



EHR ID : 2019000205327671

Waiting Room No : 6,7,8,36
 OPD Token No : 266
 Date of Issue : 14/11/19

OUT PATIENT RECORD

DR. MANJULA SARKAR

Specialty: Orthopaedics
 Reg. No.: 2019/0569023836
 Date of Registration: 02/08/2019 11:26:04 AM
 DR. LIBIN SINGH
 GENTLE

Fees : ₹ 1
 Sex : Female
 W/O V K SARKAR
 Age : 50Y
 Email :
 Occupation : OTHER

Patient Type : NON MLC Prepared By : Mr. AJAY KUMAR SINGH

Address: DOMAIN NAGAR 1, C.S. NOW, UTTAR PRADESH, INDIA

Dr.
 M/s Lumbosacral spine
 (Pain in Dr. Barbak)
 14/11/19

L5/S1 Radiculopathy
 Pain 2/10 Radial Nerve

Dr.
 M/RD 4/38/19

PIND - L3/4, L4/5, L5/S1

✓ Nerve Root Compression

Referred to Neurologist

- Bed Rest for 15 days

- L/S Corset

- Meripen 1P 1xHS

- Metoclopramide 10R 1xHS

- Acid CR 1xHS

- Acetaminophen 500mg 4/6/8/12
 OPD पर्व की वैधता 15 दिन तथा आकस्मिक पर्व की वैधता 24 घंटे होती है।
 चिकित्सालय में गुटखा, पून मसाला, धूम्रपान एवं पॉलीथिन का प्रयोग वर्जित है।
 एक डोज़ पर नियमित रूप से निर्माण देना होगा।
 (पहले मतदान फिर जलपान)
 मतदान करें एवं देश निर्माण में योगदान दें. आपका एक वोट भी महत्वपूर्ण होगा।

- Lumbosacral
 - S/D
 - S/L

10 days

Self - attested
 Manjula Sarker
 14/11/19

SENSITIVE TO SULFA & TRIMETHOPRIM (1)

डा० राम मनोहर लोहिया आयुर्विज्ञान संस्थान, गोमती नगर, लखनऊ
Dr. Ram Manohar Lohia Institute of Medical Sciences
Gomti Nagar, Lucknow - 226010

OPD Follow-up Visiting Card

Patient's Name Age & Sex

CR. No. CR No: PP:2019/038449 Consultant.....
Name MANJULA SIRCAR
Age/Sex 50 Y/F

Diagnosis Mobile No 9415308924
Address 4-C/35 GOMTI NAGAR, EXTENSION Lucknow

Date	Clinical Details & Advice
21/5/19	(Lt) knee Pain H/o fall & (Lt) knee Inj 1 year back o/c r. Pain + swelling no laxity

दवाओं द्वारा दुष्प्रभाव (Drug Reactions) होने पर तत्काल फोन नं०- 7000951782 एवं टोल फ्री नं०- 18001803024 पर सम्पर्क करें।

Recd original
outdoor patient Ticket
15.10.19

Self-attested
Manjula Sircar
14.11.19

3/16/19

- CURP E
? OIL past,
numbers

- 1 km gain
- 110 limb
shocking

OIB
EHL- 515 R/L
JLP- 40 R/L
DRE < K - 2+ R/L

Plaster - 4
Pain. Pads - 4
DP - 1 unit

MAL - mtd dug
- Charles

ADD
- Colson Doppler
- Meters R/L LL
A-V system

Refer to
Dr. George Rv.
CPMD for
output spectra

Notes for the mtg
DA Kurea + CURP

Rx
- Cut - some treatment

Five PVD 1213, 1415, 1515
N^o 1213
N^o 1415
N^o 1515

PR: 2813/038449 16
 P.M.R. CLINIC
 FELIAB CLINIC
 16 MAN. THURS. 10:00 AM
 TOWN PR: 818/32888
 CLINIC PR: 818/32888
 CLINIC PR: 818/32888
 CLINIC PR: 818/32888
 CLINIC PR: 818/32888

Continue P Band sawt
prescriptions for base knee J00L

1. Hot for menhomon's locally
2. Hot for menhomon's locally
3. Vetrico spray locally
4. Exercise order 2/3/19
5. Offloading knee brace Bistravsky P.D.

