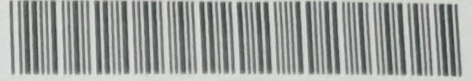




भारत सरकार
GOVT. OF INDIA



UHID: 20210536319

वी.एम.एम.सी. एवं सफदरजंग अस्पताल, नई दिल्ली-110029
V.M.M.C. & SAFDARJUNG HOSPITAL, NEW DELHI-110029
(दूरभाष Telephone : 011-26730000, 26165060)

CONSULTING ROOM NO :39, TOKEN NO : 14
Clinic:PMR
Days:MON,WED,FRI

EHR ID : 21000298044306761

OUT PATIENT RECORD

Name : MR. RAKESH
Department : Physical Medicine AND Rehabilitation
Dept No. : 2021/063/0035967
Date of Registration : 20-10-2021 09:22:17 AM
Unit : 1
Age : 46Y
Billing Type : General
Mobile No :
Address : GHAZIYABAD, South Delhi, DELHI, INDIA
Patient Type:NON MLC

Fee : 0.00
Sex : Male
S/O RAJESHWARI
Email :
Occupation : OTHER
Prepared by:Ms. SHALU DEO OPD

Hyperuricemia, talipes Equinus OA knee B/L, Pind L4-L5, L5-S1
2 yrs

Co- Pain lowback, Radiation R lower limb
Pain B/L knee -
Rebound sleep, joint pain B/L hand, foot

Apr 21
7.7 mg/dl

July - 8.92 mg/dl

o/c Spinix nit span tab - low back -
Rom flexion, Extrom painful
Haba low Lab - Bunk B/L Sym
AP high side
HbA1c -

Tam - (N)
Rom - (N)
Pen - (R) Ekt 4/5

DTRs - wsl
SLRT - 20' (R) L - ?

B/L knee - Onpate tab - tenderness over mid joint line
> Medial Side
P. 7.0

इंडबल्यूएस (आर्थिक रूप से कमजोर वर्ग) रोगियों के लिए महत्वपूर्ण सूचना

माननीय " उच्च न्यायालय दिल्ली " के अनुसार-ईडब्ल्यूएस के व्यक्तियों जिनकी पारिवारिक आय 7254/- प्रतिमाह परिवार है, हेतु अभिचिह्नित निजी अस्पतालों द्वारा उपलब्ध करवाए जा रहे निःशुल्क उपचार का लाभ लेने के लिए संदर्भ सुविधा उपलब्ध है।

कृपया उपचार कर रहे चिकित्सक से संपर्क करें वे संदर्भ किए जाने के तंत्र की शुरुआत करेंगे।

अधिक जानकारी के लिए कृपया नोटिसबोर्ड देखें अथवा प्रमारी-ओपीडी (बाह्य रोगी मामलों में) यथ पंजीकरण काउंटर के पीछे, दूरभाष सं: 26707461 नोडल अधिकारी/सीएमओ-प्रमारी-कैज्युल्टी (भर्ती रोगियों के मामलों में), कक्ष सं. 107 (भूतल), आपातकॉलोन ब्लॉक, दूरभाष सं. 26707114

Adm!:

- ① Tab Ultracal-Sos ————— 2 wks
- ② Tab Thiochalcidide 4mg BDO — 0 x 5 days
- ③ Tab Pan 40 — 0 — x 5 day
- ④ Tab Febuxostat - 80mg - 00 — x 1 month
- ⑤ Sachet vit D3 60k am wick 1 month
- ⑥ Tabs calcium 500mg BDO — 0 x 1 month
- ⑦ Tab Gabapentin 300mg h.s — x 4 wks

- S. Vit D3, S. uric Acid, LFT - after 1 month

Refer to Medicine/Endo. after 1 month of

for Bld Sugar & HbA1c — (Monitor sugar 1 month)

Take small meals - (5 times a day)

MWD — x 7 sittings - (Lambuk)

Rem - after 1 wk —

Amid jerks, Runny, pulsed /
 Silly in a partur. Driving for Sh
 Long distance -

20/10/2021

डॉ. सुमन कुं बादल/Dr. SUMAN K. BADHAL M.D.
 आचार्य / Professor
 रजि. नं. डी. एम. सी. 65710 / Reg. No. DMC 65710
 वी.एम.एस. एवं सफदरजंग अस्पताल
 VMMS & Safdarjung Hospital
 नई दिल्ली / New Delhi-110029

