



Patient Name: Mr. Rahul Kumar Singh  
 Age / Sex: 31 year(s) 8 month(s) 14 day(s) / Male  
 MaxId: VSLI.180725  
 Doctor Name: Dr. P Kar  
 Speciality: Medical Gastroenterology

Location: Vaishali  
 Date: Monday, September 13, 2021 4:04 PM  
 Invoice No: VACS1765844  
 Referred By: SELF

Allergy: No Known Allergy

**Chief Complaints and History of Present Illness**

pain left side  
ot/pt-39/75, lipid-wnl.b.t-1.2/b.d-0.25, tlc-2.70pc-150, ugie-mild gastritis, fibro-10.9 kpa

**Physical Examination**

o/e- splenomegaly persent

**Investigation Advised**

USG Whole Abdomen ✓

look for gall stones

*ref to DR Parul*

**Procedure/Treatment/Investigation Results/PAC**

UGI Endoscopy Diagnostic (Endoscopy) (Tuesday) 12:30 PM

**Other Procedure**

to rule out portal hypertension, i/v/o splenomegaly

*Endoscopy -> oesophagus 40 green 40 cm  
 NO varices  
 stomach - nod  
 2nd part of duodenum - nod  
 sup Nard shoy*

**Dr. P KAR**  
 MD (Medicine), DNB (Gastroenterology)  
 P.M. FCCP, F.M. FCCS, F.M.  
 Director & Head-Gastroenterology & Hepatology  
 Max Super Speciality Hospital  
 W-3, Sec-1, Vaishali, GZB-201012  
 Regn. No. DMG-180725

Dr. P Kar  
 State Registration No. :34875

*Self Attestation  
 Rahul Kumar Singh*

*Referred to DR Vivek Budra. - Tower I/4 Floor -> for  
 selective laproscopy cholecystectomy.*

- ① RANTAC 300mg  
 200 1 CB OD qm  
 LUYER X2m
- ② lansoprazole cap  
 200 1 cap OD  
 aft lunch X2m
- ③ PANTHON tablet  
 200 1 cap AD  
 sublingual 50mg  
 200 1 cap

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 call: +91-120 4188 000, 4173 000

Crosslay Remedies Limited  
 Regd Office: N-110, Panchsheel Park,  
 New Delhi - 110 017  
 T: +91-70424 0188  
 E: secretarialcr@maxhealthcare.com

Patient Name: Mr. Rahul Kumar Singh  
Age / Sex: 31 year(s) 8 month(s) 14 day(s) /Male  
MaxId: VSLI.180725  
Doctor Name: Dr. Ashok Grover  
Speciality: Internal Medicine

Location: Vaishali  
Date: Monday, September 13, 2021 3:26 PM  
Invoice No: VACS1765668  
Referred By: SELF

Weight: 73 Kg BMI: BP: 100/80 Pulse: 83/min SpO2: 98 %age

Allergy: No Known Allergy

Chief Complaints and History of Present Illness

FUC MILIARY KOCH'S WITH PERICARDIAL EFFUSION  
08/12/20 - NO FRESH COMPLAINTS, CAME FOR FOLLOW UP  
13/9/20 - CAME FOR F/U WITH CHEST CONGESTION

Past History

No significant past history

Clinical Notes / Old Reports

17/2/20: Hb: 12.2 TLC: 3.7 P/C: 50 OT/PT: 42/41 ALK PHOS: 265 LDH: 180 TOT BIL: 0.9 . ALBUMIN: 4.0  
07/12/20 - ALP - 140, TLC - 3.62, PLATLET - 103,0  
09/09/21 - OT/PT 39/75 , FBS 114 , TSH 4.7 , LDH 193 ,

Provisional Diagnosis

MILIARY KOCH'S WITH PERICARDIAL EFFUSION  
ATT STARTED FROM 9 AUG 2019  
ATT STOPPED IN AUGUST 2020

Investigation Advised

IgE (Immunoglobulin-E)  
PFT - Bronchodilator Reversibility (BDR) Only

Medicine Advised

Sno	Medicine	Schedule	Instruction	Route	Days
1	THYRONORM 75MCG TAB (THYROXIN SODIUM 75 MCG)	ONCE IN A DAY	EMPTY STOMACH	ORAL	90
2	MONTAIR - FX TABLET (FEXOFENADINE 120 MG + MONTELUKAST 10 MG)	ONCE IN A NIGHT	AT BEDTIME	ORAL	10

Advice

LIFE STYLE MODIFICATIOB, WEIGHT REDUCTION,  
REVIEW WITH REPORTS AFTER 3 MONTHS

Referral Section

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(CIN: U24239DL2002PLC113719)

Dr. Ashok Grover  
DTCD, MD (Medicine), FIACM, FCNCC  
Sr. Consultant Physician-Dept. of Medicine  
Max Super Speciality Hospital  
W-3, Sec-1, Vaishali, GZB-201012  
Regn. No. DMC : 10300

*Self Attended  
Rahul Kumar Singh*



Patient Name: Mr. Rahul Kumar Singh  
Age / Sex: 31 year(s) 8 month(s) 14 day(s) /Male  
MaxId: VSLI.180725  
Doctor Name: Dr. Ashok Grover  
Speciality Internal MedicineLocation: Vaishali  
Date: Monday, September 13, 2021 3:26 PM  
Invoice No: VACS1765668  
Referred By: SELFLocation:: Vaishali Speciality:: Gastroenterologist Doctor:: P Kar  
Dr. Ashok Grover  
DTCO, MD (Medicine), FIACM, FCNC  
Sr. Consultant Physician-Dept. of Medicine  
Max Super Speciality Hospital  
W-3, Sec-1, Vaishali, GZ  
Regn. No. DMC - 10300  
Dr. Ashok Grover  
State Registration No.: DMC 10300  
DMC 10300*Self Attested  
Rahul Kumar Singh*

Patient Name: Mr. Rahul Kumar Singh	Location: Vaishali
Age / Sex: 31 year(s) 7 month(s) 10 day(s) / Male	Date: Monday, August 9, 2021 4:45 PM
MaxId: VSLI.231821	Invoice No: VACS1713739
Doctor Name: Dr. Sunil Dhar	Referred By: SELF
Speciality: General Surgery	

Allergy: NIL

Chief Complaints and History of Present Illness

FUC OF OPEN VENTRAL HERNIOPLASTY

Past History

pulmonary koch

Physical Examination

WOUNDS HEALING WELL

Provisional Diagnosis

VENTRAL HERNIA( POST OP)(20/07/21)

Medicine Advised

Sno	Medicine	Schedule	Instruction	Route	Days
1	RABLET - D TAB (DOMPERIDONE 30 MG + RABEPRAZOLE 20 MG)	TWICE IN A DAY	BEFORE BREAKFAST AND DINNER	ORAL	5
2	LOOZ 200ML SYRUP* (LACTULOSE 200 ML)	ONCE IN A NIGHT	25 ML BED TIME IN C/O CONSTIPATION	ORAL	5
3	ULTRACET TABLETS(1X15)* (PARACETAMOL 325 MG + TRAMADOL 37.5 MG)	SOS	IN C/O CONSTIPATION	ORAL	5
<del>4</del>	<del>MONOCEF - O 200 MG TABLETS (CEFPODOXIME 200 MG)</del>	<del>ONCE IN A DAY</del>		<del>ORAL</del>	<del>5</del>

ABDOMINAL BINDER

Next Follow Up: 16/08/2021

TAB. ORNOF twice daily  
 o-----o x 5 days  
 Metesyl-P ointment  
 o-----o local  
 applic.  
 a p/a -

