

DEPARTMENT OF UROLOGY, ROBOTIC & KIDNEY TRANSPLANTATION

DR (PROF). ANANT KUMAR
Chairman - Urology

DR RUCHIR MAHESHWARI
Sr. Consultant

DR. SAMIT CHATURVEDI
Sr. Consultant

DR. PRAGNESH DESAI
Consultant

DR. VIKAS SINGH
Associate Consultant

DEPARTMENT OF NEPHROLOGY & KIDNEY TRANSPLANTATION

DR. DINESH KHULLAR
Chairman - Nephrology

DR. RAHUL GROVER
Sr. Consultant

DR. GAGAN DEEP CHHABRA
Sr. Consultant

DR. KUNAL RAJ GANDHI
Consultant

DR. SAHIL BAGAI
Associate Consultant

DISCHARGE SUMMARY

NAME	Mr. Rakesh Tripathi
AGE/SEX	41 Years / Male
REGISTRATION NO.	SKDD. 785318
I.P. NUMBER	192577
DATE OF ADMISSION	30.01.2020
DATE OF DISCHARGE	07.02.2020

DIAGNOSIS:

1. Renal Allograft Recipient - 31.01.2020 - Blood Group - A Positive
2. Donor - Wife Blood Group - O Positive
3. Basic disease: IgA Nephropathy
4. Induction - Inj. Grafalon (3 doses)
5. Stable Allograft function (Baseline serum creatinine - 0.9mg/dl)

MEDICAL HISTORY:

Mr. Rakesh Tripathi, 41 years old gentleman, a known case of CKD stage 5 on MHD was admitted for renal transplant surgery.

PAST HISTORY:

- CKD stage 5 on PD

PHYSICAL EXAMINATION: Conscious, oriented, afebrile

Pulse Rate	:	80/min
Respiratory Rate	:	20/min
Blood Pressure	:	120/80mmHg
No pallor / icterus / cyanosis / clubbing / edema / lymphadenopathy	:	
Chest	:	Bilateral clear
CVS	:	S ₁ S ₂ +
P/A	:	Soft, non tender, BS +
CNS	:	No focal deficit

PROCEDURE:

- Renal allograft recipient surgery done on 31.01.2020

FINDINGS:

- PD catheter was seen to be coming out of right iliac Fossa, it was discussed to place the graft in left iliac fossa
- Left iliac fossa preparation : done
- Left external iliac vein : normal
- Left external iliac artery : normal
- Bladder wall normal
- Warm ischemia time : 3 minutes
- Cold ischemia time : 53 min
- Re-warm ischemia time : 23 minutes
- Renal graft Side : left
- Nephrectomy type : laparoscopic
- Graft artery : one
- Graft vein : one
- Ureter : adequate length

DISCUSSION:

Mr. Rakesh Tripathi , 41 years old gentleman was admitted for renal transplant with prospective donor being his wife. After a thorough pre-transplant work up and clearance from authorization committee and necessary clearance from PAC, cardiology and psychiatry after obtaining proper consent his transplant surgery was done on 31.01.2020. He was started on triple drug immunosuppression with Tacrolimus, MMF and steroid and induction was done with Inj. Grafalon (3 doses). Post operative he had good urine output and had rapid decline in serum creatinine. His drain was removed on POD 4 and Foley's catheter removed on POD 5. His Tacrolimus levels were monitored and dose adjusted accordingly. He is now being discharged in stable condition with serum creatinine of 0.9 mg/dl and with following advice.

Last Tac level 9.82 on 07.02.2020 and dose was adjusted accordingly.

INVESTIGATIONS:

INVESTIGATIONS	30/1/20	31/1/20	1/2/20	2/2/20	3/2/20	4/2/20	5/2/20	6/2/20	7/2/20
Haemoglobin	11.4	11.9	10.4	9.2	9.5	8.6	8.7	9.4	9.1
TLC	4.7	4.5	9.4/12.3	6.6	7.2	6.2	5.4	8.1	11.1
Platelet Count	165	165	165	155	155	170	180	151	184
ESR									

Max Super Speciality Hospital, Saket (West Block)
 Press Enclave Road, Saket, New Delhi - 110 017
 For patient related queries or appointment, call: +91-11-6611 5050
 Max Healthcare Institute Limited
 IN: U72200MH2001PLC322854
 Regd. Office: 167, Floor 1, Plot-167A, Ready Money Mansion, Dr. Annie Besant Road, Worli, Mumbai-400 018
 Phone: +91- 22-6660 4447/48/49, E-mail: secretarial@maxhealthcare.com
 www.maxhealthcare.in



