

MRS. SHEELA VERMA.



27/11/21

GT/F.

0/40 B/L TKR -
History 30/03/2021.

(Total Knee Replacement)

Drug allergy, if any Both Knee

Immunization History

Examination

General Pulse..... BP..... Resp.....

Temp..... Weight..... Height.....

Systemic/Local

Diagnosis

Investigations

Treatment

TO WHOM IT MAY CONCERN.

This is to certify that "Mrs. Sheela Verma
GT/F had osteoarthritis Both knee
severe & undergone B/L TKR on
30/03/2021.

She is on regular follow up for
last 8 months & is clinically OK.
and Rehabilitation process is going on.
She is require to go Rehabilitation
process for around Next 9 months &

Follow up & Dietary Advice -

should remain in constant follow up.
for Next 9 months

Dr. Dhruv Goel
MS (Orthopaedics)
Replacement Surgeon

Established & Run by Shri Ram Murti Smarak Trust

Address: 101/2, 101/3, Brahmampura East, Stadium Road, Lucknow - 226 001 (U.P.)
☑ email: goodlife@srms.ac.in ☑ website: www.srms.ac.in ☑ 0581-2532020, 2021, 2022

Regd. Office: 4, Laplace, Shahnajaf Road, Lucknow - 226 001



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Patient No. :	30014734	IP No. :	3212500
Name :	SHEELA VERMA .	Consultant :	Dr. Dhruv Goel
Father/Husband :	Mr. C L VERMA	Date of Admission :	30/03/2021
Age & Sex :	67 Yrs / F	Date of Discharge-Status :	03/04/2021 - NORMAL
Ward/Bed :	DELUXE WARD / DL2009	Unit Name & OPD Days :	Ex. SR KGMU (Lko)
Department :	ORTHOPAEDICS		
OPD Name :	ORTHOPAEDICS OPD - 9		
Address :			

Diagnosis

OSTEOARTHRITIS B/L KNEE

Clinical Summary / Chief Complaints

PAIN IN BOTH KNEES SINCE SEVERAL YEAR

Clinical Findings

PATIENT CONSCIOUS AND ORIENTED , VITALS STABLE BP 130/80, PULSE 76, RR 20, SPO2 98 GCS E4V5M6 , INVESTIGATIONS- HB 12.10, BLOOD GROUP O POSITIVE, PLATELET 1.80, UREA 36, CREATININE 1.20, NA 139, K 4.40, VIRAL MARKER- NON REACTIVE

Operation / Procedure Done

Date of Operation : 02/04/2021

(MERIL GOLD) RT TKR MID LINE INCISION MADE MEDIAL PARAPATELLAR ARTHROTOMY DONE. ACL PCL AND MENISCUS EXCISED, TIBIA C ANTERIORLY CUTS MADE -F-9X6X3, F-B, T-9X3, T-3, P-8, I-9, P-28 TRIAL CHECKED, WASH DONE. CEMENTING DONE IN SINGLE STAGE, CLOSURE IN LAYERS, (L) TKR TIBIA D/L ANTERIORLY CUTS MADE, F-9X6X3, FC-B, T-9X3, T-2, P-8, I-9, P-28 TRIAL CHECKED, CEMENTING DONE IN SINGLE STAGE, CLOSURE IN LAYERS

Treatment Given

INJ ZOSTUM 1.5, INJ AMIKACIN 500MG, IV BD, INJ TRAMADOL, INJ EMSET, IV FLUID NS, 2 UNIT PRBC TRANSFUSED

Post Operative Course/ Progress During Hospital Stay

UNEVENTFUL

Condition @ Discharge

SATISFACTORY

Investigation Summary

Attached

Medicine Advise

S.No.	Item Name / Generic Name	Dosage	Frequency	Quantity	Remarks
1	ACECLOFENAC 100MG+PARACETAMOL 500MG+SERRATIOPEPTIDASE 15MG ZERODOL SP TAB		12 HOURLY	24	TILL STICH REMOVAL
2	PARACETAMOL 325MG+TRAMADOL HCL 37.5MG ULTRACET TAB	1/2 TAB	12 HOURLY	12	TILL STICH REMOVAL
3	DICLOFENAC SODIUM+LINSEED OIL+MENTHOL+METHYLSALICY PAINVOID 30 GM GEL		6 HOURLY	1	FOR L/A

