

PATIENT'S NAME:	MRS. MALTI SINGH	AGE /SEX:	61 YRS/ FEMALE
REF. BY:	SAMRA HOSPITAL	DATE:	18.09.2022
REG. NO.	02220918001406		
PART SCANNED:	MRI CERVICAL SPINE WITH SCREENING OF WHOLE SPINE		

MRI REPORT

Protocol of Sequences: AXIAL : T1 & FSE T2 Wis.; SAGITTAL: T1 & FSE T2 Wis. CORONAL : STIR

Findings:

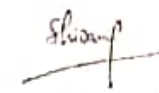
- There is loss of cervical lordosis with multiple level disc dessication and anterior marginal osteophytes involving all cervical levels.
- Diffuse disc bulge with posterocentral disc protrusion are seen involving C3-4, C4-5, C5-6, C6-7 level causing thecal sac indentation. No spinal canal or neural foramina narrowing.
- IV discs are normal in height.
- Spinal cord is normal in contours, size and signal intensity.
- The facet joints are normal.
- Pre and paravertebral soft tissues are normal.
- Cervico-medullary junction and visible posterior fossa structures show no demonstrable abnormality.
- *Screening of rest of the spine reveals multiple anterior marginal osteophytes with multiple level disc dessication and Diffuse disc bulge involving L1-2, L2-3, L3-4, L4-5 & L5-S1 LEVELS causing indentation over anterior thecal sac without spinal canal and neural foramina narrowing.*

IMPRESSION:- MR STUDY REVEALS:

- *Multiple disc bulges with posterocentral disc protrusions involving C3-4, C4-5, C5-6 & C6-7 level causing thecal sac indentation without neural foramina narrowing suggestive of Degenerative changes in cervical spine*

Please correlate clinically.

DR. GUNJAN DAS
MD
RADIODIAGNOSIS


DR. SHIVANG
MD
RADIODIAGNOSIS

Dispatched By: _____

Print Time : 11:22 AM

Clinical Correlation is essential for final diagnosis • If test result are unsatisfactory please contact personally same day

CONTACT FOR COVID-19
RT-PCR TESTING : 73 8888 9813

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Name : Mrs Malti Singh [9415746451]

Age/Gender: 61-Year/F

Date 20/09/2022 18:05:56

PMRN : MED/22-23/13/672

Provisional Diagnosis

- CERVICOBRACHIALGIA LT

Prescription

Sl. Medicine Name	Dosage	When	Duration	Frequency	Instructions
1 PREGABID NT - 75 TABLET	0-0-1/2	After Food	3 Weeks	Daily	TAKE IT AT 8PM
2 VAIO-NURON SOFT GELATIN CAPSULE	1-0-0	Before Food	3 Weeks	Daily	
3 FLUGESIC - P .FLUPIRTINE 100 + PCM 325.	1-1-1	After Food	3 Weeks	Daily	
4 PALMIGES CAPSULE	1-0-1	After Food	3 Weeks	Daily	

Physiotherapy : ULTRASONOTHERAPY TO NECK, IFT, TENS, INTERMITTENT CERVICAL TRACTION, ULTRASONOTHERAPY TO SHOULDER X 20 SITTINGS

Exercises : CERVICAL ISOMETRIC EXERCISE, SHOULDER SHRUGGS, SHOULDER MOBILISATION

Dr Sandeep Garg

M.S.

ORTHOPEDICS SURGEON

6514 : Mrs.Malti Singh (61y, Female) - 9415746451
Date : 14-Oct-2022

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email: drskgarg@rediffmail.com

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Diagnosis: FUC CERVICOBRACHIALGIA

Rx

Medicine	Dosage	Timing - Freq. - Duration
1) TAB. CONVICAL D	1 — 0 — 0	खाने से पहले - रोज - अगली तारीख तक
Composition : CALCIUM CITRATE 1000 MG + MAGNESIUM OXIDE 100 MG + VITAMIN D3 200 IU + ZINC SULPHATE 4 MG		
Timing : 1 TAB - नाश्ते से पहले		
Note: : LIFELONG		
2) CAP. UPRISE D3 60K	1 — 0 — 0 (cap)	नाश्ते से पहले - महीने में एक बार - अगली तारीख तक
Composition : CHOLECALCIFEROL 60000 IU		
Timing : 1 CAP - नाश्ते से पहले		
Note: : LIFELONG		
3) TAB. P1K		जब जरूरत - रोज
Composition : PARACETAMOL 1000 MG		
Note: : FOR PAIN		

निर्धारित परीक्षण : BMD BY DEXA SCAN (HIP & SPINE ONLY)

Diet and Exercise: CERVICAL ISOMETRIC EXERCISE


Dr. Sandeep K. Garg