

SAHA HOSPITAL

Valid for 7 Days Only

APPOINTMENT TIMING - 10:00 A.M. To 2:00 P.M. (Except Last Sunday)

Patient Appointment can also be taken on Website: www.sahaclinic.com

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DR. DEBASHISH SAHA
M.D., D.M.(Nephro)
Reg. No. 35161

DR. MITALI DAS SAHA
M.S. (Obs & Gynae)
Reg. No. 12272

Name: DR. R.B. SINGH
Age/Sex: 75y / M
Office ID: DS1916

Date: 12-02-2024 06:11 pm
Mobile: 7985625756

Vitals: Pulse: 86 /min, SPO2: 98 %, BP: 154/84 mmHg

Investigation results:

HbA1c Test: 12-02-2024: HbA1c: 6.2 %

Kidney Function Test KFT: 12-02-2024: S. Uric acid: 4.90 mg/dL, S Creatinine: 1.45 mg/dl, eGFR: 51.1 ml/min/1.73m²

Blood Glucose Estimation: 12-02-2024: FBS: 105 mg/dL

Diagnosis: CRF - Chronic renal failure, Hyperuricaemia, B/L pedal oedema, Recet use of Etoricoxib, 25/2/22 last seen in Feb2021, no further follow up, has ome back with gross anasarca, 2/3/22 still contineus to be in gross volume overload no gross proteinuria and normal total and differntial protein,, need to restrict water intake, patient on PPI indication sick sinus syndrome, X-ray chest shows cardiomegaly, 2D Echo shows EF 48% with FS 24%, Has patent left saphenofemoral junction, Previous venous doppler study shows incompetent SFJunction, 12/8/22, b/l pedal oedema persisting, water noncomplaine, Recently detected to have diabetes, in Medanta hospital where his post prandial sugar was 350 mg% started ontelenigliptin and metformin combination, Has lost arround 2.5 kg, with diet control, Recently shifted to ARBs, as such there no significant change in renal prarmeters, there significant improvemrnt in pedal oedema, Mild rise in s creatinine level associated b/l pedal oedema and elevated hypertension

Medicines:

1. Tablet **Febustat (40 mg)** FEBUXOSTAT(40 MG): 1 tablet - Once a day X 1 Month
2. Tablet **Cryopan 40 mg** PANTA: 1 units - Thrice a week X 1 Month
3. Tablet **Thyronorm (100 mcg)** THYROXINE SODIUM(100 MCG): Once a day X 1 Month - Empty stomach
4. Tablet **Ultracet (325 & 37.5)** PARACETAMOL(325 MG) + TRAMADOL(37.5 MG): Once a day X SoS
5. Tablet **Veltros 10** TORESMIDE: 1 tablet - Twice a day X 1 Month - 7 am/3 pm
6. Tablet **Aldactone (25 mg)** SPIRONOLACTONE(25 MG): 1 tablet - Thrice a week X 1 Month - 10 am Tuesday Thursday Saturday
7. Tablet **Telma 20mg** TELMISARTAN 20 MG: 1 tablet - Once a day X 1 Month

Advised Investigations: S protein & S albumin, Electrolytes, Urea & Creatinine, CBC - Complete Blood Count Haemogram, S Phosphorus, Serum Calcium, FBS- Fasting Blood Sugar, PPBS-Postprandial Blood Sugar Test


Instructions:

- Low Salt in diet
- Total liquid 750 -900 ml /day

Follow up: 12 Apr 2024, Friday



Scan QR code to download the digital Prescription on Docon Patient app


Dr. Debashish Saha
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Self attested.
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