

Learning Disability Report

Department of Psychiatry
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Socio-Demographic Details: Master Vidhan Jha, aged 11 years old, male, educated up to 5th Standard, is son of Mr. Maheshanand Jha and Mrs. Bharti Mala, approached here for the diagnosis of intellectual and learning disability.

Chief Complaints: According to mother,

- 1) Poor attention and concentration
- 2) Distractibility
- 3) Hyperactive
- 4) Face difficulty in learning and remembering academic materials
- 5) Slow in writing
- 6) Problem in calculation

Duration of problem since 7 years

Developmental milestones: All stages of milestones were achieved normal.

Current Functioning: Master Vidhan Jha is able to take general self-care, self help dressing, self help eating, self help communication, and locomotion and does simple creative work.

However, he has difficulty in occupation skills (such as writing, reading (*Hindi*) and remembering studying subjects). Sometimes Master Vidhan is not able to complete his work on his own rather he prefers some sort of supports as parents and teachers to get his task done. He is unable to concentrate on any given task, easily distracted by external/ irrelevant stimuli, appears to be daydreaming.

Behaviour: Attentional deficits, he requires more time to complete the given task, easily got upset on pity things or minor provocation, low frustration threshold, rapid changes of thoughts from one to another.

Test Administered:

- 1) **Seguin Form Board Test (SFBT)**
- 2) **Vineland Social Maturity Scale (VSMS)**
- 3) **NIMHANS Index for specific Learning Disabilities (SLD)**

Test Behaviour: Master Vidhan Jha was cooperative throughout the test but at some point in time become distracted. Test was completed in 2 sessions in divided hours.

Test Findings:

- 1) **Seguin Form Board Test (SFBT):** The Seguin Form Board Test measures speed and accuracy. It is useful in evaluating a child's eye-hand coordination, shape-concept,

visual perception and cognitive ability. The test findings indicated that the child has average intellectual ability (**IQ was found 97**).

- 2) **Vineland Social Maturity Scale (VSMS)**: The Vineland Social Maturity Scale is a psychometric assessment instrument designed to help in the assessment of social quotient. The test findings indicated that the child has average social ability (**SQ was found 93**).
- 3) **NIMHANS Index for Specific Learning Disabilities**: NIMHANS battery is a tool which ascertains the degree of the disability. The test findings indicated **moderate level of difficulty** was found on writing, mathematical problems and spelling.

Impression: On the basis of chief complaints, history, current functioning and test findings indicate that patient has problem in writing and difficulty in mathematical calculation. Hence, the patient has learning disorder of writing expression and reading. Further the findings indicate patient has mild to moderate level of **Dysgraphia and dyscalculia with average Intellectual ability (IQ= 97)**.

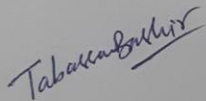
Recommendation: Psychoeducation given

Parent counselling done

Relaxation breathing exercise

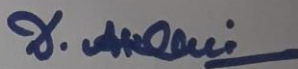
Behavior Modification

Assessment done by


(Tabassum Bashir)

(PhD Scholar in Clinical Psychology)

Under Supervision


(Dr. Deoshree Akhouri)

(Associate Professor & Clinical Psychologist)

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