

MITTAL

COLOUR DOPPLER ULTRASOUND, MAMMOGRAPHY
ECHOCARDIOGRAPHY, O.P.G., DIGITAL X-RAY SCAN CENTRE

Dr. Sunil K. Mittal

Dr-Ortho. M.D. (Radio-Diagnosis)

Radiologist & Ultrasonologist

A-12, PAWAN PALACE, NEAR TIKARAM MANDIR, SAMAD ROAD, ALIGARH - 202 001

Phones : Clinic - 2508989 • Resl. -2508585

3-7-21

Mrs. Ritu Nagar 39yrs Female

LIVER & GALL BLADDER :

Rt & Lt lobes of liver are normal in size & *increased* in echotexture. No intrahepatic biliary dilatation is seen. Focal lesion is not seen.

Gall Bladder is well distended with empty lumen. Wall thickness is normal. Peri-cholecystic oedema is not seen.

CBD is not dilated. Calculus is not seen.

SPLEEN & PANCREAS :

Are normal in size & homogenous in echotexture.

KIDNEYS & BLADDER :

SIZE

Rt Kidney-- 10.5x3.4x4.4 cm.

Lt Kidney-- 10.9x3.4x4.4 cm.

Echotexture is normal.

Cyst or calculus is not seen. Hydronephrosis is not seen.

Bladder is normal.

RETROPERITONIUM :

Aorta & IVC are normal in caliber.

Lymphadenopathy is not seen.

ABDOMINAL CAVITY :

No obvious lump or free fluid is seen.

FELVIS : (TVS)

Uterus is anteverted & homogenous in echotexture.

Size is 9.8x5.7 cm. Endometrium is 16mm thick.

Lumen is empty.

Fibroid is not seen.

Myometrium shows tiny cystic changes.

Both ovaries are normal in size & homogenous in echotexture.

Cyst or tubo-ovarian mass is not seen.

Pouch of Douglas is free from fluid.

IMPRESSION : *Grade I fatty liver with Bulky uterus with thick endometrium with tiny cystic changes in myometrium. Possibility of adenomyosis may be kept.*

CT & MRI Facility Are Available Here



• COLOUR DOPPLER • 4D ULTRASOUND • ULTRASOUND • MAMMOGRAPHY • ECHO CARDIOGRAPHY • X-RAY

THIS IS A PROFESSIONAL OPINION NOT A DIAGNOSIS. IT NEEDS CLINICAL CORRELATION. REPORT IS NOT VALID FOR MEDICO-LEGAL PURPOSES.

Dr. Jayant Sharma
M.S. Diploma of Urology (London)
Ph.D. (Urology)
Fellow C.G.P.
Fellow A.M.S.
Urologist, Andrologist & Laparoscopist
MCI-37828

Dr. Divya Chaudhary
M.S. (OBG)
Fellow C.G.P.
Fellow A.M.S.
Fertility Specialist, Gynaecologist
Laparoscopist
MCI-37480

Dr. S.P. Motwani
M.D. (MED) PHYSICIAN
MCI-13922

Dr. Amit Agarwal
M.S. MCh. (Burn & Plastic)
MCI-1656

Dr. Pawan Agarwal
DLO (ENT)
MCI-36842

Dr. Anurag Gupta
M.D. (Anaesthesia)
MCI-17456

Dr. Mahesh Srivastava
M.D. (Radio oncology)
MCI-41979

Dr. Pawan Varshney
M.D. (T.B. & Chest)
UP MCI-38481

Dr. Manish Kumar
M.D. (T.B. & Chest)
MCI-18076

Dr. R. Kumar
M.D. (Pathologist)
MCI-046264

Dr. Alok Kulshrestha
MD (Med) DCH

Dr. Pankaj Kumar
D.C.H., (Pediatrics)
MCI-60759

Dr. Yogesh Pratap Singh
M.D., DA
Director Critical Care unit
MCI -15-19853

Dr. Rahul Datta
M.B.B.S., D.A.
MCI/11-38397

Mrs Ritu Nagar (Telephonic Consultation)

Excessive bleeding since morning
7th bleeding started on 9th Jan
& became excessive & clots
since 12th morning - when pt called me
H/O fever on 9th Jan - for which
took some medicine for
local doctor.

Adv
- Tab Paracetamol 2 tabs stat
then 1 tab x 5 days

- Tab Primolut N 1 tab x 2 days

- Tab Haemaday 1 tab daily
2 hrs after meal.
(खुब)

- Tab Haem up C 1000
(210)

20 Jan 2022
Bleeding controlled - but
spotting persistent
because dose of primolut
(Probably because headache
N was reduced to 1 BD on
my advise because headache

● General Surgery/Lap. Surgery ● OBS & Gynae. ● Urology-TURP, URSL, PCNL ● Advanced Laparoscopy & Hysteroscopy ● TLH, Myomectomy, ● TCRE, Werthim's hyst
Services: ● Complete Solution for infertility - Like Tubal Cannulation, Tubal Recanalization ● Hysteroscopy, IUI, IVF, ICSI, PESA, MESA ● TESA, VEA, SPERM BANKING
● Dedicated Burn Centre & ICU. Cardiology ● Neuro Surgery ● Plastic Surgery ● G.I. Endoscopy ● Complete Diagnostic Setup ● Ambulance Facility

इस पर्व में लिखी औषधियाँ तथा परामर्श मरीज के तत्कालीन रोग के लक्षण और मरीज द्वारा बताये गये लक्षण के आधार पर हैं। ● समय तथा उचित औषधि बताये गये परहेज का पालन करना मरीज की जिम्मेदारी है। ● वैकल्पिक औषधि न लें। ● औषधि से फायदा न होने पर या कोई परेशानी होने पर तुरन्त सम्पर्क करें तथा जाँच कराएँ। ● बिना डॉक्टर की सलाह के औषधि का घटाना-बढ़ाना या बन्द न करें। ● दवा के प्रतिकूल प्रभाव मरीज को परामर्श के समय बता दिये गये हैं। ● रोग अथवा इलाज सम्बन्धी समस्त भ्रम (यदि कोई है तो) डॉक्टर से परामर्श लेते समय ही दूर कर लें। यह पर्चा केवल चिकित्सक उपयोग के लिए है।

यह पर्चा 4 दिन तक मान्य है और 5 वें दिन बनेगा।



JEEVAN SPECIALITY HOSPITAL AND TEST TUBE BABY CENTRE PVT. LTD.



