



18/12  
25/9

Swara  
29 yrs / F

2/9/23

1st. 36 W 5 D. c/clo

100/60

P/A → 34-36 Wks / ceph / FH / 144/44

99 kg

Atue

NST - reactive. Sp acls

- FM count.

- NST.

- Rest same treatment.

USG late obs.  
c Colour doppler

WNL

R/A c - e/pt

Self Attended.

11/9 - 5 pm  
10 AM

Chandhary  
14/12/2023

*Anjali Chaudhary*



## DISCHARGE SUMMARY

Name **Mrs. Swara Gowda**  
Consultant in Charge **Dr. Anjali Chaudhary**  
Address- Villegge Kath Bhagpat U.P.  
Date of Admission 09.09.2023  
Time of Admission 05.26 PM  
ICD CODE:

29 yrs. Female  
Date of Discharge 10.09.2023  
Time of Discharge 12.30 PM  
MLC: NIL

UHID No. 1331  
IPD No. 1331/23  
Tel. 9899497942  
Room No. 305  
No of Days 01\*

**DIAGNOSIS:** PRIMIGRAVIDA WITH FALSE PAINS

**MANAGEMENT:** CONSERVATIVE MANAGEMENT

**CASE SUMMARY:** 37 weeks 05 days Primi came to emergency with pain Lower abdomen since yesterday night. No H/o - DM / TB / COPD. LMP 18.12.22 EDD 25.09.2023. Blood Group "A" positive.

### KEY FINDINGS, ON PHYSICAL EXAMINATION AT THE TIME OF ADMISSION:

BP- 110/70mm/hg, Pulse 86/mint, Temp 97.4 F, SPO2 99%, RR 20/mint,  
Pallor + Icterus - Cyanosis - Clubbing - JVP - LNP - Pedal edema -  
P/A T/S single fetus, cephalic irritable uterus, FHS regular 144/mint, P/V one figure tight high up Vx, OS closed.  
Pelvis adequate but head Very high.

**COURSE IN THE HOSPITAL, INCLUDING COMPLICATION INVESTIGATION DURING HOSPITALIZATION:** Patient admitted with above complaints & managed conservatively. PC Enema + and other supportive care. NST done. Patient not in labour can be sent home & R/A to emergency SOS & visit in OPD 11.09.2023 at 05:00 PM

**INVESTIGATIONS SHOWS:** HB 11.7 TLC 12700 DLC N 73 L 21 RBC 4.06 ESR 70. P- Time 12.9 INR 1.06.

Investigations Given to Patient in original

### ADVICE ON DISCHARGE

Rx. NORMAL DIET

- |                       |          |   |
|-----------------------|----------|---|
| 1. CALGOLD            |          | 1 TAB ONCE A DAY                              |
| 2. THYRONORM          | 37.5 MCG | 1 TAB ONCE A DAY BBF                          |
| 3. IRENTIA            |          | 1 TAB ONCE A DAY                              |
| 4. WINSUN -D3         |          | 1 TAB ONCE A WEEK                             |
| 5. ARGILINK           |          | 1 SCT THRICE A WEEK MONDAY, WEDNESDAY, FRIDAY |
| 6. POLYRICH WITH MILK |          | TWICE A DAY                                   |

Review in OPD 11/09 / 2023 at 05 PM at telephonic appointment

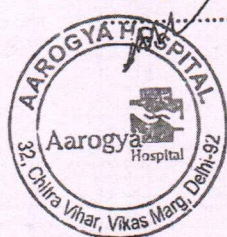
Wishing you a speedy recovery & healthy life.

Urgent medical care in case of

1. P/V Bleeding
2. Pain in Lower Abdomen

Dr. Anjali Chaudhary  
Gynecologist

Medical Officer



Patient & Attendant

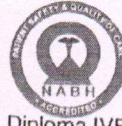
*Self Attended.*  
*Chaudhary*  
*14/12/2023*

# Aarogya Hospital

Multi Speciality Hospital & IVF Centre  
Dr. Anjali Chaudhary

MBBS, MD, DNB, MNAMS, FICOG  
RCOG Associate, UK  
Infertility & IVF Specialist

Mob: 09911470002



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Email: info@aarogyahospital.com  
Website: www.aarogyahospital.com

