

20/11/23

MRS. SHAHJAHAN HUSSAIN 63/P

CHORANUR

H/O. DOTS 444

Res. Ghimbiara-172
1x 00

HTN 444

Res. Omyd 207
1x 00

• Hypothyroidism 444

Res. Tiger 125 only
1x 00

• B/P at night
(11 months continuous)
91 seems

BP = 150/76 mmHg

wt = 80 kg

Res = 184 mg/lc

↓
TSH = 2.00

✓
WBC

✓
S. urea and

↓
↓

Diet / Serum s.c.d.

Myox (125) 1x 00 (91) 1/2

Omy-220 1x 00 1/2

Chempax (0.5) 1x 00 807

Cap Evostin Ar (20/75) 1x 00 1/2

Glimisarc-172 1x 00 1/2

↓
Nabilong (5) 1x 00 1/2

RA 200mg

8



King George's Medical University

Lucknow-226003 (India)

DEPARTMENT OF MEDICINE

Tel. (Office) 0522-2257242 e-mail : medicine.kgmu@gmail.com

Ref. No.....Med/

Date 13/9

Dr. Kauser Usman
MD, FICP, FACP (USA), FRCP (Edin)
Professor
Dept. of Internal Medicine
K.G. Medical University, Lucknow (U.P.)

Dr. Shehbaz

61/FT

Hypertension Ad

150/100

DM 2

Bal 150/90

Fluoride

Diabetes

135/85

Lipid Profile

Diet / Exercise

Thyrox (125) 1x00 PRN

Olmesartan 20 1x00 PRN

~~0~~ Nexora (10) 1x00 BID

Tab. Obimet GX-2 1x00
- BBF -

Chimisure-172

Cef Peresce Plus 1x00 BID

Di Misofactol 600 twice weekly

Nexito (5) 1x00 BID

Cef Cefosin A

(20/75) 1x00 BID - Yura

1x00 BID - 800

U: 05
U: 05

104

From Govt Hospital

Dot Visit

MIDLAND HEALTHCARE & RESEARCH CENTER

(A UNIT OF APOORVA MEDICARE PVT. LTD.)

Dr. B.P. Singh

MD, FCCP (USA)
Respiratory, Critical Care & Specialist for Sleep Medicine

President SEASAM - (South East Asian Academy of Sleep Medicine)

- Fellow American College of Chest Physicians (USA)
- Member American Academy of Sleep Medicine
- Member American Thoracic Society
- Member European Respiratory Society
- Life Member Indian Society for Critical Care Medicine
- Life Member National College of Chest Physician New Delhi
- Life Member Indian Chest Society
- Life Member Indian Medical Association
- Regn. No. : 28428

Dr. Prabhat K. Sahai

MBBS, FCCS, DIP, PSG/OSA/Sleep Medicine (Edinburgh, U.K.)
Reg. No. : 43048

Name Mr. Shahjahan Hussain Age 63 Mob. 9452112447

H/o Drug Allergy etc. _____ Date : _____

- elo. Smoking +

came for sleep study

H/o DM/HT / CAD / OSA / TB

ASTHMA / COPD / OTHERS

Temp. - SpO2 - 98% RA BP. - 141/54 mmHg

Wt. - 86 Kg RR. - 23 b/m HR. - 86 b/m

(o/A / chest) (MA)

1 PBS = 16 mg / d.t.

Combainase A9

26 mg oral / day
late side

N/E/O DM / HTN / Hypertension
obimet6 olman20 (100-150 mg)
+ glucomem 62 + Bisopin Av 20/75
125ug

sleep study

[Signature]

13/2/23

Dr. DEVIKA NAG

Reg. No. 9951

M.D., F.A.A.N.F.I.A.N.F.I.C.P.F.I.M.S.A., F.A.N.Sc.

PROFESSOR EMERITUS NEUROLOGY

KG'S MEDICAL COLLEGE, LUCKNOW

FELLOW IN NEUROLOGY (TUFTS UNIV. BOSTON)

FELLOW IN NEUROLOGY (HARVARD UNIV. BOSTON)

FELLOW AMERICAN ACADEMY OF NEUROLOGY

FELLOW IN INDIAN ACADEMY OF NEUROSCIENCES

MEMBER OF NEW YORK ACADEMY OF SCIENCES

FELLOW OF ROYAL SOCIETY OF MEDICINE (U.K.)

