



**METRO**  
**HOSPITAL & HEART INSTITUTE**  
(A Unit of Metro Institute of Medical Sciences Pvt.Ltd.)  
CIN No:- U00000 DL 1990 PTC 039293  
(NABH, & ISO 9001: 2008 Certified)

**DEPARTMENT OF CARDIOLOGY**

**DISCHARGE ON PERSISTENT REQUEST**

NAME	Mr. Jai Pal Singh	AGE/ SEX	77 yrs/Male
D-O-A	14/11/2020	D-O-D	17/11/2020
ID NO	2020005452	WARD	PVT (104)
IP NO	2020002834		
CONSULTANT: DR. SANJEEV SAXENA /DR. VARAD GUPTA			

**DIAGNOSIS:**

Type II diabetes mellitus  
CAD/ACS  
Sinus Bradycardia with AV Block  
Adequate LV systolic function EF 50%

**ICD Code**

I25.1`101'

**PRESENTING COMPLAINTS ON ADMISSION:** Chest discomfort and Giddiness

**Vitals at admission**

PR	51/min	BP	130/80mm	RR	20/min	Temp	98.0°F
----	--------	----	----------	----	--------	------	--------

**Physical Examination**

JVP : Not raised  
CVS : S1, S2 +  
Chest : B/L Crepts  
Abdomen : Soft, no organomegaly

**Investigation at Time of Admission:**

Dt. - 14.11.2020

HB	9.9	TLC	9,140	DLC	N68 L22 E03 M07
Platelet count	2.31	ESR	69	UREA	43.0
Creatinine	1.49	NA	136.0	K	4.6
INR	-				

All reports/ photo copy handed over to the attendant of the patients.

Typed By: JYOTI PATEL



NAME	Mr. Jai Pal Singh	AGE/ SEX	77 yrs/Male
D-O-A	14/11/2020	D-O-D	17/11/2020
ID NO	2020005452	WARD	PVT (104)
IP NO	2020002834		
CONSULTANT: DR. SANJEEV SAXENA / DR. VARAD GUPTA			

**Hospital course:**

Mr. Jai Pal Singh, age 77 yrs, Male non-hypertensive, diabetic a case of CAD/ACS was admitted with the complaint of **Chest discomfort and Giddiness**. His ECG was done. His ECHO shows LV normal in size with mild hypokinesia of inferior & LV wall, LV RWMA, Mild concentric LVH, RV normal in size with adequate systolic function, Adequate LV systolic function EF 50%. Patient was medically managed antiplatelets, bronchodilator, antidiabetic, Cardiac and other supportive drugs. Patient is being discharge on request. Associated risks have been adequately explained to the Patient and relatives.

**PROCEDURE:** None

**POST PROCEDURE:** None

**Vitals at the time of discharge:**

PR	85/min	BP	100/60 mm	RR	20/min	Temp	98.6°F
----	--------	----	-----------	----	--------	------	--------

**Advice on discharge: -**

Preventive Care: - Stress free life, Regular exercise  
 Diet: - Low fat/Low salt/Sugar free diet/Avoid Nephrotoxic drugs.

**Treatment:**

Drug Name	Dosage	Frequency	Timing	Special Inst.
1. TAB. CLAVIX AS	75+75MG	twice daily	7am-7pm	] x 10 days
2. TAB. ATORICA	80MG	once daily	7pm	
3. TAB. NIKORAN	5MG	twice daily	7am-7pm	
4. TAB. FLAVEDON MR	1TAB	twice daily	7am-7pm	
5. TAB. DERIPHYLLIN R	300MG	twice daily	7am-7pm	
6. TAB. ORCHIBEST	10MG	thrice daily	7am-1pm-7pm	
7. TAB. ZORYL	2MG	before breakfast & before dinner		
8. TAB. JALRA	50MG	before breakfast & before dinner		
9. TAB. JARDIANCE	10MG	before breakfast		
10. TAB. HOMO 16 D	1TAB	twice daily	9am-9pm	
11. CAP. PAN D	1CAP	once daily	7am	
12. TAB. RIVOTRIL	0.5MG	bedtime	10pm	

3/11/20

**Follow up/ Recommendation: - Need Hospitalization Care**

FONDARED (2.5)  
 \_\_\_\_\_ x 3 days  
 \_\_\_\_\_

Typed By: JYOTI PATEL



Years

Paypal  
72/m

HR : 51 bpm  
P : 131 ms  
PR : 280 ms  
QRS : 126 ms  
QT/QTc : 417/386 ms  
P/QRS/T : 81/-59/58 °  
RV5/SV1 : 0.649/0.292 mV

Diagnosis Information:

Sinus Bradycardia with Sinus Arrhythmia  
First-degree Atrioventricular Block  
Suspect Left Anterior Hemi Block  
Poor R Wave Progression(V3)  
Slight ST Elevation(V4)

Report Confirmed by:

