

**Identification Data**

**Name:** Aryansh Shukla

**Age:** 2 years 3months

**Date of Birth:** 31/5/2019

**Gender:** Male

**Mother's Name:** Mrs. Niharika Shukla

**Occupation:** Homemaker

**Father:** Mr. Anand Shukla

**Occupation:** Judicial Officer

**Place of Residence:** Lucknow, Uttar Pradesh

**Informants:** Mother and Father

**Date of Assessment:** 28/8/2021

**Source of Referral:** Self

**Reason of Referral:** Does not speak words, difficulty in maintaining eye contact, difficulty in following instructions.



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*14/12/23*

### Chief Complaints

1. Difficulty in speech and language.
2. Does not respond to name and other verbal and nonverbal cues.
3. Does not maintain eye contact.
4. Difficulty in following instructions.
5. Increased activity level.

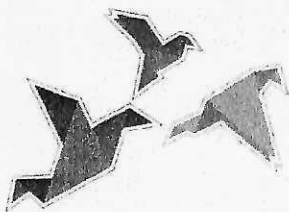
### Interview Information and Relevant History

Master Aryansh is 2 years 3 months old child, born out of full term pregnancy through normal mode of delivery with induced labour pain. The mother had vaginal bleeding twice during the second trimester of pregnancy, but as further reported, there was no complication due to it. Post-delivery, the child had immediate birth cry, birth weight was within normal range and no other birth complication was reported. Breastfeeding was given for 6 months exclusively, followed by partial breastfeeding which is continued till present.

The child was presented with chief complaints of difficulty in speech and language, difficulty in comprehending verbal and non-verbal communication, not willing to sit at one place, difficulty in making eye contact, difficulty in following instructions properly and disturbed sleep pattern- the child sleeps up to 3 hours at night and does not have a peaceful sleep.

### Psychological Assessment

#### **Behavior During Assessment**



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*Self Assessment*  
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**Autism Screening: Childhood Autism Rating Scale 2**

The test results suggest presence of **Mild to Moderate Symptoms of Autism Spectrum Disorder**, predominantly lacking social relationship and reciprocity, increased activity level, lack of eye contact, non-responsive to environmental and social cues.

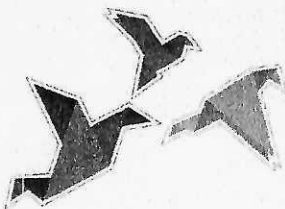
<b>Score: 33</b>	<b>Range: 30-36</b>	<b>Impression: Mild to Moderate Symptoms of Autism</b>
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**Impression:**

Test findings are suggestive of presence of Autism like features and Developmental delays specifically in areas of speech and social communication skills.

**Recommendations**

1. Parental Counseling is suggested.
2. Activity scheduling of the child.
3. Speech Therapy is recommended for the child.
4. Behavior Management of the child.
5. Caregiver should encourage reciprocal communication with the child.
6. Instructions should be provided in short and clear sentences.
7. Graded task performance should be encouraged.
8. Monitoring of the child's progress and psychological assessment on the same parameters is suggested after a period of 6 months to 1 year.



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*Self assessed  
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Master Aryansh came along with his mother and father. On being greeted, Aryansh gave no response, did not respond to his name, did not respond to any verbal or non-verbal cues and did not maintain eye contact during the assessment duration. It was observed during the session, that the index child could not communicate verbally and nonverbally. He would continuously walk around in the room, was not willing to sit and would try to grasp objects and throw them. He also tried to run out of the room many a times and on being stopped to do so, he would get irritated and make squealing sounds.

**DQ Assessment: Developmental Screening Test**

The test results indicate a **Developmental Quotient (DQ)** of 77 which is suggestive of **Borderline delay in developmental functioning**, specifically in areas of speech and communication and following instructions.

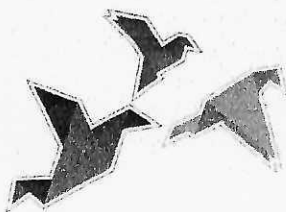
<b>Score: 77</b>	<b>Range:68-84</b>	<b>Impression: Borderline DQ</b>
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**SQ Assessment: Vineland Social Maturity Scale (VSMS)**

The test results indicate **Social Quotient (SQ)** of 79 which suggestive of **Borderline delay in socio adaptive functioning**. Findings are suggestive of delay in command following, understanding verbal, social cues and demanding personal attention.

<b>Score:79</b>	<b>Range:70-79</b>	<b>Impression: Borderline SQ</b>
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*see attached  
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**\*This report is not valid for medico-legal purpose.**

*Nandini*

**Nandini Sharma,**

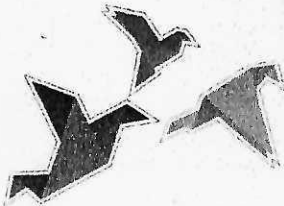
**Clinical Psychologist**

**CRR No.: A66291**

**Assistant Professor in Clinical Psychology**

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*Self Attested  
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