Dr. Sunil Dhar  
 MBBS, MS  
 Associate Director & unit head  
 Dept. of General, Minimal Access, Sunil Dhar  
 Metabolic & Bariatric Surgery, No. : 1687  
 Max Super Speciality Hospital  
 W-3, Sec-1, Vaishali, GZB-201012  
 Regn. No. DMC-16867

Self Attested  
 Rahul Kumar Singh



**DEPARTMENT OF GENERAL SURGERY**  
**DISCHARGE SUMMARY**

IP NO	156905	REGISTRATION NO	VSLI.231821
PATIENT NAME	Mr. RAHUL KUMAR SINGH	AGE/SEX	31 Year(s) /Male
ADMISSION DATE	20-07-2021 08:24 AM	DISCHARGE DATE	22-07-2021
COMPANY NAME	CASH		
BED NO.	VSH-SG-3111		
PRIMARY CONSULTANT	Dr. Sunil Dhar (General Surgeon.)		
ANAESTHESIOLOGIST	General Anesthesia Pool VSH		
SURGEON	Sunil Dhar	ASST.SURGEON	Amit Sharma.

**DISCHARGE TYPE:- NORMAL.**

**DIAGNOSIS:**

Ventral Hernia

**CHIEF COMPLAINTS:-**

Swelling anterior abdominal wall

**PRESENTING COMPLAINTS:**

Patient, a 31 year old male, was admitted with complaints of swelling anterior abdominal wall.

**PAST HISTORY:**

Operated previously for ventral hernia and right inguinal hernia  
Hypothyroidism  
Pulmonary TB

**GENERAL PHYSICAL & SYSTEMIC EXAMINATION:**

Conscious, Oriented, Afebrile  
Pulse 84/min, Blood pressure-120/80 mmHg  
No pallor, icterus, clubbing, pedal edema, cyanosis  
Chest-bilateral air entry normal, No added sound  
CVS-S1 S2 normal  
P/A- Soft, non distended, supraumbilical hernia (+), Tenderness (+).

**PROCEDURES/TREATMENT AND COURSE DURING HOSPITALIZATION:**

Procedure:- Open Ventral Mesh Hernioplasty done under GA on 20.07.2021

**Findings:-**

Supraumbilical defects containing omentum as content

*Self Attested  
Rahul Kumar Singh*

Patient tolerated the procedure well. Post-operative period was uneventful. On POD 1 patient developed pain abdomen which was managed conservatively. Now on POD 2 is being discharge in stable condition with following advice with drain in situ.

**CONDITION AT DISCHARGE:**

Stable with drain in situ

**ADVICE ON DISCHARGE:**

Tab. Zocel CV 1 tab twice a day for 5 days.

Tab. Metrogl 400mg 1 tab thrice a day for 5 days

Tab. Pan D 1 tab once a day for 5 days, empty stomach

Tab. Chymoral AP 1 tab twice a day for 5 days after food

• Tab. Ultracet 1 tab SOS (for pain)

Cap. Zevit 1 cap once a day for 5 days.

• Syp. Looz 20ml at bed time for constipation for 5 days

To continue all other supportive treatment as before

**Nutrition Advice:**

Soft diet for 2 days followed by normal diet

Ensure adequate dietary fibers & oral fluids.

**Rehab / Prevention / Any other Advice:**

Ambulate and deep breathing exercises

Keep surgical site clean and dry

Do not lift heavy weight for next 3 months.

Avoid persistent coughing and constipation

In case of vomiting / local bleeding / increasing pain / fever / distension of abdomen please contact emergency

**Follow up Advice:**

**Follow up with Dr. Sunil Dhar in General surgery OPD on Tuesday (27.7.2021) in room no 175.**

Take prior appointment before coming to the hospital. Appointment desk contact numbers are 0120 4188000 and 4173000.

**IN CASE OF EMERGENCY:-**

In case of any emergency or if you observe any of the following symptoms breathlessness / increased pain / fever / vomiting / nausea or any other complaints please report to Hospital Emergency immediately.