	Tacrolimus									
	HbA1c				9.53			4.9		9.82
	Blood sugar F				†					
	Procalcitonin									
RFT	Urea	86.9	86.4	59.4	30.9	23.2	19.6	21.6	16.7	26.5
	Creatinine	11.7	11.4	5.1/2.7	1.7/1.3	1/0.9	0.9	0.9	1.1	0.9
	Na+	139	140	138	137	137	139	140	138	138
	K+	3.5	4.1	4.5	3.9	4	4.1	3.3	3.5	3.5
	Chloride	99	96	103	104	106	112	110	105	106
	Bicarbonate	27	30	28	27	23	25	26	28	25
LFT	Total Protein									
	Albumin		3.6							
	Lipase				2.6			2.8		
	Calcium									
	Magnesium				7.25			7.58		
	Inorg Phosh				1.9			1.3		
Urine R/M	RBC				2.3			1		
	Leukocyte									7-10
	Epithelial cell									0-1
	Urine PC ratio									0-1
Coagulation Profile	APTT	29	25.4							
	PT	12.9	12.6							
	INR	1.12	1.09							

OTHER INVESTIGATIONS (Radiology/ Microbiology):

- X-Ray Chest PA/AP View of 30-JAN-2020: No focal lesion seen in the lung parenchyma. CP angles and domes of the diaphragm are normal. Both hila are normal. Pulmonary vasculature is normal. Cardiac size and configuration is normal. Trachea is central; no mediastinal shift is seen.
- X-Ray Chest PA/AP View of 02-FEB-2020: No focal lesion seen in the lung parenchyma. CP angles and domes of the diaphragm are normal. Both hila are normal. Pulmonary vasculature is normal. Cardiac size and configuration is normal. Trachea is central; no mediastinal shift is seen. CV line in situ.

Diet

- Diet as advised by dietician

Immunosuppressant's Medications:

- ✗ • Tab. Tacrograf (4mg) twice daily (That means 1 tablet each of 2 mg + 2 mg) 9am - 9pm
- ✗ ✓ Tab. Renodapt (360mg) 2 tab twice daily 9am - 9pm
- ✗ • Tab. Prednisolone (30mg) once daily 10am

Antibiotics:

- Tab. Cretocin-CV 1 tab twice daily for 7 days

Prophylaxis:

- ✗ • Tab. Septran DS ½ table once daily (at bed time)
- ✗ • Tab. Vylster / Valocon (450mg) once daily (at bed time)
- ✗ • Candid Mouth Paint 20 drops thrice daily

10 am - 10 pm

8 pm

8 pm

7am - 2pm - 10pm

Max Super Speciality Hospital, Saket (West Block)
1, Press Enclave Road, Saket, New Delhi - 110 017
For patient related queries or appointment, call: +91-11-6611 5050

Max Healthcare Institute Limited
(CIN: U72200MH2001PLC322854)

Regd. Office: 167, Floor 1, Plot-167A, Ready Money Mansion, Dr. Annie Besant Road, Worli, Mumbai-400 018
Phone: +91- 22-6660 4447/48/49, E-mail: secretarial@maxhealthcare.com

www.maxhealthcare.in



GI Medications:

- Tab. Razo 20mg once daily (1/2 hour before breakfast)

6am

Other Medications:

- Tab. Deficure-CT 1 tab once daily
- Tab. Fanfer-XT 1 tab once daily
- Tab. Magnorate 1gm twice daily
- Cholecalciferol 60, 000 once weekly
- Syp. Potklor 5ml twice daily for 3 days
- x • Ensure plus powder 3 scoops thrice daily

10 am

10 AM

10 AM

for 10am - 10 pm

7am - 2pm - 10pm

Special Advice:

1. Tac level on 10.02.2020 between - 8.30 am - 8.45 am
2. DJ stent removal after 7 days
3. KTP (Basic) P twice a week for 4 weeks
4. Stitch removal after 7 days
5. (Blood sample for Tacrolimus level to be given 15 minutes prior to morning dose of Tablet Tacrolimus)

- REVIEW IN UROLOGY OPD WITH DR. ANANT KUMAR / TEAM ON 10.02.2020 BETWEEN 2-3 PM WITH TAC LEVELS / KTP BASIC - (P) REPORTS

For Appointment → Ms. Prema Rawat - Mobile No: (9717610155 / Mr. Avush - 9540295450
Ms. Mumtaz 9871268856

DR (PROF). ANANT KUMAR
Chairman - Urology

Dr. Ruchir Maheshwari
MS, MCh, (Urology)
Senior Consultant
DR RUCHIR MAHESHWARI
Sr. Consultant
DR. SAMIT CHATURVEDI
Sr. Consultant
(A unit of Devi Devi Foundation)
2, Press Enclave Road, Saket, New Delhi - 110 017
DMC Regn. No. 74/15

DR. PRAGNESH DESAI
Consultant

DR. VIKAS SINGH
Associate Consultant

Please visit your doctor with discharge summary. Your discharge summary is an important document; kindly retain it for future reference.

Max Super Speciality Hospital, Saket (West Block)

1, Press Enclave Road, Saket, New Delhi - 110 017
For patient related queries or appointment, call: +91-11-6611 5050

Max Healthcare Institute Limited

(CIN: U72200MH2001PLC322854)

Regd. Office: 167, Floor 1, Plot-167A, Ready Money Mansion, Dr. Annie Besant Road, Worli, Mumbai-400 018

Phone: +91-22-6660 4447/48/49, E-mail: secretarial@maxhealthcare.com

www.maxhealthcare.in



M-0073