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 Email: goodlife@srms.ac.in Website: www.srms.ac.in Phone: 0581-2532020, 2021, 2022
 Regd. Office: 4, Laplace, Shahnajaf Road, Lucknow - 226 001



Patient No. : 30014734

Date : 14/09/2021

OPD : ORTHOPAEDICS OPD - 9

Patient Name : MRS. SHEELA VERMA

Age/Sex : 67 / F

O/C/O

B/L TKR -

History

30/03/2021

40 Generalised

Drug allergy, if any

Edema

Pain on & off

Immunization History

Back Pain

Examination

General Pulse..... BP..... Resp.....

Temp..... Weight..... Height.....

Systemic/Local

Diagnosis

?? PVD.

Investigations

Treatment

Pt on Eliquis. Patient on regular follow up. B/L Knee clinically OK.

Adv

RBS

urine R/M

Adv

Rx. Tab Zenodal 50 Po BD x 3 days

Tab Pantop 40 Po BD x 3 days

Tab Neugasa - M Po HS x 7 days

Tab Mevoril 8mg Po TDS x 7 days

Fu on wed / Thursday. regular follow up after 1 month

Dr. Dhruv Goel MS (Orthopaedics) Joint Replacement Surgeon Reg. No. - 74901

Follow-up visit valid till 20/09/2021 00:00:00

Follow up & Dietary Advice -



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Dr. Dhruv Goel MS (Orthopaedics) Joint Replacement Surgeon Reg. No. - 74901

Date/ दिनांक:

S.No. क्रम सं०	Drugs/ औषधि (Please write only generic names and in capital letter legibly)	Strength शक्ति	Days दिन	No.s संख्या	Morning सुबह	Afternoon दोपहर	Evening शाम	Night रात	SOS आवश्यकता	Before food खाने से पहले	After food खाने के बाद
14/10/21	Patient on regular follow up.										
2	Both knee clinically OK.										
3	Pain improving.										
4											
5	Rx. Tab Meugasa - M PO HS x 45 days										
6	o ————— o ————— 1.										
7											
8											
9	F/u after <u>6 weeks</u> for regular follow up.										
10											
11											
12											

- उपर्युक्त दवाईयां केवल बताये गये दिनों तक ही लेनी है।
- कृपया मेडिकल शॉप से ली गई दवाईयां पर्चे से अवश्य मिलान लें
- यदि आपको दवाईयां से कोई भी विषेकान होता है तो शीघ्र अपने डॉक्टर से सम्पर्क करें।
- अगले परामर्श के दिन कृपया अपने पुराने पर्चे अवश्य साथ लावें।
- दवा केवल अपने डॉक्टर की परामर्श से लें
- The above drugs should be taken for the specified number of days only
- While purchasing medicine from the medical shops, please check that the correct medicine is given
- If you notice any adverse reaction on medication consult the doctor immediately
- Please bring this prescription without fail during your next visit
- Take medicine in consultation of prescribing doctor

General Advice / Follow-up/ सुझाव:

Adv

- CBC Profile
- Lipid Profile
- Kidney Profile
- Liver Profile

Dhruv

Green city clean city, My dream city

हम सब का एक ही नारा

Dr. Dhruv Goel
MS (Orthopaedics)
Joint Replacement Surgeon
Reg. No. - 74901

DR. DHRUV GOEL
MS (ORTHOPAEDICS)
JOINT REPLACEMENT SURGEON



Patient No. : 30014734

Date : 27/11/2021

OPD : ORTHOPAEDICS OPD - 9

Patient Name : MRS. SHEELA VERMA

Age/Sex : 67 / F

0/40 B/L TKR - 30/03/21

History

90. B/L Pedal Edema
Respiratory distress

Drug allergy, if any on Erection

Immunization History

Examination

General Pulse..... BP..... Resp.....

Temp..... Weight..... Height.....

Systemic/Local

Diagnosis.....

Investigations

Treatment

Adv.
General
Body
Check
up.

Adv.
Physician consultation regarding
- Dyspnoea on Erection
- weight gain
- Thyroid Status
- Respiratory Problem.
F/u after consultation with physician
continue previous medicines as
advised.



Follow-up visit valid till 03/12/2021 00:00:00

Follow up & Dietary Advice -

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