

4700-2/1

WARDHMAN TRAUMA & LAPAROSCOPY CENTRE PVT. LTD.
3rd Km., Jansath Road, Muzaffarnagar (U.P.)

DR. MUKESH JAIN MS
ORTHOPAEDIC SURGEON

DR. ANUBHAV JAIN MS
ORTHOPAEDIC SURGEON

Date: 31.07.2021

According to your queries answer is given below

This is to certify that Mrs. Pushpa Singh age 70y/F W/O Mr. Chandravir Singh R/O Adarsh Colony Pachenda Road Muzaffarnagar (U.P) was admitted in our hospital on 09/07/2021 and DOS. 11/07/2021 and Discharged on 16/07/2021 as a case of L₄ L₅ Spinal listhesis . Patient's one day ICU charge Rs.25000/- with bill no. 3290 date 16/07/2021.

Patient was kept under high observation and needed Anesthetist observation, Inotropic support & monitoring post surgery hence was kept in ICU for 36 to 40 hours.

Breakup of 25000/-

24 Hour ICU Stay	= 10000/-
12 Hour ICU Stay	= 5000/-
ICU Medicine charge	= 10000/-
Total	= 25000/-

Dr. Anubhav Jain

Dr. Mukesh Jain

Regd. No. : 20828

E-mail : jainmukeshortho@hotmail.com

(Saturday & Sunday Closed)

Local Auth. Regst. No.

RMEE2108327

Dr. Anubhav Jain

Regd. No. : 81597

E-mail : dranubhav86@gmail.com

Registration Time : 7.00 P.M. (9219416543, 9219456235)

Helpline : 7830803084, 7830803085

Reg. Office : C-209, Defence Colony, New Delhi-110024

Website : www.vardhmanhospital.com

CIN : U85110DL1996PTC079982

VARDHMAN TRAUMA & LAPAROSCOPY CENTRE (P) LTD.

3rd Km., Jansath Road, Muzaffarnagar -251001 (U.P.)
Ph. : 0131-2623084, 2623085, 7830803084, 7830803085 Fax : 0131-2622737

DISCHARGE CARD WITH DISCHARGE SUMMARY

Name of the Patient Mrs. Rushpa Singh Age / Sex 70yrs / F

Sig. W/O, D/O Mrs. Chandra Vix Singh

Address H.No-3, A Mundate House
Parshanda, MZN.

Date of Admission 09/07/2021 D.O.S. 11/07/2021 D.O.D. 16/07/2021

Surgeon Incharge Dr. Anubhakt Jain (M.S. OR THO)

Diagnosis Prognosis explained regarding infection and Union Non Union
Consent of implant removal taken.

L4 L5 spinal listhesis

Complaints on reporting

Spine Pain. & radiation

History of Present illness

History of Past illness

Treatment

Decompression & post stabilization

Advise on Discharge

walk & walkon.

Exercise as advised.

2/3 Dng. Neurokind IM alt day.
Adv. Inj. as per BSL.

1/3 Dng Teriprac S/C daily.
Calcispray Nasal Spray Alt Noct.

- ~~Tab. Ceftriaxone 500 1BD~~
- Tab. Paracetamol 1BD
- Tab. Ultracetamol 1BD
- Tab. Alfucalcid 1BD
- Tab. Bacilo 100
- T. Dab him 2T

रजिस्ट्रेशन समय :
सायं ५ बजे
फोन नं० : 9219456235
9219456235

27/7.

o To Comr.

Reg. Office : C-209, Defence Colony, New Delhi - 110024 (Delhi) India

CIN : U85110DL1996PTC079982

Website : www.vardhmanhospital.com

Appointment Number
Saturday & Sunday closed
Cont. 9219456235

Open at 3PM to 6PM
Saturday & Sunday OPD Closed

Hypertensive
Post PTCA/St to LAD (31st Jan 2022)
PTCA/St to ISR LAD (16/5/22)
Underwent Spinal Cord Decompression surgery (July 21)
Bilateral Cataract Surgery (3 years back)

INVESTIGATIONS:

Detailed reports with the patient.