ADD: As required unimodal
raise (R) Restroom
W/ 3/16/19

8940492218.
(72 Sew of Haloban)

Caution:

6. Ring tygalone 1/4 B/L knee
+ syringe (unipoint) 5ml - ②
Needle 22G 1 1/2" - ②
Scribe gloves N10. 7 1/2 - ②
3M Tegaderm - ②

7. Tubs Gabapentine 300mg - 115
(3 hrs before bedtime)
x 2 weeks.

8. Tubs Pain 40 OD PR Unimodal
①. Review 2 weeks/cas

ADD
10. Cap Acetaminophen - ②
11. Tab Diclofenac 75 ②
W/

Sally - Acted
Marilyn Seira
14. 11. 19

SENSITIVE TO SULFA & TRIMIDAZOLE (2)

डा० राम मनोहर लोहिया आयुर्विज्ञान संस्थान, गोमती नगर, लखनऊ
Dr. Ram Manohar Lohia Institute of Medical Sciences
Gomti Nagar, Lucknow - 226010


OPD Follow-up Visiting Card

Patient's Name... ममजिला सिंकार... Age & Sex... 50-1/4

CR. No. 2212/038449... Consultant...

Diagnosis PIVD L3/B, L4-5, L5-S1, 2 Nerve Root

Comp. RLLS, OA B/L Knee +

Date	Clinical Details & Advice
 PP: 2019/038449 Token: 38 CR No: PP: 2019/038449 Name: MANJILA SINGAR Dept: Physical Medicine & Doctor: Dr. VIRINDER S. GOSE On: 10/06/2019 16:00 - 01 PM	P.M.R.O.P.D (REHAB CLINIC) MON. THURS. <p style="text-align: right;">Pain relief + + + +</p>
<p>of loading bore chakra OK</p>	<p style="text-align: center;"><u>Adv.</u></p> <ol style="list-style-type: none"> 1. <u>Hold</u> Hyalane injection. 2. Rest continue same TE as advised on 03/06/19. 3. Review 17/6/19. <p style="text-align: right;">Vijay 18/6/19.</p>

दवाओं द्वारा दुष्प्रभाव (Drug Reactions) होने पर तत्काल फोन नं०- 7000951782 एवं टोल फ्री नं०- 18001803024 पर सम्पर्क करें।

Sely - Attached
Manjila Singar
14.11.19

Date

Clinical Details & Advice

PP: 2019/038449
 T-0-K-0-0-0
 CE No: PP: 2019/038449
 Name: MANJULA SIRCOR
 Doctor: Dr. VIRINDER S. GOGI
 On: 15/07/2019 10 AM - 01 PM

P.M.R. O.P.D
 (REHAB CLINIC)
 MON, THURS

Adv. 12
 Adv. 12
 Adv. 12

Differ Bil L
 Viscerature
 - NITD.
 Mild abrasion
 around L
 knee? Brace
 related.

1. Brace check
2. Stockinet / Knee cap (elastic) under brace
3. Continue postural care / exercises as adv on 05/06/19
4. Tab Gabapentin 100mg qds (3 hrs before bedtime)
5. Tab Zovate 650mg bid po qd
6. Tab Pan 40 qd ac to
7. Tab Zovate 650mg bid po qd
8. Continue half hourly TDS
9. Vitamin D lotion locally v u.
10. Review 2 weeks.

Sely - Attested
 Manjula Sircor
 14. 11. 19

Clinical Details & Advice

Date

PP: 2019/038449
 T-0-K-0-0-0
 CE No: PP: 2019/038449
 Name: MANJULA SIRCOR
 Doctor: Dr. VIRINDER S. GOGI
 On: 15/07/2019 10 AM - 01 PM

P.M.R. O.P.D
 (REHAB CLINIC)
 MON, THURS

- Adv.
- 1. Ice/paracetamol 3-4 hourly
 - 2. Contd offloader / postural care.
 - 3. Tab Engomac - 1TDS
 - 4. Vitamin DPS for cont
 - 5. E.R. 1 week / SOS

PP: 2019/038449
 T-0-K-0-0-0
 CE No: PP: 2019/038449
 Name: MANJULA SIRCOR
 Doctor: Dr. VIRINDER S. GOGI
 On: 15/07/2019 10 AM - 01 PM

P.M.R. O.P.D
 (REHAB CLINIC)
 MON, THURS

- Adv.
- 1. Continue Postural care / Isometric Neck / Break / ~~Exercise~~ Knee Extension / Home Strengthening Exercises
 - 2. Use Offloader brace while upright bearing.
 - 3. Non-weight-bearing full knee mobilization (Exercise cycling at zero resistance).

I did not require this medicine.

P.T.O.

4. PEP for dietary control for wt reduction
 5. Continue exercise therapy. Add
 1/2 strength Post-Pit/And/Aut-And &
 One MM.
 6. Home / top Exercise. Add water. Min.
 Cervical mm. 1/2M strengthening. Etc.

6. Review in Surg 1st OPD in vindi
 Doppler Report (incompetent
 Penetrator)
 7. Endocrinology Referral for P
 ? Hypo thyroidism.

