



Dr. DEEPAK GUPTA

M.D. (Gold Medalist), D.N.B. (Psychiatry)
Dip. Child & Adolescent Psychiatry (UK)
Donald Cohen Fellow (ESCAP, Italy)



Formerly Member, American Academy of Child & Adolescent Psychiatry (USA)
Fellow, Medical Academy of Pediatric Special Needs (MAPS, USA)
Founder Member, Child Mental Health Foundation (CMHF)

Consultant Child & Adolescent Psychiatrist

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DMC : 11664

President (2014-2016)
Delhi Psychiatric Society (DPS)

Name: Faraz Akhtar Lucknow
Age/Sex: 3y 11m 22d / M
Office ID: DG7851

Date: 23-08-2022 09:46 pm
Mobile: 8130643829

Weight: 13.4 kg

Symptoms:

Social and communication challenges
H/o regression
Restricted Repetive Behaviours (Hand)

Diagnosis:

Autism Spectrum Disorder

Medicines:

1. Sachets **Lactobrain** : 1/2 sachets - Twice a day
2. Tablet **Mebex (100 mg)** : 1 tablet - Twice a day
3. Syrup **Castor oil** : 5 ml - Once a day - Bedtime
4. Drop **Nutrisorb methyl Folguard** : 1 drop - Twice a day - After 2 weeks twice a day
5. Softule **Speak+D** : 1 softule - Once a day - After 2 weeks twice a day
6. Powder **My spectrum heroes multivitamin/mineral** : 15/9
7. Syrup **Cognicare** : 5 ml - Twice a day

3 tabs
2/ month
x 3m

2x - 2x, 12-14 dp
2x - 2x sep
19
8/9
22/9

Instructions:

- Therapies sessions essential and regular
- Sports/Music/Dance/Drawing/theatre/Puppetry/Story Telling/Robotics/yoga/Baking/Exercises/walking/Painting/writings/Mandala art/household chores/gardening/craft work/Gym/computer classes
- CFGFSFSFCF Diet (glutenfreeindia.com)
- No TV/electronic gadgets/you tube/mobile/iPad (zero screen time)
- No refined Sugar, caffeine products, processed, packaged food, refined oils, refined flour and outside food
- Investigations : lead, ferritin, Zinc, aluminium, Magnesium, total cholesterol level, folic acid, carnitine levels, 25 OH vit D
- Stool fungal culture & susceptibility test
- Mr Monu Nayyar +91 8851074738 for 4,5&6
- Review after 4 month



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Dr. Deepak Gupta

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Specialist in :

- Emotional, behavioural, psychological problems in children & adolescents • ADHD • AUTISM
- Poor school performance • Adolescent guidance & counselling • Parenting skills & Family counselling

Clinics :

- Sir Ganga Ram Hospital, Rajinder Nagar, New Delhi-110060, G-10, Ground Floor, 4.00 to 6.00 p.m. (Mon., Fri., Sat.)
- Centre for Child & Adolescent Wellbeing (CCAW)

Main Centre : R-92, Basement, Greater Kailash Part-I, New Delhi -110048, Ph. 41733342

Other Branches : E-577, Basement, Greater Kailash-II, New Delhi -110048, Ph. 41733343

10 am - 2 pm (Mon., Fri.), 10 am - 7 pm (Tues., Wed., Thurs., Sat.)

For Appointments Call :
10 am - 7 pm
011-41733340, 9953309156

For Treatment Related Queries : WhatsApp/SMS : 9599576115