2D ECHO (10.05.2022):

- " No Regional wall motion abnormality. Global LVH
- " Normal LV, LA, RA, RV chamber dimensions.
- " Grade I diastolic dysfunction (Normal LVEDP).
- " Trace MR. Trace AR. Trace TR (RVSP = mmHg).
- " Normal RV systolic function present (TAPSE = cm).
- " No Intracardiac clot/vegetation/pericardial pathology
- " IVC is normal in size with >50% inspiratory collapse (RAP = 3 mmHg)

POST-OP HOSPITAL COURSE:

Patient was admitted with above mentioned complaints. After thorough preoperative evaluation she underwent CABG x 4 on Beating Heart (IMA, RSVG to Diagonal, OM1 and OM2) on 21.07.2022.

She was observed in CTVS ICU in the immediate postoperative period, extubated on the first post operative day, inotropes were withdrawn, chest tubes were removed and eventually she was mobilized, postoperative care transferred to the ward.

In the ward the patient was given rigorous chest physiotherapy, diet along with all other routine activities, pacing wire was removed, echo was done which was satisfactory, she had no further complaints, therefore being discharged in a stable condition.

TREATMENT ADVICE ON DISCHARGE:

- Tab. Ceruvin AF 150 mg once daily (10 pm) - Life long
- Tab. Rastrol 20 mg once daily (10pm) - Life long
- Tab. Metoprolol 25 mg twice daily (8am - 8pm)

For post-hospital care at home, call Max@Home at 9988 422 333 (24x7) home services include Critical Care@home, Nursing Care, Healthcare Attendants, therapy, Sample Collection, Medicine Delivery, Medical Equipment and

Max Super Speciality Hospital, Saket

(East Block) CASU/OPD/EMERGENCY/ICU PLEASE CONTACT 011-66115050 / 011-66115050
(Devki Dew Foundation-registered under the Societies-Registration Act-XXI of 1860)

Regd. Office: 3, Press Enclave Road, Saket, New Delhi-110017. Document and does not require any a sign
For medical service queries or appointments, call: +91-11 2651 5050
Fax: +91-11-2651 0050



Tab. Pantocid 40 mg once daily (7 am) x 1 week before breakfast
 Syp. Cremaffin 3-4 tsf once daily at bedtime x 5 days and thereafter as required for constipation
 Cap. Fefol 2 one cap once daily (2 pm) x 1 month
 Cap. Murine 300 1 cap once daily (2pm) x 1 month
 Tab. Ultracet 1 tab thrice daily (9am-2pm-9pm) x 3 days upon as and when required - for pain
 Welltoo Pro Protein powder 2 scoops twice daily (9am-9pm) x 1 month
 Tab. Ceftum 500 mg twice daily (9am - 9pm) x 5 days,
 Tab. Levoflox 500 mg once daily (9am) x 5 days x

ANTI-DIABETIC TREATMENT AS ADVISED:

INJ. HUMALOG 10U S/C BEFORE BREAKFAST BEFORE LUNCH BEFORE
 INJ BASAGLAR 18U S/C BEDTIME
 TAB VOLIX M(0.2/500) WITH BREAKFAST WITH LUNCH

DUTY DOCTOR CONTACT NO.: 9871004338

CTVS OFFICE NO.: 9650429068
 CALL CENTER FOR VIDEO CALLING (8860444888)
 SECRETARY NO.: 8447529059

Patient Name : SUSHPA, SINGH
 Age : 30-35 years
 Sex : M

FOLLOW UP ADVICE: *MURIMET OINTMENT - 1 Tube*

CBC, S.SODIUM AND POTASSIUM TO REVIEW WITH REPORTS ON
 TO REVIEW IN CTVS OPD ON FRIDAY 23-02-2023
 SETAM INHALATION THRICE DAILY
 Suture removal after 7 days (12-4 pm).
 Cleaning of wound with 10% betadine solution twice daily.
 Physiotherapy: As advised
 Physical Activity: Symptom related.
 Precautions: Avoid heavy weight lifting for six months
 To seek appointment for Preventive Cardiac Check-up (PCC) after 3 months
 day of appointment for PCC the patient should come fasting (NO TEA
 TEA) and report to the OPD counter at 08:30 AM. to review the results
 visit Dr. RAJNEESH MALHOTRA OPD with prior appointment.
 To see Dr. RAJNEESH MALHOTRA in OPD after 7 days with prior appt
 TO REVIEW WITH DR VIKAS AHLUWALIA TEAM @ 5TH FLOOR 4th BLOCK
 APPOINTMENT AT 8130197900(Ms ARING)

LOOK FOR FOLLOWING WARNING SIGNS:

FEVER, VOMITING, WOUND REDNESS, WOUND DISCHARGE, GIDDINESS, UNCONSCIOUSNESS,
 SEVERE CHEST PAIN, SEVERE BREATHLESSNESS, BLEEDING FROM WOUND
 If any of these present, contact on Tel. No. 9871004338.