MEMBER I.B.R.O.

FELLOW OF NATIONAL ACADEMY OF SCIENCE (INDIA)

PRESIDENT INDIAN ACADEMY OF NEUROSCIENCES (Lko)

FORMER PRESIDENT I.E.A.

FORMER VICE PRESIDENT I.E.S.

FORMER PRESIDENT INDIAN ACADEMY OF NEUROLOGY

CONSULTANT NEUROLOGIST ARMED MEDICAL FORCES OF INDIA

VID - 45019

Please buy all records

Consultation At :

MAYO HOSPITAL

Vikas Khand-II

Gomti Nagar, Lucknow-10

Tel. : 2398614, 2398615

2302269, 2302270

Consultation Hours :

Monday - Thursday : 10 A.M.-12 P.M.

Friday, Saturday & Sunday Closed

Date.....13/02/2023

Covid - ne

wt = 85 kg

DM + = 8y

BP + = 8y

Menopause P6+B

Surgical

2y ago

Hypothyroid + = 10y.

Cervical spondylosis

10y - 15y

Nasal catheter

MRI done at Sahara

became worse

MRI neck spondylosis

4-5

10-12

% Occipital pain

- Lateral

gait when baby

shakes

sleep poor

snoring

Name - Shahjahan Hussain

Age - 63/F.

Gorakhpur

Medical Hospital

Mahanagar

Ref to Dr B.R. Singh

3.30 PM

OSA

sleep study

TSH 3.17

Screens 0.67

Bulma 9.34

Wc ant 6.9.

Wc Bp ap

Already on Thyrox 125mg empty stomach

BP ② Olmaydo 1x on

DM ③ O'bimet G X-2

or Glimepiride M2 1x on

PM ④ Escopram Av 20/25 after dinner 9.30 PM

PM ⑤ Nexito 10y 1 tab at 9.30 PM

PM ⑥ Peresca Plus (Preparati-se Bil. Vita. Zk)

⑦ Becosinic 1 daily

⑧ Dylor Bi-weekly - 10y

h

21 day

120/80

Steroid

orally 200

Wc Green tea

Hypothyroid ✓

Hypertension ✓

Diabetes ✓

X Hypovitaminosis ✓

CRT 16.83

Cervical OA

post menopause

obesity

Soft Cervical collar

Not Valid for Medico Legal Purpose

अगर किसी दवा से रिएक्शन होता है तो उसे तुरन्त बन्द कर दें और अपने डाक्टर से सम्पर्क करें।

(VALID FOR ONE WEEK)

CRT 16.83

UHID No : SHLKO-21002035
Patient Name : Mr. SHSHJAHAN HUSSAIN
Gender/Age : Male/60 Y- 0 M- 1 D
Visit Date : 14/01/2021
Doctor Name : Dr. MAZHAR HUSAIN , M.B.B.S, M.S., M.Ch , Med.Reg.No.: UPNC-20787
Speciality : NEURO SURGEON
Sponsor : SELF



PRESCRIPTION SLIP

Room No : T14 - THIRD FLOOR

Chief Complaints

Rec discharge from RP nasal

Physical Examination

Provisional Diagnosis

Nutritional Assessment (whenever required)

Adv
MRI Brain
↓ PNS
↓
RP maxillary
sinusitis

Refd to
ENT Surgeon

Investigation

Preventive Aspects

SAHARA HOSPITAL, Viraj Khand, Gomti Nagar, Lucknow -226010

24x7 HOUR HELP DESK FOR EMERGENCY AND TRAUMA CARE CALL: 0522 6780001/0002

दवाओं की विश्वसनीयता हेतु अस्पताल की फॉर्मसी (दवाखाना) से ही दवाएं लें।

OPD Registration and Appointment Call : 0522 6782159/63
from 9 am. to 5 pm. (प्रातः 9 बजे से सायं 5 बजे तक)
Telefax: +91 522 6782110, Website : www.saharahospitals.com

