



ilbs

Dr. Anirban - 1

# INSTITUTE OF LIVER & BILIARY SCIENCES

(An Autonomous Society under Government of NCT of Delhi)

D-1, Vasant Kunj, New Delhi, India

Phone No: 011-46300000 Ext: 7055 & 7056, 011-26706700

E-mail: info@ilbs.in | Website: http://www.ilbs.in



## Follow-Up Sheet (Hepatology)

UHID : ILBS.0000158437

Date : 30-08-2023 10:32:43

Patient Name : Mr RAMESH

Doctor Name : Dr S. K. SARIN

/ Sr. Resident / VC

Age/ Gender : 54 Years / Male

Designation : Sr. Professor

Address :

J6- JUDGES COLONY

City and State : ETAH, UTTAR PRADESH

Payer Category :

Pulse (BPM) : 64	Temp (°F) :	BP (mmHg) : 120/70	Saturation (%) : 98%
Height (cms) : 161	Weight (Kg) : 71	Waist (cms) : 102	BMI (kg/m <sup>2</sup> ) : 27.4

### CLINICAL DIAGNOSIS:

- PHTN - NB (Grade III c ACS).

- CLD → HCV related (SURV 2018)

- COMPENSATED.

DM: Primary hypothyroidism.

	Previous	Present
CTP		
MELD		
AARC		
LSM	17.3	
CAP	297	
Fib4		
HVPG		
SSM	55	
BCLC		

### HISTORY:

- NO complications - (?)

- Ites come for follow up.

- USG → No SOL, NO PVT.

### PREVIOUS INVESTIGATIONS DONE :

Hb → 13, L DL → 53, GGT → 35

PU → 50,000, T. Bil. → 0.63, Protn → 7.3

TUCS → 1.5 × 10<sup>3</sup>, D → 0.24, ALP → 38

INR → 1.11, ALP → 173, Creatinine → 1.2

Troglyceride → 223, AST → 12.7, TSH → 2.32

ALT → 35.3

### ULTRASOUND:

### CT / MRI:

### ENDOSCOPY:



India's First NABH Accredited Autonomous Super Speciality Hospital | 24-Hr Emergency Services : 9540947084, 8448884294

"Healthy Liver, Healthy India" | Liver help line - 1-800-11-5354

On Panel :- CGHS | DGEHS | Alankit | E-Meditek | Genins India | ESI | DU | IUAC | ONGC | DTL | UP Govt. | Rajasthan Govt. | DMRC | MCD

Bihar Govt. | CONCOR | CCI | Paramount | Star Health | Max Bupa | Indian Oil | MMTC | Air India | IGNOU | Jamia Millia Univ. | Manipur Govt.

Emergency - 011-26706761 | Duty RHA - 011-26706762 | Surgical ICU - 011-26706730 | Transplant ICU - 011-26706740 | HDU - 011-26706735

LICU - 011-26706736 | Private Ward - 011-26706746, 26706757 | VIP - 011-26706755

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**INVESTIGATIONS (CURRENT VISIT)**

CBC  KFT  LFT  INR  HbA1c  TSH  Lipid (F)  AFP  PIVKA II

**VIROLOGY**

HBsAg  HBsAg(Q)  HBV DNA(Q)  Anti HCV  HCV RNA(Q)

**RADIOLOGY AND IMAGING**

USG Upper Abdo / Doppler  CE CT Upper Abdo (TP)  MRCP  
 Echo  Contrast Echo

**FIBROSCAN**

Fibroscan Liver  Fibroscan Spleen

**ENDOSCOPY**

UGIE + Antral/D2  UGIE + Endotherapy  UGIE Variceal Screening  
 Colonoscopy  ERCP  EUS

**SPECIAL INVESTIGATIONS**

Liver Biopsy  
 TjLB + HVPG  
 HVPG

Other Tests

**Admission Advised:**

Yes  No  Day Care  ER  Wards

**REFERRALS**

IR - OB 1st Floor  AUD - Room No. 2052  Nephro - Section B  Cardio - Room No. 2055  Chest - Section C  
 Transplant - Room No. 2061  Dietitian - Room No. 2014  HPB Surgery - Section D  LiHab - UB  Oncology - UB

**GENERAL ADVICE & NUTRITION :**

**PRESCRIPTION**

Sr. No.	Name of Medicine	Dose	Morning	Noon	Night	Duration	Remarks
1	Tab Etoroxic	80mg	O.D.				
2	Tab Cardivas	(3.125)	3	0	2		
3	cap Becomez 2	1cap	O.D.				
4	Softovac Power	2kp			1130-D.		
5	Hepseru Adult	1sach	O.D.				

