





AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details	: Mrs. NIVEDITA ASTHANA	F 054 Years
UHID	: MILL.0000405396	Ward/Bed No. : OP /
I.P.No./Bill No.	: MILLOPP1500031	Received on : 25-Jul-2023
DRN	: 123414287	Reported On : 25-Jul-2023 15:05:10
Referring Doctor	: Sanjai Kumar Srivastava	

X-RAY RIGHT ELBOW (AP & LAT)

Findings & Impression:-

Comminuted displaced supracondylar fracture of right humerus is seen with over-riding and dorsal displacement of distal fragment.

Rest of the visualised bones are normal in outline and density.

Please correlate clinically.

---END OF THE REPORT---


Dr. Archana Wakhlu
DMRD (Consultant Radiology)

Printed On :

Printed By:

Reported By: 721979

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Discharge Summary

Dept. of ORTHOPAEDICS

GENERAL INFORMATION

Discharge Type None

UHID MILL.0000405396

Patient Identifier MILLIP82842

Ward/Bed No Seventh Floor, SEVENTH FLOOR, Bed no:7007

Name Mrs. NIVEDITA ASTHANA

Age 53Yr 11Mth 14Days

Sex Female

Address B-29 BUTLER PALACE COLONY HAJRATGANJ, Lucknow, Uttar Pradesh

Primary Consultant Dr. Sanjai Kumar Srivastava
ORTHOPAEDICS

Date of Admission 25-Jul-2023

Date of Surgery 26-07-2023

Date of Discharge 29-Jul-2023

Allergies

AllergenSeverity	Allergen	AllergenDescription
	NO KNOWN ALLERGY	

Diagnosis comminuted fracture intercondylar humerus (right) with gross swelling

Surgery OPEN REDUCTION AND INTERNAL FIXATION OF COMMUNUTED FRACTURE I/C HUMERUS (RIGHT) WITH DUAL PLATING AND SCREWS

History of Present Illness

Chief Complaints SEVERE PAIN IN ELBOW (RIGHT)
PAINFUL RANGE OF MOTION

History of No

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Diabetes Mellitus

History of Hypertension No

SOCIAL HISTORY

GENERAL EXAMINATION

Weight	72.9Kg	Icterus	Nil
Temperature	98.1°F	Pulse	80/min.
B.P	130/70 mm of Hg.		
CVS	S1 S2 HEARD		
RS	B/L CLEAR		
Abdomen	SOFT AND NON TENDER		
CNS	CONSCIOUS AND OREINTED		
LOCAL EXAMINATION	ELBOW (RIGHT) SWELLING +++ TENDERNESS +++ CREPITUS ++ DEFORMITY + ROM- RESTRICTED DNVD - NIL		

Course In The Hospital & Discussion

Course in the Hospital: Mrs.Nivedita Asthana, 54 years / female presented to the hospita with a/h/o fall from stairs complaints of severe pain in elbow right with gross swelling .She was clinico-radiologically evaluated and ali relevant investigation were done and diagnosed as comminuted fracture intercondylar humerus (right) with gross swelling and was admitted to ward for further treatment. after anaesthesia clearance, She underwent OPEN REDUCTION AND INTERNAL FIXATION OF COMMUNATED FRACTURE I/C HUMERUS (RIGHT) WITH DUAL PLATING AND SCREWS done on 26.07.2023. post op uneventful . She was managed with IV antibiotics, analgesic , physiotherapy and mobilization was started and dressing changed. IMT reference done and advice incorporated . She is now hemodynamically stable and is being discharged with following advices.

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Name: Mrs. Nivedita Asthana

UHID: MILL.0000405396



Operation Notes: UNDER ALL ASEPTIC PRECAUTION
UNDER REGIONAL BLOCK IN LATERAL POSITION WITH RIGHT ARM SUPPORT.
PARTS PAINTED AND DRAPED.
TOURNIQUE INFLATED.
POSTERIOR MIDLINE INCISION TO DISTAL HUMERUS.
PARATRICEPETAL APPROACH
TRICEPS ELEVATED- MEDIAL AND LATERAL WINDOWS DEVELOPED
FRACTURE VISUALIZED AND REDUCED
PROVISIONALLY FIXED USING K WIRES.
FINAL FIXATION WITH EXTRAARTICULAR MEDIAL COLOUMN 3 HOLED PLATE AND
DORSOLATERAL COLOUMN 5 HOLED PLATE
DISTAL AND PROXIMAL SCREWS APPLIED
K WIRES REMOVED
WASHOUT AND CLOSURE IN LAYERS
STERILE DRESSING DONE.

Condition at Discharge: PATIENT IS CONSCIOUS AND ORIENTED WITH NO PER OP AND POST OP
COMPLICATION

ADVICE ON DISCHARGE

Diet low salt and diabetic diet

Physical Activity REST
PHYSIO THERAPY AS ADVISED- ASSISTED ELBOW MOBILIZATION , ACTIVE FINGER
MOVEMENT
LIMB ELEVATION
ARM POUCH
ICE PACK APPLICATION
PATIENT NEEDS EXTENSIVE PROLONG PHYSIOTHERAPY UNDER SKILLED
PHYSIOTHERAPIST FOR PROPER ROM AND RESTORATION OF FUNCTION .

DISCHARGE MEDICATION:

TAB CEFTUM 500 MG (CEFUROXIME) x 1 BD x 5 DAYS (8 AM & 8 PM)

TAB PAN 40 MG (PANTOPRAZOLE) x 1 BD (EMPTY STOMACH) x 5 DAYS

TAB DOLO 650 MG (PARACETAMOL) x 1 SOS (FEVER/PAIN) x 5 DAYS

TAB DOLONEX DT 20 MG (PIROXICAM) x 1 BD x 3 DAYS (8 AM & 8 PM) THEN 1 OD (1 PM) x 2 DAYS

TAB GABANEURON NT (GABAPENTIN 300 MG + NORTRIPTYLINE 10 MG) x 1 HS x 5 DAYS

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CIN No. U85191UP2011PLC043154



TAB DISPERZYME (BROMELAIN 180 MG + RUTOSIDE 200 MG + TRYPSIN 96 MG)x 1 TDS x 5 DAYS

TAB AMLODAC 2.5 MG x CONTINUE (TAKEN AS BEFORE)

TAB THYRONORM 75MCG x OD CONTINUE (TAKEN AS BEFORE)

TAB TENIVA -M (20/500) x CONTINUE (TAKEN AS BEFORE)

TAB ZOLSOMA 5 MG x CONTINUE (TAKEN AS BEFORE)

Follow Up REVIEW AFTER 5 DAYS IN ORTHO OPD FOR DRESSING

Please call Emergency 18004191066 if you have any of the following symptoms.

- Fever Of 101°F
- Onset of new pain or worsening of previous pain.
- Vomiting.
- Breathing difficulty.
- Altered level of consciousness.
- Discharge from the operative wound.
- Worsening of any symptoms.
- Other significant concerns.

Please visit our website: www.Lucknow.apollohospitals.com

For Enquiry and Appointments, contact +91 522 6788888.

Dr. Sanjai Srivastava

Chairman

Department of Orthopaedics

Specialist in Joint Replacement & Arthroscopic Surgery

Regd. No. 34031

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Sanjai Kumar Srivastava
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Senior Consultant