



अ० भा० आ० सं० अस्पताल / A.I.I.M.S. HOSPITAL
बहिरंग रोगी विभाग / Out Patient Department

अस्पताल के अन्दर धूम्रपान मना है। / SMOKING IS PROHIBITED IN HOSPITAL PREMISES

*Prashant Mittal
Addl. District Judge
Pratapgarh*

शरीरमापन खतु धर्मसाधनम्

General Consultation Time: 9.00 AM-1.00 PM

JPR-6.

एकक/Unit _____



DeptSeq: 316

विभाग/Dept. _____

₹10 UHID: 103075818
Dept. Regn. 2017/076/0003152

Dept: Rheumatology
Unit: Unit
Rheumatology

नाम/Name

Name: PRASHANT MITTAL
S/O VIJAY MITTAL, 40Y, M.
Ph: 9412865696
J 13 PRATAP GARH JUDGE COLONY,
DELHI, INDIA

Room: 16
N/22
Days: wed, Sat
App. Date:
12/08/2017

ता/Address

Appt. ID:



2017081202028

निदान/Diagnosis

दिनांक/Date	उपचार/Treatment
<p>MS - 12.9 DL - 7600 SEC N69L2A E04. Prel - 163 thousand. CRP ↑ 23.6 ug/L. MRI B/L Sacroiliitis (July 17)</p>	<p>Obese; Hypertension on beat. SPA (Axial) BP 140/70 mmHg.</p>
<p>HLA B27 (PCR). Neg Lipid profile: HDL-36.2. LDL-89 T.cholesterol-141.1 TG-79.6 B. Sugar FPP B. Urea-25.3 S. Creat-0.97 S. GOT-17.7 S. GPT-15.8</p>	<p>IBP 2 years. Rt knee swelling Rt calf ↓ Enlarged Baker cyst Not no significant history no peripheral arthritis</p>
<p>- slit lamp examination NAD. ↓ Took foruveite continue antihypertensives (Refer to RPC) optnal.</p>	<p>Adv: 1. cap Indocap SR 75mg HS 2. Rehabilitation for SPA ↓ Pmr depl. (Prof Sanjay Wadhwa) Review after 2 months to reports.</p>

CLEAN AND GREEN AIIMS / एम्स का यही संकल्प, स्वच्छता से काया कल्प

अंगदान-जीवन का बहुमूल्य उपहार / ORGAN DONATION - A GIFT OF LIFE

अंगदान-जीवन का बहुमूल्य उपहार / ORGAN DONATION - A GIFT OF LIFE

Adv
CBC, ESR O.R.B.O., AIIMS, 26588360, 26593444, www.orbo.org Helpline - 1060 (24 hrs service)
S. GOT, S. GPT, S. ALP, S. Creat

Uma

General Consultation Time: 10:00 AM-11:30 AM
#0 UHID: 103075818
Dept. Regn. 2017/076/0003152
Name: PRASHANT MITTAL
S/O VIJAY MITTAL, 40Y 2M 6D, M
Ph: 9412865696
J 13 PRATAP GARH JUDGE COLONY,
DELHI, INDIA
Appt. ID: 2017101803963

DeptSeq: 198
Dept: Rheumatology
Unit: Unit
Rheumatology
Room: 16
F/47
Days: Wed, Sat
App. Date:
18/10/2017

Adv.
Tab Pantop 40mg OD
Reck CBT x 2 months

Uma

Hemogram
S-Cr
LFT



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बहिरंग रोगी विभाग /Out Patient Department

अस्पताल के अन्दर धूम्रपान मना है।/SMOKING IS PROHIBITED IN HOSPITAL PREMISES

सरीरनाथं खलु धर्मसाधनम्

एकक/Unit _____
विभाग/Dept. _____

नाम/Name

General

Consultation Time: 10:00 AM-11:30 AM



DeptSeq: 231

OPR-6

PO UHID: 103075818
Dept. Regn. 2017/076/0003152

Dept: Rheumatology
Unit: Unit Rheumatology

Name: PRASHANT MITTAL
S/O VIJAY MITTAL, 40Y 4M 11D, M
Ph: 9412865696
J 13 PRATAP GARH JUDGE COLONY,, DELHI,
INDIA

Room: 16
F/47
Days: Wed, Sat
App. Date:
23/12/2017

legn. No. _____

पता/Address

Appt. ID:



2017122301938

निदान/Diagnosis

Obese; Hypertension; SpA

दिनांक/Date

उपचार/Treatment

Adv.