**INVESTIGATIONS (NEXT VISIT)**

CBC  KFT  LFT  INR  HbA1c  TSH  Lipid (F)  AFP

**VIROLOGY**

PIVKA II  
 HBsAg  HBsAg(Q)  HBV DNA(Q)  Anti HCV  HCV RNA(Q)

**RADIOLOGY AND IMAGING**

USG Upper Abdo / Doppler  CE CT Upper Abdo (TP)  MRCP  
 Echo  Contrast Echo

**FIBROSCAN**

Fibroscan Liver  Fibroscan Spleen

**ENDOSCOPY**

UGIE + Antral/D2  UGIE + Endotherapy  UGIE Variceal Screening  
 Colonoscopy  ERCP  EUS

**SPECIAL INVESTIGATIONS**

Liver Biopsy  TjLB + HVPG  HVPG

Other Tests

**FOLLOW UP AFTER**

Day(s)  Week(s)  4 Month(s)

Mon  Tues  Wed  Thu  Fri  Sat

Senior Resident's Signature: *[Signature]* Doctor's Signature: \_\_\_\_\_

**Introducing ILBS Whatsapp Helpline**

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1. To connect to doctors in Emergency
2. To talk to Admission Desk
3. To find out OPD days of our consultants
4. To book appointments
5. To connect with billing department
6. To speak to Duty Officer

And to access many other similar services and functions

For this you no longer need to call and wait for someone to connect you. Our WhatsApp Chatbot will help you quickly and efficiently. Simply activate the Chatbot on your phone by doing the following:

1. Scan the QR code with iPhone camera or Google lens
2. Click the send button.
3. Click on "Start subscription"
4. Follow the menu

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## Follow-Up Sheet (Hepatology)

UHID : ILBS.0000158437

Date : 26-04-2023 11:26:00

Patient Name : Mr RAMESH

Doctor Name : Dr S. K. SARIN

/ Sr. Resident / VC

Age/ Gender : 54 Years / Male

Designation : Sr. Professor

Address :

J6- JUDGES COLONY

City and State : ETAH, UTTAR PRADESH

Payer Category :

Pulse (BPM) :	64	Temp (°F) :		BP (mmHg) :	108/66	Saturation (%) :	99
Height (cms) :	161	Weight (Kg) :	69.8	Waist (cms) :	97	BMI (kg/m <sup>2</sup> ) :	27

### CLINICAL DIAGNOSIS:

#### Syndrome:

Neonatal CL  PHT  Viral hepatitis  Acute hepatitis  IDAHS  Chronic cholestasis  NUD / IBS  IBD

NAFLD / NASH  Pancreatitis-Acute  Pancreatitis-Chronic  Gall Stone  Liver Abscess  RACLF

Abdominal Pain  Chronic Constipation

#### Etiology:

Biliary Atresia  PFIC  Atagille Syndrome  Malignancy (specify)  Wilson  AIH  HBV  HCV

NCPF  EHPVO  NAFLD  DILI  HAV  PSC  HVOTO

#### Complications:

Ascites  HE  Bleed  Jaundice  AKI  SBP  HCC  Coagulopathy  Cholangitis  WOPN

#### Varices:

Small  Large  RGS  GOV1  GOV2  PHG  Post-EVL  NSBB  Prior Bleeder

CAP 323  
LSM 16.9  
SSM 43.5  
MELD  
PECD  
CTP  
AARC  
BCLC  
HVPG

### HISTORY:

PHTN [NB, Grade III & RGS]

CLD - HCV related (SVR<sup>+</sup>-2018)

Compensated

CIM - hypothyroid

AFP → 3.4

PivKA-II → 22.66

↓ 2kg

### PREVIOUS INVESTIGATIONS DONE:

hb/TLC/PT → 13.94 / (1.68) / (60)

AFP → 3.4 ALB → 4.01

TB/DII → 1.53 / 0.33 / 1.2

AST/ALT → 39/37 urea/cr. → 25/10.7

ALP/GGT → 65/62 PT/INR → 14/1.26

### ULTRASOUND:

#### CT / MRI:

NO SOL, NO PVT liver-loum

#### ENDOSCOPY:



India's First NABH Accredited Autonomous Super Specialty Hospital | 24-Hr Emergency Services : 9540947084, 8448884294  
 "Healthy Liver, Healthy India" | Liver help line - 1-800-11-5354  
 On Panel :- CGHS | DGEHS | Alankit | E-Meditek | Genins India | EST | DU | IUAC | ONGC | DTL | UP Govt. | Rajasthan Govt. | DMRC | MCD  
 Bihar Govt. | CONCOR | CCI | Paramount | Star Health | Max Bupa | Ind'an Oil | MMT | Air India | IGNOU | Jamia Milia Univ. | Manipur Govt.

