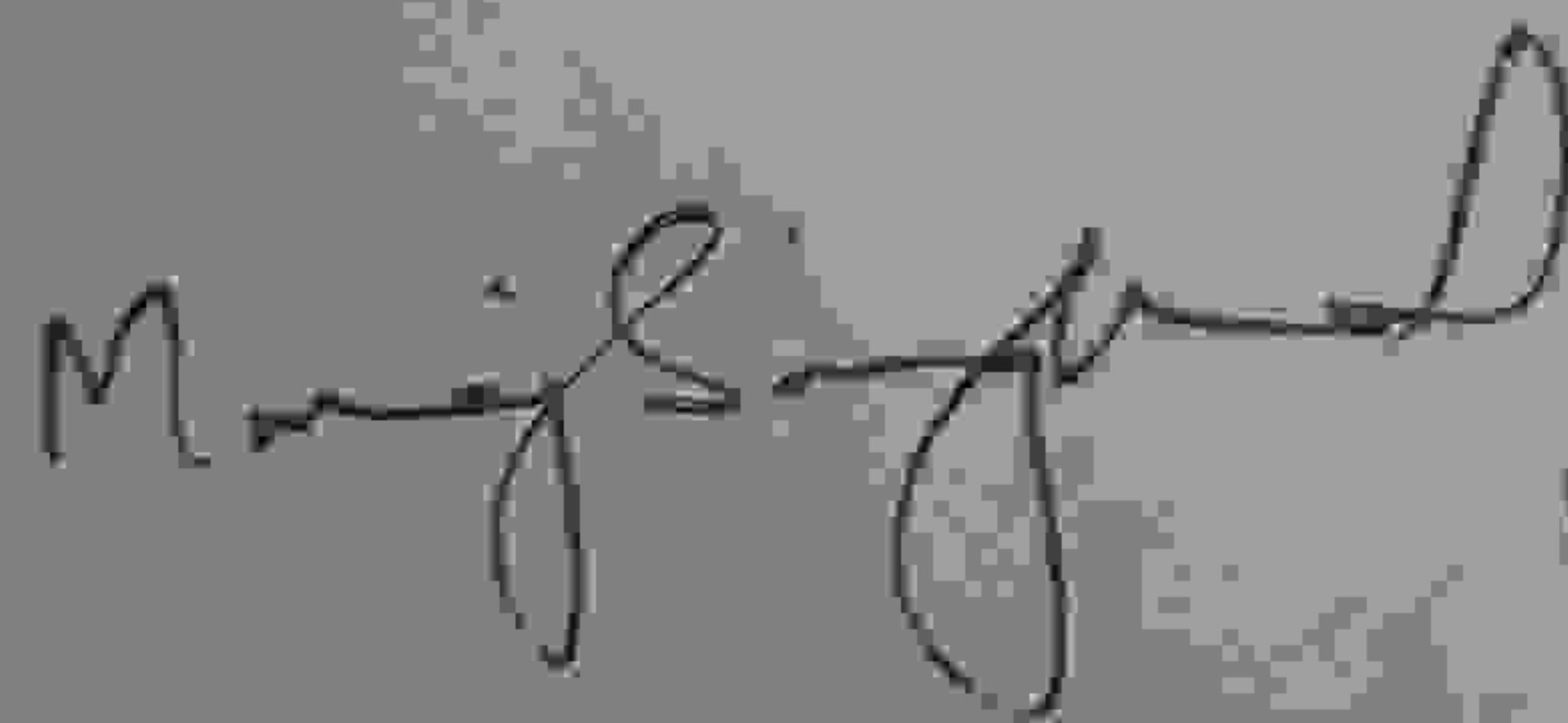
Head Office: Fortis Hospital, R-22, Sector-52, Noida 201 301, Uttar Pradesh Tel: +91 - 120 - 240 0222, Fax : +91 - 120 - 240 0222

13-February-2021

TO WHOM SO EVER IT MAY CONCERN

This is to certify that Mr. Sanjeev Kumar Singh, VSLI.285216 aged 43 years male has undergone kidney transplantation on 23-July-2008. He has been advised to take immunosuppressant medicine for life long and advised to take medicines as per the following throughout his rest of life

Medicines	Doses
Cyclophil-ME 75 mg	Twice a day
Cellcept 500 mg	Thrice a daily
Wysolone 5 mg	Once daily
Amlopress 5 mg	Once daily
Metolar XR 50 mg	Once daily
Telma 80 mg	Once a day
Pan 40 mg	Once a day
Calcirol sachet 1	Once a month
Hosit	Once a month
Cremalax 1-2	SOS



DR. MANOJ KUMAR SINGHAL
 Senior Director- Nephrology &
 Renal Transplant Medicine
 Max Super Speciality Hospital, Vaishali

Dr. Manoj Kumar Singhal
 MBBS, MD, DM, DNB, FASN, MBA (HCA)
 Director - Nephrology & Kidney Transplant
 Max Super Speciality Hospital
 Max, Sec-1, Vaishali, GZB-201012
 Regn. No. UPSMC-32047

Weight: 89 Kg BMI: BP: 130/70 Pulse: 90/min

Allergy: No Known Allergy

Past History

H/O Kidney Tx. 23/7/2008, D - father; Blood Gr. B Pos.
HCV - treated before Tx.

Medicine Advised

Sno	Medicine	Schedule	Instruction	Route	Days
1	SANDIMMUN NEORAL 50 MG CAPSULES (CICLOSPORIN 50 MG)	TWICE IN A DAY	75 MG TWICE	ORAL	100
2	CELCEPT 500MG TAB (MYCOPHENOLATE MOFETIL 500 MG)	THRICE IN A DAY		ORAL	100
3	WYSOLONE 5MG TABLETS 1X15* (PREDNISOLONE 5 MG)	ONCE IN A DAY		ORAL	100
4	AMLOPRESS 5 MG TABLETS(1X30)* (AMLODIPINE 5 MG)	ONCE IN A DAY		ORAL	100
5	METOLAR XR-50 MG CAPSULE 1X15* (METOPROLOL 50 MG)	ONCE IN A DAY		ORAL	100
6	TELMA 80MG TABLET 1X15* (TELMISARTAN 80 MG)	ONCE IN A DAY		ORAL	100
7	PAN 40MG TABLET (1X15)* (PANTOPRAZOLE 40 MG)	ONCE IN A DAY		ORAL	100
8	HOSIT TAB (FOLIC ACID 1.5 MG + MECOBALAMIN 1.5 MG + VITAMIN B6 3.MG)	ONCE IN A DAY		ORAL	100
9	CALCIFROL 1GM SATCHET (CHOLECALCIFEROL 60000 I.U)	ONCE A MONTH		ORAL	100

Advice

Follow-up after 3 months; Repeat CBC, RBS, KFT (Kidney panel-2)

10.3
7.4 / 16.5
135 / 104 / 19.4
3.4 / 1.5
U.A - 223
U.A uric
M/E ✓
U4 - 7-6
L(14 u - 6.0 / 14.6
Ca (POx - 9.8 / 3.5
A/P - 59

Manoj Singh

Dr. Manoj Singh

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