NABH CERTIFIED HOSPITAL

BELA MARG VISHNUPURI, ALIGARH-202001 U.P. (INDIA) अपान्दमेन्त के लिए सम्पर्क करें
www.testtubebabycentre.com 09997577422, 7895923512

OPD TIMING :
10:00 am. to 2:30 pm.

Ph.: 0571-3591041

SUNDAY OFF (रविवार अवकाश)

- Dr. Jayant Sharma**
M.S. Diploma of Urology (London)
Ph.D. (Urology)
Fellow C.G.P.
Fellow A.M.S.
Urologist, Andrologist & Laparoscopist
MCI-37828
- Dr. Divya Chaudhary**
M.S. (OBS)
Fellow C.G.P.
Fellow A.M.S.
Fertility Specialist, Gynaecologist
Laparoscopist
MCI-37480
- Dr. S.P. Motwani**
M.D. (MED) PHYSICIAN
MCI-13922
- Dr. Amit Agarwal**
M.S. MCh. (Burn & Plastic)
MCI-1656
- Dr. Pawan Agarwal**
DLO (ENT)
MCI-36842
- Dr. Anurag Gupta**
M.D. (Anaesthesia)
MCI-17-56
- Dr. Mahesh Srivastava**
M.D. (Radio oncology)
MCI-41979
- Dr. Pawan Varshney**
M.D. (T.B. & Chest)
UP MCI-38481
- Dr. Manish Kumar**
M.D. (T.B. & Chest)
MCI-18078
- Dr. R. Kumar**
M.D. (Pathologist)
MCI-046264
- Dr. Alok Kulshrestha**
MD (Med) DCH
- Dr. Pankaj Kumar**
D.C.H., (Pediatrics)
MCI-60759
- Dr. Yogesh Pratap Singh**
M.D., DA
Director Critical Care unit
MCI -15-19853
- Dr. Rahul Datta**
M.B.B.S., D.A.
MCU11-38397

Mrs Ritu Nagar 2/10/2021

PR-130/quantity 24/04/21
PR-120/min 24/7/21.

Weight func of hysteroscopy & D&C on 24/7/21.

100% severe heavy bleeding with passage of large clots since 6 o'clock (morning)

Adv

- Tab Paracetamol 2 tabs stat then Tab 5 days

- Tab Primolut N 2 tabs 2x1 da (वोल्न के साथ मिलाएँ ग करें).

- Tab Haemaday 1 tab daily 2hrs after menses x 1 with

Jayant Sharma

Services: ● General Surgery/Lap. Surgery ● OBS & Gynae. ● Urology-TURP, URSL, PCNL ● Advanced Laparoscopy & Hysteroscopy ● TLH, Myomectomy, ● TCRE, Werthim's hyst
● Complete Solution for Infertility - Like Tubal Cannulation, Tubal Recanalization ● Hysteroscopy, IUI, IVF, ICSI, PESA, MESA ● TESA, VEA, SPERM BANKING
● Dedicated Burn Centre & ICU, Cardiology ● Neuro Surgery ● Plastic Surgery ● G.I. Endoscopy ● Complete Diagnostic Setup ● Ambulance Facility

इस पर्व में लिखी औषधियाँ तथा परामर्श मरीज के तत्कालीन रोग के लक्षण और मरीज द्वारा बताये गये लक्षण के आधार पर हैं। ● समय तथा उचित औषधि बताये गये परहेज का पालन करना मरीज की जिम्मेदारी है। वैकल्पिक औषधि न लें। ● औषधि से फायदा न होने पर या कोई परेशानी होने पर तुरन्त सम्पर्क करें तथा जाँच कराएँ। ● बिना डॉक्टर की सलाह के औषधि का घटाना-बढ़ाना या बन्द न करें। ● दवा के प्रतिकूल प्रभाव मरीज को परामर्श के समय बता दिये गये हैं। ● रोग अथवा इलाज सम्बन्धी समस्त भ्रम (यदि कोई है तो) डॉक्टर से परामर्श लेते समय ही दूर कर लें। यह पर्चा केवल चिकित्सक उपयोग के लिए है।

यह पर्चा 4 दिन तक मान्य है और 5 वें दिन बनेगा।

Uterus:-

is anteverted in position & bulky in size (10.3x5.9x5.3cm)
Myometrial echotexture is slightly inhomogenous.
Endometrium appears regular & measures 10 mm.

Right ovary:-

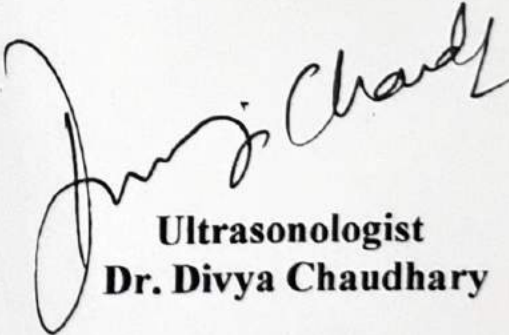
Normal in size (2.7x2.1cm), shape and echo texture.