सुविधाएं-24x7 फॉर्मसी (दवाखाना), पैथालॉजी एवं रेडियोलॉजी

ओ.पी.डी. समय: सोमवार से शनिवार प्रातः 9 बजे से सायं 5 बजे तक (OPD TIMING: MONDAY TO SATURDAY 9 am. to 5 pm.)
परामर्श की वैधता 5 दिनों के लिए मान्य (CONSULTATION IS VALID FOR 5 DAYS)

Cashless facility for insured patients/Home sample pathology: 0522 6781841/1842
Cost effective packages 0522 6782111, Ambulance 24x7: 0522 6780001/0002

जे.के. हॉस्पिटल

रजि० नं०-UPMCI-40662

डॉ. धर्मेन्द्र कुमार

An Advanced ENT Head & Neck Speciality Centre

पता : बंजरिया पूर्वी, बंजरिया रोड (नेदूला चौराहे से 100 कदम दक्षिण की तरफ) खलीलाबाद- संतकबीर नगर

नम्बर लगवाने हेतु : 9839582432, 9919957282, 7068202200

एम.बी.बी.एस., एम.एस. (ई.एन.टी.)
जी.एस.वी.एम. मेडिकल कालेज, कानपुर

कान, नाक, गला, मुख रोग विशेषज्ञ एवं सर्जन

नाम..... Smt. Shabana Hussain उम्र 47 वजन पता Q.2, Mohd. Faran Hussain
Judge

no. Re. snoring
snoring

with sw
! sleep apnoea syndrome

JK

Masoclen ultrawash nasal douching
Zincam or nasal spray & puffs

23/9/23

for

Masoclen F / Zincam F nasal spray & puffs

परामर्श समय : (सोमवार से शनिवार) दोपहर 1:30 बजे से सायं 7 बजे तक

• यह पर्चा कानूनी कार्यवाही के लिए मान्य नहीं है।

• कोई भी दवा रियेक्शन करे तो दवा बन्द करके सम्पर्क करें।

1-08-22

| | | | | |
|------------------|-------------------|----------------|-------------------|-----------|
| - Tab. | Sazo | 500 | 1 x BD. | } x 1 mlr |
| - Cep | Miroxa | 100 | 1 x OD | |
| - Tab | Febzeel | 40 | 1 x OD | |
| - Cep | Ketodol | | 1 x BD | |
| - Cep | RAD | | 1 x BD | |

25-11-23

| | | | | | |
|------------|-------|-----------|-----|---------|-----------|
| <u>ADU</u> | - Tab | Sazo | 500 | 1 x BD. | } x 1 mlr |
| > | - Cep | ostorke | | 1 x OD. | |
| > | - Tab | Ketoflu P | | 1 x BD. | |

FRACTURE CLINIC

Dr. Mohd. Shahid Zaheer Beg
 M.B.B.S. (Lko.)
 M.S. (ORTHOPAEDIC SURGERY)
 Consultant Orthopaedic Surgeon
 Reg. No. 29143

Mobile : 8127165186 (Clinic)
 : 9532329585 (Clinic)

Date..... 23-07-22

Mrs. Shahjahan Hameed 62y+1/F

△ ~~to~~ DISH

Adv
 - Cep Minoxee 1pb 1xOD.
 - Tab Sazo 500 1xBD.
 - Cep Ketodol 1xBD.
 - Cep Celeidol D3 twice 1x.rst

x ~~tab~~
10 dy

· MRI study of LS spine
 · Please do an full cervical rule

OA changes

30-07-22

Adv
 - Tab Sazo 500 1xBD.
 - Cep Ketodol 1xBD.
 - Cep R&D 1xBD.

x ~~tab~~
10 dy.

Fracture Clinic Time : Morning : 9:00 to 5:00 p.m.

KHADRA, SITAPUR ROAD, LUCKNOW

Break at 2.00 to 3.00 pm.

