

DISCHARGE SUMMARY

Name	: Mr. ARVIND MISRA	Age/Gender	: 45 Yrs/Male
PSRI NO.	: 351811	IP NO.	: 21/132705
D.O.A	: 30/07/2021 06:14 PM	D O D	: 03/08/2021
Ward/Bed No	: B-Block-FIFTH FLOOR / 561	Company	: SELF PAY
Consultant Name	: Dr P P KOTWAL	Name	
		Contact No.	: 9415053204

Diagnosis: SNAC Wrist Right

Procedure : Total Wrist Fusion Right With Bone Grafting from right iliac crest done under GA on 31/07/2021 by. Prof (Dr.) P. P. Kotwal & Dr. Binay

Implant :

AO - Synthes
8 Hole wrist fusion plate - 1

Presenting Symptoms:

Pain and right wrist increased severity
Restricted movement around right wrist

Duration

1 year

History of present illness: Patient was admitted with above mentioned complaints.

Important Past and Family History: H/o TURP in 2019

H/o Scaphoid fracture right in 1995

Personal History: Nothing significant

Drug allergy- Nil

PHYSICAL FINDINGS ON ADMISSION:

Pulse-80/min, BP- 110/70 mm Hg, Resp- 18./min, Temp- Afebrile

Pallor°, Icterus°, Edema°, Clubbing°

SYSTEMIC POSITIVE FINDINGS:

Gastrointestinal- P/A-Soft, BS+

CVS- S1 S2 Normal

Chest- B/L air entry +, no added sounds

Neurological- No focal neurological deficit

INVESTIGATIONS:

Date:"8/2/2021" X-RAY CHEST PA VIEW- Small fibrotic infiltrates are seen in right lower zone paracardiac region. Rest of the visualized lung parenchyma does not show any obvious abnormality. Both CP angles appear clear. Cardiac silhouette appears unremarkable.



Press Enclave Marg, Sheikh. Sari Phase -II, New Delhi-110017. Ph.:30611700 / 30611900

Fax: 91-11-29250985, 29250548

Email: info@psri.net URL: www.psrihospital.com

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Name : Mr. ARVIND MISRA

Age/Gender : 45 Yrs/Male

unremarkable.

X-RAY RIGHT WRIST PA & - LAT VIEWS- Plate fixation done across the wrist joint. Position as shown. Rest of the visualized bones and joints otherwise are unremarkable.

Clinical course in hospital: Postoperative period was uneventful. Pulmonology consultation was taken and advice followed.

Treatment given in Hospital: Inj. Cetil, Inj. Amikacin and other supportive measures.

Condition at the time of discharge: Stable

Special Needs Required Post discharge at home : Watch for increased pain, swelling, bluish discoloration of fingers tips

Continue below elbow scab right

Right upper limb elevation and active finger movement

ADVICE ON DISCHARGE:

1. MEDICATION:

Tab. Cetil 500mg 1tab twice daily x 5 days

Tab. Enzoheal D 1tab thrice daily for 5 days (1/2 hr before meals)

Tab. Pantocid 40mg 1tab once a day (empty stomach) x 5 days

Tab. CCM (Calcium Citrate Malate) 1tab once daily x 2 months

Tab. Uprise D3 60K once a week x 8 weeks

Tab. Limcee 500 mg once daily for 1 month

Cap. Zincovit 1cap once daily for 1 month

Tab. Tramadol 1tab SOS for pain

Tab. Deriphyllin R 150mg 1tab thrice a day

Forglyn Respicap with rotahaler thrice a day

Physiotherapy as advised

2. DIETARY ADVICE:

Normal diet

3. FOLLOW-UP ADVICE:

Review with Dr. P. P. Kotwal in OPD after 3 weeks with prior appointment.



PUSHPAWATI SINGHANIA HOSPITAL & RESEARCH INSTITUTE

Press Enclave Marg, Sheikh Sarai -II, New Delhi-110017,

Phone : 011-30611700, 30611900 Fax : 011-29250548

Name : Mr. ARVIND MISRA

Age/Gender : 45 Yrs/Male

The care plan and the instructions have been discussed and explained to me / my attendant in the language that I / he or she understands.

I have been advised to carry OPD prescription, reports, discharge summary and advised diet chart with me on my next follow-up visit to the hospital

In case of any Medical Emergency like: High grade fever, breathlessness, chest pain, persistent vomiting, severe headache, severe abdominal pain, bleeding from any site, severe allergic reaction, soakage from the operative wound in case you have undergone an operation or for any other complaint that you think needs urgent medical attention please contact PSRI Hospital at 30611700 / 30611900 / 30611999.

Dr. Binay

Prof. (Dr.) P. P. Kotwal

(Attending Consultant, Ortho Surgery)

(Chairman, Institute of Orthopaedics
& Joint Replacement)

Undertaking:

I have been explained and have understood the discharge instructions and treatment being advised to me in the language that I understand.

Patient's Signature Patient Attendant's Signature

Name and Relation to the patient.....

Date..... Time.....

Dr P P KOTWAL

31/07/2022 Pt copy

IP No: 21/132705 UHID: 351811
Name : Mr. ARVIND MISRA
Age/Sex : 45 Y/M Bed: 561
Ward : B-Block-FIFTH FLOOR
DOA/Category : 30/07/2021--18:14 / SELF PAY
Dr P P KOTWAL / ORTHO

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Surgery Name - (RP) wrist Arthrodesis

Access Hospital Supply (I.N. 14236)

- > 8 Hole wrist fusion plate 04.110.150 — (01)
- > 2.7 mm Locking screw 14 — (02)
16 — (01)
- > 3-5 mm Locking screw 16 — (02)
- > 3-5 mm Cortical screw 16 — (01)

P. Kotwal
31.7.2021



For Health Checkups Please Contact - 9891483053

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CIN : U85199DL1999PTC101010

Visit No.	: 052108020014	UID No.	: 1073161
Patient Name	: Mr. ARVIND MISRA	Reg. Date	: 02/Aug/2021 10:25 AM
Age/Sex	: 45 YRS / Male	Report Date	: 02/Aug/2021 11:44AM
Referred By	: Dr. P.P. KOTWAL	Print Date	: 02/Aug/2021 11:45 AM
IPD/OPD No	: IPD-351811		

X-RAY CHEST PA VIEW

Small fibrotic infiltrates are seen in right lower zone paracardiac region. Rest of the visualized lung parenchyma does not show any obvious abnormality.

Both CP angles appear clear.

Cardiac silhouette appears unremarkable.

X-RAY RIGHT WRIST PA - LAT VIEWS

Plate fixation done across the wrist joint. Position as shown.

Rest of the visualized bones and joints otherwise are unremarkable.

Please correlate clinically.

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- **Dr. Pravin Vaze**
- Sr. Consultant Radiologist
- DMC - 6734
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