

# Dr. Prof. Rohini Handa

MD, DNB, FAMS, FICP, FACR, FRCP (Glasgow)

(1)

Formerly, Professor of Medicine, All India Institute of Medical Sciences, New Delhi  
President, Asia Pacific League of Associations for Rheumatology 2010-2012  
Chair, International League of Associations for Rheumatology 2012  
President, Indian Rheumatology Association 2009-2011  
President, Delhi Rheumatology Association 2010-2012

Senior Consultant Rheumatologist  
Sri Praprashta Apollo Hospitals  
New Delhi  
Vice Dean, Indian College of Physicians

Mrs Rojini Nigam 29 F.

18/12/13

Δ seropositive RA.

L

1. Tab. FOLITRAX  
15 mg once a week

सप्ताह में  
एक बार  
(सोमवार)

2. Tab. Livogen-2  
as bid

• एक बार

3. Tab. amoxicillin 500 OD

• एक बार

4. Tab. Nucorin - bid as of

दो

5. CALCIPROL sachet  
once a week x 12

एक बार  
सप्ताह में एक बार

Review  
3 weeks

HB, TLC, DLC, ESR  
SGPT, S. creatinine

3 महीने बाद

Dr. R. Handa

12/8/2013.

M<sub>4</sub> Rajni Nigal

28 F

HT °

JM °

Hypof<sup>o</sup>

mitochondr.

IT party 2 years.

small & large is stacked.

le of shalbee movement  
restricted.

Some 818 is show  
grains.

By Kras register mild  
Sguy - e.

NA true 16-32 (<8)

MLL

S21 42

To be stored

MTX. → 3 months  
before prepary.

SJC 3/28

TJC 4/28

CE 28 - NA.

S52

Subal

advised.

21/21

① Anti-CCP antibodies — || negative

② TSH. — 1.710

benicla  
2 bad  
siders  
axis  
MTX.  
Sings  
Horse.

AF 35.7 (<14)

1 + 85 + 10

✓ TJC.  
✓ MTX.  
✓ Let. ✓ 8/28  
✓ S2.  
60-67.

du wit  
Kaly  
887

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President, Delhi Rheumatology Association 2010-2012

11/2013

Dr. Rohini Handa 30F

RA seropositive (ACPA negative)

66H  
Shakti nasent  
nasol.  
7e  
see 870 at 8/12/13  
SJC 2/20  
TJC 9/13

Tuesday

1. Tab. Folitax  
15mg once a week
2. Tab. Folite  
5mg once a week  
Wednesday
3. Tab. amoxicillin  
5mg OD x 1 week  
2-5mg OD
4. Tab. Nucosis - see DIS

	Jan 2014
Hb 12.6	12.3
TC 1700	8900
ESR 20/13	64/20
SHT 10	25
SSHT 44	16
Ssed 0.8	

Review 3 weeks

Hb, TJC, DLE, ESR  
SSHT

Rheumatoid factor  
25.7 (<14) LN

1/2/2014,

Wanted like to  
conceive.

Tab FOLITRAX.

Tab SSR.

5mg / 1/2

Tab SAAZ-DS  
1 Tab 8)

2. Tab. amoxicillin

2.5mg  $\times$   
2 months

Tab SS 2.5mg a alternate day

3. Tab Nucorox 1  
as hr.

Hb, TLC, DLC, ESR  
SCRT.

29/5/2014.

Has deferred plans to  
conceive.

Tab RTX.

Hb 12-10  
TLC 5740  
R65L35T4+1  
SA 20

SCRT 18

2 months  
med.rol = 4mg. [ 15 = I  
15 1/2

1. Tab FOLITRAX

15mg / week

2. Tab FOLVITE

5mg a week by

3. Tab. Coltea - 150mg  
a day

4. Nucoroxia - 100mg

27 Feb 15  
10:15 AM

3.

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Mrs. Rajni Nigam 30 F.

22/10/2014

1. RA diagnosed  
ACRA negative

see. jt tender  
SJC 1/28  
TJC 2/28.

	Feb 2015
HB 11.2	10.7
TC 6200	6410
R/S L 24/12	160/34/138
Ser 40	36
Ser PT 28	11
Ser creat	0.7

1. Tab. FOLITRAX  
15mg once a week
2. Tab. FOLVITE 5mg on the week day
3. Oxalgin vaginal solution
4. Tab. Nucosis - 1 on day

CBC, ESR  
SPT  
S. creatinine

L. Handa.

27/2/2015

75 guscat.

