

CONFIDENTIAL

A.F.M.S.F-7A

# ARMY HOSPITAL (R&R) DELHI CANTT MEDICAL CASE SHEET

WARD No .....

A & D No .....

Date Of Adm .....

1. Name <i>Darshana Kani</i>	2. Age <i>72/F</i>	3. Relationship <i>M/O</i>
4. Number <i>IC 53947W</i>	5. Rank <i>Col</i>	6. Name <i>Siddharth Malik</i>
7. Unit/Ship <i>HQ 3 Corps</i>	8. Service Army/Navy/Air Force	9. Arm/Corps/Branch/TRad

Diagnosis

Date:

2. X Ray both knees AP/Lat

*Osteoarthritis both knees*  
LT Col Raj Rastogi  
HEAD & NECK SURG  
M Ch Neuro Surg  
CI Sol (Surg) & Neuro Surgeon  
Army Hospital (R&R) Delhi Cantt

*Imp*

*Degenerative Disc Disease*

*L5 spine - most prominent  
at L5-S1 & L4/5*

*Re*

1. Lumbar Belt
2. Spinal extension exercises @ Dept of PMK AHR
3. Life style modification

*MRI L5 spine*

CONFIDENTIAL

Whole Body DEXA

V.M.M.C. & Safdarjung Hospital  
New Delhi-110029  
Tel.: 011-26170905/06/07

