



डा. राम मनोहर लोहिया आयुर्विज्ञान संस्थान, गोमती नगर, लखनऊ
DR. RAM MANOHAR LOHIA INSTITUTE
Gomti Nagar, Lucknow



PP: 2023/134549

Token: 69
 Name: ARPITA SAHU
 Dept: Psychiatry
 Doctor: Dr. Akansha Sharma
 Date: 2023-09-23 (08 AM - 01 PM)

OPD CARD

Patient Name : _____

Age/Sex : _____

Date : _____

Doctor/UG : _____

Address : _____

Initial Assessment: height _____ weight _____ BMI _____ | Drug Allergy: Yes

Vitals : BP _____ mmHg, H/R _____ /Min, R/R _____ | No

Provisional Diagnosis : _____ | Not Known,
 If Yes specify _____

Wong

0	2	4	6	8	10
No Hurt	Hurts Little Bit	Hurts Little More	Hurts Even More	Hurts Whole Lot	Hurts Worst

Chief Complaints:

Advised :

Adv
 T. ESCITALAMENT-PLUS
 1TY
 T. Melogram - 3mg
 1TY
 T. Pantoyam - 40mg
 5
 for 30 days

e/o + sleep
 Anxiety
 Persistent pre-occupation
 of negative thoughts
 stress ⊕
 s: Adjustment disorder

Next Follow up :

Nutritional Assessment required : -Yes/No

Nutritional Screening :- Malnourished-over-under Moderate nourished
 Well nourished

Consultant Name :

Signature:

Date & Time :

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Date: 03/11/2023

myprovis

Adv

- ✓ ~~Tuh~~ Pantajani - 40 100
- ✓ Tuh Escitalopram - Plus 100
(Escitalopram - Fort)
- ✓ Tuh Melatonin / CIR-D-5 100

21/12/23: CYRA-D 500

Sanjivani PO

16/12/23

① T. NULOXEE - 20 100

21/12/23: T. clonidine 0.5 1500

③ PO

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Date: 20/12/23

for tonsillitis.

- ✓ T. Paracetamol - 500 (132)
- ✓ T. Paracetamol - LC (132)
- ✓ T. ~~Aspirin~~ Aspirin - 0 (132)
- ✓ T. BLUJYL (132)
- T. (03) day