Left ovary:-

Normal in size (3.4x1.7cm), shape and echo texture..

2—3 follicles are seen in each ovary.

IMPRESSION:- Bulky uterus.



Ultrasonologist
Dr. Divya Chaudhary

(Not Valid for Medico Legal Cases)

This is only professional opinion and the diagnosis should be clinically correlated

After Hysteroscopy - period came on -
 (took 8N Fe Iron & pane xt)
 x 4 days - one cycle was normal
 (then supply one cycle was normal)
Dr. Anuj Gupta

5/7/21

- Hb. : 10 gm
- BSL fasting = 102 mg/dl
- b12 58.9 (197 -

24/10/21

① Tab Norep DS
 at 8 AM & 4 PM
 Saturday Tuesday
 x 3 months

Adv ~~surgery tests~~ (0 fee)

- CBC
- Blood sugar
- H11 I II
- HbA1c
- HCV
- S. urea
- S. creatinine
- X Ray chest
- ECG

Normal

- ② Tab cetilson 500
 x 5 days
- ③ Tab metrogyl
 200 — 200 — 400
 5 days
- ④ Tab Hifenac P
 x 3 days
- ⑤ Tab. Pan 40 — 0
 x 5 days

Adv S.T SH

Self Attested
 24/10/21



Dr. Jayant Sharma
 M.S., Diploma of Urology (London)
 Ph.D. (Urology)
 Fellow C.G.P.
 Fellow A.M.S.
 Urologist, Andrologist & Laparoscopist
 MCI-37828

Dr. Divya Chaudhary
 M.S. (OBG)
 Fellow C.G.P.
 Fellow A.M.S.
 Fertility Specialist, Gynaecologist
 Laparoscopist
 MCI-37480

Dr. S. P. Motwani
 M.D. (MED) PHYSICIAN
 MCI-13922

Dr. Amit Agarwal
 M.S. MCh. (Burn & Plastic)
 MCI-1655

Dr. Pawan Agarwal
 DLO (ENT)
 MCI-36842

Dr. Anurag Gupta
 M.D. (Anaesthesia)
 MCI-17456

Dr. Mahesh Srivastava
 M.D. (Radio oncology)
 MCI-41979

Dr. Pawan Varshney
 M.D. (T.B. & Chest)
 UP MCI-38481

Dr. Manish Kumar
 M.D. (T.B. & Chest)
 MCI-18018

Dr. R. Kumar
 M.D. (Path)
 MCI-046264

Dr. Vibhav Varshney
 D.C.H., D.N.B. (Pediatrics)
 MCI-24664

Dr. Pankaj Kumar
 D.C.H., (Pediatrics)
 MCI-60759

Dr. Yogesh Pratap Singh
 M.D., DA
 Director Critical Care Unit
 MCI-15-19853

- Excessive bleeding during menses
 → Recurrent attacks of vertigo & headache

Bleeding 1/0 x 27 days - 1 1/2 yrs back -
 Took Homoeopathic Hument-x 3 months.

14/7/21 Bleeding heavy 8-9 days x after that
 from 18/june (Systemic NSA - 21 days)
 25 June - bleeding stopped

27/6 - spotting - took Systemic NSA
 7/7 - spotting

14 July - 19 July → Normal period
 Passed palm size clot during
 cycle.

Adv Hysteroscopy
 + Endometrial biopsy

3/7/21
 56 (Dr Mittal).
 Bulky uterus &
 thick endometrium
 & tiny cysts &
 changes in
 myometrium.
 ET = 16mm.

Haemaday (24/7/21)
 ✓ Yes. Reduced
 x 20 days

Pain Xt - 00 2 tabs
 (Emcure) 1 time 1 TD

Services: ● General Surgery / Lap. Surgery ● OBS & Gynae ● Urology-TURP, URSL, PCNL ● Advanced Laparoscopy & Hysteroscopy ● TLH Myomectomy, TCRE, Wertheim's hyst
 ● Complete Solution for Infertility-like Tubal Cannulation, Tubal Recanulation ● Hysteroscopy, IUI, IVF, ICSI, PESA, MESA ● PESA, VEA, SPERM BANKING
 ● Dedicated Burn Centre & ICU ● Cardiology ● Neuro Surgery ● Plastic Surgery ● G.I. Endoscopy ● Complete Diagnostic Setup ● Ambulance Facility.

● इस पर्चे में लिखी औषधियाँ तथा परामर्श मरीज के तत्कालीन रोग के लक्षण और मरीज द्वारा बताये गये लक्षण के आधार पर हैं। ● समय तथा उचित औषधि तथा बताये गये परहेज का पालन करना मरीज की जिम्मेदारी है। वैकल्पिक औषधि न लें। ● औषधि से फायदा न होने पर या कोई पोशानी होने पर तुरन्त सम्पर्क करें तथा जांच कराएँ। ● बिना डॉक्टर की सलाह के औषधि का घटना-बढ़ाना या बन्द न करें। ● दवा के प्रतिकूल प्रभाव मरीज को परामर्श के समय बता दिये गये हैं। ● रोग अथवा इलाज सम्बन्धी समस्त भ्रम (यदि कोई है तो) डॉक्टर से परामर्श लेते समय ही दूर कर लें। यह पर्चा केवल चिकित्सक उपयोग के लिए है।
 यह पर्चा 4 दिन तक मान्य है और 5 वें दिन बनेगा।

increased & bt had risen to 17

23/Jan 2022 - Bleeding did not stop - spu continued (primolut N again 3 tabs & hourly given)

However despite all treatment bleeding continued

13th Feb - Tab Ovsal G 1 OD.
- Tab Lam X 3 tabs 3 days.
- Tab Regestrone 10mg OD x 15 days

- Adv Hysterectomy

Adv
cbl
TSM
S
BT
CT
9 NR

15th Feb It was not able to plan surgery so dose of Regestrone was increased to 15 mg daily

so Tab Simcon 2 tabs 1 hr after meals added.
- unable to tolerate ovsal G so had to be stopped.

