



DISCHARGE SUMMARY



**Rajiv Gandhi Cancer Institute
and Research Centre**

<small>This is an important document. Please bring it for future reference / follow up</small>	
Name: MRS. SANGEETA GUPTA	CR No.: 114684
Address: 150 MODEL TOWN EAST, , GHAZIABAD, Phone No:9810298278	IP No: 23NIP1247
Bed No: 1104C-GNW	Age & Sex: 62Y4M17D, Female
	Admitted On: 23-11-2023 10:05
	Discharge On: 25-11-2023
	Admitting Consultant: Dr. Sunny Malik(Crit. Pain Mgmt.)

DIAGNOSIS: REFRACTORY RHEUMATOID ARTHRITIS WITH POST - LAMINECTOMY SYNDROME

CO-MORBIDITY: HYPERTENSION

BRIEF SUMMARY OF THE CASE

61 YR OLD FEMALE PATIENT IS KNOWN CASE OF HYPERTENSION AND REFRACTORY ARTHRITIS WITH POST LAMINECTOMY SYNDROME WITH B/L SACROILITIS.

SHE UNDERWENT MIPS PROCEDURES IN OCTOBER 2022 FOLLOWED BY CATHETER INSTILLATION RFA IN JANUARY 2023 .

SHE NOW PRESENTED TO THE EMERGENCY OF RAJIV GANDHI CANCER INSTITUTE AND RESEARCH CENTRE WITH SEVERE PAIN IN LOWER BACK PAIN (VAS AT PRESENTATION - 8/10). PATIENT IS UNABLE TO CARRY OUT ROUTINE ACTIVITIES DUE TO PAIN.

PATIENT AND BYSTANDERS WERE COUNSELED IN DETAIL REGARDING NEED FOR ADMISSION, ANALGESIC DOSE TITRATION (INTRAVENOUS) AND NEED FOR REPEAT NERVE BLOCK PROCEDURES (MIPS).

BLOOD WORK ON ADMISSION SHOWED PT/INR - WNL , CREAT - 1.26, ALB - 3.86.

SHE WAS STARTED ON SUPPORTIVE CARE WITH IV FLUIDS, RESPITE CARE, IV ANTIBIOTICS, IV ANALGESICS - ANALGESIC DOSE TITRATION AND INJ DENUSUMAB S/C. THE PATIENT AND BYSTANDERS WERE EXPLAINED IN DETAIL REGARDING THE POSSIBILITY OF FAILURE OF BLOCK (MIPS) AND AFTER WRITTEN INFORMED CONSENT THE PATIENT WAS TAKEN UP FOR NERVE BLOCK PROCEDURES (MIPS) WITH RFA ON 23/11/2023. PATIENT TOLERATED THE PROCEDURE WELL - VAS POST PROCEDURE 2/10.

SHE WAS ALSO GIVEN DESENSITIZATION DRIP ON 24/11/2023 AND 25/11/2023 WHICH SHE TOLERATED WELL AND IS NOW BEING DISCHARGED IN STABLE CONDITION.

TREATMENT GIVEN

I/V ANTIBIOTICS (INJ MEROPENEM)

RESPITE CARE

I/V FLUIDS

IV ANALGESICS

NERVE BLOCK PROCEDURE - MIPS WITH RFA

INJ DENUSUMAB S/C

DESENSITIZATION DRIPS

OTHER SUPPORTIVE CARE

ADVICE AT DISCHARGE:

NO NSAIDS, NO VOVERAN

Rohini - A Unit of International Cancer Society and Research Centre | D - 1B, Sector - 5, Rohini, Delhi - 110085 | Tel.: +91-11- 4702 2222
Niti Bagh, South Delhi - A Venture with National Cancer Institute | Mahendra Kumar Jain Marg, Niti Bagh, South Delhi - 110040 | Tel.: +01 - 11 - 4582 2222
 Web: www.rgicc.org

Name. :

MRS. SANGEETA GUPTA

CR No. :

314684

TAB SOMPRAZ 40MG 1 TAB TWICE A DAY
TAB IVABRAD 5 MG PO ONCE A DAY
TAB FERONIA XT ONE TABLET EVERY ALTERNATE DAY
TAB PYRIGESIC 1 GM TWICE A DAY FOR 10 DAYS (9AM---9PM)
TAB DOLO 500MG ONCE A DAY AT 2PM
TAB ECOSPIRIN 75MG ONCE A DAY
TAB TYDOL ER 50MG ONCE A DAY(MORNING - 9AM)
TAB TYDOL 50MG ONCE A DAY (NIGHT - 9PM) AND SOS FOR SEVERE PAIN
TAB AMLONG 5MG TWICE A DAY (STOP IF BP < 110/70 MM HG)
TAB TELMA 40MG TWICE A DAY
TAB ALPRAX 0.5MG AT BED NIGHT (10PM)
TAB MELATONIN 3MG ONE TABLET IN THE EVENING
TAB PALMIFLAM 300 1 TAB ONCE A DAY
TAB GABAPIN 300 MG ONCE A DAY (IN MORNING)
TAB GABAPIN SR 450 MG 1 TAB ONCE A DAY AT 8PM
CAP REJUNEX OD 1 TAB ONCE A DAY
SYZ LOOZ 20ML AT NIGHT - STOP IN CASE OF DIARRHEA
TAB ONDEM MD 1 TAB SOS FOR NAUSEA OR VOMITING
THREPTIN BISCUIT 2 BISCUIT TWICE A DAY
RBS MONITORING AS ADVISED
CAP BIO D3 PLUS ONCE A DAY FOR 1 MONTH
CALADRIL LOTION FOR LOCAL APPLICATION THREE TIMES A DAY FOR ITCHING
WALKING ALLOWED WITH USE OF WALKER (PICTURE OF WALKER SHARED)
IRON RICH DIET - EXPLAINED
PHYSIOTHERAPY - BACK AND LEG STRENGTHENING EXERCISES(TO BE STARTED AFTER 10 DAYS)
ORS SIP BY SIP
ABOVE KNEE ELASTIC STOCKINGS
ALTERNATE HOT AND COLD FOMENTATION LOCALLY

MRS. SANGEETA GUPTA

CR No. :

314684

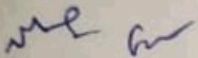
Please continue your medicines for High BP, Diabetes, heart Disease, Thyroid Disorder, Anticoagulants etc(IF ANY), as advised by your cardiologist/ Physician.

LOW UP:

VIEW IN PAIN OPD AFTER 10 DAYS OR EARLIER IF REQUIRED WITH PRIOR APPOINTMENT.

SENSITIZATION DRIP : 17/12/2023

ENUSUMAB INJECTION : 25/02/2023



Dr.SUNNY MALIK

DA,DNB,MNAMS,FIAPM,FIPM,CCEPC

Consultant In Charge

Pain Clinic/Palliative Medicine
Dr. SUNNY MALIK
MBBS, DA, DNB, MNAMS, FIAPM, FIPM, CCEPC
Consultant In-Charge
Dept. of Anaesthesia, Pain & Palliative Medicine
RGCIRC, Niti Bagh, Delhi-49
DMC, Reg. No. 49380

Prepared By: **SUNNY MALIK**

Created At : 25-11-2023 07:27