

DR. SHARWARI DABHADE DUA

Consultant Physician & Endocrinologist,
MBBS, MD Internal Medicine (Mumbai)
Fellowship Clinical Endocrinology (Delhi)
PG Dip. Endocrinology (Cardiff, UK)
MCM Diabetes (UK)



DR. DUA'S SPECIALITY CLINIC

DR. APOORV DUA

MBBS, MS Orthopaedics (Mumbai)
Hip, Knee & Shoulder Replacement &
Reconstruction Fellow (Germany)
MIS Hip & Knee Replacement fellowship (Mumbai)
FIFA Diploma in Football Medicine (Switzerland)
IFICS International Fellowship in Pediatric Fractures

📍 M-85, Ground Floor, M Block, GK 2, New Delhi-110048 📞 011-41030611, +91-95995 80300

TIMINGS : MONDAY TO SATURDAY 10:00 AM TO 8:00 PM

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483 : Mrs.Lubna (29y, Female) - 9557645069

Date : 06-Nov-2023

Ref. by : Google

BP 110 / 78* mmHg Pulse 90 bpm Weight 81.2 kg SPO2 98 %

[29-Oct-2023] TSH (Thyroid Stimulating Hormone):8.72 T3:105 T4:7.48 Prolactin:41.04 Testosterone
Total:58.05

Complaints: IRREGULAR MENSTRUATION , PLANNING CONCEPTION

Diagnosis: PRIMARY HYPOTHYROIDISM, ?POLYCYSTIC OVARY SYNDROME

Rx

Medicine	Dosage	Timing - Freq. - Duration
1) THYRONORM 150MCG TABLET Composition : THYROXINE 150 MCG Timing : 1 - Empty Stomach	1 - 0 - 0	Empty Stomach - Daily - 1 Month
2) THYROWEL CAPSULE Composition : LEMENTAL IRON 30 MG + ELEMENTAL SELENIUM 60 MCG + ELEMENTAL ZINC 15 MG ... Timing : 1 - After Dinner	0 - 0 - 1	After Dinner - Daily - 1 Month

Tests Prescribed : PROLACTIN POOLED SAMPLE, [TSH, FT3, FT4] USG PELVIS

Past History: TPO POSITIVE

Next Visit: 1 month (06-Dec-2023 - Wednesday)

Signature

*NOT FOR MEDICO-LEGAL PURPOSE

ASSOCIATED WITH

FACILITIES AVAILABLE ORTHOPAEDICS • SPORTS INJURY & ARTHROSCOPY • JOINT REPLACEMENT • FRACTURE TREATMENT • INTERNAL MEDICINE
ENDOCRINOLOGY & DIABETES • THYROID • OBESITY • ECG/X-RAY • DIETITIAN/PHYSIOTHERAPY • LAB

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Giving life to life

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483 : Mrs.Lubna (29y, Female) - 9557645069

Date : 04-Dec-2023

Ref. by : Google

BP 112 / 62* mmHg Pulse 76 bpm Weight 79.6 kg SPO2 98 %

[30-Nov-2023] TSH (Thyroid Stimulating Hormone):0.16 Free T4:1.65

Diagnosis: PRIMARY HYPOTHYROIDISM, ?POLYCYSTIC OVARY SYNDROME

Rx

Medicine	Dosage	Timing - Freq. - Duration
1) THYRONORM 88MCG TABLET *	1 — 0 — 0	Empty Stomach - Daily - 1 Month
Composition : THYROXINE 88 MCG		
Timing : 1 - Empty Stomach		
2) THYROWEL CAPSULE	0 — 0 — 1	After Dinner - Daily - 1 Month
Composition : LEMENTAL IRON 30 MG + ELEMENTAL SELENIUM 60 MCG + ELEMENTAL ZINC 15 MG ...		
Timing : 1 - After Dinner		

Tests Prescribed : TSH, FT3, FT4

Next Visit: 1 month (03-Jan-2024 - Wednesday)

*NOT FOR MEDICO-LEGAL PURPOSE

ASSOCIATED WITH



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1000000101839329
Lubna Tanweer, Age: 29 Y 2 M

2023-08-23 15:40
9557645069

Prescription

29 year. 1^o infertility x 11 months.

mp x 3 1/2 year

ML
30d (R)

Plu - k/clo PLOS

hypothyroidism

LMP
18/8/2023

ovulates on day 20.