8. Post continue ①, ③, ⑤, ⑥, ⑦, ⑧
 dated 05/09/2019.
 Add Sp Anesthetic 5ml weekly x 8
 9. Review 3 weeks.



Dr. G. VIKRAM SINGH
 Head of the Department
 Physical Medicine & Rehabilitation
 Dr. R.M.L.M.S., Lucknow

19/10/2019 - Dietician's Note: Weight reduction diet explained.
 14-10-19
 Ruba Ardaya
 (for Dr. P. Tewari)

25/09/2019
 TSH + FT4 up
 Address
 - TSH ✓
 - Anti-TPO antibody ✓
 - Anti-TG antibody ✓
 - Anti-TG antibody ✓
 - Anti-TPO antibody ✓
 - Anti-TG antibody ✓

25/9/19 516 cc. Psychologist
 - counselling session done.
 - fear is feeling better.
 - few more session required.
 - flu on Friday i.e. 27/9/19.

26/9/19 ⇒ B/L LL color differ to - An incompetent perforator ch(PL) LL in midline region ~15-18 cm below level.
 Above knee Compression Stocking (GAT).
 - Review - SOS.

20/10/19
 13/10/2019
 14/10/2019
 15/10/2019
 16/10/2019
 17/10/2019
 18/10/2019
 19/10/2019

Self-attested
 Manjula Sukanya
 14/10/19

SENSITIVE TO SULFA & TRIMETHOPRIM
 डा. राम मनोहर लोहिया आर्युर्विज्ञान संस्थान, गौरी नगर
 Dr. Ram Manohar Lohia Institute of Medical Science
 Gauri Nagar, Lucknow - 226010
 OPD Follow-up Visiting Card
 Patient's Name Manjula Singh, Age & Sex 50
 CR. No. 2019/030449
 Diagnosis PTD L3/4, L4/5, L5/S1
 E Nerve Root Comp. Rt. & Left
 OA-B/L Knee Lt > Rt

Date	Clinical Details & Advice
PP: 2019/030449 6 T.M. No. 1 CL No. 101/2019/030449 Dr. G. VIKRAM SINGH Head of the Department Physical Medicine & Rehabilitation Dr. R.M.L.M.S., Lucknow On: 05/09/2019 10 AM - 01 PM	PMR O.P.D. (REHAB CLINIC) MON, TUES, THURS, FRIDAY
14/10/19	Continue 1. Review Physio for Rehabilitation see 2. Tab Gabapentine 300mg T.S. 3x 3. Cap Pam-D 0.5 PE - 0. before meals 4. Tab Gabalena Rapid SOS 5. Tab Nubery 0.5 PE - 0. after meals.

स्वास्थ्य सेवा विभाग (Drug Reactions) को संकेत देना 10-100095132/19
 टोल फ्री नं - 18001803024 पर संपर्क करें।



PRESCRIPTION SLIP

Time-
Room No : 54 - SECOND FLOOR

Stroke
frozen shoulder

Chief complaints

Physical Examination

Provisional Diagnosis

Nutritional Assessment
(whenever required)

Investigation

Preventive Aspects

Arreno 1 BID

Gabapin 100 1 BID

Neurobion forte 1 OD

Shelcal 500 1 OD

Lipicure 10 1 OD

X Armontho

Diabetic panel.

Self-Attested
Manjula Srivastava
14.11.19

AS

SAHARA HOSPITAL, Viraj Khand, Gomti Nagar, Lucknow-226010

24 HOURS HELP DESK FOR EMERGENCY AND TRAUMA CARE CALL: 0522 6780001/2

दवाओं की विश्वसनीयता हेतु अस्पताल की फार्मसी से ही दवाएं लें।

For OPD Registration and Appointment, Call: 0522 6782159/63
Telefax: +91 522 6782110, Website: www.saharahospitals.com

सुविधाएं- 24 X 7 फार्मसी
पेथालोजी एवं रेडियोलॉजी

CONSULTATION IS VALID FOR 7 DAYS, Monday to Saturday- 9 am to 4 pm
Cashless facility for insured patients / Home Sample Pathology: 0522 6781841/1842
Cost effective packages 0522 6782111 | Ambulance 24x7: 0522 6780001/02

Mrs. SHOBHA RANI SIRCAR

Female/82 Y- 11 M- 27 D

03/10/2019

Name

Dr. DEBNANDAN CHOWDHURY, MD,DM(GASTROENTEROLOGY), Curing Through Care

Med.Reg.No:- UPMC-39163

Speciality

GASTROENTEROLOGIST

PRESCRIPTION SLIP



Time-

डॉ देवनन्दन चौधरी
एम.डी. (मेडिसिन), डी.एम. (गैस्ट्रो)
नेट, आंत्र, एवं लीवर रोग विशेषज्ञ
Reg. No. 39163 (U.P.-MCI)

Room No :

Chief complaints

90
Recurrent AB pain
Ac ABW, 1 day

Physical Examination

Mo. Distended

Liquid/Soft stool

Provisional Diagnosis

ABW

UIC. ABW

(1) teh Nephritis B)

