



#### **MEDICAL CERTIFICATE:**

It is Certified that Shri Jaibir Singh aged 71 years r/o. Sarvodya Nagar temporary resident of Judges Colony Flat No. 801, Model town was admitted in Yashoda Hospital ,Ghaziabad & discharged on 21.11.21 The patient was diagnosed with CVA -Right Hempiraresis ,left Temporo Parietal acute infarct ,& right Cerbellar Gliosis besides diabetes ,hypertension and Coronary artery disease The Patient has been & is being treated & managed conservatively at this hospital by multidiscipline experts. The Patient is under my treatment. The illness is Critical and the Patient is bedridden .The improvement is very slow and the Patient requires prolonged medical supervison, care & medication due to serious nature of illness. .

Dated: 16/12/2022

(Dr. Puneet Malik)

M.B.B.S.M.S.(Gold Medialist

MCH-Neurosurgery (PGI-Chandigarh)

Yashoda Hospital, Ghaziabad

Dr. PUNEET MALIK

M.B.B.S., M.S. (Gold Medalist)

H-Neurosurgery (PGI-Chandigarh) Sr. Consultant Neurosurgeon

Brain, Spine And Nerve Specialist

Regd. No. UKMC-9277

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Reg. No. - 42820

#### MD INDIA

Patient Name:- Mr. Jalbir Single Reg. No. :- 42820 DOA :- 21/11/2021	1	Age/Sex IP No DOD	:- 71Yrs/M :- 21/9917 :- 30/11/2021			
Address :- Sarvodya Nagr, Meerut  Consultant: - Dr. Puneet Malik MBBS, MS (Gold medalist), Mch-Neuro Surgery  Dr. Neeraj Agarwal MD, DM Neuro Physician  Dr. Manich Mittal MBBS, DNB Medicine, DNB, Consultant						
Dr. Jalaj Dixit Dr. Yatin Arora	MBBS, MD	Interventiona General Med CTVS	li Cardiology			

#### Diagnosis:

- > CVA RIGHT HEMIPARESIS
- > LEFT TEMPORO PARIETAL ACUTE INFARCT
- > RIGHT CEREBELLAR GLIOSIS
- > DIABETES MELLITUS II
- > HYPERTENSION
- > CORONARY ARTERY DISEASE

Chief Complaints & Brief history of present illness (at the time of admission):

Patient was admitted with complaints of sudden clumpiness noted in right hand at 08:00 pm on 20/11/2021 and found to have high BP  $\sim 240 \text{mmHg}$  systolic then developed right hemiparesis with facial palsy and slurring of speech, deviation of mouth.

# Relevant past medical/ surgical History:

K/C/O diabetes mellitus / hypertension / CAD

## Relevant family history / Allergies (if any):

Not significant

## Physical Examination (at the time of admission):

PR	: 114/min	RR : 16/min
BP	: 180/100 mmHg	SPO2: 96% on RA
Temp	: Afebrile	RBS : 205mg/dl

# Systemic Examination (at the time of admission):

CVS	: S1S2 (tachycardia)	P/A : Soft, BS (+)
Chest	: B/L AE (+)	CNS: E <sub>4</sub> V <sub>2</sub> M <sub>5</sub> – Rt hemiplegia

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Reg. No. - 42820

Treatment given during hospitalization: Patient was admitted under supervision of Neuro surgeon with complaints of sudden clumpiness noted in right hand at 08:00pm on 20/11/2021 and found to have high BP  $\sim$ 240mmHg systolic then developed right hemiparesis with facial palsy and slurring of speech, deviation of mouth. After initial treatment patient was shifted to HDU for further management. Required investigations were done during hospitalization detailed reports attached. Cardiologist opinion was taken for CAD and advice followed. Physiotherpy was done. Prognosis explained to attendants. Physician opinion was taken for DM and HTN. Neuro physician opinion was taken for dull and drowsiness. Carotid doppler showed eccentric plaque extending into left ICA causing 30-50% narrowing hence CTVS opinion was taken. Psychiatric opinion was taken. Holter monitoring was done. CT Angiography Neck was done. MRI Brain was done. CT Angiography was odne which was normal. Patient was treated and managed conservatively. When patient was symptomatically better he was shifted to ward. During hospitalization patient was put on IV Fluid, Inj Kephazone S forte, Inj Pantocid, Inj Emset, Inj Cerebrolysin, Inj Aravon, Tab Ecosprin, Tab Deplatt and other supportive treatment. Today patient is being

# Patient's Condition at the Time of Discharge:

Vitals Stable, Conscious, Oriented, Afebrile.

Treatment advice on discharge:

discharged in stable condition.

Medicines	Mrng	Noon	Evng	Night	Days	Instruction
1. Tab. Furo 500mg (Twice a day)	1	71002		1	5	After food
2. Cap. Pantocid DSR (Once a day)	1				5	Before food

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3. Tab. Telma H 40mg (Twice a day)	1	1	5	After food
4. Tab. Cilacar 10mg (Twice a day)	1	1	5	After food
5. Inj Clexane 0.4ml S/C (Once a day)	1		3	-
6. Tab. Atorva 40mg (Once a day)	1		5	After food
7. Tab. Deplatt A 150/75mg (Once a day)		1	5	After food
8. Tab. Levipil 500mg (Twice a day)	1	1	5	After food
9. Tab. Monotrate 10mg (Twice a day)	1	1	5	After food
10.Tab. Linagliptin 5mg (Once a day)	1		5	After food
11 Tol. Glucomich	11	1	1 M	NE Col

- Domiciliary Care

- Back, bowel and bladder care

#### **Nutritional Advice:-**

DIET AS ADVISED BY DIETICIAN OF YASHODA HOSPITAL COPY HANDED OVER TO PATIENT.

## Follow up plan

Review with

- 1. Dr. Puneet Malik after 5 days in OPD block, Timing 12:30pm to 02:00pm (Sunday Off).
- 2. Dr. Neeraj Aggarwal (Dial code 6032) after 5 days in OPD-2. Timing 11:00am to 01:00pm (Sunday Off)
- 3. Dr. Jalaj Dixit (Dial Code 6068) after 5 days in OPD-1 Timing 10:00am to 02:00pm and evening 04:00pm (Wednesday Off).
- 4. Dr. Manish Mittal after 5 days in OPD (Thursday, Saturday and Sunday)

## When & How to obtain emergency care:

- (1) FEVER.
- (2) GIDDINESS.
- (3) VOMITING.
- (4) EXCESSIVE PAIN
- (5) SEIZURE.
- (6) CHEST PAIN & BREATHLESSNESS

PLEASE CONTACT HOSPITAL NO.: - 0120 - 4182000, Admin No -+919810922042, +919810511756. IN CASE, IF YOU HAVE ANY REACTION/ ALLERGY AFTER TAKING THE ABOVE MEDICINES, KINDLY STOP THE MEDICATION AND CONTACT EMERGENCY NUMBER :- 0120 - 4182000.

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#### DISCHARGE SUMMARY

Reg. No. - 42820

Dr. Puneet Malik

RMO/ Consultant Name & sign.

Patient / attendant's name & sign

FOR REVIEW APPOINTMENTS PLEASE CONTACT: 0120-4182000, 2750001-4 NOTE:

> This is an important document, please keep this for further reference and bring on your next visit.

> All medicines has been explained to patient and attendants in detail (सारी डिसचार्ज की दवाईयाँ मरीज एवंम सम्बन्धियों को सही तरीके से समझा दी गई है।)

> In case of any discrepancy due to machine error or typing error, please get it rectified immediately.

Enclosed by: - Sudhanshu

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