For post-hospital care at home, call Max@Home at 9988 422 332 (24x7) home
 Services include Critical Care@home, Nursing Care, Healthcare Attention,
 therapy, Sample Collection, Medicine Delivery, Medical Home Visit

MONITOR:

BP - Every week
Blood Sugar - Everyday as advised
Lipid Profile - Every six months

" Report back to your Doctor at the earliest in case of any acute medical emergency.

" Avoid changing/ stopping medicines without medical supervision.

" In case of any emergency, contact Max Hospital at 011-66115050; 011-26115050.

For CTVS OPD appointments of Dr. Rajneesh Malhotra, contact Ms. Sneha (8447529059) / appointment desk (26515050, 26525555)

In case you Require Sample collection, Medicine Delivery at Home, nursing care & Physiotherapy services please contact :- 011 - 41326269, 9999777754

/es/ SACHIN CHATTERJEE
MBBS DMC 25309
Signed: 27/07/2022 16:44

/es/ SACHIN CHATTERJEE
MBBS DMC 25309
Cosigned: 27/07/2022 16:44
for RAJNEESH MALHOTRA
Principal Director & Head- CTVS

Patient Name : PUSHPA, SINGH

SSN : 30-31-8321

For post-hospital care at home, call Max@Home at 9988 422 333 (24x) home services include Critical Care@home, Nursing Care, Healthcare Attendant, therapy, Sample Collection, Medicine Delivery, Medical Equipment and more.

Max Super Speciality Hospital, Saket
(East Block) D-05, Devi Devi Foundation, Gurgaon
PLEASE CONTACT 011-66115050 / 011-26115050
(Devi Devi Foundation registered under the Societies Registration Act XXI of 1860)



Patient Name: Mrs. Pushpa Singh Location: Saket (DDF)
 Age / Sex: 71 year(s) 7 month(s) 8 day(s) /Female Date: Tuesday, August 9, 2022 2:26 PM
 MaxId: SKMS.543509 Invoice No: SKCS3838212
 Doctor Name: Dr. Rajneesh Malhotra Referred By: SELF
 Speciality: Cardiac Surgery

BP: 160/70 Pulse: 103/min SpO2: 98 %age

Allergy: No Known Allergy

Past History

CABG x 4 on Beating Heart (LIMA to LAD, RSVG to Diagonal, OM1 and OM2) on 21.07.2022

1 N7DDM

Medicine Advised

Sno	Medicine	Schedule	Instruction	Route	Days
1	CERUVIN AF 150MG TAB (1X15) (ASPIRIN 150 MG + CLOPIDOGREL 75 MG)	ONCE IN A DAY	9PM ✓	ORAL	30
2	RASTROL 20MG TAB (1X10) (ROSUVASTATIN 20 MG)	ONCE IN A DAY	9PM ✓	ORAL	30
3	CELESTA FORTE 250MG CAP (1X15) (L-GLUTATHIONE 250 MG)	ONCE IN A DAY	2PM ✓	ORAL	30
4	FEFOL Z CAP (1X15) (ELEMENTAL IRON 50 MG + FOLIC ACID 0.5 MG + ZINC SULPHATE 61.3 MG)	ONCE IN A DAY (HOLD)	2PM	ORAL	30

Stavupress XL 25mg x twice a day ^{9AM} ^{9PM}

Humalog low x SC

Basaglar 18U x SC

Velix M 0.2g / 500 x 1BD

Ultracet (Tab x SOS, (Pain)

8 Tab Sompraz D (Gas) 4ong

Dr. Rajneesh Malhotra
 Principal Director & Head- CTVS
 Cardiac Surgery
 DMC No. :6598