SJC 1/2

TJC 1/2

Wald lebe to  
Cucave

Top Foliox

Wait for  
3 results

bring 4 results

↓

1. Tab. HCPS 200 mg (D)

2. Tab. Sazg-DS 1700 (D)

3. Tab. Nucorix  
↓ ↓ are dsf  
Vovecan 50 mg ds.

Al Kando.

CAC, ESL  
SST, Sireobine

29/7/15

75 guscat

TJC 1/2

SJC 9/2

HL 16.9 | Sireob 0.87  
SL 17 | SST 13

↓ 1. Tab. HCPS 200 mg (D)

2. Tab. Sazg-DS 1700 (D)

3. Tab. Vovecan 50 mg ds.

4. Tab. Macalix  
520 mg (D) X 1 month

Al Kando

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President, Delhi Rheumatology Association 2010-2012

Mrs. Rajni Nagre 30 F

3/11/2015

Δ RA seropositive  
ANA negative

2-3 H day

TJC 3/24  
SJC 0/2

1 frequent

Hb 10.1  
TC 5800  
P 70 L26 P30  
EHL 45

SSPT 16  
Ssed 0.93

1. Tab. HCPS 200 mg OD
2. Tab. Saaz-DS 17-b BD
3. Tab. Livogen-2 no bid
4. Tab. Dlg-600 mg ds. 15

Rheumatoid factor  
Hb, TC, DLC, EHL  
SSPT.

above medicines on  
calorie saving program

Consultation only by appointment

Dr. F. J. P. H. H. H. H.

Dr. F. J. P. H. H. H. H.



Dr. F. J. P. H. H. H. H.



~~9/12/16~~  
~~9/15~~

1/12/16  
4:45-PM

**Dr. Prof. Rohini Handa**

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5

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Mrs. Rojini Vojel

32 F.

22/8/2016

Delivered  
2 mths ago  
very pain

7c  
several fx  
Sho joints

SJC 4/28  
TJC 4/4

Has stopped walking  
Crippled.