- Diploma IVF (Kiel University - Germany)
- P.G Course (IVF) - American College of OBGYN
- Royal College of OBGYN-associate UK
- Advanced Laparoscopic Gynae Trained - Ethicon
- Formerly Consultant Sir Ganga Ram Hospital & GTBH
- Member IFS / EDGF / DMC / THGF / Laparoscopic Society

Name: SWARA

Date: 15-09-2023 11:06 am

GPAL: G<sub>1</sub>

Age/Sex: 29y / F

Mobile: 9899471781

*Blue*

LMP: 18-12-2022

Office ID: AC9165

GA by LMP: 38w 5d

EDD by LMP: 25-09-2023

### Symptoms:

Early stage of pregnancy

### Menstrual history:

LMP 18-12-2022

### Obstetric history: G<sub>1</sub>

G1: 38w 5d Pregnant: EDD by LMP: 25th Sep 2023

als: Weight: 99 kg, Pulse: 104 /min, BP: 100/80 mmHg

### Findings:

Fetus (Single, Cephalic)  
P/A Uterus (36 wks)  
Fetal Heart Rate (120-160/min)

### Diagnosis:

Pregnancy confirmed

*Plv -> 1F, soft, central,  
Vxat -3, 80% eff  
belide adreg/bardelid/ue*

### Medicines:

1. Powder **Polyrich with milk:**  
1 scoop - Twice a day X 1 Month
2. Other **Grd cookies:**  
1 other - Twice a day X 1 Month
3. Tablet **Cal gold:**  
1 tablet - Once a day X 1 Month
4. Tablet **Irentia:**  
1 tablet - Once a day X 1 Month
5. Sachet **Argilink:**  
1 sachet - Once a day X 1 Month  
With water
6. Tablet **Winsun D3:**  
1 tablet - Once a week X 1 Month  
Once weekly
7. Tablet **Thyrox (25 mcg):**  
1 tablet - Once a day X To Continue  
Before breakfast

### Advised Investigations:

1. CBC - Complete Blood Count
2. PT INR
3. Ultrasound late obs

### Instructions:

- Simple walking, yoga and breathing exercises are best
- Consume milk, curd, lassi, cheese, paneer (100g) daily
- Frequent small meals
- Plenty of fluids
- Daily fetal movement record

Follow up: 18 Sep 2023, Monday / 800 /  
*5pm*

*Self Attested,  
Chaudhary  
14/12/2023*

*[Signature]*

Dr. Anjali Chaudhary

DMC 18333

Find your prescription online on docon.co.in

*Castor oil 4-5 ml  
warm*

Dr. Anjali Chaudhary  
MBBS, MD, DNB, MNAMS  
IVF & Infertility Specialist

For Appointment

# Aarogya Hospital

Multi Specialty Hospital & IVF Centre



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Delhi-110092  
Tel.: +91-11-22448008, 22043839  
E-mail: avhrc@rediffmail.com

## DISCHARGE SUMMARY

Name **Mrs. Swara Gowda**  
Consultant in Charge **Dr. Anjali Chaudhary**  
Address- Village Kath Baghat Uttar Pradesh.  
Date of Admission 15.09.2023  
Time of Admission 05.47 PM  
ICD CODE:

30 yrs. Female  
Date of Discharge 16.09.2023  
Time of Discharge 05.30 PM  
MLC: NIL

UHID No. 3334  
IPD No. 1381/23  
Tel. 9899471781  
Room No. 304  
No of Days 02\*

**DIAGNOSIS:** PRIMIGRAVIDA AT 38 WEEKS 5 DAYS WITH LPS.

**MODE OF DELIVERY:** NVD WITH EPISIOTOMY ON 15.09.2023.

**CASE SUMMARY:** Primigravida at 38 weeks 5 days pregnancy admitted with complaints of LPS. No H/O LPV / BPV / Fever / loose stools / cough. No H/O DM / HTN / TB / COPD / Thyroid. LMP 18/12/2022, EDD 25/09/2023. Blood Group 'A' Positive.

### Key findings, on physical examination at the time of admission:

BP- 120/90 mm/hg, Pulse 85/mint, Temp 98 F, SPO2 99%, RR 20/mint,  
Pallor - Icterus - Cyanosis - Clubbing - JVP - LNP - Pedal edema -  
P/A T/S cephalic presentation, FHS regular 144/mint, P/V 3 cm, Vx-3, membrane +, 40% effaced.