Patient Name: Mrs. Pushpa Singh
 Age / Sex: 71 year(s) 8 month(s) 8 day(s) / Female
 MaxId: SKMS.543509
 Doctor Name: Dr. Rajneesh Malhotra
 Speciality: Cardiac Surgery

Location: Saket (DCF)
 Date: Friday, September 9, 2022 1:51 PM
 Invoice No: SKCS3871289
 Referred By: SELF

BP: 110/70 Pulse: 85/min SpO2: 99 %age

Allergy: No Known Allergy

Past History

CABG x 4 on Beating Heart (LIMA to LAD, RSVG to Diagonal, OM1 and OM2) on 21.07.2022

Medicine Advised

Sno	Medicine	Schedule	Instruction	Route	Days
1	CERUVIN AF 150MG TAB (1X15) (ASPIRIN 50 MG + CLOPIDOGREL 75 MG)	ONCE IN A DAY	3PM ✓	ORAL	90
2	RASTROL 20MG TAB (1X10) (ROSUVASTATIN 20 MG)	ONCE IN A DAY	9PM ✓	ORAL	90
3	CELESTA FORTE 250MG CAP (1X15) (L-GLUTATHIONE 250 MG)	ONCE IN A DAY	9PM ✓	ORAL	30
4	MURINE-300 CAP (1X10) (COENZYME Q10 300 MG + LYCOPENE 5000 MCG + OMEGA-3 FATTY ACID 250 MG)	ONCE IN A DAY	2PM ✓	ORAL	30
5	STARPRESS-XL 75MG TAB (1X15) (METOPROLOL 25 MG)	TWICE IN A DAY	9AM 9PM ✓	ORAL	90

6. Tab Sompraz D 40mg x 1BD x 15 days
 7. - Inj Humalog 10u x SC
 - Inj Basalog 18u x SC
 Tab Volux M 0.2 / 500 x 1BD

Dr. Rajneesh Malhotra
 Principal Director & Head- CTVS
 Cardiac Surgery
 DMC No. :6598



Patient Name: Mrs. Pushpa Singh Location: Saket (DDF)
 Age / Sex: 71 year(s) 7 month(s) 1 day(s) / Female Date: Wednesday, November 2, 2022 2:46 PM
 MaxId: MDDN.318321 Invoice No: SKCS3926785
 Doctor Name: Dr. Rajneesh Malhotra Referred By: SELF
 Speciality: Cardiac Surgery

BP: 120/80 Pulse: 79/min SpO2: 99 %age

Allergy: No Known Allergy

Past History

CABG x 4 on Beating Heart (LIMA to LAD, RSVG to Diagonal, OM1 and OM2) on 21.07.2022

Handwritten notes:
 Routine follow up @ 3 months.
 C/O pain at the left shoulder joint
 C/O - features suggestive of frozen shoulder.

Medicine Advised

Sno	Medicine	Schedule	Instruction	Route	Days
1	CERUVIN AF 150MG TAB (1X15) (ASPIRIN 150 MG + CLOPIDOGREL 75 MG)	ONCE IN A DAY	9PM	ORAL	90
2	RASTROL 20MG TAB (1X10) / RAZEL-20 (ROSUVASTATIN 20 MG)	ONCE IN A DAY	9PM	ORAL	90
3	CELESTA FORTE 250MG CAP (1X15) (L-GLUTATHIONE 250 MG)	ONCE IN A DAY	10PM	ORAL	90
4	MURINE-300 CAP (1X10) (COENZYME Q10 300 MG + LYCOPENE 5000 MCG + OMEGA-3 FATTY ACID 250 MG)	ONCE IN A DAY	2 PM	ORAL	90

✓ 3. T. Star press - XL 25mg IBD < 8am - 8pm x 3 months

4. Volini Gel for E/A

5. Hot packs for shoulder.

Anti Diabetic treatment to continue as advised.

To review after 3 months.

