



# DISCHARGE SUMMARY



**Rajiv Gandhi Cancer Institute  
and Research Centre**

Name : MRS. SANGEETA GUPTA CR No. : 314684

Address: 150 MODEL TOWN EAST, , GHAZIABAD, Phone No:9810298278 IP No: 23NIP1247  
Age & Sex: 62Y4M17D, Female  
Admitted On: 23-11-2023 10:05  
Discharge On: 25-11-2023  
Bed No: 11O4C-GNW Admitting Consultant: Dr. Sunny Malik(Crit. Pain Mgmt. )

**DIAGNOSIS: REFRACTORY RHEUMATOID ARTHRITIS WITH POST - LAMINECTOMY SYNDROME**

**CO-MORBIDITY: HYPERTENSION**

## BRIEF SUMMARY OF THE CASE

61 YR OLD FEMALE PATIENT IS KNOWN CASE OF HYPERTENSION AND REFRACTORY ARTHRITIS WITH POST LAMINECTOMY SYNDROME WITH B/L SACROILITIS.

SHE UNDERWENT MIPSII PROCEDURES IN OCTOBER 2022 FOLLOWED BY CATHETER INSTILLATION RFA IN JANUARY 2023 .

SHE NOW PRESENTED TO THE EMERGENCY OF RAJIV GANDHI CANCER INSTITUTE AND RESEARCH CENTRE WITH SEVERE PAIN IN LOWER BACK PAIN (VAS AT PRESENTATION - 8/10). PATIENT IS UNABLE TO CARRY OUT ROUTINE ACTIVITIES DUE TO PAIN.

PATIENT AND BYSTANDERS WERE COUNSELED IN DETAIL REGARDING NEED FOR ADMISSION, ANALGESIC DOSE TITRATION (INTRAVENOUS) AND NEED FOR REPEAT NERVE BLOCK PROCEDURES (MIPSIs).

BLOOD WORK ON ADMISSION SHOWED PT/INR - WNL , CREAT - 1.26, ALB - 3.86.

SHE WAS STARTED ON SUPPORTIVE CARE WITH IV FLUIDS, RESPITE CARE, IV ANTIBIOTICS, IV ANALGESICS - ANALGESIC DOSE TITRATION AND INJ DENUSUMAB S/C. THE PATIENT AND BYSTANDERS WERE EXPLAINED IN DETAIL REGARDING THE POSSIBILITY OF FAILURE OF BLOCK (MIPSIs) AND AFTER WRITTEN INFORMED CONSENT THE PATIENT WAS TAKEN UP FOR NERVE BLOCK PROCEDURES (MIPSIs) WITH RFA ON 23/11/2023. PATIENT TOLERATED THE PROCEDURE WELL - VAS POST PROCEDURE 2/10.

SHE WAS ALSO GIVEN DESENSITIZATION DRIP ON 24/11/2023 AND 25/11/2023 WHICH SHE TOLERATED WELL AND IS NOW BEING DISCHARGED IN STABLE CONDITION.

### TREATMENT GIVEN

IV ANTIBIOTICS (INJ MEROPENEM)

RESPITE CARE

IV FLUIDS

IV ANALGESICS

NERVE BLOCK PROCEDURE - MIPSIs WITH RFA

INJ DENUSUMAB S/C

DESENSITIZATION DRIPS

OTHER SUPPORTIVE CARE

### ADVICE AT DISCHARGE:

**NO NSAIDS, NO VOVERAN**

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• Niti Bagh, South Delhi - A Venture with National Chest Institute | Mahendra Kumar Jain Marg, Niti Bagh, South Delhi - 110049 | Tel.: +91 - 11 - 4582 2222

Web: www.rgcirc.org

Name. : MRS. SANGEETA GUPTA

CR No. : 314684

- TAB SOMPRAZ 40MG 1 TAB TWICE A DAY
- TAB IVABRAD 5 MG PO ONCE A DAY
- TAB FERONIA XT ONE TABLET EVERY ALTERNATE DAY
- TAB PYRIGESIC 1 GM TWICE A DAY FOR 10 DAYS (9AM---9PM)
- \* TAB DOLO 500MG ONCE A DAY AT 2PM
- TAB ECOSPIRIN 75MG ONCE A DAY
- \* TAB TYDOL ER 50MG ONCE A DAY(MORNING - 9AM)
- TAB TYDOL 50MG ONCE A DAY (NIGHT - 9PM) AND SOS FOR SEVERE PAIN
- TAB AMLONG 5MG TWICE A DAY (STOP IF BP < 110/70 MM HG)
- TAB TELMA 40MG TWICE A DAY
- \* TAB ALPRAX 0.5MG AT BED NIGHT (10PM)
- TAB MELATONIN 3MG ONE TABLET IN THE EVENING
- TAB PALMIFLAM 300 1 TAB ONCE A DAY
- TAB GABAPIN 300 MG ONCE A DAY (IN MORNING)
- # TAB GABAPIN SR 450 MG 1 TAB ONCE A DAY AT 8PM
- CAP REJUNEX OD 1 TAB ONCE A DAY
- SYP LOOZ 20ML AT NIGHT - STOP IN CASE OF DIARRHEA
- TAB ONDEM MD 1 TAB SOS FOR NAUSEA OR VOMITING
- THREPTIN BISCUIT 2 BISCUIT TWICE A DAY
- RBS MONITORING AS ADVISED
- CAP BIO D3 PLUS ONCE A DAY FOR 1 MONTH
- CALADRIL LOTION FOR LOCAL APPLICATION THREE TIMES A DAY FOR ITCHING
- WALKING ALLOWED WITH USE OF WALKER (PICTURE OF WALKER SHARED)
- IRON RICH DIET - EXPLAINED
- PHYSIOTHERAPY - BACK AND LEG STRENGTHENING EXERCISES(TO BE STARTED AFTER 10 DAYS)
- ORS SIP BY SIP
- ABOVE KNEE ELASTIC STOCKINGS
- ALTERNATE HOT AND COLD FOMENTATION LOCALLY


thyroid disorder, Anticoagulants etc(If Any), as advised by your cardiologist/ physician.

**FOLLOW UP:**

REVIEW IN PAIN OPD AFTER 10 DAYS OR EARLIER IF REQUIRED WITH PRIOR APPOINTMENT.

DESENSITIZATION DRIP : 17/12/2023

DENUSUMAB INJECTION : 25/02/2023



**Dr.SUNNY MALIK**

**DA,DNB,MNAMS,FIAPM,FIPM,CCEPC**

**Consultant In Charge**

**Pain Clinic/Palliative Medicine**  
**Dr. SUNNY MALIK**  
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Prepared By: **SUNNY MALIK**

Created At : 25-11-2023 07:27