

From:

Prashant Mittal
Spl. Judge (E.C.Act)/Addl. District & Sessions Judge,
Pratapgarh.

To,

The Registrar General
High Court of Judicature at
Allahabad

Through:

The District Judge
Pratapgarh

Subject- Request regarding Annual transfer.

Respected Sir,

Most respectfully I have to submit that I am posted as Spl. Judge (E.C.Act)/Addl. District & Sessions Judge at Pratapgarh. I am due for Annual transfer this year.

Due to my peculiar and compelling problems I most humbly pray to Hon'ble Court for my transfer from Pratapgarh on the following grounds for sympathetic consideration of Hon'ble Court.

1. That nearly 3 years back I suffered heavy inflammation in my legs and severe Lumber pain. On the basis of the investigations, Doctors at Meerut diagnosed me suffering with Ankylosing Spondylitis/SPA (axial)/Inflammatory Sacroilitis in my spine and incompetent perforators in legs. Doctors referred me for AIIMS, NewDelhi for further management. Thereafter, immediately I consulted Doctors at AIIMS, NewDelhi where the same disease was diagnosed and since then I am getting treatment at AIIMS, New Delhi and Meerut.

As per Doctors Ankylosing Spondylitis, is an auto immune and disabling disease and requires regular care and treatment of specialized Rheumatologist. If the above disease is not properly treated and taken care off, it may affect the mobility of Spine. Doctors have advised me for regular checkup and treatment which will continue for a long period.

2. That my daughter, aged about 11 years is a patient of Allergic Bronchitis. In case of Bronchiol attack she requires immediate Specialized medical care and attention. Doctors are also of the opinion that she may get better treatment at New Delhi/Higher Centre.

In view of my aforesaid peculiar and compelling problems and circumstances it is most humbly prayed Your Honour kindly to move the Hon'ble Court to consider my problems sympathetically and to transfer me from Pratapgarh to any place near New Delhi or Meerut as mentioned in the proforma.

For this act of kindness, I and my family will always remain grateful to the Hon'ble Court.

With regards.

Date: 07.11.2019

Your's Faithfully,



Prashant Mittal
Spl. Judge (E.C.Act)/
Addl. District & Sessions Judge,
Pratapgarh.

Attachments:

Prescriptions.



अ० भा० आ० सं० अस्पताल / A.I.I.M.S. HOSPITAL
बहिरंग रोगी विभाग / Out Patient Department

अस्पताल के अन्दर धूम्रपान मना है। / SMOKING IS PROHIBITED IN HOSPITAL PREMISES

*Prashant Mittal
Addl. District Judge
Pratapgarh*

शरीरमापन खतु धर्मसाधनम्

General Consultation Time: 9.00 AM-1.00 PM

JPR-6.

एकक/Unit _____



DeptSeq: 316

विभाग/Dept. _____

₹10 UHID: 103075818
Dept. Regn. 2017/076/0003152

Dept: Rheumatology
Unit: Unit
Rheumatology

नाम/Name

Name: PRASHANT MITTAL
S/O VIJAY MITTAL, 40Y, M.
Ph: 9412865696
J 13 PRATAP GARH JUDGE COLONY,
DELHI, INDIA

Room: 16
N/22
Days: wed, Sat
App. Date:
12/08/2017

ता/Address

Appt. ID:



2017081202028

निदान/Diagnosis

दिनांक/Date	उपचार/Treatment
<p>MS - 12.9 DL - 7600 SEC N69L2A E04. Prel - 163 thousand. CRP ↑ 23.6 ug/L. MRI B/L Sacroiliitis (July 17)</p>	<p>Obese; Hypertension on treat. SpA (Axial) BP 140/70 mmHg.</p>
<p>HLA B27 (PCR). Neg Lipid profile: HDL-36.2, LDL-89, TG-79.6 B. Sugar FPP: 144-79.6 B. Urea - 25.3 S. Creat - 0.97 S. UOT - 17.7 S. UPT - 15.8</p>	<p>IBP 2 years. Rt knee swelling Rt calf ↓ Enlarged Baker cyst Not no significant history no peripheral arthritis</p>
<p>- slit lamp examination NAD. ↓ Took forverite continue antihypertensives (Refer to RPC) optnal.</p>	<p>Adv: 1. cap Indocap SR 75mg HS 2. Rehabilitation for SpA ↓ Pmr dept. (Prof Sanjay Wadhwa) Review after 2 months to reports.</p>

CLEAN AND GREEN AIIMS / एम्स का यही संकल्प, स्वच्छता से काया कल्प

अंगदान-जीवन का बहुमूल्य उपहार / ORGAN DONATION - A GIFT OF LIFE

अंगदान-जीवन का बहुमूल्य उपहार / ORGAN DONATION - A GIFT OF LIFE

Adv
CBC, ESR O.R.B.O., AIIMS, 26588360, 26593444, www.orbo.org Helpline - 1060 (24 hrs service)
S. UOT, S. UPT, S. ALP, S. Creat

Uma

General Consultation Time: 10:00 AM-11:30 AM
#0 UHID: 103075818
Dept. Regn. 2017/076/0003152
Name: PRASHANT MITTAL
S/O VIJAY MITTAL, 40Y 2M 6D, M
Ph: 9412865696
J 13 PRATAP GARH JUDGE COLONY,
DELHI, INDIA
Appt. ID: 2017101803963

DeptSeq: 198
Dept: Rheumatology
Unit: Unit
Rheumatology
Room: 16
F/47
Days: Wed, Sat
App. Date:
18/10/2017