**Delivery Details:** Patient delivered a healthy female baby weight 2.9 kg delivered by NVD with episiotomy on 15.09.2023 at 10.27 pm with APGAR 8, 9, 9. Cord around neck +. Baby cried immediately after birth and handed over to pediatrician. Placenta delivered. Episiotomy stitched in layers. No Tear, No PPH, Inj Methergin / Synto / justine PR Tab Mesoprost / given.

**Baby Details:** D/T 15.09.2023 at 10.27 PM, Female 2.9 kg with APGAR 8, 9, 9. Baby shifted to NICU.

### Investigations Given to Patient in original.

ADVICE ON DISCHARGE

Rx. Soft diet / Plenty of Fluid

- Breast feeding & perineal care as advised Vaccination as advised
- RAZO D 1 CAP TWICE A DAY X 5 DAY
- MORTEGA 1 TAB TWICE A DAY X 5 DAY
- SIGNOFLAM 1 TAB THRICE A DAY X 5 DAY
- SITZBATH WITH BETADINE LOTION & OINTMENT

Review in OPD 10 Days at Telephonic appointment (9911470002).

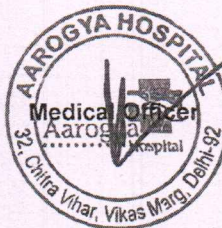
Wishing you a speedy recovery & healthy life.

Urgent medical care in case of

- Excess P/V Bleeding
- Fever
- Foul smelling from stitch side

Dr. Anjali Chaudhary  
Obstetrician & Gynecologist

Dr. Karan Vats  
Pediatrician



Patient & Attendant  
.....

Dr. Anjali Chaudhary  
MBBS, MD, DNB, MNAMS  
IVF & Infertility Specialist  
UPMC Reg. No. 75299

For Appointment

*Sely Attested.*  
*Anjali Chaudhary*  
*14/12/2023*

# Aarogya Hospital

Hospital & IVF Centre

**Dr. Anjali Chaudhary D.**

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Mob: 09911470002



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- Advanced Laparoscopic Gynae Trained - Ethicon
- Formerly Consultant Sir Ganga Ram Hospital & GTBH
- Member IFS / EDGF / DMC / THGF / Laparoscopic Society

Name: SWARA

Age/Sex: 29y / F

Office ID: AC9165

Date: 25-09-2023 12:51 pm

Mobile: 9899471781

GPAL: P<sub>1</sub> L<sub>1</sub>

LMP: 18-12-2022

### Menstrual history:

LMP 18-12-2022

Obstetric history: P<sub>1</sub> L<sub>1</sub> - 1 NVD

1: Para

Vitals: Weight: 93 kg, Pulse: 92 /min, BP: 110/70 mmHg

### Medicines:

1. Powder **Polyrich with milk:**  
1 scoop - Twice a day X 3 Months
2. Tablet **Cal gold:**  
1 tablet - Once a day X 3 Months
3. Capsule **Lumia (60K IU):**  
1 capsule - Once a week X 3 Months
4. Cream **Nipcare (20 gm):**  
4 times a day X 3 Months  
Affected Area
5. Cream **Betadine Cream:**  
1 fingertip - Once a day X 1 Month
6. Other **V.wash with sitz bath :**  
1 other - Twice a day X 3 Months

### Instructions:

- Plenty of fluids
- Frequent small meals

*Self Attended.*  
*Anjali Chaudhary*  
*14/12/2023*

**Dr. Anjali Chaudhary**

DMC 16333

Find your prescription online on docon.co.in

Dr. Anjali Chaudhary  
MBBS, MD, DNB, MNAMS  
IVF & Infertility Specialist  
UPMC Reg. No. 75299

For Appointment  
Please Call  
8130787181

# Aarogya Hospital

Multi Specialty Hospital & IVF Centre  
UNIT OF KASTURA MEDICOS LTD.



