



PRAKASH NETRA KENDR PRIVATE LIMITED

NH - 2, Vipul Khand - IV, BohInd SRS Mall
Gomti Nagar, Lucknow, Phone - 0522-4242164, 3593685, 4076399
Email : pnk_netra@hotmail.com, Website: www.pnkoyecare.com

PNK/GMT/DOC/COUN-1

NAME	: MRS. AAKANKSHA SINGH	Age & Sex	: 32 Yrs / F
MRNO.	: 161379	Booking Date	: 11-Mar-24
Diagnosis	:	Surgery Date & Time	: 13-Mar-24 Time : 13:30
Eye to be Operated	: RE	Doctor	: Dr. Saurabh Singh
Procedure Name	: SILICON OIL REMOVAL SURGERY	Package Name	: SILICON OIL REMOVAL SURGERY
Additional Procedure	: GAS	Approx. Charges	: 11,000
Anesthesia Type	: LOCAL	Patient/Party	: Patient
Counselor Remarks		Operation Type	: RETINA

Reeta

Counselor Name Reeta Maurya

Print Date 11-03-2024 Print Time 10:58 am

Thumb Impression / Signature of Patient/Attendant
(Relation with Patient) *Wife*

Preferred language for surgical consent forms - सर्जिकल सहमति प्रपत्र के लिए पसंदीदा भाषा - English / हिंदी

PLEASE BRING THIS CARD ALONG WITH YOUR FILES & REPORTS ON THE DAY OF SURGERY

Investigation Ordered

- | | | | | | |
|---|-----|----------------|-----|---------------------|-----|
| 1. Blood Sugar FPP (R) | [] | 2. Urine : R/M | [] | 10. Lipid Profile | [] |
| 3. Elisa for HIV | [] | 4. HbsAg | [] | 11. Covid - RTPCR | [] |
| 5. Serum Creatinin / Blood Urea | [] | 6. HbA1c | [] | (Patient/Attendant) | |
| 7. Hb/TLC/DLC/PC,PT/ESR(C), BT,CT,CPK | [] | 8. HCV | [] | | |
| 9. Physician/Pediatrician/Anesthetist Clearance for Surgery with BP & ECG | [] | | | | |

Instruction for Patient :-

- Use MOXISHIELD/KETOMAR/ MOXICIP/ MESSEY / ZYMAR / KETOFLOX/XYBREX Eye Drop every 2 hour Put one drop 4 times daily in eye to be operated for 1 day prior to operation
- Take a Light Dinner on Night before Operation
- Tab. CIPLOX (500mg)
 - 1 Tab. after dinner on 12/3/24
 - 1 Tab. after breakfast on 13/3/24
- Tab. Diamox (250mg)
 - 1 Tab. after dinner on
 - 1 Tab. after breakfast on
- Full Breakfast on Morning / Lunch on Operation day before taking medicines
- Nothing by mouth after am/pm on
- Dilate RE/LE with Tropicacyl Plus/Cyclogyl Eye Drops (In Hospital Only By Hospital Staff)
- STOP BLOOD THINNER MEDICINE/ECOSPRIN FROM
- Drug Allergy :
- In case you are diabetic please keep your blood sugar under control

12/3/24
in Right eye
Read 11000 card
13/3/24

On The Day Of Surgery :-

- Have a head bath & do not apply kajal, sindhuram, turmeric powder over the face before coming to the hospital.
- You can take breakfast before coming for the surgery.
- Only One attendant must accompany the patient.