Adv.
Tab Pantop 40mg OD
Reck CBT x 2 months

Uma

Hemogram
S-Cr
LFT



अ० भा० आ० सं० अस्पताल/A.I.I.M.S. HOSPITAL
बहिरंग रोगी विभाग /Out Patient Department

अस्पताल के अन्दर धूम्रपान मना है।/SMOKING IS PROHIBITED IN HOSPITAL PREMISES

सरीरनाथं खलु धर्मसाधनम्

General

Consultation Time: 10:00 AM-11:30 AM

OPR-6

एकक/Unit _____

विभाग/Dept. _____

नाम/Name



DeptSeq: 231

PO UHID: 103075818

Dept: Rheumatology

Dept. Regn. 2017/076/0003152

Unit: Unit Rheumatology

Name: PRASHANT MITTAL

Room: 16

S/O VIJAY MITTAL, 40Y 4M 11D, M

F/47

Ph: 9412865696

Days: Wed, Sat

J 13 PRATAP GARH JUDGE COLONY,, DELHI, INDIA

App. Date: 23/12/2017

legn. No. _____

पता/Address

Appt. ID:



2017122301938

निदान/Diagnosis

Obese; Hypertension; SpA

दिनांक/Date

उपचार/Treatment

Adv.

1) Cap Indocap SR 75mg HS

2) Tab Pantop 40 OD

Continue exercises x 4mo with

Hemogram, ESR, CRP
LFT/S-Cr

Urea

He is suffering from Spondyloarthritis which is a chronic illness. He is advised to be on regular follow up under Rheumatologist.

Urea

CLEAN AND GREEN AIIMS / एम्स का यही संकल्प, स्वच्छता से काया कल्प

अंगदान-जीवन का बहुमूल्य उपहार/ORGAN DONATION - A GIFT OF LIFE

O.R.B.O., AIIMS, 26588360, 26593444, www.orbo.org Helpline - 1060 (24 hrs service)

28/2/18

BAEDAI 3-3

Symptoms No Mechanical pain.

ESR 56

Adv.

1/2 tab Lumina 6000 IV once a week x 8 weeks



once a month

Adv

CBC, ESR

S-Ca²⁺, S-P_T

S-ALP

S-Creat

2 tabs Calceon D 500mg OD

2 tabs Etoshine 90mg HS

x 3 months

Continue exercises

Endocrine consultation for
↑ HbA1c

Uma

DXA hip
LI-4

12/5/18

Adv.

Stop Etoshine
CST x 4 months

1/2

Uma

ESR

CRP



शरीरमाद्यं खलु धर्मसाधनम्

अ० भा० आ० सं० अस्पताल / A.I.I.M.S. HOSPITAL बहिरंग रोगी विभाग / Out Patient Department

अस्पताल के अन्दर धूम्रपान मना है। / SMOKING IS PROHIBITED IN HOSPITAL PREMISES

General Consultation Time: 9.00 AM-1.00 PM
RO 103075818 DeptSeq: 214
Dept. Regn. 2017/076/0003152 Dept: Rheumatology
Unit: Unit
Name: Mr. PRASHANT MITTAL Rheumatology
S/O VIDAY MITTAL, 41Y, M Room: 16
R/37
Ph: 9412883898 Day: Wed, Sat (5, 6)
J 13 PRATAP GARKH JUDGE COLONY, ADD. Date:
App. ID: 2019032301958

OPR-6

एकक/Unit _____

विभाग/Dept. _____

नाम/Name _____

1. No. _____

पता/Address _____

निदान/Diagnosis

दिनांक/Date

उपचार/Treatment

BP - 167/88 mmHg
AR DAS - 2.9

Upper trunk stiffness.
LBP.
Required Etosicoril only 8-9 times when pain
was severe. (Taken regularly till April 18)
CRP 12.

FBs - 115.1
CRP - 12.1
Hb 14.7
TRC 10,800
DLC N61L35E02
MO2.
PLT - 3.02 lacs

Adv.
Tab Etosicoril 90mg HS -
Remen after 4 weeks.
Continue exercises.

Adv
ESR, CRP
S. Creat

डॉ. उमा कुमार
Dr. UMA KUMAR
आचार्य एवं विभागाध्यक्ष/Professor & Head
रंगूरी टोलोजी विभाग/Deptt. of Rheumatology
एन.ए.आई.एम.एस., नई दिल्ली/A.I.I.M.S., New Delhi-29

30/10/19

Doing well
lost 4kg weight

Adv.

Tab Etoshine 90mg SOS
continue exercises as advised

Tab Pregaba 11 OD x 3 weeks.

Uma

ESR/CRP

S. Cr

Hemogram

P. L. KUMAR
Professor & Head
Department of Rheumatology
All India Institute of Medical Sciences
New Delhi-110029

26/10/19

Prashant Mittal
PCS(J)

ADJ Pratap Singh

AS

B27 ⊕

HIV

Smog

In WDA

Cm Neck pain

CBC ⊕

Esr = 24

Arc = 7.0

LF 7 ⊕

urea = 0.98

CRP = 20.9

Rx
- for Etoshim 90
α →
x 20

Adv

MRI cervical + Brain

spin
(includes MR arthro)

7/22/2019

Dr I

minimal
disc
bulge

? string corners

transcranial / Membrane
opn

28/10/19

exercises

- tas Etoshine 90
x → 0

- tas Shelcal HD
x → 0

- Calculon one env
1st

and - tas Azeluche
5 → 5

(x 2m)

S