You can call the Emergency at 0120-4173000 and Ambulance at 011-40554055

For booking the OPD appointment, you can call at 0120-4173-000, 0120-4188-000

**In case of require sample collection, Physiotherapy, Medicine Delivery, Nursing care, GDA or any assistance at home, please contact : 011- 47326969, +91-9999777754.**

Summary prepared by: Dr. Himanshu Gupta

Summary transcribed by: vikas



*Self Attested  
Rahul Kumar Singh*

**DR. SUNIL DHAR**  
Head & Associate Director  
Senior Consultant  
Deptt. of General & Minimal Access  
Minimal Access Surgery  
Max Vaishali

*Dr. Sunil Dhar*  
MBBS, MS  
Associate Director & Unit head  
Deptt. of General, Minimal Access,  
Metabolic & Bariatric Surgery  
Super Speciality Hospital  
W-3, Sec-1, Vaishali, GZB-201012  
Regn. No. DMC-16867

**DR. AJAY JAIN**  
Associate Director and Senior Consultant  
Deptt. of General &  
Minimal Access Surgery

**DR. ABHISHEK GOYAL**  
Consultant  
Deptt. of General &  
Minimal Access Surgery

**DR. AMIT SHARMA**  
Consultant  
Deptt. of General &  
Minimal Access Surgery

**DISCHARGE STATEMENT**

I have received and reviewed my discharge summary with investigation reports. I have also understood about safety measures, details of my /Patients Medication (correct dose, frequency & drug interactions) and Immunisation need (if applicable).  
I have been explained the above mentioned points in the language I understand.

Patient/Attendant Sign & Name: \_\_\_\_\_ Relation \_\_\_\_\_

Nurses Sign (With Name, Date & Time) \_\_\_\_\_



*Self Attested  
Rohit Kumar Singh*

Patient Name: Mr. Rahul Singh  
 Age / Sex: 31 year(s) 1 month(s) 24 day(s) / Male  
 MaxId: VSLI.231821  
 Doctor Name: Dr. Subhashish Mazumder  
 Speciality: Medical Gastroenterology

 Location: Vaishali  
 Date: Thursday, February 25, 2021 3:36 PM  
 Invoice No: VACS1508792  
 Referred By: SELF

**Allergy:** No Known Allergy

**Chief Complaints and History of Present Illness**

 FUC OF PTB-ATT COMPLETED  
 GI ISSUE-FATTY LIVER,CHOLELITIASIS,HEPATOMEGALY,SUPRAUMBILICAL HERNIA  
 B--,C-  
 NOW USG-HEPATOMEGALY,FATTY LIVER,SPLEENOMEGALY,CHOLELITHIASIS,UMBILICAL hernia

 H → cm  
 -100  
 (S7)

**Clinical Notes / Old Reports**

Lft-ot/pt- 45/64,alb-4.3,kft-n,fibrosan-10.9

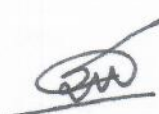
**Investigation Advised**

 Glycosylated Haemoglobin (HbA1C),EDTA  
 Thyroid Profile\*,Serum  
 ANA (Anti Nuclear Antibody) Immunofluorescence

**Medicine Advised**

Sno	Medicine	Schedule	Instru ction	Route	Days
1	EVION 400 MG CAPSULES (VITAMIN E 400 MG)	ONCE IN A DAY	I	ORAL	60
2	UDILIV 300 MG TABLETS(1X15)* (URSODEOXYCHOLICACID 300 MG)	TWICE IN A DAY		ORAL	60
3	MAXNURON-FD TABLET (L-CARNITINE 500 MG + METHYLCOBALAMIN 1500 MCG + VITAMIN E 400 MG)	ONCE IN A DAY		ORAL	60

