

THE HOPE REHABILITATION AND LEARNING CENTRE

Road to recovery and growth

Run and Governed by The Hope Foundation

(Registered under Societies Act No. 21,1860 - Reg. No. 03513/2022-2023)



ARYANSH SPEECH REPORT

Name - Aryansh Shukla

Date - 15- 01- 24

Progress report:-

- 1- The child is starting self answering without repetition...
- 2- Situation related topics achieved...
- 3- Objects related questions and answers Achieved ...
- 4- The child is answering the story...

Goals :-

- 1- Situation related questions and answers...
- 2- yes or no concept related questions and answers...
- 3- Self introduction practice...
- 4- Reaction related concepts...

Rhymes :-

- 1- Hathi Raja ...
- 2- Billi mausi ...

Oro motor exercises:-

- 1- Cloth texture Massag...
- 2- Vibrator brush massag...
- 3- Finger brush massag...
- 4- Tongue movements...
- 5- Jaw movement...

*See attached
Grand Shukla
16/01/24*

Speech therapist
Saniya Ali

The Hope Rehabilitation and Learning Center

<< Our Branches >>

INDIRA NAGAR : 636/3 Kranti Nagar Takrohi Indira Nagar Lucknow-226016 | KURSI ROAD : 13-A, Alkapuri Colony, Kursi Road, Lucknow
Contact : 9044500099, 9303210962 | Website: www.thehoperehab.com | Email: thehoperehabindia@gmail.com



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Occupational Therapy Report

Name: ARYANSH SHUKLA

Age: 4 years

Date : 19.03.2024

Gender : male

Parents concerns

1. Self talk present
2. Difficulty in long time attention
3. Hand flapping
4. Poor eye contact during communication.
5. Restlessness behavior

Activities

1. Brushing and joint compression
2. Gym ball activities
3. Forearm holding with midline crossing activities
4. Slow swing with plot4 game
5. Crab walk
6. Duck walk with obstacle cross
7. Backwards jumping
8. Walking on lazy 8
9. Both hand coordination exercises
10. Jumping on trampoline with weights
11. Deep pressure massage
12. Hanging bar
13. Imitation for improve eye contact
14. Blow cotton balls 10 repetition
15. thik sucking Shake.
16. Table top activity (puzzles,peg board,visual sheets)
17. Play shaving form with mirror activity
18. Cycling 5 min everyday.
19. Ball kick and ball hit with Tennis racks.
20. Therapeutic Listening song with massage head ,back ,arms and legs.

Dr. Pritee kureel

Director

(The Hope Rehabilitation and Learning Centre)

*See attached
Aransh Shukla
16/3/24*

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OCCUPATIONAL THERAPY PLAN

Name: - Aryansh Shukla

Date: - 01/05/2024

Age/Sex: - 5 Yrs /M

1. Brushing and joint compression
2. Bloster swing with rings
3. Gym ball exercise
4. Dribbling
5. Bounce and catch
6. Toss and catch
7. Brain gym exercise
 - Double doodles
 - Lazy 8
 - Cross crawl
 - Hook up
 - Super brain gym yoga
8. Brain gym sheets both hands
9. Wheel barrow walk
10. Duck walk Obesticle cross
11. Seal walk
12. Tire pushing
13. Table top activities
 - Water & rubber
 - Ear buds painting
 - Paper folding
 - Spoon activity
14. Deep pressure massage
15. Visual perception games
16. ADL
 - Buttoning, unbuttoning
 - Combing
 - Belt
 - lock and unlock
17. Cycle
18. Ball roll between cons (zig-zag)
19. Bat & ball
20. Doumble exercise
21. Jaw massage and pressure
22. Therapeuti relaxing song with massage and pressure


Dr. Preeti Kureel
Director

The Hope Rehabilitation and Learning Center

*Self assessed
Aryansh Shukla
16/05/24*

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