HSA - 50 millou/ml.
60% motile
(M) Morphology - 60%.

HSG Da

27/8/2023
28/8/2023



cloudnine

1000000101839329
LubnaTanweer, Age: 29 Y 2 M

Dr Sandeep
MBBS.
(DMC)

2023-08-23 15:40
9557645069

22/7/2023

LFT - normal

Hb - 11.8

TC - 2,200

PLT - 2.7×10^5

Hb. Electrolytes - Normal

HbA1c - 5.8

LFT - normal

VDAC | MR
TCU
ITV

FBC - 80 -

Rubella IgG +

26/6/2023

AMK - 3.1

S. p. Polack - 20.0

TSK - 4.9.



डॉ० राम मनोहर लोहिया अस्पताल, नई दिल्ली - 110001
DR. RAM MANOHAR LOHIA HOSPITAL, NEW DELHI - 110001

बाइय पंजीकरण कार्ड
OPD Registration Card

OPD Regd No: 20230354418
 Clinic: GYN&E
 Patient Name: MS. LUBNA TANWEER
 Room No: 17-05-2023 09:23:54 AM
 Date/Time: 17/05/2023 09:23:54 AM
 Month: 05/2023
 Building Type: General
 Prepared by: Mr. SUNNY RML
 Mobile No: *****623
 Dept Reg No: 2023-004-0029252

निदान Diagnosis: MS. LUBNA TANWEER 30 Shamsul Rahmany Female

29 yr nulligravid ♀ MF x 4 yrs Δ 1° infertility
 K/C/O PCOS & hypothyroidism (on Levothyroxin 125mcg OD BBF)
 do irregular cycles

LMF-17/5/2023

- Pt counselled regarding monthly follow up for ultrasound follicular monitoring
- To live with husband regular intercourse in fertility period.

Advice

- T. folic acid 5mg x 1 x OD
- To follow up in MNH R/NO 13 for USG for follicular monitoring on D9-15 of cycle
- To live with/cohabit with husband regularly → fertility period explained
- Review on 26/5/23 for USG follicular monitoring

S. TSH / T3 / T4
 S. prolactin, HSA
 S. TSH / LH / estradiol

नोट : आप ऑनलाइन पंजीकरण इंगाली (ओआरएस) - ors.gov.in के माध्यम से अपॉइंटमेंट प्राप्त कर सकते हैं और घर पर ओपीडी पर्ची प्रिंट कर सकते हैं।
 Note : You can get OPD appointment and print opd slip at home through online registration system (ORS) - ors.gov.in
 जब भी अस्पताल आए इस कार्ड को अपने साथ ब्रिंग लाएं।
 Always bring this card with you when you come to Hospital
 धूम्रपान आपके एवं अन्यो के स्वास्थ्य के लिए हानिकारक है।
 Smoking is Injurious To Your & Others Health.
 निजी अस्पतालों में मुफ्त इलाज के लिए ई टस्क्यू एस रीफरल को मेजने की सुविधा यहाँ उपलब्ध है।
 The Facility of referral of EWS Patients to private hospital for free treatment is available here.
 समतुल्य जेनेरिक दवाओं को भी जारी किया जा सकता है।
 Equivalent generic Medicines can also be issued

आप टेलीमेडिसिन के माध्यम से परामर्श ले सकते हैं अधिक जानकारी के लिए rmlh.nic.in पर जाएं।
 You can consult your doctor from your home for more information from rmlh.nic.in
 मकर पैदा न होने के कारण से गर्भपात का खतरा है।
 कृपया डॉक्टर से सलाह लें।
 पानी की टकियों व हीरियों के इस्तेमाल सही प्रकार से बंद रखें।
 किडनी के पानी पीने के बर्तन का पानी प्रतिदिन बदलें।
 कंगरूई पौधों/मनी प्लांट का पानी प्रतिदिन बदलें।
 पुराने डिब्बों, टायरों, टूटे बर्तनों व कबाड आदि जिनमें बरसात का पानी रुक सकता है, खुले में न रखें।