WEIGHT LOSS AND DIETARY COUNSELLING

  
 Dr. Subhashish Mazumder  
 State Registration No. :DMC - 24195

 Self Attested  
 Rahul Kumar Singh



Patient Name: Mr. Rahul Kumar Singh	Location: Vaishali
Age / Sex: 30 year(s) 11 month(s) 8 day(s) /Male	Date: Tuesday, December 8, 2020 3:03 PM
MaxId: VSLI.180725	Invoice No: VACS1442232
Doctor Name: Dr. Ashok Grover	Referred By: SELF
Speciality: Internal Medicine	

Weight: 77 Kg BMI: BP: 110/80 Pulse: 100/min SpO2: 98 %age

**Allergy:** No Known Allergy

**Chief Complaints and History of Present Illness**

FUC MILIARY KOCH'S WITH PERICARDIAL EFFUSION  
 08/12/20 - NO FRESH COMPLAINTS, CAME FOR FOLLOW UP

**Past History**

No significant past history

**Clinical Notes / Old Reports**

17/2/20: Hb: 12.2 TLC: 3.7 P/C: 50 OT/PT: 42/41 ALK PHOS: 265 LDH: 180 TOT BIL: 0.9 ALBUMIN: 4.0  
 07/12/20 - ALP - 140, TLC - 3.62, PLATLET - 103,

**Provisional Diagnosis**

MILIARY KOCH'S WITH PERICARDIAL EFFUSION  
 ATT STARTED FROM 9 AUG 2019  
 ATT STOPPED IN AUGUST 2020

**Investigation Advised**

CBC (Complete Blood Count), EDTA  
 Liver Function Test Profile, Serum  
 Blood Sugar 2 Hr. PP, Fluoride Plasma  
 Blood Sugar Fasting, Fluoride Plasma

**Medicine Advised**

Sno	Medicine	Schedule	Instruction	Route	Days
1	DEPURA 60K SOLUTION (VITAMIN D3 60000 I.U)	ONCE A MONTH		ORAL	3
2	THYRONORM 75MCG TAB (THYROXIN SODIUM 75 MCG)	ONCE IN A DAY	EMPTY STOMACH	ORAL	90
3	ME 12 OD TABLET(1X15)* (FOLIC ACID 5 MG + MECOBALAMIN 1.5 MG + PYRIDOXINE (VITB6) 20 MG)	ONCE IN A DAY	AFTER LUNCH	ORAL	90

**Advice**

LIFE STYLE MODIFICATION, WEIGHT REDUCTION,

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(CIN: U24239DL2002PLC113719)

*Self Attested  
 Rahul Kumar Singh*



H-2010-0058  
 Oct 29, 19 - Oct 29, 22  
 Since Oct 29, 2010

Patient Name: Mr. Rahul Kumar Singh  
 Age / Sex: 30 year(s) 11 month(s) 8 day(s) / Male  
 MaxId: VSLI.180725  
 Doctor Name: Dr. Ashok Grover  
 Speciality: Internal Medicine

Location: Vaishali  
 Date: Tuesday, December 8, 2020 3:03 PM  
 Invoice No: VACS1442232  
 Referred By: SELF

REVIEW WITH REPORTS AFTER 3 MONTHS

*Self Attended  
 Rahul Kumar Singh*

*Dr. Ashok Grover*  
 Dr. Ashok Grover  
 State Registration No: DMC 10300  
 Max Super Speciality Hospital  
 W-3, Sec-1, Vaishali, Gurgaon  
 Regn. No. DMC - 10300

DATE	ROUTE	INTERVAL	SCHEDULE	PREPARATION
08/12/20	ORAL	ONCE A MONTH	ONCE A MONTH	DEBARA BOK SOLUTION (TYTASH BY BOK 10)
08/12/20	ORAL	ONCE IN A DAY	ONCE IN A DAY	TYTASHORAL 1000 MG (TYTASHORAL 1000)
08/12/20	ORAL	ONCE IN A DAY	ONCE IN A DAY	DEBARA BOK SOLUTION (TYTASH BY BOK 10)

*Self Attended  
 Rahul Kumar Singh*