1) Cap Indocap SR 75mg HS

2) Tab Pantop 40 OD

Continue exercises x 4mo with

Hemogram, ESR, CRP
LFT/S-Cr

Urea

He is suffering from Spondyloarthritis which is a chronic illness. He is advised to be on regular follow up under Rheumatologist.

Urea

CLEAN AND GREEN AIIMS / एम्स का यही संकल्प, स्वच्छता से काया कल्प

अंगदान-जीवन का बहुमूल्य उपहार/ORGAN DONATION - A GIFT OF LIFE

O.R.B.O., AIIMS, 26588360, 26593444, www.orbo.org Helpline - 1060 (24 hrs service)

28/2/18

BAE DAI 3-3

Symptoms No Mechanical pain.

ESR 56

Adv.

1/2 tab Lumina 6000 IV once a week x 8 weeks



once a month

Adv

CBC, ESR

S-GOT, S-GPT

S-ALP

S-Creat

2 tabs Calten D 500mg OD

2 tabs Etoshine 90mg HS

x 3 months

Continue exercises

Endocrine consultation for
↑ HbA1c

Uma

DXA hip
LI-4

12/5/18

Adv.

Stop Etoshine
CST x 4 months

1/2

Uma

ESR

CRP



शरीरमाद्यं खलु धर्मसाधनम्

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अस्पताल के अन्दर धूम्रपान मना है। / SMOKING IS PROHIBITED IN HOSPITAL PREMISES

General Consultation Time: 9.00 AM-1.00 PM
RO 103075818 DeptSeq: 214
Dept. Regn. 2017/076/0003152 Dept: Rheumatology
Name: Mr. PRASHANT MITTAL Unit: Unit
S/O VIDYA MITTAL, 41Y, N Rheumatology
Ph: 9412883898 Room: 16
R/37
J 13 PRATAP GARKH JUDGE COLONY, Day: Wed, Sat (5, 6)
ADD. Date:
2019032301958

OPR-6

एकक/Unit _____

विभाग/Dept. _____

नाम/Name

1. No. _____

पता/Address

निदान/Diagnosis

दिनांक/Date

उपचार/Treatment

BP - 167/88 mmHg
AR DAS - 2.9

Upper trunk stiffness.
LBP.

Required Etoricoxib only 8-9 times when pain was severe. (Taken regularly till April 18)

CRP 12.

FBs - 115.1
CRP - 12.1
Hb 14.7
TRC 10,800
DLC N61L35E02
MO2.
PLT - 3.02 lacs

Adv.

Tab Etoshine 90mg HS - 0

Remen after 4 weeks.

Continue exercises.

Adv
ESR, CRP
S. Creat

डॉ. उमा कुमार
Dr. UMA KUMAR
आचार्य एवं विभागाध्यक्ष/Professor & Head
रंगूरी दौलोजी विभाग/Deptt. of Rheumatology
एन.ए.आई.एम.एस., नई दिल्ली/A.I.I.M.S., New Delhi-29

CLEAN AND GREEN AIIMS / एम्स का यही संकल्प, स्वच्छता से काया कल्प

अंगदान-जीवन का बहुमूल्य उपहार / ORGAN DONATION - A GIFT OF LIFE

O.R.B.O., AIIMS, 26588360, 26593444, www.orbo.org Helpline - 1060 (24 hrs service)

30/10/19

Doing well
lost 4kg weight

Adv.

Tab Etoshine 90mg SOS
continue exercises as advised

Tab Pregaba 11 OD x 3 weeks.

Ume

ESR / CRP

S. Cr

Hemogram

P. L. KUMAR
Professor & Head
Department of Rheumatology
All India Institute of Medical Sciences
New Delhi-110029

26/10/19

Prashant Mittal
PCS(J)

ADJ Pratap Singh

AS

B27 ⊕

HIV

Smog

In WDA

Low neck pain

CBC ⊕

Esr = 24

Arc = 7.0

LF 7 ⊕

urea = 0.98

CRP = 20.9

Rx
for Etoshim 90
α →
x 20

Adv

MRI cervical + Brain

(includes MR arthro)

7/22/2019

Dr 1

minimal disc bulge

? string corners

transcranial / Membranous
opm

Dr. Abhishek Singh

28/10/19

exercises

- tas Etoshine 90
x → 0

- tas Shelcal HD
x → 0

- Calculon one env
1st

and - tas Azeluche
5 → 5

(x 2m)

S