Patient Counselor - Mr. Vinod Soni (09935300734) & Mr. P C Vishwakarma (09935300733) 0522-4313966
Patient Counselor - Mr. Nitin (8172887799), Mr. Devraj (8851211565) Mr. Anuj (TPA & Insurance) 0522-4242164

Note :- After Surgery - free consultation valid only for 1 month.
Please Report with only 1 attendant (Necessary) on 01st Floor Ward for Admission on the Day of Surgery

PLEASE BRING YOUR DEPARTMENT'S ID CARD WITH YOU ON THE DAY OF SURGERY, (CGHS, ECHS, HAL, ISTRAC, NBRI, CSIR, CDRI POWER GRID (REFERRAL + ID), BSNL (PERMISION/ID), POWER CORPORATION (PPO/ID), UP POLICE (ID)

ankoupradeal@gmail.com

Aakanksha

Follow Up Visit

29/03/24 (2)

WAF 11am. 1/2/60 60. 11.45 AM
616 At 5:30 PM

(RE) Redness
& pain.

(R) Doing fine / mult.

amblyopia drops as advised by Dr VM

f/up
on Monday / Tuesday.
BPM

1/4/24

AT (R) → 15.0.
Tab

R Tab ULTRACET 1.00.

R (RE)
PRD FORTE 2/day
0.5 x 7 days
0.5 x 7 days
0.5 x 7 days

निर्देश (ऑपरेशन उपरान्त)

- आँखों में दवाई डालने में अस्पताल के कर्मचारियों के द्वारा निर्देशित प्रक्रिया का पालन करें।
- अपने डॉक्टर के द्वारा बताई गई एवं डिस्चार्ज पेपर पर लिखी गयी दवा के अतिरिक्त अन्य किसी भी प्रकार की दवा का उपयोग आँख में न करें।
- कृपया आँखों की स्वच्छता निर्देशानुसार बनाये रखें।
- कृपया नल के पानी या पीने के पानी से आँखें न धोएं।
- आप सर्जरी के पहले सप्ताह में कंधे के नीचे के हिस्से से तथा द्वितीय सप्ताह से नियमित रूप से आँखें बंद करके सिर से नहा सकते हैं।
- आँखों को साफ करने के लिए पीने के पानी में रूई को 5-10 मिनट के लिए उबाल लें तथा गुनगुना होने पर आँख बंद करके आँख के आस पास के हिस्से को साफ कर लें, यह प्रक्रिया दिन में दो बार दोहराएं।
- अन्दर काला चश्मा लगाने की कोई आवश्यकता नहीं है।
- कृपया किसी भी प्रकार के खतरे वाले खेलों से खुद को दूर रखें एवं केमिकल एवं बायो हजाईस के सम्पर्क से अपनी आँखों को सुरक्षित रखें।
- आँखों में किसी भी प्रकार की असामान्य लाली, नजर में कमी, दर्द, आँखों में पानी की समस्या होने पर अस्पताल में तुरन्त सम्पर्क करें, आकस्मिक सुविधाएं 24 घंटे उपलब्ध हैं।
- किसी भी समस्या के लिये अपने डॉक्टर से सम्पर्क करें अपना गर्ज खुद से मानकर अपना इलाज न करें।
- कृपया दोबारा दिखाने हेतु डॉक्टर द्वारा दिए गये समय एवं तारीख पर अस्पताल अवश्य आयें।
- आप अपने दैनिक कार्यों जैसे टीवी देखना, अखबार पढ़ना आदि जारी रख सकते हैं।
- कृपया रेटिना सर्जरी में बताए गए निर्देशानुसार ही अपनी शारीरिक अवस्था को बनाए रखें।

f/up
1 week.

HOMAT 2/4 x 7 days
COMBIGAN 1 mult.

REFRESH TEARS
2/d 50g

Aakanksha

MRDNO-5611

Dr. Vishal Misra MS, FMRF
Consultant Eye Surgeon

Fellow, Sankara Nethralaya, Chennai
Ex-Senior Resident PGI, Chandigarh
Life Member, All India Ophthalmological Society
Life Member, Delhi Ophthalmological Society
Life Member, Lucknow Ophthalmological Society
Reg. No.: G-13224



Address :
C-172, First Floor, Aravali Marg, Sec-C,
Block-A, Indira Nagar, Lucknow-226016
M : 8400008873, 0522-4625757
Timings :
Morning : 9:30 am to 1:30 pm (Mon. to Sat.)
Evening : 5:30 pm to 8 : 00 pm (Mon. to Fri.)
Saturday Evening & Sunday Closed

Mrs. AAKANKSHA SINGH/33/F

Date: 27/3/24

RT (R) L.G.O mtk

(R) S/P RD Sx (YIT + RL + 301) - 2022

(R) S/P SOR - 13/3/24.

