

Patient Name: Mr. Avinash Kumar  
 Age / Sex: 34 Years/Male  
 MaxId: VSLI.497415  
 Doctor Name: Dr.Amit Kr Malik

Location: Vaishali  
 Date: 16 Oct 2023  
 Invoice No: VACS2643571  
 Referred By: SELF

BP: 140/95 Pulse: 100/min SpO2: 99 %age

**Allergy:** No Known Allergy

**Chief Complaints and History of Present Illness**

Recurrent Dyspnea on exertion/LV Dysfunction/LVEF~40-45%/Normal Coronaries with Slow Flow in LAD & RCA (CAG-16.5.23)  
 OPD REVIEW. DOING OK - LVEF 50% on MRI.

**Past History / Family History**

H/o Dyspnea off & on for 1 year on Rozavel A OD for 1 year  
 Previous check Yashoda Aug 2022 - Normal LV Function  
 5/5/23-Echo (Yashoda) - HK IVS/LVEF~45%/LVED~5/ECG-BSR, T inversion III, Biphasic T I, aVL.  
 Cardiac MRI 14/10/23- LVED 5.6 CM, Mild global HK, EF 50%, No gadolinium enhancement area. S/O Nonisch CMP.

**Clinical Notes / Old Reports**

22/5/23-Hb-16/TLC-7.6/Plat-153/Urea-30.7/Creat-1/Na-143/K-4.3  
 6/7/23-Echo - HK Apex /LVEF~45-48%/Urea-24/Creat-0.9/U.Acid-8.1/Na-141/K-4/BNP-21.1/ECG-NSR @ 92.  
 14/10/23-Urea-27.5/Creat-1/U.Acid-7.7/Na-140/K-4.2/Cardiac MRI - dilated LV/mild LV hypokinesia/reduced LV systolic function/LVEF~50%/on delayed contrast images, there are no obvious areas of late gadolinium enhancement/overall features may suggest the possibility of LV cardiomyopathy

**Medicine Advised**

Sno	Medicine	Schedule	Instruction	Route	Days
1	CARCA 3.125MG TAB (1X15) (CARVEDILOL 3.13 MG)	TWICE IN A DAY	AFTER BREAKFAST AND DINNER	ORAL	120
2	VYMADA 50MG TAB (1X14) (SACUBITRIL 24 MG + VALSARTAN 26 MG)	TWICE IN A DAY	AFTER BREAKFAST AND DINNER	ORAL	120
3	SOFTOVAC-SF 100GM POWDER (ISPAGHULA HUSK 70 %W/W + MULETHI 5 %W/W + SODIUM BENZOATE 0.1 %W/W)	ONCE IN A DAY	AFTER DINNER 1 TSF WITH ONE GLASS OF WATER	ORAL	120
4	FEBUTAZ 40MG TAB (1X10) (FEBUXOSTAT 40 MG)	TWICE A WEEK	AFTER DINNER	ORAL	120
5	UDAPA 5MG TAB (1X10) (DAPAGLIFLOZIN 5 MG)	ONCE IN A DAY	AFTER BREAKFAST	ORAL	120
6	ECOSPRIN AV 75MG/10MG CAP (1X15) (ASPIRIN 75 MG + ATORVASTATIN 10 MG)	ONCE IN A DAY	AFTER DINNER	ORAL	120

**Advice**

All prescribed medicines are essential for recommended period. Follow up with HBA1C/ NTPROBNP/KFT /ECG reports after 4 Months.

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Dr.Amit Kr Malik  
Director - Cardiology,  
MD,DM (Cardiology)  
DMC No. : DMC-27483

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