NOT FOR MEDICOLEGAL USE

Name : MS. SHAHJAHAN HUSAIN Age /sex : 62 Year / Female
Lab No. : 1022157821 Reg. Date/Time : 23 Jul 2022 18:00
Ref By : Dr. MOHD SHAHID ZAHEER BEG (MBBS MS) Print Date/Time : 24 Jul 2022 17:01

MRI: LUMBO-SACRAL SPINE

IMAGING SEQUENCES (NCMR)

AXIAL: T1 & T2 Wis. **SAGITTAL:** T1 & TSE T2 Wis. **CORONAL:** T2

Lumbar spine is straightened with loss of usual spinal curvature. There is evidence of degenerative changes affecting lumbar spine. All the intervertebral discs are desiccated. Vertebrae are also showing degenerative changes in form of anterior osteophytosis and signal changes adjacent to end plates.

Right paracentral disc herniation (protrusion) is seen at L1-2 level producing mild compromise of right lateral recess with mild extradural compression over thecal sac.

Minimal spondylolisthesis is seen at L4-5 level. Bilateral L4-5 facet joint arthropathy is seen. Due to listhesis pseudo disc bulge is seen at this level producing mild to moderate compromise of bilateral lateral recesses and neural foramina with moderate extra-dural compression over thecal sac also contributed by facet joint hypertrophy.

Diffuse disc bulge is seen at L5-S1 level producing mild compromise of left lateral recess with mild extradural compression over thecal sac also contributed by facet joint hypertrophy.

AP thecal sac diameter at disc level measures:

| L1-2 | L2-3 | L3-4 | L4-5 | L5-S1 |
|--------|------|--------|-------|-------|
| 10.5mm | 11mm | 10.5mm | 6.6mm | 11mm |

Lower dorsal spinal cord and conus medullaris are showing normal morphology, outline and signal intensity.

Rest of the facet joints and ligamentum flavum are normal.

Pre and para vertebral soft tissues are normal.

Bilateral sacroiliac joints are normally visualized.

Screening of rest of the spine was done which reveals degenerative changes with mild disc bulges at C4-5, C5-6 and C6-7 levels.

IMPRESSION

- **Degenerative changes affecting lumbar spine with disc herniation at L1-2 level, minimal spondylolisthesis at L4-5 level and disc bulge at L5-S1 level.**

Please correlate clinically.

DR. RAVENDRA SINGH
MD

हार्ट केयर सेन्टर

(Unit of Smiling Star Heart Care Pvt. Ltd.)

अवध कॉम्प्लेक्स, 33, कसया रोड, बेतियाहाता, गोरखपुर, मो0 : 9307514123, 9235462663

Dr. Saurabh Kr. Srivastava

M.D., D.M. (Cardiology), S.G.P.G.I., Lucknow
F.E.S.C.

Interventional Cardiologist

Reg. No. : 047279 (UP-MCI)



Your Trusted Cardiac Expert

डा0 सौरभ कुमार श्रीवास्तव

एम.डी., डी.एम. (कार्डियोलॉजी), एस.जी.पी.जी.आई., लखनऊ
एफ.ई.एस.सी.

हृदय रोग विशेषज्ञ

Name Mrs - Shahjahan Humsain Age/Sex 62 Years / Female Date 15/05/2023

Diabetes

Yes
 No

Ref. by Dr.

FOLDER ISSUED

Thanks

Hypertension

Yes
 No

* Recurrent epi of giddiness
* One epi of ? syncope 2 days back
* Left arm pain (Non-specific). * facial puffiness (pedal oedema).
? Bradycardia noted *

Addiction

- Tobacco
- Smoker
- Alcoholic

Hypothyroidism

125 mcg Yes
 No

O/E: $CF = 11 \text{ (N) / (N)}$
Trop = BILUear

Drug Sensitivity

BP = 130/80 mmHg
PR = 64/min

Adv:-

ECG - Aim brady
Screening Echo (FIC) - (N) sized LV & function, No RWMA
MUGMR.

Noted.

Ongoing Medications

- Tab: Obimet 4x-2 07
- Cap: Ecosprin AV (20/75) HU
- Tab: Nexito 5mg HU x
- Tab: Olumy 20mg (3 days stopped med)

No significant bradycardia

- * To continue previous medications.
- * Tab. Dextrophenylamine R Olumy 1 HU < 0
- * Tab. Chma-HH 100mg 02mg 1 HU - 0P

16/2/23

H.b → 13.4

TLC → 10000

TC → 153, TG → 160

HDL → 41, LDL → 80

ECG / Pulse Rate Monitoring at the time of symptoms