(R) S/P Squint Sx

LT (R)

do pain / redness (R)
Photophobia.

15 years
L.T. DIAMON
COMBIGAN
100R20x

Aphakia
few silicone
oil droplets in
MC / VIT.

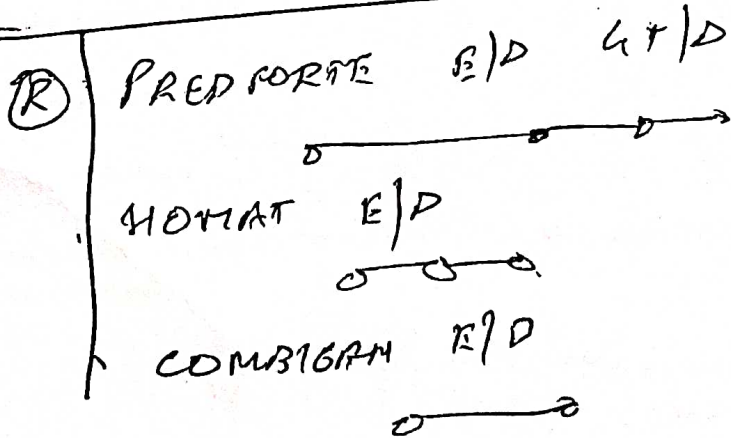
Adv

Conj Hyperemia
Irrity HHT

T. OMNACORTIL (40mg) 1 OD x 5 days.
(After meal)

T. PANTOP (40mg) 1 OD x 5 days
(Before meal)

T. SHELICAL (Soam) 1 OD x 5 days



Review 2 days E. DR. Samarth Singh
(R21)

Aakanksha

Facilities

★ Phaco (Cataract) ★ Glaucoma ★ Squint and Pediatric Ophthalmology ★ LASIK ★ Cornea
★ Visual Field Testing (Perimetry) ★ Contact Lens ★ Fluorescein Angiography and OCT ★ YAG LASER ★ Oculoplasty


PRAKASH NETRA KENDR PRIVATE LIMITED

HIG - 30, Sector E, Aliganj, Lucknow - 226020
 Phone - 0522-3547032, 4900261, 8318794965 (Whatsapp)
 Email : pnk_netra@hotmail.com, Website: www.pnkeyecare.com
 Hospital Registration No. : RME2227313, GST NO. 09AAMGP7394K12H

Patient ID	161379	Visit Date/Time	05/Mar/2024 11:13 AM
Patient Name	Mrs. Aakanksha Singh	Age/Sex	32 Yrs / F
Patient Address	C 47 SHANKAR VIHAR COLONY KAMTA	Contact No.	8009601040
Category	General	Old MR No.	

Present Complaints

F/U.

Systemic Disease History

H/o Thyroid Since April, 2011.

Vision	Distance Vision		Near Vision		Method Name	IOP Time	IOP RE	IOP LE	P RE	P LE	Remarks
	Right Eye	Left Eye	Right Eye	Left Eye							
Unaided	1/60	6/6			A.T.	11:35	19	14			
With Pinhole	NIL										

Examination Details

Finding Name	Right Eye	Left Eye
Anterior Segment	aphakia, esotropia, decentred pupil	
Fundus	retina on with lasered 180 degree GRT , silicon oil +,	WNL

Examination : H/O RIGHT EYE TRAUMATIC CATARACT SURGERY AT 2 YRS AGE, H/O SQUINT SURGERY RE IN 2006
Rx

- COMBIGAN EYE DROP**
one Drop two times in a day in Right Eye for 30 Days
- BRINZAGAN E/D**
one Drop two times in a day in Right Eye for 1 Month
- GENTEAL GEL [HPMC] / SOKA**
three times in a day in Right Eye for 1 Month

Advised Procedures

- SILICON OIL REMOVAL , in Right Eye
- GAS , in Right Eye

Risk and Benefits of Surgery Explained
Doctor's Advice :

prognosis for visual recovery guarded and may need repeat silicon oil injection in case of retinal redetachment in right eye.