Again advised for urgent hysterectomy - as facial puffiness occurred & weakness

- Patient opted for some other modality of treatment
self attested
2/1/22

Dr. Jayant Sharma
 M.S., Diploma of Urology (London)
 Ph.D. (Urology)
 Fellow C.G.P.
 Fellow A.M.S.
 Urologist, Andrologist & Laparoscopist
 MCI-37848

Dr. Divya Chaudhary
 M.S. (OBG)
 Fellow C.G.P.
 Fellow A.M.S.
 Fertility Specialist, Gynaecologist
 Laparoscopist
 MCI-37480

Dr. S. P. Motwani
 M.D. (MED) PHYSICIAN
 MCI-13922

Dr. Amit Agarwal
 M.S. MCh. (Burn & Plastic)
 MCI-1656

Dr. Pawan Agarwal
 DLO (ENT)
 MCI-36442

Dr. Anurag Gupta
 M.D. (Anaesthesia)
 MCI-17456

Dr. Mahesh Srivastava
 M.D. (Radio oncology)
 MCI-41979

Dr. Pawan Varshney
 M.D. (T.B. & Chest)
 UP MCI-38481

Dr. Manish Kumar
 M.D. (T.B. & Chest)
 MCI-8876

Dr. R. Kumar
 M.D. (Path)
 MCI-046264

Dr. Vibhav Varshney
 D.C.H., D.N.B. (Pediatrics)
 MCI-24664

Dr. Pankaj Kumar
 D.C.H., (Pediatrics)
 MCI-60759

Dr. Yogesh Pratap Singh
 M.D., DA
 Director Critical Care Unit
 MCI-15-19853

Mrs Pritu Nagar 40 years 4/2/22

120/80 mm
 P2
 Both legs

Took PN x 21 day
 TDS

10 Jan
 was delayed
 1 month
 by 2 months interval
 both legs

4/2/22

c/o Anxiety,

- severe nausea
- vomiting feeling
- loss of appetite during bleeding
- Bleeding PU.E distended morning

Adv - 1 Tab. Paracetamol 500mg x 5 days
 - 7 Tab Paracetamol x 5 days
 TDS 0 x 4 days

- 7 Tab. Ovsal G x 21 days
 TDS 0 x 4 days

T vs after
7-6 days

Tab. Docosin D₃ / Haemaday
x 1 month

Cap. D vita 60R once a week
x 3 months

Tab. A to 2
x 20 days

Tab. 2 real active
x 20 days

Dr. Anurag ~~Sharma~~
Gupta

~~8377911007~~
8377911007

self attested
24/09/22

आनापना अथ

खेती

आय

दिनांक 25-2

पान

कपूर — 40
 इशाल — 40
 सुखवा — 20
 गारबुद्ध — 40
 गेडा — 20
 गोलक — 40
 रोडा — 20
 मोघ — 40
 अडूना — 60
 गारबाहरी म०

क्युदन — 40
 जालदा — 60
 पुर्वा — 40
 गलोप — 40
 गोखरु — 80
 शरपुष्पा — 40
 सुनहरावा — 50 रुम ✓
~~कुम्भ~~
 बाई — 20
 शंभुपुष्पा — 20

जो इन्ही को दिनांक
 ही एक ही जगह
 म पुर जे दिनांक
 समान पुन - का
 केन को।

उकागामे
 लपगामे

गोहो शरपुष्पा — 1 गोनी पुष्ट


वृद्धिवाधिकावरी — 1 गोनी शक्ति

क्याकारिट्ट — 2

क्याकारिट्ट — 2
 पानी — 4
 क्याकारिट्ट — 1

मिमलर खा
 अर
 शक्ति

Self attached


 2/10/22



JEEVAN SPECIALITY HOSPITAL AND TEST TUBE BABY CENTRE PVT. LTD.



NABH CERTIFIED HOSPITAL

BELA MARG VISHNUPURI, ALIGARH-202001 U.P. (INDIA) अपान्टमेन्ट के लिए सम्पर्क करें

www.testtubebabycentre.com

09997577422, 7895923512

Ph.: 0571-3591041

SUNDAY OFF (रविवार अवकाश)

OPD TIMING :

10:00 am. to 2:30 pm.

Dr. Jayant Sharma

M.S. Diploma of Urology (London)
Ph.D. (Urology)
Fellow C.G.P.
Fellow A.M.S.
Urologist, Andrologist & Laparoscopist
MCI-37828

Dr. Divya Chaudhary

M.S. (OBG)
Fellow C.G.P.
Fellow A.M.S.
Fertility Specialist, Gynaecologist
Laparoscopist
MCI-37480

Dr. S.P. Motwani

M.D. (MED) PHYSICIAN
MCI-13922

Dr. Amit Agarwal

M.S. MCh. (Burn & Plastic)
MCI-1656

Dr. Pawan Agarwal

DLO (ENT)
MCI-36842

Dr. Anurag Gupta

M.D. (Anaesthesia)
MCI-17456

Dr. Mahesh Srivastava

M.D. (Radio oncology)
MCI-41979

Dr. Pawan Varshney

M.D. (T.B. & Chest)
UP MCI-38481

Dr. Manish Kumar

M.D. (T.B. & Chest)
MCI-18076

Dr. R. Kumar

M.D. (Pathologist)
MCI-046264

Dr. Alok Kulshrestha

MD (Med) DCH

Dr. Pankaj Kumar

D.C.H., (Pediatrics)
MCI-60759

Dr. Yogesh Pratap Singh

M.D., DA
Director Critical Care unit
MCI-15-19853

Dr. Rahul Datta

M.B.B.S., D.A.
MCI/11-38397

Mrs Ritu Nagar

(Consulted on phone)

