DR. SUNIL KUMAR

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26/05/22
16th may 22

Chanu Kain
30yrs/F

D? Lower Backache

C/O - lower backache since 3-4 days.
Pain starts from neck
radiating to lower back
tingling sensation (R) lower limb
Pain during movement

BP - 130/70 mmHg
HR 76/min.

NO H/O HTN/T2DM
CAD/COPD.

① Tab. Myospas MR
1 tab. OD x 7 days.
2. Tab. Ranitac 150mg BD
3. Cap Gabapin 100mg OD x 10d
4. Tab Gencal 500mg OD x 10d
5. Tab. Methylcobal 1500 mcg OD x 15d.
6. Cap Uprise D3 60K Omniwamen 13 month
- HNF
- Physiotherapy lower back.
- Complete Bed rest
Review c̄ report on 23/05/22 after one week

CBC
MRI LS.

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