Next Review : As and when required

 Doctor's Signature

Dr. Saurabh Singh

M.S.

Reg. No. 3353

Aakanksha



PREANAESTHESIA EVALUATION

(Tick in Indicates choice)

PNK/GMT/DOC/PAC-1

Date/Time	8.3.24	Procedure	Surgeon
ID No		Indication	
Patient Name	Alanson Eyes		
HISTORY	DM+ (HbA1c)		Age/Sex
<input type="checkbox"/> No Personal or Family history of anaesthetic			CURRENT DRUGS:

Surgery/blood transfusion history		Allergy		Functional capacity
Vital	Airway, Spine	Systemic Examination		Investigations
Pulse: 60	Mallampati:	CVS	W R	HB:
NIBP: 140/90	Rules of 123:	RS		ECG:
RR: 19	Teeth:			CXR:
SPO2:	Dentures:			Others:
Pain:	Neck:	CNS		
Wt.:	Spine:			
Ht.:				

Problem List & Risk Factors:

Anticipated Difficult airway

ASA Physical Grade:	Max allowable blood loss:	Coherent for consent : Yes <input type="checkbox"/> No
ASA GRADING:	ANESTHESIA PLAN:	INSTRUCTIONS:
1) <input checked="" type="checkbox"/> Normal, Healthy.	<input checked="" type="checkbox"/> Topical anaesthesia	<input type="checkbox"/> Nil by mouth six hours before procedure
2. Mild Disturbance due to medical disease or Surgical Problem	<input type="checkbox"/> Nerve Block/Regional Anaesthesia	<input type="checkbox"/> Blood products to be arranged:
3. Severe Disturbance, day to day activities disturbed.	<input type="checkbox"/> General anaesthesia	<input type="checkbox"/> PREOPERATIVE DRUGS Rx:
4. Severe disturbance, constant danger to life	<input type="checkbox"/> Monitored anaesthesia care with sedation	Premedication :
5. Very sick patient, not expected to live beyond 24 hrs with or without surgery.	<input type="checkbox"/> Recovery in ICU:	To skip on OT day
EMERGENCY	<input type="checkbox"/> Special Preparation:	To Start:

Remarks: 1-7 f surgery under GA after B.P / sugar / etc check

Dr. Aakanksha
Reg. No. 20185 (Signature)

Anesthesiologist Name

Date : Time :

Aakanksha

- Prakash Notra Kondra, Gomti Nagar
- Rajendra Nagar Hospital
- KDM Hospital

Dr. Atul Kharbanda
 M.D.B.S., M.D., (MED.)
 PHYSICIAN & DIABETOLOGIST

Om+ (New Qu. 04)
 PIN

Name Mrs. Anurupa Singh
 Rx

Date 2.3.24
 B.P. 142/75
 P/R
 Wt.

There is no apparent cardiac abnormality.
 She can be taken up for sugar test.
 With UA with usual
 B.S. Searles

Cos / w
 Ref / r
 ECG / r

R

Investigations

Aakanksha

CONSULTATION AT:
 03:00 P.M. to 07:00 P.M.
 274/376, Second Street,
 (Adj. Dr. Sunita Chandra's Hospital)
 Rajendra Nagar, Lucknow.
 Mobile : 8934928544, 8172944210

09:30 A.M. to 11:00 A.M.
 3/112, Vishal Khand, Gomti Nagar,
 (Adjacent Almighty School)
 Lucknow
 Phone : (0522) 4049858