18th March

c/o. wealder, saree

Pain in back (esp. lower part) -
Pain in calf region pain in
cotee & burning sensation also. -
severe migraine & pain in
neck region (with high BP -
off son)

Adv - Tab ultramagnesium daily

Vit B12 - Tab Evion 2 1200 x 1/mth

Vit D3 - Tab Cal M 1 tab daily x 1/mth

[Handwritten signature]

● General Surgery/Lap. Surgery ● OBS & Gynae. ● Urology-TURP, URSL, PCNL ● Advanced Laparoscopy & Hysteroscopy ● TLH, Myomectomy, ● TCRE, Werthim's hyst
Services: ● Complete Solution for infertility - Like Tubal Cannulation, Tubal Recanalization ● Hysteroscopy, IUI, IVF, ICSI, PESA, MESA ● TESA, VEA, SPERM BANKING
● Dedicated Burn Centre & ICU. Cardiology ● Neuro Surgery ● Plastic Surgery ● G.I. Endoscopy ● Complete Diagnostic Setup ● Ambulance Facility

इस पर्चे में लिखी औषधियाँ तथा परामर्श मरीज के तत्कालीन रोग के लक्षण और मरीज द्वारा बताये गये लक्षण के आधार पर हैं। ● समय तथा उचित औषधि बताये गये परहेज का पालन करना मरीज की जिम्मेदारी है। वैकल्पिक औषधि न लें। ● औषधि से फायदा न होने पर या कोई परेशानी होने पर तुरन्त सम्पर्क करें तथा जाँच कराएँ। ● बिना डॉक्टर की सलाह के औषधि का घटाना-बढ़ाना या बन्द न करें। ● दवा के प्रतिकूल प्रभाव मरीज को परामर्श के समय बता दिये गये हैं। ● रोग अथवा इलाज सम्बन्धी समस्त भ्रम (यदि कोई है तो) डॉक्टर से परामर्श लेते समय ही दूर कर लें। यह पर्चा केवल चिकित्सक उपयोग के लिए है।
यह पर्चा 4 दिन तक मान्य है और 5 वें दिन बनेगा।

Liver:-

is mildly enlarged in size. Mild fatty infiltration of liver is seen.
IHBD channels are normal. No focal or diffuse mass lesion is seen.

Gall Bladder: -

is well distended with empty lumen and normal wall thickness.

CBD:-

is normal in caliber.

Spleen:-

Normal in size, shape & echotexture.

Pancreas:-

Normal.

Kidneys:-

Right Kidney – 10.3x4.3cm

Left Kidney – 9.9x4.6cm

Both kidneys are normal in shape, size, position, cortical thickness & echotexture.
Pelvicalyceal system is normal. No calculus or hydronephrosis is seen.

Urinary Bladder:-

is well distended. No evidence of any mass lesion or lithiasis is seen.

Retroperitoneum:-

Normal. Aorta and I V C –normal. No distinct lymphadenopathy is seen.

Abdominal Cavity:-

No obvious lump or free fluid is seen.

Uterus:-

Uterus is anteverted in position, bulky in size (9.6x6.1x4.6 cm).
Endometrial thickness is 4.0mm.

Myometrial endometrial interface is not differentiated.
Myometrium is slightly inhomogeneous.

Right ovary:-

Normal in size (1.9x1.3 cm), shape and echo texture.

Left ovary:-

Normal in size (1.7x1.0 cm), shape and echo texture.

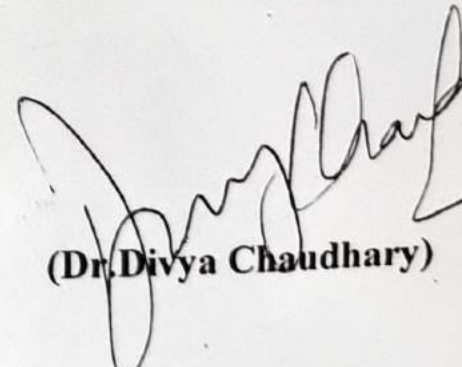
IMPRESSION:-

**Mild hepatomegaly with mild fatty infiltration.
Bulky uterus with inhomogenous myometrium.
Possibility of adenomyosis may be kept.**

(Not Valid for Medico Legal Cases)

This is only professional opinion and the diagnosis should be clinically correlated

Self Attested
24/09/22



(Dr. Divya Chaudhary)

- 1000 1000y conat - 1000 -

- consultation with neurologist
- Eye check up (to rule out increased pressure in eye ball)

- Hysterectomy at the
earliest

Self attested

24/01/22

Dr. Chandu



NABH CERTIFIED HOSPITAL

UHID	15915	OPD No.	13102
Patient Name	Mrs. Ritu Nagar	Sr.No.	46
W/O	Anil Sirohi	Date	17-Sep-2022 03:03 PM
Address	H No 58, Yashoda Kunj, Meerut	Age/Sex	41 / Female
Consultant Name		Contact No.	
Department	OPD.		
Patient Type	General		

Bl: 110/80
P/R = 72/min

P/A - tenderness
in lower
abdomen

P/S Bleeding
present

of - severe headache, likely to be
migraine burning sensation in rectum
- lower abdominal pain with
passage of blood or clots

- Backache
- Some eye problem (acc. to patient)
thin white area of eye bulges
with headache

- Bleeding from 23rd August - 1st
it was blackish now bright red
since 30th August
clots (in form of small
balls)

Adv
surgery consult
(Blood investigation)

- Tab Panemol 2 tabs stat
1 cur TRS

- Tab Coadox 1 BD x 14 days
- Tab Primolut N TRS x 2 days

- Tab Haemaday plus 1 daily
2hr after meal

- Tab. of Hifenac P BD P.T.O
2 days

Self Attended
24/09/22

PATIENTS NAME: RITUNAAGER

AGE/SEX:41YRS/FEMALE

REF. BY: SELF

DATE: 13/09/2022

=====

USG WHOLE ABDOMEN FEMALE

LIVER: Liver is enlarged in shape and size 160mm with homogeneous parenchyma echo texture. I.H.B.R. is not dilated. There is no space occupying lesion. Portal vein is normal.

