

Patient Name: Mr. Avinash Kumar Location: Vaishali  
Age / Sex: 34 year(s) 11 month(s) 18 day(s) /Male Date: Saturday, August 10, 2024 10:57 AM  
MaxId: VSLI.497415 Invoice No: VACS2998472  
Doctor Name: Dr.Amit Kr Malik Referred By: SELF  
Department Cardiology Speciality Cardiologist

Weight: 75.70 Kg BMI: kg/m<sup>2</sup> BP: 116/90mmHg Pulse: 96/min SPO2: 98 %

### Chief Complaints

Recurrent Dyspnea on exertion/LV Dysfunction/LVEF~40-45%/Normal Coronaries with Slow Flow in LAD & RCA (CAG-16.5.23)  
OPD REVIEW. DOING OK - LVEF 50% on MRI.

### Past History

H/o Dyspnea off & on for 1 year on Rozavel A OD for 1 year  
Previous check Yashoda Aug 2022 - Normal LV Function  
5/5/23-Echo (Yashoda) - HK IVS/LVEF~45%/LVED~5/ECG-BSR, T inversion III, Biphasic T I, aVL.  
Cardiac MRI 14/10/23- LVED 5.6 CM, Mild global HK, EF 50%, No gadolinium enhancement area. S/O Nonisch CMP.  
10/8/24-Hb-16.3/TLC-7.5/Plat-150

### Clinical Notes / Old Reports

22/5/23-Hb-16/TLC-7.6/Plat-153/Urea-30.7/Creat-1/Na-143/K-4.3  
6/7/23-Echo - HK Apex /LVEF~45-48%/Urea-24/Creat-0.9/U.Acid-8.1/Na-141/K-4/BNP-21.1/ECG-NSR @ 92.  
14/10/23-Urea-27.5/Creat-1/U.Acid-7.7/Na-140/K-4.2/Cardiac MRI - dilated LV/mild LV hypokinesia/reduced LV systolic function/LVEF~50%/on delayed contrast images, there are no obvious areas of late gadolinium enhancement/overall features may suggest the possibility of LV cardiomyopathy  
24/1/24-HbA1c-5.2/Urea-26.7/Creat-1/U.Acid-5.1/Na-142/K-4.5/BNP-20/ECG-NSR @ 94, Narrow QRS.  
6/4/24-HbA1c-5.5/NTproBNP-20/Urea-37/Creat-1/Na-142.4/K-4.3/Echo-Hypokinetic apical anterior, apical septum/LVEF~45-48%/RVSP~30mmHg, LVED 52%/ECG-NSR @ 87, narrow QRS

### Investigation Advised

Echo  
NT-proBNP  
KFT Profile with Calcium,Uric Acid

### Medicine Advised

Sno	Medicine	Schedule	Instruction	Route	Days
1	CARCA 3.125MG TAB (1X15) (CARVEDILOL 3.13 MG)	TWICE IN A DAY	AFTER BREAKFAST AND DINNER	ORAL	90
2	VYMADA 50MG TAB (1X14) (SACUBITRIL 24 MG + VALSARTAN 26 MG)	TWICE IN A DAY	AFTER BREAKFAST AND DINNER	ORAL	90
3	UDAPA 5MG TAB (1X10) (DAPAGLIFLOZIN 5 MG)	ONCE IN A DAY	AFTER BREAKFAST	ORAL	90
4	ECOSPRIN AV 75MG/10MG CAP (1X15) (ASPIRIN 75 MG + ATORVASTATIN 10 MG)	ONCE IN A DAY	AFTER DINNER	ORAL	90
5	CLONAFIT MD 0.25MG TAB (1X10) (CLONAZEPAM 0.25 MG)	SOS	AFTER DINNER	ORAL	90

### Advice for Admission:

Decided after Diagnostic Results

**For free home sample collection and medicine delivery, call 8744 888 888**

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Department	Cardiology	Speciality	Cardiologist

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**Advice**

Urology review for urinary symptom. All prescribed medicines are essential for recommended period. Follow up with reports after 3 Months.

**Dr.Amit Kr Malik**  
**Director - Cardiology,**  
**MD,DM (Cardiology)**  
**State Registration No. :DMC-27483**