



Occupational Therapy Report

Child Name: ARYANSH SHUKLA

Date of Birth: 31.05.2019

Age: 4 yrs./Male

Date of the report: 04.12.2023

Chief complaints: according to the mother-child has

- Poor eye contact
- Poor name-calling response
- Poor attention
- Self-talking present
- Self-stimming behaviours
- Poor social interaction with peers.

Medical/Natal History:

- Normal delivery and normal birth cry.
- Normal Developmental milestone.

ON Examination:

Higher Mental Function:

- Vision – Normal
- Hearing – Normal hearing bilateral
- Speech–delayed
- Attention span – Fair
- Ability to follow Instructions – Fair

Motor examination-

- Tone: low tone in UL and normal LL bilateral,
- Muscle strength:3/4 in all extremities,
- Muscle bulk: b/l symmetrical,
- Posture: sitting- normal
 - Standing- normal
- Balance: sitting: good
 - Standing: Good

See follow up @ 14/12/23

Gross motor and fine motor skills:

- Gross motor: Fair,
- Transition: fair,
- Supine Flexion: Adequate,
- Prone Extension: Adequate,

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- Mobility: Adequate and Independent,
- Skipping: Poor,
- Anti-gravity Movement: Fair.
- Grasp: present,
- Grip: fair b/l,

Behavioural Observation:

- Separation Anxiety – Present
- Stubborn – Present
- Aggressive – Present
- Self-Control – Poor
- Hyperactive – present
- Command Following – Poor

Evaluation of cognitive-perceptual skills: - Cognition

- Memory (short term, long term)- not testable,
- Attention- poor,
- Concentration- Poor,
- Insight for atypical behaviour- Present.

Perception: -

- Pain perception- Adequate,
- Spatial orientation- Adequate.

Motor planning and praxis:

- Ideation- Fair
- Motor Planning- Fair
- Constructional- Fair
- Sequential- poor

Activities of Daily Living: Dependent by mother

Sensory-based clinical examination:

The following observations are based on clinical observations and a short sensory profile

SHORT SENSORY PROFILE REPORT

Aryansh's sensory profile report completed by his mother shows these raw scores in each section:

- Tactile sensitivity: **29/55**

*see my file @
14/12/23*

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- Smell/taste sensitivity: 23/25
- Movement sensitivity: 19/40
- Body position processing: 31/40
- Auditory filtering: 13/40
- Visual/auditory sensitivity: 7/35
- **Conduct associated with sensory processing: 29/ 45**
- **Social emotional responses associated with sensory processing: 36/ 75**
- **Attentional responses associated with sensory processing: 35/ 55**
- Total score: 222/ 410 (Definite and probable Difference)

The scores show that Aryansh has a definite and probable difference in Tactile sensitivity, Movement sensitivity, under-responsive/Seeks sensation, Auditory Filtering and Low energy/Weak, Visual/auditory sensitivity. This means A child with a Definite and probable Difference score in this pattern seeks sensory input at a higher rate than others.

This means that the child is over-responsive to sensory input or is responding to counteract the threshold. This indicates that this sensory input is confusing, upsetting or not meaningful to the child and interfering with Aryansh's ability to complete important activities of daily living as successfully as others do.

Typical performance in Smell/taste sensitivity means he can effectively understand what is happening around him.

RECOMMENDATIONS:

- Aryansh requires individualized Occupational Regularly to improve his functional skills in the above-mentioned areas. This should include Sensory Integration Therapy, as well as gross motor, fine motor, play development behaviour and independent engagement in the activity.
- The family must work closely with the therapist to understand his strengths and issues.

DR PRITEE KUREEL

DIRECTOR

(The Hope Rehabilitation and Learning Centre)

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very please
@
14/12/23

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Occupational Therapy Goals

- To improve eye contact
- To reduce restlessness
- To improve Attention span
- To dissolve his behaviour
- To reduce his aggression behavior
- To improve social interaction.

Occupational Therapy Intervention

- Hanging Bar
- arms out (hold 10 counts)
- 1 kg Wt cuffs on legs and ½ kg wt cuffs hands.
- One Leg Stand
- Brushing And Joint Compression
- Tire pushing and pulling
- Scooter board activity
- Walking on lazy eight
- Walking on tire
- Wheelbarrows walk
- Swing Activity
- Relaxation Techniques.
- Deep Breathing Exercises (Spirometry)
- Deep Body Pressure With A Gym Ball
- Core Muscle Exercises On A Gym Ball,
- Backword walking
- Cycling
- Pre-writing skills
- Braingym Exercises
- Adl- socks

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Dr PRITEE KUREEL
DIRECTOR

(The Hope Rehabilitation and Learning Centre)

see attached
14/11/23

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TO WHOM SO EVER IT MAY CONCERN

This is to certify that Master Aryansh Shukla S/O Mr. Anand Shukla is being treated at our rehabilitation centre through regular therapy sessions for the diagnosis and treatment of Autism Spectrum Disorder.

Master Aryansh Shukla has been under my care for the last 1 year and has been diagnosed with Autism Spectrum Disorder (ASD). As it is a well-known fact that, ASD is a complex neuro-developmental disorder that affects social interaction, communication, and behavior.

Master Aryansh Shukla has shown significant challenges in social communication and interaction, particularly in understanding non-verbal cues and reciprocity of social interaction. He also displays repetitive behavior and limited interests, which have interfered with her daily functioning and quality of life.

As a healthcare provider, I strongly believe that our rehabilitation centre can provide the best support and care for Master Aryansh Shukla. Our centre is well-known for its evidence-based treatment approach, which includes a multidisciplinary team of professionals that offers individualized treatment plans for each patient.

Based on Master Aryansh Shukla's needs, he is being treated through a combination of behavioral, communication, and social skill interventions, which include Social Skills Training Occupational Therapy.

I am confident that with the help of our dedicated team and specialized resources, Master Aryansh Shukla will continue to receive the appropriate care and support to improve his quality of life and attain his full potential for successful rehabilitation of ward (Aryansh Shukla) it is recommended that both parents (Mother & Father) should be together and bring their ward for session and parent's Training module.

Pritee
Sincerely,

(Pritee Kureel)

Director

Date: 06.12.2023

Place: Lucknow (U.P)

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