

DR. DEEPAK GUPTA

**Consultant Child and
Adolescent Psychiatrist**

Founder/ Director, Centre for Child
and Adolescent Wellbeing (CCAW)
M.D. (Gold Medalist), D. N. B. Psychiatry
Dip. Child & Adolescent Psychiatry (UK)
Donald Cohen Fellow (ESCAP, Italy)

Formerly Member,

American Academy of Child &
Adolescent Psychiatry (USA)

Fellow, Medical Academy of Pediatric
Special Needs (MAPS, USA)

Founder Member,

Child Mental Health Foundation (CMHF)

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DR. NABANITA SENGUPTA

Clinical Assistant

Child and Adolescent Psychiatrist
MBBS, M.D. Psychiatry (Gold Medalist)
Fellowship in Child & Adolescent Psychiatry

EMDR Therapist

DMC : 82574

M : 8876408124

E : navneeta.sengupta@gmail.com

Name: Shaambhav Pratap Singh

Date: 06-10-2022 06:27 pm

Weight: 42 kg

Age/Sex: 9y 11m 19d / M

Mobile: 7017794140

Office ID: DG8103

Symptoms:

Behaviour concerns
Academic challenges
Rigid behaviour

Diagnosis:

? Asperger features
Learning Difficulties
Adhd features

Medicines:

1. Tablet **Thealife** : 1/2 tablet - Once a day
2. Tablet **Xanfit MD** : 1 tablet - Once a day -
After Food, Afternoon
3. Tablet **Zapmag** : 1 tablet - Once a day -
Bedtime
4. Chewable Tablet **Sharpz** : 1 chewable tablet -
Once a day

Instructions:

- Psychological Assessment: IQ/Conners/CARS HF/SLD
- No refined Sugar, caffeine products, processed, packaged food, refined oils, refined flour and outside food
- Sports/Music/Dance/Drawing/theatre/Puppetry/Story
Telling/Robotics/yoga/Baking/Exercises/walking/Painting/writings/Mandala
art/household chores/gardening/craft work/Gym/computer classes
- Academic Inputs to continue
- TV/video games/laptop/mobile/YouTube/iPad to less than 60 minutes (preferably
interactive/non violent/no cartoons/academic)
- Investigations : lead, ferritin, Zinc, aluminium, total cholesterol level, folic acid,
TFT, 25 OH vit D, vit B12
- Behaviour management
- Occupational therapy/fine motor skills/brain gym
- Review after 2 month

Komal



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Patient app

Dr. Deepak Gupta

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Clinics :

♦ **Sir Ganga Ram Hospital, Rajinder Nagar, New Delhi-110060, G-10, Ground Floor, 4.00 to 8.00 p.m. (Mon., Fri., Sat.)**

♦ **Centre for Child & Adolescent Wellbeing (CCAW)**

Main Centre : R-92, Basement, Greater Kailash Part-I, New Delhi -110048, Ph. 41733342

Other Branches : E-577, Basement, Greater Kailash-II, New Delhi -110048, Ph. 41733343

10 am - 2 pm (Mon., Fri.), 10 am - 7 pm (Tues., Wed., Thurs., Sat.)

For Appointments Call :
10 am - 7 pm
011-41733340, 9953309156

For Treatment Related Queries : WhatsApp/SMS : 9599576115