Continue ① - 80 S
 calcit 4, 5, 6 1 month

MWD x 7 sittings x 2 wks
 (Bareilly Lamb)

Q/n 5 hly ex

30/10/2021

डॉ. सुमन कुं बादल/Dr. SUMAN K. BADHAL M.D.
 आचार्य / Professor
 रजि. नं. डी. एम. सी. 65710 / Reg. No. DMC 65710
 वी.एम.एस. एवं सफदरजंग अस्पताल
 VMMS & Safdarjung Hospital
 नई दिल्ली / New Delhi-110029

Pain (R) knee, Neck & par.

Adm: Tab Thiochalcidide 5mg BDO x 5 days
 Calcit 4, 5, 6 am
 MWD x 7 sittings — x Neck
 Reman.

18/11/21

डॉ. सुमन कुं बादल/Dr. SUMAN K. BADHAL M.D.
 आचार्य / Professor
 रजि. नं. डी. एम. सी. 65710 / Reg. No. DMC 65710
 वी.एम.एस. एवं सफदरजंग अस्पताल
 VMMS & Safdarjung Hospital
 नई दिल्ली / New Delhi-110029



Patient Name	: Mr. RAKESH KUMAR	Age / Sex	: 40 Yrs Male/ M
OPD/IPD	: OPD	Reg. No.	:
Referred by	: Dr. AJAY PANWAR/ABHINAV SINGHAL	Receipt No.	: 54536
Sample Date	: 19/06/2019 05:00PM	Ref No.	: 1854466
Result Date	: 20/06/2019 11:38AM	Man.Lab No.	: 68746 (P)

MRI

MRI L. S. SPINE

*

PROCEDURE:

Using the spine coil, images of the lumbosacral spine was acquired in Sagittal T1 & T2 followed by transaxial T1 and T2 at the level of IV disc.

FINDINGS:

Normal lumbar lordosis is seen.

Vertebrae are normal in height and MR signals intensity.

The intervertebral discs are normal in height.

Partial degenerative disc desiccation changes are seen at L4-L5 intervertebral discs seen as partial loss of bright signal intensity of nucleus pulposus on T2 weighted Images.

Diffuse disc bulge is noted at L4-L5 level indenting the ventral thecal sac and narrowing the neural foramina.

Thickening of ligamentum flavum is noted at this level adding to the narrowing of thecal sac.

The primary lumbar canal is adequate in diameter with no evidence of stenosis. The lower end of the spinal cord, conus medullaris and rest of the nerve roots of the cauda equina are normal. The thecal sac is normal and CSF demonstrates normal signal intensity.

No intra spinal mass or pre/paravertebral collection seen.

IMPRESSION:

- **DISC DESSICATION WITH DIFFUSE DISC BULGE AT L4-L5 LEVEL AS DESCRIBED ABOVE.**

Please correlate clinically.

End Of Report

Dr.VANDANA SHASHI
MBBS,DMRD
CONSULTANT RADIOLOGIST

Dr.ALOK TRIPATHI
MBBS,MD
CONSULTANT RADIOLOGIST

Dr.PANKAJ AGARWAL
DMRD,DNB(Radiology)
CONSULTANT RADIOLOGIST



BHARTI Digital Imaging Centre

A Specialised Centre For Clinical Diagnostics

J-66, Patel Nagar -I, Hapur Road, (Opp. Roadways Bus Stand) Ghaziabad Phone : 9555406169

Timings : 9.00 A.M. to 8 P.M.
Sunday : 9.00 A.M. to 2 P.M.

DATED : 18.06.19
PATIENT NAME : MR RAKESH KUMAR AGE: 43 SEX: M
REFFERD BY : DR MUDIT MOHAN, MD.

X-RAY BOTH KNEE (STANDING) AP & LATERAL VIEWS

There is no evidence of traumatic bony injury seen.

Small osteophytes formation seen in bones forming both knee joints with subchondral sclerosis suggestive of degenerative / osteoarthritic changes.

Tibial spiking is seen.

Articular surfaces are regular.

Joint spaces are mildly reduced.

