

Bushra Medicare

- Knee & Hip Joint Replacement
- Major & Minor Ortho Surgeries
- Plaster • Digital X-Ray • Physiotherapy

Dr. Suhail Ahmad Qidwai

M.B.B.S., M.S. (Orthopaedic Surg. K.G.M.C.)
 Bone & Joint Surgeon
 Specialist in Mini Hole Surgeries & Joint Replacement
 Life Membership-I.O.A, Life Membership-U.P.O.A.
 Mob.: 9415007282
 Reg. No. 33920

Dr. Saira Ahmad Qidwai

M.B.B.S. (K.G.M.C.), M.D. (Gint & Gynae)
 Gynecologist & Obstetrician
 Specialist in Female Diseases & Infertility
 Mob.: 9450032592
 Reg. No. 36853

Name : ANJUM SHAHNAZ	Cell : 9450391044	Age : 56 YEARS	Sex : F
Date : 26 February 2024	VALID UPTO	02 March 2024	

Δ = low Back Ach. \bar{e}

Radical pain @ L.L

Adv - - Rest for four weeks

Xu L1/S spine



As L4

T-6 Scholer P-1HA \leftarrow

T9 Mystop (S) L4 \leftarrow

Cap Rehabt DIR L4 - -

H1, focus

X 1000

Myel L.

फोन से नम्बर लेने के लिये सम्पर्क करें मो0: 9044508858 पर सुबह 9.00 से 11.00, शाम 5.00 से 7.00 बजे तक

परामर्श समय : डॉ. सुहेल प्रातः 11 से 3 बजे तक (सोम से रवि) शाम 7 से 9 बजे तक (सोम से शुक्र)
 डॉ. सायरा प्रातः 10 से 12 बजे तक (सोम से शुक्र)

Clinic : Silver Height Complex, Opposite Khalabazar, Kotwali, Victoria Street, Lucknow
 SATURDAY & SUNDAY EVENING CLOSED (शनिवार, रविवार शाम को क्लीनिक बन्द रहेगी)

Contact on Clinic :
 9918608858, 6388625242
 Whatsapp : 8840545114



CLEAN CHC GREEN CHC WOMEN'S HEALTH NATIONS WEALTH
 सामुदायिक स्वास्थ्य केन्द्र कोच, जनपद - जालौन



वाह्य रोगी प्रपत्र (OPD Slip)

वाह्य रोगी संख्या 65400
 नाम अंजुम शहजाज
 पिता/प्रति का नाम स. भार्गव इंदरीहीग्राम
 पोरत जिला मो. नं. चिकित्सक का नाम

कम सं.
 उम्र/लिंग 56 F दिनांक 23/03/24

Any Known Allergy :

PAST MEDICAL HISTORY
 Diabetes
 Asthama
 Hypertention
 Thyroid
 T.B.
 Any other illness, Please Specify

OBSTETRIC HISTORY
 LMP.....
 EDD.....
 Menstrual History
 Regular
 Irregular
 G P L A
 Height..... Weight.....

ON EXAMINATION
 Temperature
 BP
 Pulse
 Respiration
 Pallor
 Jaundice
 Peral Oedema
 Other

INVESTIGATION
 Hemoglobin
 RBC
 Widal
 Sputum for AFB
 BT
 CT
 Urine
 UPT
 HIV
 HBs Ag
 VDRL
 Blood Group
 MP
 Other

adv
~~rest~~
 for 7
 day



केवल 15 दिनों के लिये मान्य
 गर्भवती महिलाओं के लिये निःशुल्क।
 यह पर्चा चिकित्सा प्रमाण पत्र नहीं है।

Chief Complaint
 History of Present
 Provisional Diagnosis
 Plan of Treatment
 Rx clo 1000se molar
 & vomby
 (1110 mtn)
 T metrogyl
 T ceprosin
 T diclofenac
 T paracetamol
 T Amiodipine
 T Alprazolam
 23.3.24

Signature of Treating Doctor

कोविड - 19 से बचाव, दो गज दूरी मास्क है जरूरी } छोटा परिवार सुखी परिवार
 नियमित अन्तराल पर हाथ धोते रहें।

Dr. Sushil Upadhyay

M.B.B.S. MD (Med) | Expert in Diabetes & Metabolism
Consultant (Diabetologist & Endocrinologist)
Formerly at Indraprastha Apollo Hospital, New Delhi
Ex. Chief Endocrinologist (AHARA HOSPITAL)
Domestic Travel, Lucknow
Ex. Consultant at VIVEKANAND POLYCLINIC &
INSTITUTE OF MEDICAL SCIENCE, Lucknow
MC Regd. No. 41820



International Session at Indian Diabetology Center
(World's major Diabetes Center), Boston, USA
Training at Bethesda Research Center
Member for International Society
Member of Endocrinology Society of India
Member of Thyroid Society of India
Member of American Endocrine Society

26/04/2024, 11:07 AM

Mrs Anjum Sahnaz, Female, 56 year(s), +919450391044,

UHID: 8826.