Hb 11.5  
Sx 51.  
Tc 6100  
86/38/63

Sx 26  
S-rest 0.92

RM

1 RA

seropositive  
ACPA negative  
breast feeding

✓ 1 TB HICPS  
200 mg OD

✓ 2 TB SAA 2 - DS  
17c 80

3 TB amoxicillin  
500 mg OD x 20 days  
250 mg OD x 20 days  
250 mg amlt 2x x 20 days  
deastop

4. TB. Nicosin  
ne DS

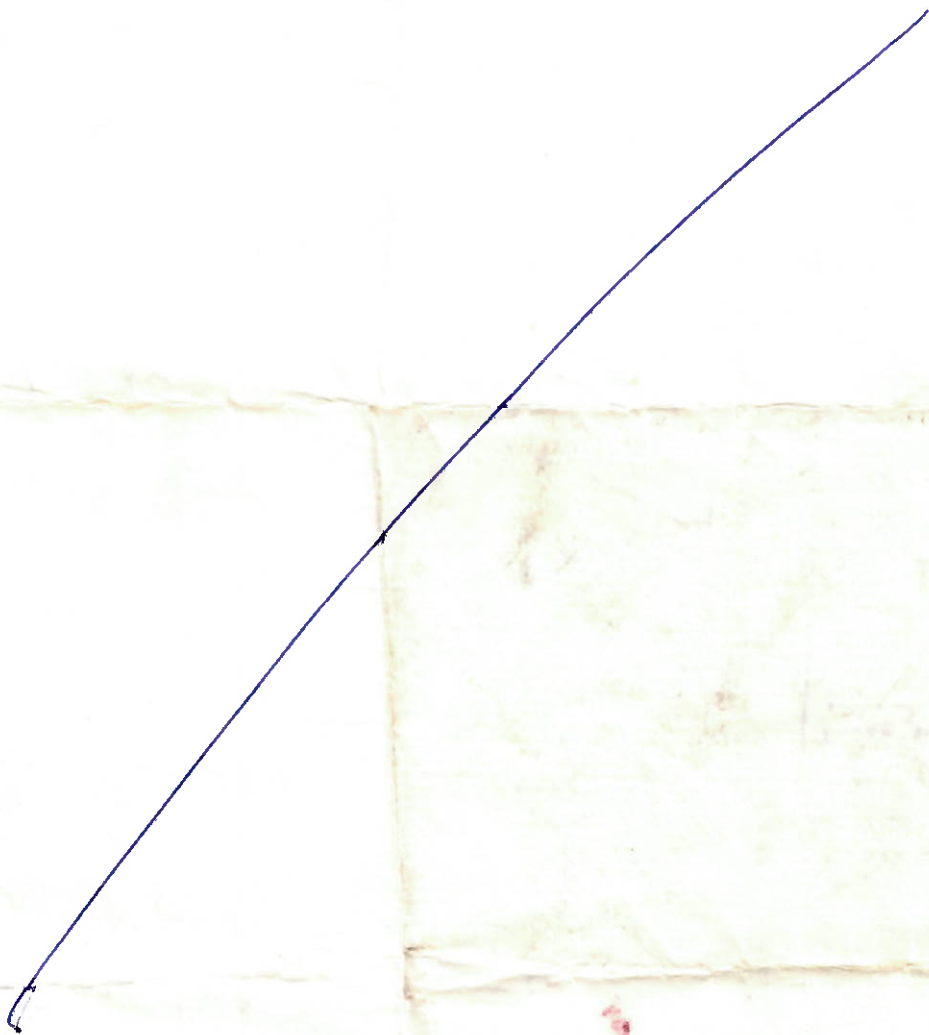
Consultation only by appointment

R Handa

Z-6, Lower Ground Floor, Hauz Khas, New Delhi - 110016 | E-mail: rohinihanda@hotmail.com | Tel: 011-4265 7600

CBC, ESR, SxPT, S-creatinine

Dr. Paul Robert Hantz



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7 Dec  
2016

Mrs Rajni Nagal 32 F

RA      Rheopantec / ~~AKA~~ negative

Smear show  
spurs

SJK 4/28  
TJC 4/28

Hb	12.2	11.5
TLC	5700	6100
ESR	21	51
SAA	19	22
S. creat	1.10	0.51

- 1. TB. HCES 2004
- 2. TB SAA2 - DS 17e 20
- 3. TB Necrosis of SS

After heart feeding days

CBC, ESR  
SAA  
S. creat here

SAT.

SUNDAY.

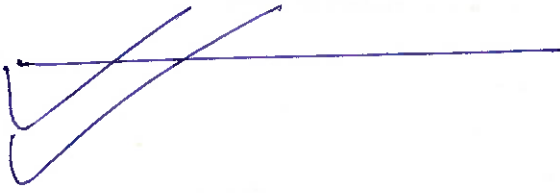
Tab FOLITRAX  
15mg once a week  
Tab Folate 5mg a weekly.

L. Handa

Consultation only by appointment

Li. Ironated

80mg 3/4M once a week x 4 weeks  
stop after 4 wks.



h

3/5/2017

no pain

TJC 2/4

SK 2/4

1. TB. HCS 200mg OD.

2. TB Folicax 15mg / week

3. TB Folicite 5mg / week

4. TB Neocox 1 mg bid.

h

CBC, ESR

SSAT.

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7

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Mrs. Rajni Nagoe

32 F

29/9/17

△ RA

seropositive  
ACPA negative

some lumps  
in joints.

SJC 4/28  
TJC 4/24

KG 11.1.  
TC 8400.  
BSL 24 Mo.

SH 53

SCH 50

SCH 0.82

1. TB. HICES  
200 mg qd

2. TB. FOLITRAX  
20 mg once a week

3. TB Folate 5mg a week by

4. TB Nexavis  
as per  
PAIN

CBC ESR  
SCH  
S. reactant

Handwritten signature

Consultation only by appointment

21/7/18

~~LA 7/8~~

Some of show  
dellj.

SC 2/4

TK 1/4

HC 10.5

TK 8100

14L3720

SM 39.

SR 13

5.24 092

X  
4 units.

ABC, EBK  
5.24, 5.25  
TSM.