IMPRESSION- Mild degenerative changes & osteoarthritis both knee joints.

ADVISED: Clinical co-relation.

DR JAI HARI AGARWAL
MD



YASHODA

HOSPITAL & RESEARCH CENTRE

OPD CONSULTATION

SANJAY PANWAR
Orthopaedics & Joint Replacement
MS, MCh (Ortho.), FICS, FFAME (A) UK
Fellowship in Arthroplasty & Fellowship in Spine
Reg. No. 10047
Yashoda Super Speciality Hospital, Ghaziabad

Dr. Abhinav Singha
Consultant Orthopaed'cs
Trauma Surgeon
YHRC/PP/AAC4A (A)/32/V1
MBBS, D.ortho (KGMU)
DMC/R/07756
Regn. No. 10047



Patient Name Mr. Rakali Kumar Age/Sex 40/M
Doctor's Name _____ Date & Time _____

1. Present Complaint

19/6/19

2. Past History

3. Family History

4. Allergy if any :

5. General Examination:

BP : _____ Pulse : _____
Temp : _____ R/R : _____

6. NUTRITIONAL SCREENING :

Height _____ Weight _____
Pallor/Koilonychia/Edema/Dermatitis

7. Systemic Examination :

9. Provisional/ Differential Diagnosis :

Δ ? disc canal stenosis

10. Investigation :

↓ vit D3
keyser

MRI L5-S1 spine

11. Treatment Advised :

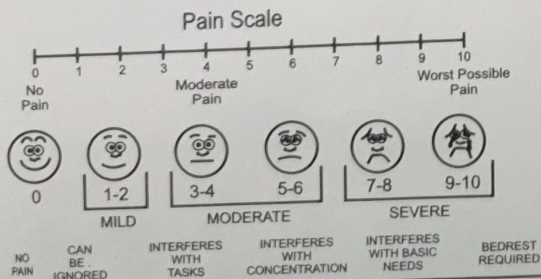
Remi e up

- T. Pregal - M 1HS
- T. Zerodol - P 1BD
- T. Pan - D 1BBF

PHYSIOTHERAPY ADVICE
UST, EST, HOT PACK, MTD

L-5 spine
x 14 days
15 days

8. Pain:



12. Next Follow up Visit:

Abhis
Consultant Sign.

Patient Education (Patient is briefed on the following)

Proposed Care Plan () Yes () No

Expected Outcome () Yes () No

Possible Complication () Yes () No

Name and Sign. of Patient Attendent

Nehru Nagar : Illrd M, Nehru Nagar, Ghaziabad-201 001 (U.P.)
Ph. : 0120-4182000 (30 Lines), Fax : 0120-2752168

SANJAY NAGAR : YASHODA SUPERSPECIALITY HOSPITAL & CANCER INSTITUTE,
B-1 & 2, Sector 23, Sanjay Nagar, Ghaziabad-201003 (U.P.) • Ph.: 0120-4612000

• Website: www.yashodahospital.org • For Enquiry : Feedbackforyashoda@gmail.com • For Feedback : Feedbackforyashoda@gmail.com



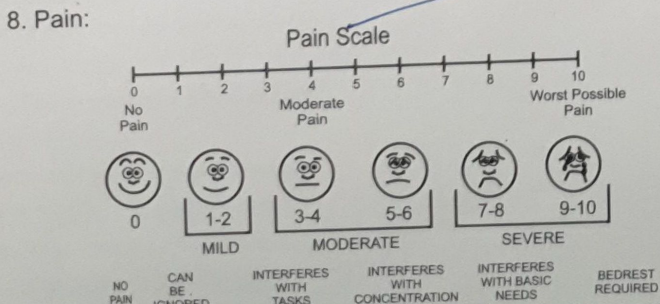
Patient Name Sh. Rakesh Kumar
Doctor's Name Dr. Mudit
Date & Time 15/5/19

1. Present Complaint
2. Past History
3. Family History
4. Allergy if any :
5. General Examination:
BP : Pulse :
Temp : R/R :

6. NUTRITIONAL SCREENING :
Height Weight
Pallor/Koilonychia/Edema/Dermatitis

7. Systemic Examination :

- ↑ B. Sugar
- ↑ LDL, ↑ TG.
- ↓ Vit D3, ↓ B12
- ↑ uric acid
- ↑ LFT.