Sector 6, Vaishali, Ghaziabad (UP)  
Tel.: 0120-4112222, 4810000  
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Website: www.aarogyahospital.com

## OPD CONSULTATION

OPD No. : 6433/OPD23AH	Date : 06-Dec-2023	Token No. : RP - 4
Patient Name : Mrs. SWARA	UHID No. : 4718/UHID22AH	Rec. No. : 5372/OPRC2
Age/ Gender : 30Y / Female	Department : Obstetrics & Gynaecology	Amount : 800.00
Guardian Name : W/O MR. VIJAY CHAUDHARY	Consultant : Dr. Anjali Chaudhary + Dr. Shubhra	valid Upto : 06-Dec-2023
Address : GRAM KATHA, BAGHPAT		

### 1. Chief Complaints :

Swelling at Vulva.

### 2. History :(Present / Past / Family) :

### 3. Physical Examination :

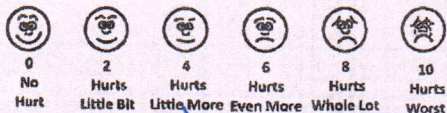
BP 110/80 PR. 90/min RR: Spo2: 98%

Weight: 93kg Height: BMI:

Birth Weight (Full Pediatric) :

### 4. Systemic Examination :

Pain Score :



### 5. Nutrition Advice :

*Self Attested*  
*Anjali Chaudhary*  
*14/12/2023*

For Appointment  
Please Call  
8130787181

### 6. Investigation Advised :

### 7. Provisional / Differential Diagnosis :

$\Delta$ : Bartholinian Cyst.

### 8. Treatment Advised :

~~Small~~ Bartholinian Cyst excision.  
↓ G/A.

- T. Taxim-D  
- T. Sofzepam BD x 5d.  
- T. Razo - 2

*Anjali Chaudhary*

Dr. Anjali Chaudhary  
MBBS, MD, DNB, MNAMS  
IVF & Infertility Specialist  
UPMC Reg. No. 75299

Follow up Due on :

# Aarogya Hospital

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Tel.: +91-11-22448008, 22043839  
E-mail: avhrc@rediffmail.com

## DISCHARGE SUMMARY

Name **Mrs. Swara S Gowda**  
Consultant in Charge **Dr Anjali Chaudhary**  
Address Village Katha Bhagpat U.P  
Date of Admission 07.11.2023  
Time of Admission 08.21 AM

30 yrs. Female  
Date of Discharge 07.12.2023  
Time of Discharge 12.30 PM

UHID No.3334  
IPD No. 2091/23  
Tel. 9899471781  
Room No. 307  
No of Days 01\*

**DIAGNOSIS:** LEFT BARTHOLIAN CYST

**OPERATIVE PROCEDURE:** EXCISION BX WITH MARSUPIALIZATION UNDER G.A ON 07.12.2023

**CASE SUMMARY:** A 30 years old female patient admitted in hospital for the Left Bartholian Cyst done UNDER G.A.

### KEY FINDINGS, ON PHYSICAL EXAMINATION AT THE TIME OF ADMISSION:

BP- 110/70 mm/hg, Pulse 70/mint, Temp 97. F, SPO2 97%, RR 18/mint,  
Pallor - Icterus - Cyanosis - Clubbing - JVP - LNP - Pedal edema -,  
Chest B/L air entry +, CVS S1 S2 Normal, P/A soft bowel sound +, CNS conscious.

**POSTOPERATIVE PERIOD:** Uneventful, Patient received IV fluids & supportive care including Inj Rantac Inj Perinorm followed by oral medication.

Investigations Given to Patient in original

### ADVICE ON DISCHARGE

Rx. Soft diet

- |              |                            |
|--------------|----------------------------|
| 1. TAXIM -O  | 1 TAB TWICE A DAY X 5 DAYS |
| 2. RAZO D    | 1 TAB TWICE A DAY X 5 DAYS |
| 3. SIGNOFLAM | 1 TAB TWICE A DAY X 5 DAYS |

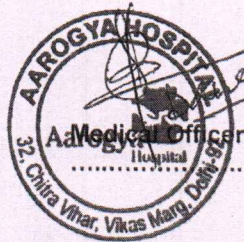
Review after 10 days on Dr. Anjali Chaudhary OPD on telephonic Appointment

Wishing you a speedy recovery & healthy life.

Urgent medical care in case of

1. Pain
2. Excess P/V Bleeding

Dr. Anjali Chaudhary  
Obstetrician & Gynecologist



Patient & Attendant

*Self Attested,  
Chaudhary  
14/12/2023*