1

1. Tab. HCO5  
200g 9)

2. Tab. Folitrex  
200g 200 = week

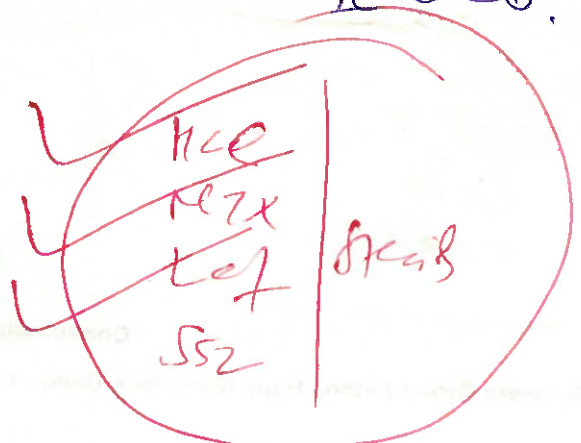
3. Tab. Folate 5mg 200g

4. Calcitriol 5mcg  
200 = week X 12 weeks

5. Tab. Nurokind-LC  
200g X 2 weeks

6. Tab. Nurokind-LC  
200g

Line  
1 Herb.



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Senior Consultant Rheumatologist  
Indraprastha Apollo Hospitals  
New Delhi  
Honorary Consultant Rheumatology  
Armed Forces Medical Services

Dean Indian College of Physicians 2017  
Formerly, Professor of Medicine, All India Institute of Medical Sciences, New Delhi  
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President, Indian Rheumatology Association 2009-2011  
President, Delhi Rheumatology Association 2010-2012

MMS Rohini Handa 35 F

20/2/19.

1 RA Seropositive  
AKA negative

RA = 10 yrs.

several joints swollen

SJC 3/4

TJC 4/4

1 ✓ 1. TB. HCES 200g OD

2 ✓ 2 TB. Lefno 20g OD

3 ✓ 3. TB. Folitrex 20g once week

4 ✓ 4. TB. Folate 5mg once daily

5. TB. Nucaxis 1/2 ac ds

MS 98  
SH 48  
TC 710  
PCTLD 345

SLN 3)  
S-rest 0-86

~~4 months~~

TB. amoxicillin 500 OD x 10 days  
2:500 OD x 10 days  
the stop

CAC EM  
SS07, SS07  
S. creatinine

1 month

Consultation only by appointment

24/8/2019

Sweet's Show

Ints.

SK 3/48

TK 2/2

TK 101

TK 550

Qd 15

S. cost 0.77

OTM 38/67

X 162 black black

eye / 754

Let save @.

---

CAC, EdH

SSPT

S. crestline

754

FBS.

---

X

4 not

\_\_\_\_\_

1 1/2

---



Quondam Professor of Medicine  
All India Institute of Medical Sciences, New Delhi

Dean  
Indian College of Physicians (2017)

Chair  
International League of Associations for Rheumatology (2012)

President  
Asia Pacific League of Associations for Rheumatology (2010-2012)  
Indian Rheumatology Association (2009-2011)  
Delhi Rheumatology Association (2010-2012)

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MD, DNB, FAMS, FICP, FACR, FRCP (Glasgow)  
Senior Consultant Rheumatologist  
Indraprastha Apollo Hospitals,  
New Delhi, India

MUS. RAJANI NASAR. 25 F.

30/6/2022

FF

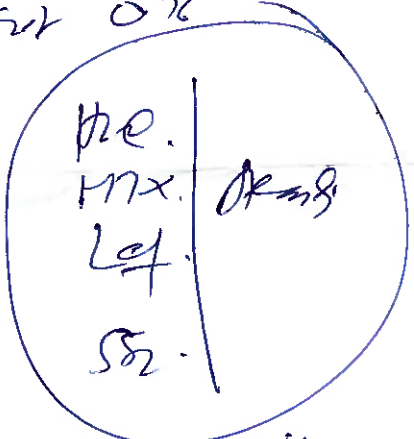
1 RA

Seropositive  
RAA negative

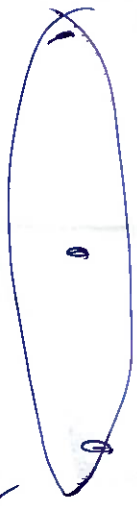
RA = 1375.

Some of show  
Sjogrens  
SS7  
SJK 4/24  
TK 2/24

HL 8.9  
TK 5.0  
SA 53  
SLA 29  
SRT 0.76



1. TB. HCES 200 mg
2. TB. Lefno 200 mg
3. TB. Livogen-2 as per
4. TB. FOLITRAX. 200 mg 20 mg 20 mg weekly
5. TB. Zevold - as per



Referral is pending.

