



Date 10/10/20

T. 37.3°

P. 88/70

SpO<sub>2</sub> 99%

Bp 120/80

Ht - 170 cm

Wt - 58.6 kg

Cfu Abdominal  
tulleison

F 10 of 1119

medanta

Mrs. Anrita Prateem  
Verma  
NL10018548 Sex: F Age: 40Y  
Location: Med High life  
Practitioner: Dr. Shantanu

\* TAB DAXID 50mg 1/2 HS

\* TAB ETILAAM 0.25mg 1HS

↓ 1wke

STOP

\* TAB PAN 40

Adv

CONTINUE RELAXATION  
Exercise twice daily

[  
Li.

↓ R/A 3 months

Charan  
1465

- Lucknow  
- Mediclinic

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Download on the  
App Store

10/10/20

T. 37.3°C

Mrs. Amrita Preetam Verma

ML10019543 Sex: F Age: 41Y  
Location: Mntl Hlth life  
Practitioner: Dr Shantanu

Date: 23-2-21



MENTAL HEALTH AND QUALITY OF LIFE

Vitals Height Temp Weight 63kg. Pulse 86b/min SpO2 99 Bp 130/80

Informant Chief Complaints:

P.T.

C/O ↑WT

- \* No episodes of anxiety
- \* Sleep - Normal appetite - ⊕
- \* No drug related A/E

Investigation:

(T3, T4, TSH)  
LIPID PROFILE

Plan! - To taper off meds in 1 month.

Treatment

Medicine	Dose	Morning	Afternoon	Night	Before Meals	After/With Meal	Instruction
DAVID	50			①		✓	DAY 1 - DAY 15
DAVID	25			①/2		✓	DAY 16 - DAY 30

Plan/Advice: - RELAXATION EXERCISE - TWICE DAILY  
↳ 30 MIN BRISK WALK  
↳ ↓ CARBOHYDRATE & FAT RESTRICTION

Followup:

REVIEW SOS

Dr Shantanu B Gupta  
Consultant, Mental Health

Date - 21/12/21  
medanta

Mrs. Amrita Preetam Verma  
ML10019343 Sex: F Age: 42Y  
Location: Mntl Hlth life  
Practitioner: Dr Shantanu



Division of Mental Health & Quality of Life

Shantanu Bharti  
MD - Psychiatry  
Assistant - Mental Health  
Institute of Neurosciences  
shantanu.bharti@medanta.org  
No. UPMC - 54568  
appointments - 0522-4505050

Patient Name:

Age:

UHID:

Sex:

Complaints

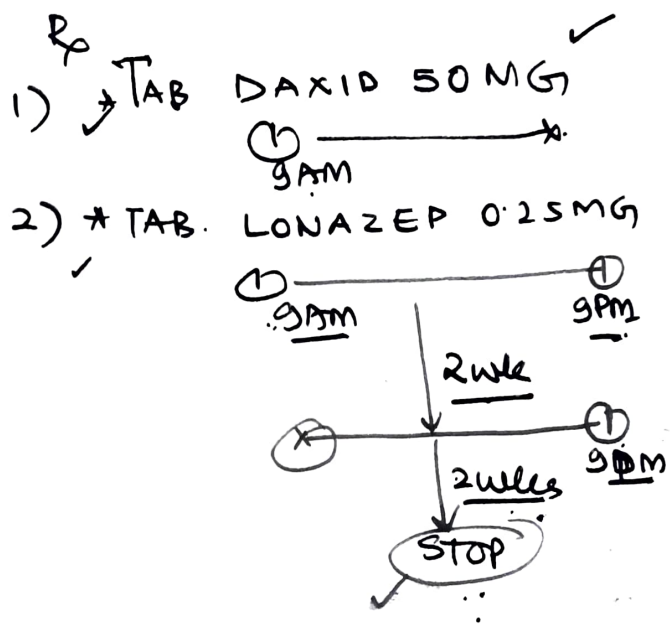
- LOW MOOD  
Crying spells  
anxiety  
all times of day

and Surgical History

Medications

sleep → ↓↓  
Appetite  
Fu.

ΔFU 1+2.



R/A - 1 MONTH

✓ Amrita  
1965

Date: 22/01/2022



Division of Mental Health & Quality of Life

Dr. Shantanu Bharti  
BS, MD - Psychiatry  
Consultant - Mental Health  
Medanta Institute of Neurosciences  
Email: shantanu.bharti@medanta.org  
No. UPMC - 54568  
Appointments - 0522-4505050

Patient Name:

DHID

Wt - 61.9kg

SPO2 - 99%

Pulse - 74b/min

B.P. - 130/90 mmHg

Temp - 36.6°C

Complaints

C/O Worry.

- sleep - disturbed.
- Appetite →
- LFH

Medical and Surgical History

Δ F41.2

Medications

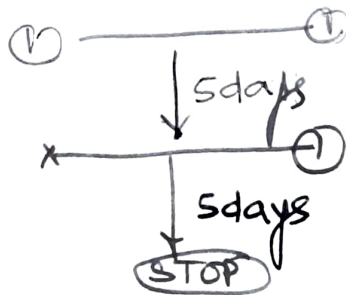
MSE

- \* MOOD - anxious
- \* Thoughts - worry

⊕ TAB DAXID 50+25



\* TAB ETILAAM 0.25 MG



Admissions

Admission

Adv

- \* Relaxation exercise
- + 30 min walk.