9. Provisional/ Differential Diagnosis :
10. Investigation :

- CBC, LFT, RFT.
- Vit. D3, Vit. B12
- CXR PA view, USG abdomen
- F. lipid profile, ECG.
- HbA1c, T3, T4, TSH.
- Uric acid - Rim

11. Treatment Advised :
Mudit
15/5/19

- C. Uprise D3 60k once weekly
- T. Tetracol plus 10.0 O^M.
- C. Bilypsa 4mg 10.0 O^M.
- T. Melmet SR 1gm before dinner
- T. Febutaz 40 10.0 O^M.
- C. Lecirin 1BD O^M → O^E
- T. Ursocol 300mg ITM ←

Mudit
15/5/19
 Consultant Sign.

12. Next Follow up Visit:

Patient Education (Patient is briefed on the following)

Proposed Care Plan	() Yes	() No
Expected Outcome	() Yes	() No
Possible Complication	() Yes	() No

Patient Name : Mr. RAKESH KUMAR
OPD/IPD : OPD
Referred by : Dr.
Collected : 01/05/2021 07:58PM
Received :
Reported : 01/05/2021 10:35PM

Age / Sex : 46 Yrs./ M
Reg. No. : 510791
Receipt No. : 21975
Lab Ref No. : 2281900
Specimen : BLOOD
Man.Lab No. : 901

Test Name	With In Range	Out Of Range	Biological Reference Range	Unit
KIDNEY FUNCTION TEST				
BLOOD GLUCOSE, Serum <i>(Hexokinase)</i>		190 (H)	70 - 140	mg/dl
BLOOD UREA, Serum <i>(UREASE)</i>	34		10 - 50	mg/dl
CREATININE, Serum <i>(ALKALIN PICRATE KINETIC)</i>	0.86		0.72 - 1.25	mg/dl
URIC ACID, Serum <i>(URICASE)</i>		7.6 (H)	3.0 - 7.0	mg/dl
TOTAL PROTIEN, Serum <i>(BIURET REAGENT BLANK)</i>	7.8		6.7 - 8.7	g/dl
ALBUMIN, Serum <i>(BCG Method)</i>	4.6		3.5 - 5.0	g/dl
GLOBULIN, Serum <i>(BCG)</i>	3.2		2.0 - 3.5	g/dl
SODIUM, Serum <i>(ISE DIRECT)</i>	138		135 - 145	mmol/lt.
POTASSIUM, Serum <i>(ISE DIRECT)</i>	4.7		3.5 - 5.2	mmol/lt.
CALCIUM, Serum <i>(ARSENAZO III)</i>	9.2		8.0 - 10.5	mg/dl
PHOSPHOROUS <i>(PHOSPHOMOLYBDATE REDUCTION)</i>	3.1		2.5 - 4.5	mg/dl
CHOLESTEROL, Serum <i>(ENZYMATIC)</i>		209 (H)	130 - 200	mg/dl
CHLORIDE, Serum <i>(ISE Direct)</i>	99.2		98.0 - 115	mmol/lt.
LDH, SERUM		191 (L)	240 - 480	IU/L

End Of Report

Dr.SANJAY DEB
MD, CHIEF PATHOLOGIST
Dr.TANISH MANDAL
MD CONSULTANT PATHOLOGIST
Dr.SHUCHI GHAI
MD, CONSULTANT PATHOLOGIST

Patient Name : Mr. RAKESH KUMAR
 OPD/IPD : OPD
 Referred by : Dr.
 Collected : 01/05/2021 07:58PM
 Received : 01/05/2021 11:32PM
 Reported : 02/05/2021 09:02AM

Age / Sex : 46 Yrs./ M
 Reg. No. : 510791
 Receipt No. : 21975
 Lab Ref No. : 2281900
 Specimen : BLOOD
 Man.Lab No. : 901