Referral to AIIMS.  
Rheumatology Dept.

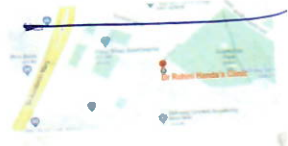
CHK EHA.  
SSO, SLA  
S. Crestine

Clinic  
Z-6, Lower Ground Floor  
Hauz Khas, New Delhi - 110016

Contact (Clinic)  
91-11-42657606  
rohinihanda@hotmail.com

Contact (Apollo Hospital)  
+91-9971776089  
+91-11-71791010

CONSULTATION ONLY BY APPOINTMENT





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New Delhi, India

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All India Institute of Medical Sciences, New Delhi

**Dean**  
Indian College of Physicians (2017)

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International League of Associations for Rheumatology (2012)

**President**  
Asia Pacific League of Associations for Rheumatology (2010-2012)  
Indian Rheumatology Association (2009-2011)  
Delhi Rheumatology Association (2010-2012)

MRS. RAJANI BHATI  
(NARAI)

55 F

30/6/2022

Ref to AIIMS Rheumatology  
Dept.

*R Handa*

DR. PROF. R. HANDA  
MD, DNB FAMS, FICP,  
FACR, FRCP, (Glasgow)  
Senior Consultant Rheumatologist  
DMC Regn. : 7421  
APOLLO HOSPITAL, NEW DELHI



Clinic

Z-6, Lower Ground Floor  
Hauz Khas, New Delhi - 110016



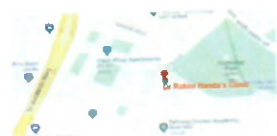
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rohinihanda@hotmail.com



Contact (Apollo Hospital)

+91-9971776089  
+91-11-71791010



CONSULTATION ONLY BY APPOINTMENT



**विकिरण नैदानिक विभाग**  
अ० भा० आ० सं०, नई दिल्ली-११००२६  
**DEPARTMENT OF RADIODIAGNOSIS**  
A.I.I.M.S., NEW DELHI - 110029

**PLAIN X-RAY/CONTRAST STUDIES REQUISITION FORM**

Name : Rajini Shukla Age/Sex : \_\_\_\_\_ Ref. Deptt./Unit : Ortho Date : 23/08/22

Indoor (Bed No.) / Outdoor / Casualty \_\_\_\_\_ UHID No. : \_\_\_\_\_ LMP : \_\_\_\_\_


**Examination Required :** 106166733

Clinical History and Examination :

X BIL knee < AP  
L  
X Pelvis & BIL hips AP  
X BIL hands < AP  
221

**Clinical / Working Diagnosis :**

Blood Urea / S. Creatinine : \_\_\_\_\_  
Any h / o allergy or asthma : RA  
(for IVU patients only) :

Signature of Referring Physician / Date : \_\_\_\_\_  


**Consent :**

I hereby give consent for the performance of any diagnostic or therapeutic radiological procedure with or without the use of contrast injection and / or sedation. The associated complications and risks have been explained to me.

Signature of Patient / Date : \_\_\_\_\_

Your appointment is on : \_\_\_\_\_ Room No. : \_\_\_\_\_

Time Slot : 8:30    9:00    9:30    10:00    10:30    11:00    11:30    12:00    12:30

X- Ray No. : \_\_\_\_\_ Size / No. of Films \_\_\_\_\_

Date : \_\_\_\_\_ Kvp/mAS: \_\_\_\_\_

Sign. of Radiographer : \_\_\_\_\_

P.T.O.

**Report :**

**Sign. of Radiologist / Date :**



अ० भा० आ० सं० अस्पताल / A.I.I.M.S. HOSPITAL  
बहिरंग रोगी विभाग / Out Patient Department



अस्पताल के अन्दर धूम्रपान मना है। / SMOKING IS PROHIBITED IN HOSPITAL PREMISES

शरीरमापन खलु धर्मर

कक्षा / Room

OPR-6

Rheumatology

UNID: 106218103  
Dept No: 20220760303682

एकक / Unit  
विभाग / Dept.

**B-511**  
Unit Rheumatology  
RHEUMATOLOGY OPD  
Queue No: N15

क्रमांक सं० / O.P.D. Regn. No.