Nutritional Assessment
(whenever required)

Not done

(2) teh Reflux (2y) +

Investigation

Preventive Aspects

Self-Attested (3) teh Distension
Manjula Sircar
14-11-19

SAHARA HOSPITAL

Viraj Khand, Gomti Nagar, Lucknow-226010

SAHARA HOSPITAL, Viraj Khand, Gomti Nagar, Lucknow-226010

24 HOURS HELP DESK FOR EMERGENCY AND TRAUMA CARE CALL: 0522 6780001/2

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Dr. Debnandan Chowdhury

M.D. (Medicine), D.M. (Gastroenterology)

Consultant Sahara Hospital, Lucknow

Formerly :

- Vivekanand Polyclinic & Institute of Medical Sciences, Lucknow
- Lecturer, Super Speciality Hospital Govt. Medical College, Nagpur.
- Consultant, Apollo Gleneagles & AMRI Hospital Kolkata

Regd. No. : 39163 (U.P.-MCI)



Gastro & Liver
CLINIC

Patient's Name SHOBNA RANI SINGH

Date 21/11/19

Age/Sex.....

40 A/W pain
Anorexia

4/5 intake of routine
food

Adi

Cur R T C = (2)
M T S

1) tab Motin 85 BD

tab of box (200) BD

tab USL 3 BD

3) tab Nexpro (20) BD (24 hr)

भरीज दिखाने हेतु अपॉइंटमेंट लेने के लिये केवल नीचे दिये गये समय पर ही संपर्क करें।
प्रातः 10 से 1 बजे तक (सोम से शनि)
सायं: 6 से 8 बजे तक (सोम से शुक्र)
मो 10 नं० - 9721306526

Self - Attested
Manjula Srivastava
14.11.19

Facilities : Endoscopy | ERCP | Capsule Endoscopy | Breath Test
For Emergency Contact Sahara Hospital Ph.: 0522-6780014 / 0522-6780015

CLINIC : 3/195, Vivek Khand, (Near Brijwasi Bakery), Gomti Nagar, Lucknow
CLINIC Contact No. : 8858432164, 9044122237 • E-mail : ddebge@rediffmail.com
Time : Mon., Wed. & Fri (Morning) - 10:00 A.M. to 2:30 P.M. (By Appointment)
Tue., Thu & Sat. (Morning) - 10:00 A.M. to 11:00 A.M.
Mon. to Fri. (Evening) - 6:00 P.M. to 8:30
Sahara Hospital : Tue., Thu. & Sat. : 10:00 A.M. to 1:00 P.M.

For Appointment Call
Mon to Sat : 10:00 to 1:00 pm
Mon to Fri : 6:00 to 8:00 pm
9721306526

Saturday Evening & Sunday Closed

Dr. Debnandan Chowdhury

M.D. (Medicine), D.M. (Gastroenterology)

Consultant Sahara Hospital, Lucknow

Formerly :

- Vivekanand Polyclinic & Institute of Medical Sciences, Lucknow
- Lecturer, Super Speciality Hospital Govt. Medical College, Nagpur.
- Consultant, Apollo Gleneagles & AMRI Hospital Kolkata

Regd. No. : 39163 (U.P.-MCI)



Gastro & Liver
CLINIC

Patient's Name Shoba Ran Sarkar
Age/Sex 80/F

Date 15/10/19

Ⓢ

TUC Ac AW
17 LAKO

Nephrotic +
Co AD

MA - NAN

Ⓢ

Ⓢ

Ⓢ

Ⓢ

Ⓢ

Ⓢ

tab Pantocid 40 mg qd v/d
tab Drotin 50 mg bid b r 5/4

tab Cyclo MAM 500

Syn Quinestrol - L 2mg bid
5/5

Intafree - M 500 mg bid v/d
v/d

Self - Attested
Manjula Sircar
14.11.19

मरीज दिखाने हेतु अपॉइंटमेंट लेने के लिये केवल नीचे दिये गये समय पर ही संपर्क करें।
प्रातः 10 से 1 बजे तक (सोम से शनि)
सायं: 6 से 8 बजे तक (सोम से शुक्र)
मो० नं० - 9721306526

Facilities : Endoscopy | ERCP | Capsule Endoscopy | Breath Test
For Emergency Contact Sahara Hospital Ph.: 0522-6780014 / 0522-6780015

CLINIC : 3/195, Vivek Khand, (Near Brijwasi Bakery), Gomti Nagar, Lucknow
Clinic Contact No. : 8858432164, 9014122287 • E-mail : ddebge@rediffmail.com
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Sahara Hospital : Tue., Thu. & Sat. : 10:00 A.M. to 1:00 P.M.

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Mon to Fri : 6:00 to 8:00 pm
9721306526

Saturday Evening & Sunday Closed