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3-302-3060-282-12

**INVESTIGATIONS (CURRENT VISIT)**

CBC  KFT  LFT  INR  HbA1c  TSH  Lipid (F)  AFP  PIVKA II

**VIROLOGY**

HBsAg  HBsAg(Q)  HBV DNA(Q)  Anti HCV  HCV RNA(Q)

**RADIOLOGY AND IMAGING**

USG Upper Abdo / Doppler  CE CT Upper Abdo (TP)  MRCP  
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**ENDOSCOPY**

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 Colonoscopy  ERCP  EUS

**SPECIAL INVESTIGATIONS**

Liver Biopsy  
 T1LB + HVPG  
 HVPG

Other Tests

**Admission Advised:**

Yes  No  Day Care  ER  Wards

**REFERRALS**

IR - OB 1st Floor  AUD - Room No. 2052  Nephro - Section B  Cardio - Room No. 2055  Chest - Section C  
 Transplant - Room No. 2061  Dietitian - Room No. 2014  HPB Surgery - Section D  LiHab - UB  Oncology - UB

**GENERAL ADVICE & NUTRITION :**

↓ 3kg 1400 kcal / 80gm protein

**PRESCRIPTION**

Sr. No.	Name of Medicine	Dose	Morning	Noon	Night	Duration	Remarks
①	Tab Cardivas	3x125 mg	3	0	2		
②	Tab Etronix	88 mcg	1	0	0		7am
③	Cap vitbuz		1	0	0		
④	Tab URMOZ	450 mg	1	0	0		
⑤	Gramoz BC	Sachet	1	0	1		
⑦	Softavae		0	0	HS		

**INVESTIGATIONS (NEXT VISIT)**

CBC  KFT  LFT  INR  HbA1c  TSH  Lipid (F)  AFP  PIVKA II

**VIROLOGY**

HBsAg  HBsAg(Q)  HBV DNA(Q)  Anti HCV  HCV RNA(Q)

**RADIOLOGY AND IMAGING**

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 T1LB + HVPG  
 HVPG

Other Tests

**FOLLOW UP AFTER**

Day(s)  Week(s)  4 Month(s)   
Mon  Tues  Wed  Thu  Fri  Sat

Senior Resident's Signature

Doctor's Signature





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Dr. phoolchand-7

## Follow-Up Sheet (Hepatology)

UHID : ILBS.0000158437

Date : 13-01-2023 11:57:42

Patient Name : Mr RAMESH

Doctor Name : Dr S. K. SARIN

/ Sr. Resident / VC

Age/ Gender : 54 Years / Male

Designation : Sr. Professor

Address :

J6- JUDGES COLONY

City and State : ETAH, UTTAR PRADESH

Payer Category :

Pulse (BPM) : 70 Temp (°F) :          BP (mmHg) : 122/74 Saturation (%) : 98  
 Height (cms) : 161 Weight (Kg) : 71.8 Waist (cms) : 96 BMI (kg/m<sup>2</sup>) : 27.5

### CLINICAL DIAGNOSIS:

MTH - MB, Grade III RRLS  
 CLD - HCV related (SURF-2018)  
 compensated

CPA  
 hypothyroidism

	Previous	Present
CTP	<input type="checkbox"/>	<input type="checkbox"/>
MELD	<input type="checkbox"/>	<input type="checkbox"/>
AARC	<input type="checkbox"/>	<input type="checkbox"/>
LSM	<input type="checkbox"/>	<input type="checkbox"/>
CAP	<input type="checkbox"/>	<input type="checkbox"/>
Fib4	<input type="checkbox"/>	<input type="checkbox"/>
HVPG	<input type="checkbox"/>	<input type="checkbox"/>
SSM	<input type="checkbox"/>	<input type="checkbox"/>
BCLC	<input type="checkbox"/>	<input type="checkbox"/>

### HISTORY:

NO previous complaints  
 Asymptomatic

### PREVIOUS INVESTIGATIONS DONE :

CBC = 11/3.2/31 RBS = 73  
 GT = 0.58 AFP = 3.07  
 LFT = 0.78/0.29 PT/INR = 21.33  
 48/61  
 70/93  
 8.3/4.7

### ULTRASOUND:

### CT / MRI:

### ENDOSCOPY:

**INVESTIGATIONS (CURRENT VISIT)**

CBC  KFT  LFT  INR  HbA1c  TSH  Lipid (F)  AFP  PIVKA II

**VIROLOGY**

HBsAg  HBsAg(Q)  HBV DNA(Q)  Anti HCV  HCV RNA(Q)

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 Transplant - Room No. 2061  Dietitian - Room No. 2014  HPB Surgery - Section D  LiHab - UB  Oncology - UB

**GENERAL ADVICE & NUTRITION :**

1400 kcal / 80 gm protein, SR diet

**PRESCRIPTION**

Sr. No.	Name of Medicine	Dose	Morning	Noon	Night	Duration	Remarks
①	T. Cardivas	3.125w	3		2		
②	T. Elbasin	80mg	1BB	✓	✓		
③	cup Bebasin 2		✓	✓	✓		
④	Salt wa	✓	✓	1			
⑤	hepato Sachet	✓	✓	1	✓		
✓	decreased HP	scdps	✓	✓	✓		

**INVESTIGATIONS (NEXT VISIT)**

CBC  KFT  LFT  INR  HbA1c  TSH  Lipid (F)  AFP  PIVKA II

**VIROLOGY**

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Liver Biopsy  
 TJLB + HVP  
 HVP

Other Tests

**FOLLOW UP AFTER**

Day(s)  Week(s)  3 Month(s)   
 Mon  Tues  Wed  Thu  Fri  Sat

Senior Resident's Signature

Doctor's Signature