- Facilities Available :**
- Electrocardiogram
 - Blood Sugar
 - Nebuliser

- इमरजेन्सी में क्लिनिक न आकर नजदीकी अस्पताल में जायें।
- बी.पी., डाइयटीज व पुराने रोगों के मरीज ठीक होने पर भी 3 महीने में 1 बार Check up जरूर करवायें।

- Reimbursement के पर्चे 3 महीने के अन्दर Signature करवायें।
- बताये समय से 30-60 मिनट का अतिरिक्त समय लेकर आयें।

Last Sunday of the Month Full Day Closed

फीस 5 दिन में 2 परामर्श के लिए मान्य

Dr. (Col) V. K. SINGH
DOMS, MS
Ex Senior Adviser
Army Medical Corps



SUNETRA
SUPERSPECIALITY EYE CLINIC

Dr. SAURABH SINGH
MBBS, MS

Consultant Eye Surgeon & Retina Specialist
Life Member (Memberships)
All India Ophthalmological Society
Vitreous Retinal Society of India
Indian Pedology of Prematurity Society

12

Mr. Akanksha
324HF

Date 05/04/24

Mob - 837797388

S/P - (RE) V.K. Singh
- P 502-602
SF on
13/03/24

(R) AT → 31.0/mth

do - Redness
& pain
flap after
1 wk

Tab diemox 250mg
1/2 tab
5 days

COMBIGAN 2/day

BRINZAGAN 2/day

HOMAT 2/day

PRD FORTE 3/day x 3 days
2/day x 7 days

flap
week

Right				Left			
Sph.	Cyl.	Axis	V/A	Sph.	Cyl.	Axis	V/A

FACILITIES : • Laser • Diabetic Retinopathy • Retinopathy of Prematurity • YAG Laser • Micro Phaco Surgery
• Vitreoretinal Surgery • Glaucoma Management • Digital Retinal Imaging • Eye Ultrasound • OCT

Timings : Monday to Friday : 5:00 pm to 7:30 pm, Thursday & Saturday : 10:00 am to 12:00 pm (Noon) Sunday : Closed

Address : C-1232, Near Maharana Pratap Park, Indira Nagar, Lucknow.

Phone : 0522-2351341, 6306552288, 7007782452
Not for Medico Legal Purpose

Aakanksha

10/04/24 x (12)

Abp

(R) doing better

(R) Top OK.

R

(RE)

✓	COMBICAN	
✓	BRINZAN	
✓	RELIVION e/drop	

RE: SITA
LiDUGER
oooo
HOMAT
oo

Tab unnautil 2omy 1/day
~~3 days~~
(after meals)

RTC
3/4 days

15/4/24 x (13)

CLEAR EYE	e/drop
	\$0\$

Adv:

Continue
eye drops

19/04/24

(8)

AT (R) - 110 wtz

Flup tuesday
Aakanksha

(R) doing fine

Tab ultraacet	150\$
medically x 3 days	

Dr. (Col) V. K. SINGH
 DOMS, MS
 Ex Senior Adviser
 Army Medical Corps



इन्द्राक्षर
SUPERSPECIALITY EYE CLINIC

Dr. SAURABH SINGH
 MBBS, MS
 Consultant Eye Surgeon & Retina Specialist
 Life Member (Memberships)
 All India Ophthalmological Society
 Vitreo Retinal Society of India
 Indian Retinopathy of Prematurity Society

Mys. Aakanksha Singh

Date 23/04/24

Flap

33 JIF

AR $+6.00 + 2.50 @ 83^\circ$
 -0.50

doing well

VN $12/60$ (सराई लगेयर)
 Col 9 P

Flap
3 to weeks

AT $\rightarrow 17.0$ mmHg (RE)

(SL)

Aakanksha

Right				Left			
Sph.	Cyl.	Axis	V/A	Sph.	Cyl.	Axis	V/A

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