G. BLADDER: Gall bladder is normal and well distended. No echogenic focus/mass is seen. Wall thickness normal. Common bile duct is normal and echo free.

PANCREAS: Pancreas is normal in shape and size. No focal lesion is seen.

SPLEEN: Spleen is normal in shape and size. No focal lesion is seen.

KIDNEYS: Both kidneys are normal in shape and size. Right kidney measure 82x35mm and left kidney measure 50x38mm. No echogenic focus/hydronephrosis is seen. Cortico-medullary differentiations are normal. No backpressure changes are seen.

U. BLADDER: Urinary bladder is normal and well distended. No echogenic focus/mass is seen. Wall is regular and smooth.

UTERUS: Uterus is antverted and enlarge in shape and size (111x69x57mm). Myometrium is homogeneous. Endometrial echoes are distinct. No mass/gestation is seen. Cervix appears normal.

ADNEXAE: Right-ovary normal, Well defined anechoic cyst size-35x34mm is seen in left-ovary.

OTHERS: No ascites is seen. Lymph nodes are not enlarged. Gassy bowel loops are Seen.

=====

IMPRESSION: Findings are suggestive of → **Hepatomegaly.**

→ **Bulky uterus with Left ovarian cyst.**


Consultant

ADV:- T.V.S. Scan.

OUR FACILITIES

निदान

नारायण आप

आयु

पता

वृद्ध गौरी

दिनांक 27.8.22

अल्पातप, वायु

सुस्वास्थ्य हेतु :-

प्रातःकाल सूर्योदय से पूर्व
पेय कर जल पीयें,
भोजन के बाद तक (छाछ) पीयें,
रात्रि को दूध पान करें।

समलोभः समाग्निरथ
समधातु मल क्रियः।
सन्नाम्बोन्द्रिय मनः
स्वस्थ इत्यभिधीयते।।

दन्तं भक्षयेत् नित्यं भवेत्
दशौ प्रज्ञा

सर्वशुद्धौ सत्व शुद्धिः,
सत्व शुद्धौ ध्रुवा
स्मृति, स्मृति लब्धे
सर्वप्रणितानां विप्रमोक्षः।

प्रणायाम :-

मृदु भस्त्रिका, मृदु अनुलोम-विलोम
कपालभाति, महायोगक्रिया
द्वितीय मृदु चन्द्रभेदी, मृदु सूर्यभेदी,
प्रणायाम, कपोत उज्जाई
उद्गीय ध्वनि।

एवं सुखी जीवनयापन हेतु

- 1) के.यनार - 40
- सूदन - 40
- वह्नी - 20
- गुग्गुलु - 20
- शिशिरकाल - 20
- अशोक दाल - 40
- गोरक्षगुग्गुलु - 40
- शालक्यकम्प - 40
- शाल दाल - 40
- गोखरु - 60

- सुखी - 40
- राजनी - 40
- शालक्य - 20
- कुटज - 60
- शुद्धा - 60
- लाघु - 40
- शुद्धा - 40
- पाषाणक - 40
- वक्रणदाल - 20
- भृंगराज - 20

सभी द्रव्यों को मिलाकर
और एक छोटी चम्मच घृत (3g)
का एक छोटे गिलास पानी में क
बनाकर सुबह - शाम खाली
सेवन करें।

- शुद्धा - 20
- जकारांजी - 20
- अशोक दाल - 40
- शुद्धा - 20
- शुद्धा - 20

2) शिशिरकालीरस 1 > 2 गौली शुद्ध काठ
कायनार गुग्गुलु 1 >

VARDHMAN TRAUMA & LAPAROSCOPY CENTRE PVT. LTD.

Dr. NUTAN JAIN
 M.B.B.S., M.S., F.I.C.O.G., F.I.C.M.C.H.
 ADVANCE LAPAROSCOPIC SURGEON

Dr. VANDANA JAIN
 M.B.B.S., M.S.
 INFERTILITY AND IVF SPECIALIST

INTERNATIONAL MEMBERSHIPS :

- * Elected Board Member of International Society For Gynaecological Endoscopy (ISGE)
- * Nominated for Board of Trustee for (AAGL)
- * American Society For Reproductive Medicine (ASRM)
- * All American Gynae Laproscopist (AAGL)
- * International Society For Gynaecological Endoscopy (ISGE)
- * World Association of Laparoscopic Surgeons - (WALS)
- * Author of World Renowned Text Books of Laparoscopic Surgeries

NATIONAL MEMBERSHIP :

- * Indian Association of Gynaecological Endoscopist (IAGE)
- * Indian Society For Assisted Reproduction (ISAR)
- * Indian Academy of Human Reproduction (IAHR)
- * National Association for Reproductive and Child Health of India (NARCHI)
- * Indian Federation of Ultrasound in Medicine & Biology (IFUMB)
- * Indian Fertility Society (IFS)
- * Society of Endoscopic & Laparoscopic Surgeons of India (SELSI)
- * Masters Award for Excellence in Laparoscopic Surgery

6/5/39 1570.20

Mrs Ritesh Nagar *Magistrate*

Age: 41 yrs

Heavy Bleeding 6-9 yrs (All patients)