न

रजनी नागर  
RAJNI NAGAR  
39Y MD / FJ  
W/O JANEER SINGH

06/09/2022

मंगल, शुक्र

Addr: VILL. DUJANA DACR. GAUTAM  
BUDDHA NAGAR, UTTAR PRADESH Pin 0  
INDIA  
Mob: 9017749042 New Patient General ₹ 10 Reporting: 10.00 AM-10.30 AM



पता / Address

39 / F

निदान / Diagnosis

दिनांक / Date	उपचार / Treatment
no comorbidities	<p>Polyarthritis x 10 mg</p> <ul style="list-style-type: none"> <li>small &amp; large joints               <ul style="list-style-type: none"> <li>UL b/L PIPs, MCPs, wrist</li> <li>ankles, elbow, shoulders</li> <li>LL b/L knees, ankles</li> </ul> </li> <li>EMS (+) ~ 30 min</li> <li>no w/o fever, wt loss, appetite loss.</li> </ul> <p>no w/o fever, rashes, eye pain, blurring of vision, dryness of eyes, mouth, oral/genital ulcers, parotid swelling, SOB, chest pain, pain abdomen, loose stools, dysuria, photosensitivity, Raynaud's phenomenon.</p> <p>SJC: 1/28 EMS (+) TJC: 3/28 Rt PIP</p>



CLEAN AND GREEN AIIMS / एम्स का यही संकल्प, स्वच्छता से काया कल्प  
अंगदान-जीवन का बहुमूल्य उपहार / ORGAN DONATION - A GIFT OF LIFE  
O.R.B.O., AIIMS, 26588360, 26593444, www.orbo.org Helpline - 1060 (24 hrs service)




on MTX \*5mg x 9 years (diagnosed RA)  
8 yrs ago

maintaining well on her current treatment  
family complete.

Advice

- ① 7. Folic acid 15mg once weekly  
(Sunday)
  - ② 7. Folvite 5mg twice weekly  
(Monday, Thursday)
  - ③ 7. HCO<sub>3</sub> 300mg OD HS
  - ④ 7. Calcein-D 300mg OD (with milk,  
meals)
  - ⑤ 7. Ufra 20mg OD
  - ⑥ 7. Livogen-XT OD 1 tab.
  - ⑦ 7. Naproxen 500mg SOS (if pain)
- 
- x 1 month.

F/U in OPD  
I reports CBC  
LFT, KFT, ESR,  
RF, anti CCP Antibody  
HLA B27 by PCR.

  
Dr. DANVEER BHADU, MD, DM  
FRC-ARND/Associate Professor  
Department of Rheumatology  
All India Institute of Medical Sciences, New Delhi-110029





अ० भा० आ० सं० अस्पताल / A.I.I.M.S. HOSPITAL  
बहिरंग रोगी विभाग / Out Patient Department



अस्पताल के अन्दर धूम्रपान मना है। / SMOKING IS PROHIBITED IN HOSPITAL PREMISES

शरीरमाद्यं खलु धर्मसा

अस्थिरोग विभाग

UHID: 106166733

Dept No: 20220080027099

कमरा / Room

OPR-6

एकक / Unit

विभाग / Dept.

ना

रजनी भाटी

RAJNI BHATI

39Y 4M 3D / F()

W/O JAVEER SINGH NAGAR

Add: DULIANA GAUTAM BUDDHA NAGAR

UTTAR PRADESH Pin 0, INDIA

Mob: 7017748042

New Patient

Genera ₹ 10

Reporting: 10 00

AM-10 30 AM

C-119

Unit-I

Orthopedics

Queue No: N75

13/08/2022

मंगल, शनि

Tue, Sat

कृत सं० / O.P.D. Regn. No.

पता / Address

निदान / Diagnosis

दिनांक / Date

उपचार / Treatment

Rt clw polyarthralgia since 10 yrs

Morning stiffness (+)

no clw deformities

no other comorbidities

on Rx for RA since 10 yrs

O/E

Spine - (+)

neurology BIL UL & LL - WNL.

BIL knu -> no deformities / tenderness  
no firm joints

BIL hips - (+)

rxes

- Rheumatology opinion



Pradhan Mantri Jan Arogya Yojana  
Ayushman Bharat  
PM-JAY  
प्रधानमंत्री जन आरोग्य योजना  
(pmjay.gov.in)

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▷ Bil kurs  $\leq AP$   
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• Tab. Etostine 60mg BD + 5days

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