VITALS: PULSE RATE- 118/min | BLOOD PRESSURE- 130/90mmHg | BODY WEIGHT- 65Kg

CHIEF COMPLAINTS: Follow-Up

DIAGNOSIS: DIABETES MELLITUS TYPE 2 (Since 26 Years | Status Confirmed) | HYPERTENSION (Since 15.6 Years | Status Confirmed)

Medications		FRESCRIPTION		Remarks
		Frequency	Duration	
1	OXRAMET XR 10MG/500MG TABLET XR (tablet xr) Dapagliflozin (10mg) + Metformin (500mg)	1-0-0 Before Meal		नाश्ता से पहले।
2	TELMA 20 (Tablet) telmisartan	1-0-0 After Meal		नाश्ता के बाद।
3	UPRISE-D3 60K (Capsule)	Once Every 1 Month Before Meal		भोजन से पहले हर 1 महीने में एक बार।
4	CCM (Tablet)	1-0-0 After Meal		नाश्ता के बाद।
5	PRAZO-DSR CAPSULE SR (capsule sr) Domperidone (30mg) + Pantoprazole (40mg)	1-0-0 Empty Stomach	10 Days	सुबह खाली पेट 10 दिनों तक।

PRESCRIBED LAB TESTS: BLOOD SUGAR MONITORING AS ADVISED | Diabetic Profile

FOLLOWUP: Visit on Fri May 03 2024

FOLLOW UP:

- 3 months -

TARGET'S FOR SUGAR CONTROL (BY ADA)
FBS-90-130
PPBS-(2hr)<180>120
HbA1C < 7%

Not valid for Medico Legal Purpose

Page 1 of 1

P-DW-20F0A4AF-B653-5C39-8351-C7C37DAC857D

eka.care

Dr. Sushil Upadhyay

FOR APPOINTMENT CALL ON 09335473865 BETWEEN 10AM TO 5PM (EXCEPT SUNDAY) VALID FOR ONE WEEK

Clinic: C-80 Nirala Nagar, Near No. 8 Chauraha, Lucknow
Mobile: 9335473865
E-mail id: dr_sushilkumar@rediffmail.com

Timings: Monday to Saturday 10AM to 2PM
Thursday & Sunday Full Day Closed

भर लगाने के लिए 15 दिन पहले अपॉइंट करे।



COMMUNITY HEALTH CENTRE KANPUR
Jalaun, Jalaun, Uttar Pradesh

(पर्याज जारी तिथि में 15 दिन तक मान्य होगा)



जिला पुरुष चिकित्सालय, उरई (जनपद जालौन)
वाह्य रोगी प्रपत्र (OPD SLIP)

क्रमांक सं. 106124

नाम डा. 22/2/2024 पति P. N. S. (संभवतः)

उम्र 88 लिंग पितृका निदान

रोगी का पता 22/2/2024

- PAST MEDICAL HISTORY
- Diabetes
 - Asthama
 - Hypertention
 - Thyroid
 - T B
 - Any other illness, Please specify

- ON Examination
- GC
 - Pulse
 - BP
 - Temperature
 - Pallor
 - Jaundice
 - SPO2
- Systemic Examination
- CVS
 - RS
 - P/A
 - CNS
 - PNS
 - Other

- Investigation
- CBC
 - MP
 - Widal test
 - Blood Group
 - LFT
 - KFT
 - Lipid Profile
 - Blood Sugar/Hba1C
 - X-ray
 - USG of Abdomen
 - CT Scan of
 - ECG
 - Sputum for AFB
 - Covid-19 (RAT)
 - HIV/VDRL
 - Other

Complaints Fever on/off & Painful

Provisional Dignosis Acute Jaundice

Rx Treatment Advise

Name of Medicine	Dose	Duration	Route
S. Bilalim	-	6-6	
SGOT	209		
SGP	198		

13 MAY 2024

- Rx Supp Hepatitis - TDS
- Tab - Urdulin - 300 - RB
- Tab - Neigle RB
- Tab - Pura - TDS
- Tab - RHC - TD
- Supp - 1/1

Advise to take bed rest for 2 weeks

Date of follow-up

Referral of Patient

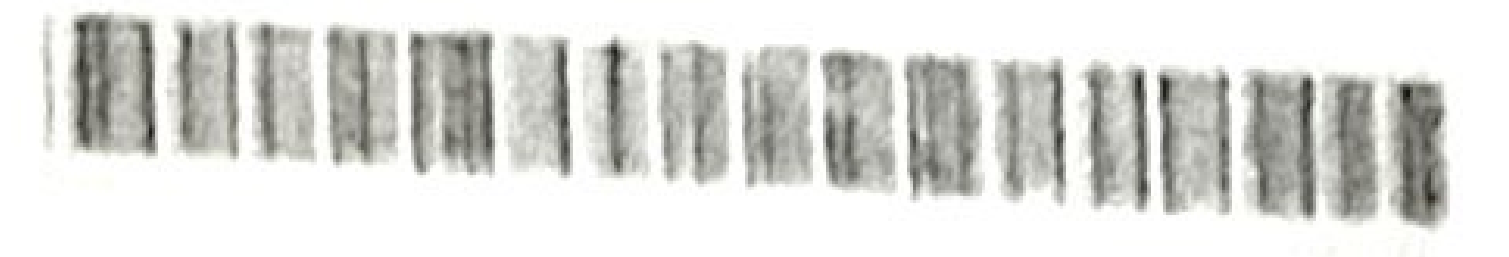
(Signature of Doctor)

एड्स की जानकारी ही बचाव है।
कोविड-19, दो गज की दूरी मास्क है जरूरी



COMMUNITY HEALTH CENTRE
Jalau, Jalau, Uttar Pradesh

OH PATIENT CARD



Age: 45
Sex: M
Date of Birth: 10-04-1979
Valid till: 21-May-2024

859

Widal - Negative
CBC

HB - 10.1 gm/dl
RBC - 2.46 million/mm³
PLT - 1.40 lakh/mm³
TLC - 9500/mm³
N - 56%
L - 33% m - 11%

BP - 140/90
PR - 98/min

do
Tender
moderate
vomiting
Typhoid fever

do

Tab. Paracetamol 500mg
Tab. cefedoxime 200mg
Tab. Pantoprazole 40mg
Pul. B-complex 1mg
Pul. Omeprazole 20mg

take rest and follow up in 5 days

CST
10/8/24

follow up must on Monday