Test Name	With In Range	Out Of Range	Biological Reference Range	Unit
COMP.HAEMOGRAM(CBC)				
HAEMOGLOBIN <i>(Spectrophotometry)</i>		12.8 (L)	13.0 - 17.0	g/dl
TOTAL LEUCOCYTE COUNT (TLC) <i>(Impedence Method)</i>	9.51		4 - 11	thousand/
PLATELET COUNT <i>(Impedence Method)</i>	160		150 - 410	thousand/
MPV <i>(Calculated)</i>				
HEMATOCRIT (HCT) <i>(Numeric Integration)</i>	39.2	13.3 (H)	7.2 - 11.1	fl
RBC COUNT <i>(Impedence Method)</i>	4.28		37 - 54	%
MCV <i>(Numeric integration)</i>	91.5		4.2 - 6.5	million/uL
MCH <i>(Calculated)</i>	29.9		83 - 101	fl
MCHC <i>(Calculated)</i>	32.6		27.0 - 32	pg
RED DISTRIBUTION WIDTH (RDW) <i>(Calculated)</i>	13.2		31.5 - 34.5	g/dl
.DIFFERENTIAL LEUCOCYTE COUNT				
SEGMENTED NEUTROPHILS				
LYMPHOCYTES <i>(Flow cytometry / Light Microscopy)</i>		82.9 (H)	40 - 76	%
EOSINOPHILS <i>(Flow cytometry / Light Microscopy)</i>		8.7 (L)	20 - 40	%
MONOCYTES <i>(Flow cytometry / Light Microscopy)</i>	7.1	0.2 (L)	1 - 6	%
BASOPHILS <i>(Flow cytometry / Light Microscopy)</i>	0.0		2 - 10	%
#ATYPICAL LYMPHOCYTES <i>(Flow cytometry / Light Microscopy)</i>	0.7		0 - 1	%
#LARGE IMMATURE CELLS <i>(Flow cytometry / Light Microscopy)</i>	1.1		0.5 - 2.8	%
ABSOLUTE COUNT				

Patient Name : Mr. RAKESH KUMAR
 OPD/IPD : OPD
 Referred by : Dr.
 Collected : 01/05/2021 07:58PM
 Received : 01/05/2021 11:32PM
 Reported : 02/05/2021 09:02AM

Age / Sex : 46 Yrs./ M
 Reg. No. : 510791
 Receipt No. : 21975
 Lab Ref No. : 2281900
 Specimen : BLOOD
 Man.Lab No. : 901

Test Name	With In Range	Out Of Range	Biological Reference Range	Unit
SEGMENTED NEUTROPHILS <i>(Flow cytometry / Light Microscopy)</i>	7.88		1.9 - 8	thousand/uL
LYMPHOCYTES <i>(Flow cytometry / Light Microscopy)</i>		0.83 (L)	.9 - 5.2	thousand/uL
MONOCYTES <i>(Flow cytometry / Light Microscopy)</i>	0.67		0.16 - 1	thousand/uL
EOSINOPHILS <i>(Flow cytometry / Light Microscopy)</i>	0.02		0 - 0.8	thousand/uL
BASOPHILS <i>(Flow cytometry / Light Microscopy)</i>	0.0		0 - 0.2	thousand/uL
#ATYPICAL LYMPHOCYTES <i>(Flow cytometry / Light Microscopy)</i>	0.07		0.0 - 2.8	thousand/uL
#LARGE IMMATURE CELLS <i>(Flow cytometry / Light Microscopy)</i>	0.11		0.0 - 9.0	thousand/uL

End Of Report

TESTS ARE CONDUCTED ON EDTA WHOLE BLOOD VIA 7 PART AUTOMATED HEMATOLOGY ANALYZER PENTRA DX.

#FOR RESEARCH PURPOSE ONLY

IF THERE IS ANY PRINTING ERROR KINDLY NOTIFY PATH LAB IMMEDIATELY

Dr.KRITIKA JAIN
MD, CONSULTANT

Dr.TANISH MANDAL
MP CONSULTANT PATHOLOGIST

Dr.SHUCHI GHAI
MD, CONSULTANT PATHOLOGIST

Patient Name : Mr. RAKESH KUMAR
OPD/IPD : OPD
Referred by : Dr.
Collected : 01/05/2021 08:05PM
Received :
Reported : 01/05/2021 10:36PM

Age / Sex : 46 Yrs. / M
Reg. No. : 510791
Receipt No. : 21977
Lab Ref No. : 2281905
Specimen : BLOOD
Man.Lab No. : 902