Handwritten signature:
 Shubhit Kumar
 for Dr. Rajneesh Malhotra

Dr. Rajneesh Malhotra
 Principal Director & Head- CTVS
 Cardiac Surgery
 DMC No. :6598

Patient Name: Mrs. Pushpa Singh
Age / Sex: 72 year(s) 2 month(s) 26 day(s) /Female
MaxId: SKMS.543509
Doctor Name: Dr. Rajneesh Malhotra
Speciality: Cardiac Surgery

Location: Saket (DDF)
Date: Monday, March 27, 2023 2:03 PM
Invoice No: SKCS4073017
Referred By: SELF

BP: 120/70 Pulse: 72/min Respiration: 20/min SpO2: 96 %age FallRiskScale: 1 PainScale: 2

Adult Nutrition Screening			
Decreased food intake over last 3 months	No	Weight Loss in last 3 months	No loss
Mobility	Bed/Chair bound	Acute disease in last 3 months	No
Neuropsychological problem	None		
Total score 2 Normal			

Allergy: No Known Allergy

Past History

CABG x 4 on Beating Heart (LIMA to LAD, RSVG to Diagonal, OM1 and OM2) on 21.07.2022
CAME FOR ROUTINE FOLLOW UP

Medicine Advised

Sno	Medicine	Schedule	Instruction	Route	Days
1	STARPRESS-XL 25MG TAB (1X15) (METOPROLOL 25 MG)	TWICE IN A DAY	9AM-9PM ✓	ORAL	90
2	RASTROL GOLD 20MG TAB (1X10) (ASPIRIN 75 MG + CLOPIDOGREL 75 MG + ROSUVASTATIN 20 MG)	ONCE IN A DAY	9PM ✓	ORAL	90

CONTINUE ANTIDIABETICS AS ADVISED BY ENDOCRINOLOGIST ✓
POST CABG PACKAGE TEST IN WEST BLOCK

Advice

REVIEW WITH REPORTS AFTER 6 MONTHS / SOS

- INVESTIGATIONS TO BE DONE
- CBC
- SERUM UREA/CREATININE
- SERUM SODIUM/POTASSIUM
- URINE/R/E
- LFT
- BLOOD SUGAR-FASTING/PP
- HBA1C
- LIPID PROFILE
- URIC ACID
- TSH

2D
x Ray
TEST (PA-VIEW)

Rajneesh Malhotra
Dr. Rajneesh Malhotra
Principal Director & Head- CTVS
Cardiac Surgery
DMC No. :6598



Patient Name: Mrs. Pushpa Singh
Age / Sex: 72 year(s) 7 month(s) 29 day(s) / Female
MaxId: SKMS.543509
Doctor Name: Dr. Rajneesh Malhotra
Department: Cardiac Surgery

Location: Saket (DDF)
Date: Wednesday, August 30, 2023 2:36 PM
Invoice No: SKCS4225141
Referred By: SELF
Speciality: Cardiac Surgeon.

Allergy: No Known Allergy

BP 136/76, HR 74

Past History

CABG x 4 on Beating Heart (LIMA to LAD, RSVG to Diagonal, OM1 and OM2) on 21.07.2022
CAME FOR ROUTINE FOLLOW UP

1 FROZEN Shoulder

Medicine Advised

Sno	Medicine	Schedule	Instruction	Route	Days
1	STARPRESS-XL 25MG TAB (1X15) (METOPROLOL 25 MG)	TWICE IN A DAY	9AM-9PM	ORAL	90 180
2	RASTROL GOLD 20MG TAB (1X10) (ASPIRIN 75 MG + CLOPIDOGREL 75 MG + ROSUVASTATIN 20 MG)	ONCE IN A DAY	9PM	ORAL	90 180

3. Tab NUCOXIA MR 1 Tab x 1 BD x 3 days

4. Contractubax

(CONTRACTUBAX) ointment

Dr. Rajneesh Malhotra
Vice Chairman & Head- CTVS
DMC No. :6598

Rajneesh

5. Continue antidiabetics

6. Follow up

after 3 months

or 6m

- Investigations to be done after 3 months
- CBC
 - SERUM UREA/CREATININE
 - SERUM SODIUM/POTASSIUM
 - URINE-R/M
 - LFT
 - BLOOD SUGAR-FASTING/PP
 - HBA1C
 - LIPID PROFILE
 - URIC ACID
 - PT/INR
 - TSH
 - ECG
 - 2D ECHO
 - XRAY CHEST (PA-VIEW)