R/A - 3 MONTHS

Shantanu  
Tub 5

Lucknow

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+91 522 4505050

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18 AUG 2022



Department of Mental Health  
& Quality of Life

9412832687

Dr. Shantanu Bharti  
S.M.D. Psychiatry  
Consultant Mental Health  
Faculty of Neurosciences  
shantanu.bharti@medanta.org  
Phone: 1800 (WhatsApp Only)  
WhatsApp: 98911 4582

Ht	36.5 k
Wt	78.6 km
SP02	98%
BP	150/80 mmHg
	61.5 kg

- ✓ migranous headache
- ✓ Resilience, depression, isolation
- ✓ delirium, (T+ stupor)

DEU12 (FTC)  
EMIGVINE

D-V

→ TAB DEVENIZEP 50 (0.5)  
①

↓/

\*TAB. TOPAMAC 50 MG  
①

Plan

D-DEVENIZEP  
to continue

R/A - 1 MONTH

credited by



4 2022-0936  
2022 - Apr 8, 2026

For Emergency & Ambulance: Dial @ 1068

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medanta - Gurugram

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+ Sector - 38, Gurugram, Haryana, India

0522 4505 050

0124 4141 414

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23/09/23

Temp.	—
Pulse/min	75b/min
SPO2	99%
BP	140/90 mmHg
Ht (cm)	—
Wt (kg)	62 kg

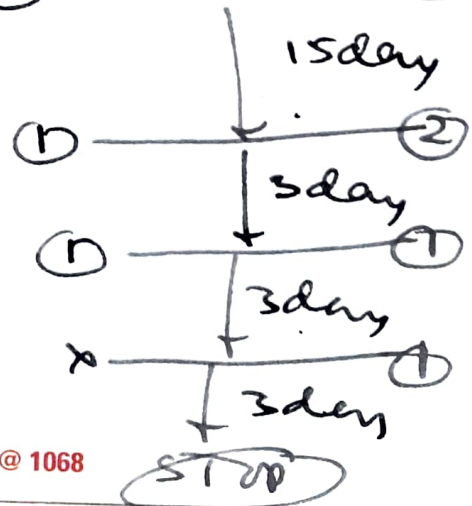
- Bellin
- ↓ anxiety Re.
- No migraine

DFU: 2 Migraine.

✓ TAB D-VENIZ 100  
x ————— ①

✓ TAB TOPAMAC  
100MG  
x ————— ①

✓ TAB LONAZEP. 0.25  
wle1 ② ————— ②  
& wle2)



MA - 2 months

**For Emergency & Ambulance: Dial @ 1068**

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H-2022-0936  
Apr 9, 2022 - Apr 8, 2026

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**SANJAY GANDHI POSTGRADUATE  
INSTITUTE OF MEDICAL SCIENCES**

Rae Bareilly Road, Lucknow- 226 014

Name: Smt. Anzita Bhatnagar UR. No. 2023642797

Diagnosis: Episodic migraine

**Investigations Ordered**

- 22/7/23.
- Hematology
  - Coagulation
  - Cl. Chemistry
  - Urinalysis & Fluids
  - Cytology
  - Bacteriology
  - Serology
  - Plain X-ray
  - Ultrasound
  - CT
  - MRI
  - Nuclear Medicine
  - Immunology
  - Medical Genetics
  - Endocrinology
  - GI Endoscopy

**Others**

bl monitoring

MRI brain with

MRI & pituitary

sequence.

**R** 70 AN & depressed mood.  
- On Antidepressant from Medanta.  
- Recent increase in frequency

Rx

Tab. D-Venisep 50mg 2HR.

Tab. Topamax 25mg 1 BD.  
x 1week

man 50mg 1 BD.

Zolmit nasal spray

1 puff 4or

at onset of headache

Next Appointment on ..... at ..... in

incidental small X 2m

meningioma left frontal. inval (Signature)



**SANJAY GANDHI POSTGRADUATE INSTITUTE OF MEDICAL SCIENCES, LUCKNOW**  
**DEPARTMENT OF RADIODIAGNOSIS**

**MRI REPORT**

PATIENT'S NAME: AMRITA PREETAM VERMA 43Y/F CR. NO: 2023642197

INVESTIGATION: MRI HEAD

MRI NO: 93909

DATE: 31.07.23

**SEQUENCES:**

- T1, T2, T2 FLAIR, SWAN & DWI. Cor T2, T1 and sag T1 for pituitary. Post contrast T1, BRAVO and MRV

**CLINICAL DETAILS:** headache


**STUDY SHOWS:**

- A small T1/T2 isointense homogeneously enhancing dural based extra-axial lesion is seen in left frontal region measuring ~ 11.6 x 6mm. No mass effect seen on adjacent brain parenchyma.
- Cerebral grey & white matter appears normal.
- No evidence of intracerebral haemorrhage / acute infarct present.
- Bilateral basal ganglia & thalami are normal.
- Ventricles are normal. Cerebral sulci & cisterns appear normal.
- Cerebellum and brainstem appear normal.
- MRV show normal major intracranial dural sinuses.
- Pituitary gland is normal in height. No focal lesion seen.
- Stalk is mildly deviated towards left side.
- Partial empty sella noted.

**IMPRESSION:**

- Small dural based extra-axial lesion in left frontal region- likely meningioma.

DR VIJAY/ DR RISHABH/ DR SWAGATA

  
DR ARCHANA/ DR ANURADHA