Test Name	With In Range	Out Of Range	Biological Reference Range	Unit
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LIVER FUNCTION TEST

SGOT,Serum (NADH)		60 (H)	0 - 46	IU/L
SGPT,Serum (NADH)		88 (H)	0 - 49	IU/L
ALKALINE PHOSPHATASE,Serum (PNPPAMP BUFFER)		174 (H)	53 - 128	IU/L
TOTAL PROTIEN,Serum (BIURET REAGENT BLANK)	7.7		6.7 - 8.7	g/dl
ALBUMIN,Serum (BCG Method)	4.7		3.5 - 5.0	g/dl
GLOBULIN,Serum (BCG Method)	3		2.0 - 3.5	g/dl
GAMA-GT,Serum (G-3,C-4,NITROANILIDE SUBSTRATE)		388 (H)	7 - 34	IU/L
BILIRUBIN TOTAL DIRECT, SERUM				
TOTAL (DIAZO REACTION)	0.9		0.2 - 1.0	mg/dl
DIRECT (DIAZO REACTION)	0.43		0 < 0.5	mg/dl
INDIRECT (DIAZO REACTION)	0.47		0.2 - 0.5	mg/dl

End Of Report

IF THERE IS ANY PRINTING ERROR KINDLY NOTIFY PATH LAB IMMEDIATELY

Dr.SANJAY DEB
MD, CHIEF PATHOLOGIST

Dr.TANISH MANDAL
MD CONSULTANT PATHOLOGIST

Dr.SHUCHI GHAI
MD, CONSULTANT PATHOLOGIST

R

BHARTI DIGITAL IMAGING CENTRE GZB
03 MR RAKESH KUMAR 43 YRS
Acq Tm: 10:40 AM

L

TRUE D.R. X-RAY

K 800 MA

STANDING

3520 X 4280

W 934 L 453

R

BHARTI DIGITAL IMAGING CENTRE GZB
03 MR RAKESH KUMAR 43 YRS
18-Jun-19
Acq Tm: 10:42 AM

BHARTI DIGITAL IMAGING CENTRE GZB
03 MR RAKESH KUMAR 43 YRS
18-Jun-19
Acq Tm: 10:43 AM

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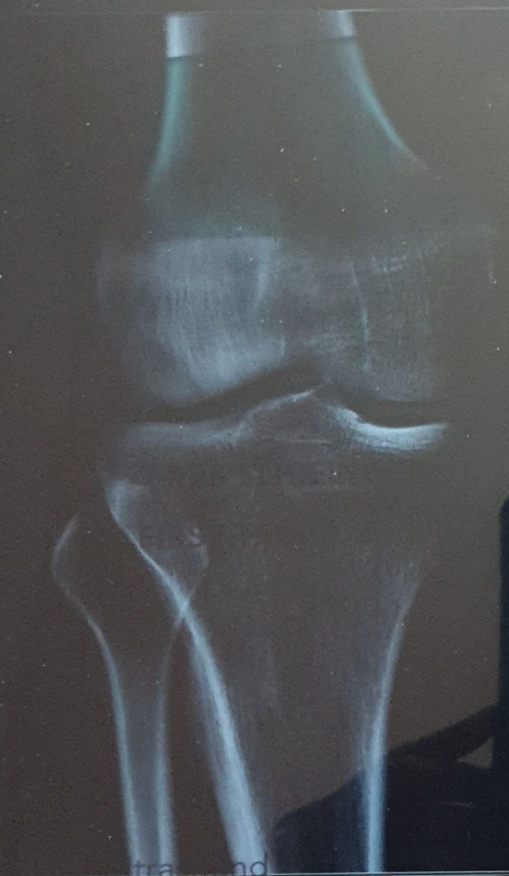
VPD
Diagnos

3015 X 2500

W 889 L 491 10015 X 2500

W 889 L 491

03 MR RAKESH KUMAR 43 YRS M 18-Jun-19 10:37 AM
BHARTI DIGITAL IMAGING CENTRE



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stograp
Dopler
Biosy

VRINDA DIAGNOSTIC CENTRE NEHRU NAGAR GHANSHYAM
MR. PAKESH KUMAR 48/M/158210/KNEE - 1 VIEW/17-Sep-2021



