

Nidan Psychiatry Clinic And Counseling Centre

1185, Sector-I, Ashiyana, Brijwasi Bakery wali gali, Lucknow

Dr. Shekhar
M.D. Psychiatry

Name _____ Age/Sex _____ / _____ Wt _____ Date _____

Name: Saroj Upadhyay
Age/Sex: 58y / F
Office ID: NP-97

Date: 26-12-2022 07:01 pm
Mobile: 9415049780

Symptoms: Overtalkative (2 Months, Moderate), Restlessness (2 Months), Overactivity, Decreased need for sleep, Grandiose delusions, Aggression (2 Weeks), Big talks, Impaired self care (10 Days, Moderate)

Findings: breakthrough manic episode

Diagnosis: Bipolar affective disorder, current episode manic

	Medicines	Quantity	Frequency	Duration	Total
1	Tablet Xenoxa (300 mg) OXCARBAZEPINE (300 MG)	1 tablets	1 - 0 - 1 Before Breakfast, After Dinner	1 Week	14 tablets
2	Tablet Telma-AM H 40 Tablet TELMSARTAN (40MG) + AMLODIPINE (5MG) + HYDROCHLOROTHIAZIDE (12.5MG)	1 tablets	1 - 0 - 0 After Breakfast	1 Week	7 tablets
3	Tablet Soliten (5 mg) SULFINADION SUCCINATE (5 MG)	1 tablets	0 - 0 - 1 After Dinner	1 Week	7 tablets
4	Tablet Lamitor OD (50 mg) LAMOTRIGINE (50 MG)	2 tablets	1 - 0 - 2 After Breakfast, After Dinner	1 Week	21 tablets
5	Capsule Pantakind DSR (30mg/40mg) DOMPERIDONE (30 MG) + PANTOPRAZOLE SODIUM SESQUIHYDRATE (40 MG)	1 capsules	1 - 0 - 0 Before Breakfast	1 Week	7 capsules

Advised Investigations: Serum Creatinine, RBS (Random Blood Sugar), Hb, SGPT, ECG

Instructions:

- Avoid driving, fire, high, water bodies or any potentially dangerous situation.
- Ensure adequate water/ liquid intake
- Long term continuous supervision/ support of two family members is essential for the recovery and maintenance.

Follow up: 02 Jan 2023, Monday

Dr. Shekhar
MD - Psychiatry

Datta Medical Council-38187

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Daxon Patient app



इलाज के दौरान सावधानियाँ -

- 1- 7388053803 फोन नं० पर अपाईन्टमेंट लेकर आये।
- 2- बिना डाक्टर से पूछे दवा बंद न करें।
- 3- किसी और बीमारी की दवा इन दवाओं के साथ ले सकते हैं।
- 4- दवायें समाप्त होने से 3 दिन पहले दिखायें।
- 5- बची हुई दवायें साथ लायें।

Timing
Mon to Fri - 4PM to 8PM
Sat - Closed
Sun - 4PM to 8PM

Review after _____ or SOS