17/9/22

Encls: 4 nos. Citrus - Bulley 9.00.00 + 6

11/10/22

11-49

ESR: 25

HbA1c: 5.4

F: 90

LFT: NS

KFT: NS

TUS: NS

Full bleed

11-9

PS: 10

Bulch: 16

T3: 10.7

T4: 8.7

TSH: 1

Both ovaries

24/7/21

Hysteroscopy

with USG Aulky (Encl 10 nos)

0 + 0

4/10/22

11-49

ESR: 25

HbA1c: 5.4

F: 90

LFT: NS

KFT: NS

TUS: NS

Full bleed

11-9

PS: 10

Bulch: 16

T3: 10.7

T4: 8.7

TSH: 1

P2 + 0 Both C.S

P1 - 8 yrs back. C.S of mesent. exp. reliable

P2 - 6 yrs back at NZND Dr. Neelam Mehl

LC

hmp: 23/8/22

contence bleeding + clots up till now

step at 5th octob

CV: CAP

hivocans

15/10/22

contence bleed + Total Aqueductal block.

left side pain

Swelling

BP: 120/80

wt: 95 kg

height: 55

Both C.S Transverse Scur

P/S Cap put RU globular

P/S Ca and os

OK from

18th

20 days

Sell
23/12/22

Blood Gp. *O⁺ve* WT. (Kg.) *98.5/29* Temp. *98.6* HR/Rhythm *76* B.P. *120/80* R.R.

History of illness/Anesthesia/Operation/Drugs/Blood Transfusion *? Chronic bronchitis*

1. Cough	Yes / No.	17. Paipitation	Yes / No.
2. Wheezing	Yes / No.	18. H/O CAD/PTCA/CABG/Chest Pain	Yes / No.
3. Hypertension	Yes / No.	19. Renal Disease	Yes / No.
4. Diabetes	Yes / No.	20. Diabetes	Yes / No.
5. Previous Operation (<i>USCS</i>)	Yes / No.	21. Previous Admission	Yes / No.
6. Smoking	Yes / No.	22. Seizures/Fainting/Syncope	Yes / No.
7. Headache/Migraine	Yes / No.	23. Recent URI/Fever	Yes / No.
8. Pregnancy	Yes / No.	24. Previous Anaesthesia & Problem	Yes / No.
9. Bleeding Disorder	Yes / No.	25. Back & Neck Pain	Yes / No.
10. Frequent Urination	Yes / No.	26. Blackouts/Loss of Consciousness	Yes / No.
11. Arthirits/Painful/Swollen Joint	Yes / No.	27. Blood Transfusion	Yes / No.
12. Abnormality of Nerve of Muscle	Yes / No.	28. Indigestion/Acid reflux/ Heartburn/Hiatus Hernis	Yes / No.
13. Weight Loss/Gain	Yes / No.	29. Contact Lens/Pacemaker Haring Aid	Yes / No.
14. Fever/Chills/Cold/Flue	Yes / No.	30. Any other significant History	Yes / No.
15. Artificial Joint/Plates etc	Yes / No.		Yes / No.
16. SOL	Yes / No.		Yes / No.

General Examination :	<i>grr</i>	Airway	<i>slightly</i>	Spine	<i>restricted</i>
General Conditions	Exercise Tolerance	Mouth Opening			
Pallor	Oedema <i>n</i>	Neck Movement	<i>ou</i>		<i>NAD</i>
Cyanosis	Oral Hygiene	Mallampati Grade			
Icterus	Dentures <i>10u</i>	Mentothyroid Distance			

Systemic Examination	Drug Therapy	<i>NIL</i>		
CVS	Aspirin	Y/N	OHA	Y/N
Pulmonary	Clopidogrel	Y/N	Anti-epietic	Y/N
CNS	Anti Hypertensive	Y/N	Steroids	Y/N
Venous Access				

b) FEP's

c) Platelets

d) Any Others

Pre Anaesthesia Instructions

NPO for

.....

.....

Pre Operation Medications

Name	Route	Time	Date	Given by

Date 15/10/22

GYNECOLOGICAL SONOGRAPHY

Ref. by Dr. Self

Name Mrs. Ritu Nagar

Age 41 yrs

Parity P2+0

Complaints

L.M.P. 23/8/2022

UTERUS

NORMAL

BULKY

PAROUS

ENLARGED SYMMETRICAL

ASYMMETRICAL

MEASURES

X

X

m.m.

ENDOMETRIUM MEASURES

m.m.

CERVIX:

RIGHT OVARY

X

NORMAL

ENLARGED

LEFT OVARY

X

NORMAL

ENLARGED

RIGHT TUBE

LEFT TUBE

LIVER - GALL BALDDER (N) seen

RIGHT KIDNEY

LEFT KIDNEY

} B/L kidneys seen

ANY OTHER

DIAGNOSIS

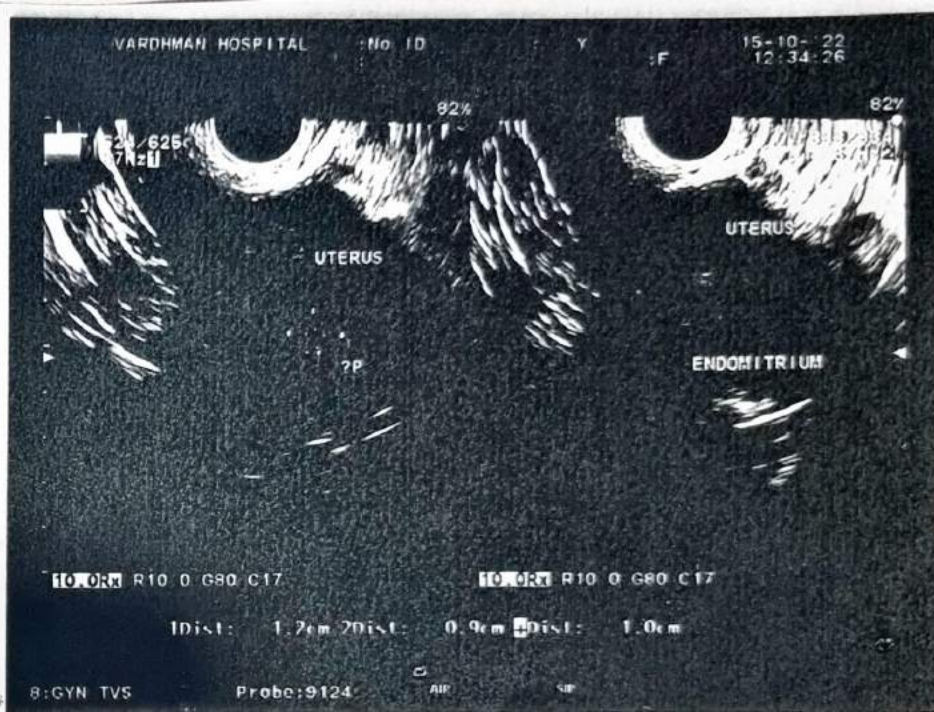
Not assessed

12-25 PM

Np

15/10/2022

Uterus





MAX

Institute of Laparoscopic,
Endoscopic & Bariatric Surgery

Dr. Vivek Marwah
MS (Obstetrics & Gynaecology)
Dip Op. Pelv., K. Op. Lap (Germany)
Senior Director - Division of Minimally Invasive
Gynaecology Surgery
DMC Reg. No.: 15355

Appointments: 9958 631 112, 9811 164497, 8860 444 888
Emergency: 011-4055 4055

Email: vivek.marwah@maxhealthcare.com

Ritu Nagar 41/F

7/11/2022

Yo Irregular periods
menstrual Bleeding } x 7 years
Severe pain Abdomen.

24/11/2022

no history of 1st

Present cycles } - Heavy Bleeding
for 20-22 days
spotting

R L lower abdomen

Past cycles } - 7 days/22 days

Report
HbA1c
Bmi

o/n Mx x 10 years
B2b / All FTUS / AKH
LCB - 6yr

Medical history / K/yo HTN (Not on any medication)
repeated high BP
triggered by sunlight, now
Migraine & Vertigo since 2009 (relieved on
Yoga)
No h/o TB / severe / prolonged illness
history

self attended
22/12/22

Max Super Speciality Hospital, Saket
(East Block) - A Unit of Devki Devi Foundation

(Devki Devi Foundation registered under the Societies Registration Act XXI of 1860)

Regd. Office: 2, Press Enclave Road, Saket, New Delhi-110 017

For medical service queries or appointments, call: +91-11 2651 5050

Fax: +91-11-2651 0050

www.maxhealthcare.in



Surgical history } Prev 2 USG
 } EB. Biopsy in July/2022

Family history -> mother - hysterectomy at 48 years
 } die to fibroids
 } ~ the ab. Gushy ~ by way

4/10 hb - 11.4
 ht - 3.69

 WBC - 5.4
 RBC - 90.7

 LAT - (N)

 KFT - (N)

 choles (lipid profile) - (N)

 S. TSH - 1.7

 Gr. Count - Adhgt
 426 (CAT 2A)

15/10

 uterus A/v
 gloabular 9x5/1cm
 ET - 10mm
 o polyp
 Dyspl. Adenomyosis

Pulse..... 84
BP..... 120/70
Temp.....
Height/Weight..... 1.65m 102kg
BMI..... 37.99
S.....
F.....

23/12/22

Diagnosis :

P 2 L 2 c Prev 2 18CS 2 AUB (L) .
c cervical dysplasia c Endometrial
hyperplasia

Significant Findings :

- Bulky uterus
- Cervix hypertrophied
- Bil cystic ovary

Investigation Result :

Hb 9.10 gm/l. Pap smear → cervical dysplasia -

MCU
MCU
MBM | NR

ET sapling → Endometrial hyperplasia

Treatment Given/Procedure Performed:

TAH done ↓ SA
c BSD and specimen sent for
HPE

Condition at the time of Discharge :

Satisfactory

Advice/Treatment on Discharge :

Tab Tifuro-cv 1 Bd.
 Tab Metrogl 400 7 1 cts -
 Tab Pan 40 10d -
 Tab Zerodol-sp 1 cts -
 Cap Vigylac 1 cts -
 Tab Vit-c 1 cts -
 Tab Becosule 10d -
 Tab dulcoflam & Tab MS Start
 Syrup Dufalac 80S -

x 7 days

When to Contact Hospital for Urgent Care :

In case of Bleedy PV, severe abdominal pain

How to Take Urgent Care :

DR. SWETA
 M.B.B.S., M.D.
 OBST. & GYNAE.
 REG. NO. - 42223

23/12/22

Consultant

Patient name Ritu nagar age 41 yrs/
had AVB & cervical discharge
since 3 years. Her pap's smear

Pulse Rate

showed dysplasia grade II.

BP

Her Hysterectomy was done in
view of cervical dysplasia & AVB.

Temp.

R.B.S.

Specimen sent for HPE. HPE also
showed dysplasia. It was

Systemic Examination

discharge under satisfactory
condition & proper advice.

Investigation Advised

Follow up

~~etc etc etc~~
Follow up → Pap's smear every
6 months.

24 Hrs.
Available

DR. SWETA
M.B.B.S., M.D.
OBST. & GYNAE.
REG. NO. - 42223

Doctor Signature & Seal

Not for Medicolegal purpose

आर-92, पल्लवपुरम, फेस-2, मोदीपुरम, मेरठ